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#### COUNSELING CENTER NOTES By T. Turner

#### \*OPI Test Windows 2022-2023 School Year

March 13-April 28	Multi State Alternative	e test
	Alternate Science test	
March 6-May 26	Montana Science Asse	essment
March 6-May 26	Smarter Balanced	
March 28-30/April 4-6	ACT test for juniors	(Test Window 1)
April 11-13/April 18-20	ACT test for juniors	(Test Window 2)

Information about state testing may be found on the OPI website opi.mt.gov

#### NOTES FROM THE OFFICE

It's that time of year when temperatures begin dropping. We've already had our first snow and the wind has turned quite cold. With that in mind, all students riding buses for any reason are required to have a coat, hat, gloves/mittens and full-coverage footwear. Students traveling for activities are to have a coat, hat, gloves/mittens, long pants or sweats and full coverage footwear. It is acceptable for students to bring blankets as well.

All elementary students should have a coat, hat, gloves/mittens and boots for playing outside. Snowpants are recommended for those children that wish to play outside in the cold and snow.

#### March 2023 Breakfast/Lunch Menu

Feb 27 - Mar 3

Mon: Breakfast - Egg cups and mixed fruit

Lunch - Pizza, caesar salad, and applesauce

Tues: Breakfast – Pumpkin muffins, yogurt, and apple sauce

Lunch- Super nachos, mixed fruit, corn, and muffins

Wed: Breakfast- French toast sticks, sausage, and pears

Lunch- Chicken casserole, breadsticks, green beans, and peaches

Thurs: Breakfast- Maple bars, yogurt, and peaches

Lunch- BBQ pulled pork sandwich, fries, carrots, and applesauce

Fri: Breakfast/Lunch - No School

Mar 6 - 10

Mon: Breakfast - Cereal, bars, cheese sticks, and apple sauce

Lunch – Pork rib sandwich, fries, apple crisp, and corn

Tues: Breakfast -waffles, sausage, and mixed fruit

Lunch- Soft shell tacos, chips and salsa, peaches, and green beans

Wed: Breakfast- Breakfast casserole and peaches

Lunch- orange chicken, rice, mandarin oranges, and broccoli

Thurs: Breakfast-Breakfast burritos and pears

Lunch- Breakfast for lunch – waffles, sausage, strawberries, and carrots

Fri: Breakfast- Biscuits and gravy, juice

Lunch- Hot ham and cheese on a bun, chips, apples, and baked beans

Mar 13 - 17

Mon: Breakfast - Bagels with cream cheese, eggs, and mixed fruit

Lunch – mini corn dogs, pretzels with nacho cheese, pineapple, and mixed vegetables

Tues: **Breakfast** –Cinnamon rolls, yogurt, and peaches

Lunch- chicken strips, noodles, applesauce, and chicken chili

Wed: Breakfast- Croissant breakfast sandwich and applesauce

Lunch- Surprise Day, pears, and corn

Thurs: Breakfast- Oatmeal, toast, and strawberries

Lunch- Spaghetti, garlic bread, peaches, and broccoli

Fri: Breakfast- Biscuits and gravy, juice

Lunch- sub sandwiches, chips, oranges, and carrots

Mar 20 - 24

Mon: Breakfast - Pancake/sausage wrap and pineapple

Lunch - Burgers, fries, pears, and broccoli

Tues: **Breakfast** – French toast sticks, sausage, and pears

Lunch- Taco soup, frito's, peaches, corn, and muffins

Wed: Breakfast- Breakfast pizza and peaches

Lunch- Breaded chicken sandwich, fries, mixed fruit, and baked beans

Thurs: Breakfast- Maple bars, yogurt, and mixed fruit

Lunch- Pork roast dinner, mashed potatoes, buns, pineapple, and green beans

Fri: Breakfast- Biscuits and gravy, juice

Lunch- Wraps, chips, apples, and carrots

Mar 27 - 31

Mon: Breakfast - Cereal and bars, cheese sticks, and mixed fruit

Lunch – French dip sandwiches, chips, cinnamon apples, and baked beans

Tues: **Breakfast** – Egg cups, toast, and peaches

Lunch- Taco burger, chips and salsa, pears, and green beans

Wed: Breakfast- Breakfast casserole and pears

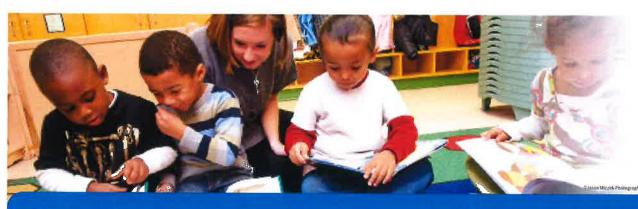
Lunch- Popcorn chicken bowl, mashed potatoes, corn, and peaches

Thurs: Breakfast- English muffin breakfast sandwich, and pineapple

Lunch- Little smokies, rice, pineapple, and broccoli

Fri: Breakfast- Biscuits and gravy, juice

Lunch- Pitas, chips, oranges, and carrots







# Help Your Child Succeed in School: **Build the Habit of Good Attendance Early**

School success goes hand in hand with good attendance!

