

# Help for the Andes Foundation

Uplifting humanity

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## ANNUAL REPORT 2018

*Help for the Andes* is a non-profit organization established September 24th, 2001, with registration number 899 of the Ministry of Justice of the Republic of Chile.

The *Help for the Andes Foundation* seeks to improve the quality of life for the Chilean community, Latin America, and other needy parts of the world, for the present and for future generations. As a civil society under the United Nations Economic and Social Council, *ECOSOC*, the Foundation contributes to the United Nations Millennium Goals, such as: eradicating extreme poverty, promoting gender equality, reducing infant mortality, improving maternal health, and developing global partnerships.

### Our mission

Our philanthropic action is in the realm of health and diet, education, housing, and the distribution of clothing and other basic needs for the needy and disabled. We also work in the areas of social adaptation and communication.

The *Help for the Andes Foundation* serves as a direct link between those in need and those with the desire and means to give.

## Institutional Development in 2018

### Humanitarian Aid

#### Distribution of medical supplies and other equipment

- *Help for the Andes*, in coordination with Dr. Patricio Mardonez, distributed the contents of a container of equipment sent from Medical Bridges in Houston, Texas, USA. Beds, canes, wheelchairs, walkers and other items were donated to needy homes and the health center, “Anestimagen”, in San Miguel.
- 10 vulnerable students received guitars to study music under Professor Francisco Vargas at the music school on the island of Chiloe, a center that specializes in promoting the ancestral culture of the island.

- *Help for the Andes* contributes with Global Health Strategies to promote universal health coverage throughout December, in alliance with leading health organizations who unite to urge governments to provide universal health care—aiming to make quality health coverage available to all without creating financial burdens.

## Social Health and Education

- Workshops and volunteer work: During the second half of 2018, with the collaboration of our program “The Human Touch”, clinical psychologist and founder of CREAR.SER, Janet Muñoz, held workshops and activities on “Fortaleciendo al Ser”, developing our inner strengths and potentials. These workshops were held in 18 rural schools for the benefit of children and families of very limited resources in the Province of Sucre in Ayacucho, Peru.
- A donation of 1000 books was given to the districts of Querobamba and Ccolccabamba for their school libraries.
- In Ricardo Palma, Christmas gifts were given to the children of the Santa Teresita del Niño Jesus Home during their Christmas activities.
- In August we met with Karim Rifai of the Peruvian NGO, Uaiki Global Initiative, <https://www.uaiki.org/>, to give advice and consulting services for fundraising. This project seeks to provide educational services for the 10,000 habitants of the very poor isolated areas of Cuzco.

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## OUR PROJECTS

For 2019

### Courses/Training

In coordination with both public and private institutions, our program “The Human Touch” under the direction of Janet Muñoz, Clinical Psychologist and founder of CREAR.SER, will celebrate workshops, activities, and coaching in

Peru on topics, such as personal growth, the formation of values, and education on gender equality.

The following workshops are planned by our volunteers.

- “Desarrollo Personal y Coaching” (Coaching and Personal Growth) for low income men and women in groups of 10 to 20 people.
- “El Arte de la Pintura” workshops (The Art of Painting) are directed towards teens and children of working mothers and will be done in groups of 12.

### International Cooperation and Humanitarian Aid

We will continue in our mission to solicit, obtain and coordinate humanitarian aid, to achieve the seemingly impossible, and to better the quality of life of our society in Chile and Peru.

### In closing

We hope, dear readers, that this account of our year’s activities will strengthen our aims and provide the motivation to fulfil our mission and statutes as we count on the valuable support of individuals, companies and foundations who have selflessly contributed to this cause.

To all of you, our sincere thanks,

Rosita Raffo  
President  
Help for the Andes Foundation