#### DID YOU KNOW?

- Starting in kindergarten, too many absences can cause children to fall behind in school.
- Missing 10 percent (or about 18 days) can make it harder to learn to read.
- Students can still fall behind if they miss just a day or two days every few weeks.
- Being late to school may lead to poor attendance.
- Absences can affect the whole classroom if the teacher has to slow down learning to help children catch up.

Attending school regularly helps children feel better about school—and themselves. Start building this habit in preschool so they learn right away that going to school on time, every day is important. Good attendance will help children do well in high school, college, and at work.

#### WHAT YOU CAN DO

- Set a regular bed time and morning routine.
- Lay out clothes and pack backpacks the night before.
- Find out what day school starts and make sure your child has the required shots.
- Introduce your child to her teachers and classmates before school starts to help her transition.
- Don't let your child stay home unless she is truly sick. Keep in mind complaints of a stomach ache or headache can be a sign of anxiety and not a reason to stay home.
- If your child seems anxious about going to school, talk to teachers, school counselors, or other parents for advice on how to make her feel comfortable and excited about learning.
- Develop back-up plans for getting to school if something comes up. Call on a family member, a neighbor, or another parent.
- Avoid medical appointments and extended trips when school is in session.

# When Do Absences Become a Problem?



Note: These numbers assume a 180-day school year.





# ELEMENTARY NEWS





### SCIENCE SHENANIGANS

It is 2nd semester and that means STEM Friday in 4-6. What is STEM? It stands for Science, Technology, Engineering and Mathematics. The 4th graders are spending Fridays demonstrating physical and chemical changes. 5th Graders are busy constructing robots using Lego Robotics. So far groups have made a rover, a puppy and ball kicker. With these they are programed to perform tasks.

6th Graders are using STEM Fridays to make Bristle Bots, Origami circuits and will also make solar bugs as soon as the sun comes out again.

STEM projects are ways for students to work together and promote teamworks. It allows students to use critical thinking and build problem solving skills.



#### 2ND GRADE

During math meeting in Mrs. Johnsrud's 2nd grade class students are counting by 5's and 10's. They check the temperature, count money and base blocks. They also count the number of days we have been in school and do fact families. Reported by Cannon R.





More News to come from other classes in future newsletters.



In Kindergarten they are learning the number 100. They are using linking cubes for counting Also, they are doing a book study on Pete the Cat. They get to explore and read Pete the Cat books. Reported by Brynlie C.



## BOOK CLUB BUZZ

Students in 4th-6th Grade are meeting Wednesdays after school and reading The Lightening Thief in the Percy Jackson series. Discussions, snacks, reading and prizes have become a hit as 25-28 students join us every week for this new happening at Scobey Elem.





Sun         Mon         Tue         Wed         Thu         2         Thu         Fri         Sat           5         6         6         7         8         9         10         11				March 2023			
1	Sui		Tue	Wed	Thu	Fri	Sat
6  Divisional GBB begins in Molf Point Molf	11 212			~	2		4
10   10   10   10   10   10   10   10				Divsional GBB begins in Wolf Point	Divisional BBB begins in Wolf Point	NO SCHOOL	Î
Students eligible @ 4 pm  13 14 15 16 17 17 18 18 Seeball signups in the and Track CCLA State Bay of Practice for HS Golf State BPA in Billings  20 21 22 20 21 22 23 24 HS Academic Olympics in Great Falls Great Falls Commons at 5.30 pm 1st Day of JH Track practice State BPA of JH Track practice State BPA of JH Track practice State BPA in Billings  21 22 23 24 HS Academic Olympics in Great Falls Great Falls Great Falls Commons at 5.30 pm 1st Day of JH Track practice State Baseball signups in the commons at 5.30 pm 1st Day of JH Track practice State BPA in Billings Are in Williston HS Track: Glasgow Invite	2	9	7	8	6		11
13		Drivers Ed Class begins for SH6 Students eligible @ 4 pm			GBB/BBB State Basketball Tourney in Billings		
13 14 15 16 17    15 Day of Practice for HS Golf   Baseball signups in the and Track   Commons @ 5:30 pm   FCCLA State Leadership Conf.   State BPA in Billings		Drivers Ed parent mtg at 6 pm					Î
1st Day of Practice for HS Golf and Track and Track State BPA in Billings  20 21 22 23 24 HS Track: Scobey Meet @ Arc in williston Great Falls  22 23 24 HS Track: Scobey Meet @ Arc in williston Great Falls  27 28 29 30 31 HS Track: Glasgow Invite	12	13	14	15	16		18
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20         21         22         24           HS Academic Olympics in Glasgow         Arc in Williston         HS Track: Scobey Meet @ Arc in Williston         Arc in Williston           27         28         29         30         31           Baseball parent meeting in the commons at 5:30 pm         1st Day of JH Track practice         School Out at 2:25 / Teacher         HS Track: Glasgow Invite		State BPA in Billings		FCCLA State Leadership Conf. in Bozeman			
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