

POWER NEWS

Important Dates:

Nov 22 – Champs meets corrections due

Nov 25/26 – Holiday practice

Dec 2 – T30 for 12 & Under

Dec 6 – modified practice schedule

Dec 9 – T30 for 13& Up

November Meet Results

November Senior Meet at RICE

The RICE meet is the only Senior Development meet we are attending this year. The following swimmers achieved best times at the meet: Gerardo Angulo, Samantha Barton, Ian Bennett, Kaylie Berkman, Matthew Crabtree, Kristian Duddridge, Nicholas Freeman, Colby Mann, Gina Perez, Adrian Tankovich, Emma Watts. Coach Sharon was very pleased with their performances relative to their splitting and race plans. Thank you to Cherie Duddridge for officiating at the meet.

November Open Meet at KATY

Our swimmers continue to perform very well and the number of DQ's has decreased substantially. Not only did our swimmers show up when and where they were supposed to, they also knew when to mount the blocks and when to start – something a number of swimmers struggled with from other teams which caused the meet to run over time. Not only that – look at the number of swimmers who achieved best times at the meet! Ablaikhan Altayev, Gavin Bane, Marely Barnard, Samantha Barton, Ian Bennett, Esther Berger, Javier Brenes-Quesada, Luke Bruno, Nicole Carpenter, Yamid Cifuentes, Sophia Cruz, Bella Derby, Francesca Derby, Joy Derby, Sophie Derby, Nicholas Freeman, Valentina Garcia-Lara, Lexi Gorham, Lilli Gorham, Noah Gurfinkel, Britlyn Hill, Micki Holden, Sam Hunniford, Kevan Kennedy, Asher Lin, Cian Maloney, Luke Meizel, Stacey Munoz, Eli Nicksic, Alyssa Onthum, Luis Patino, Roman Perez, Alan Puecher, Grayson Ruppert, Olivier Saint Joy, Santiago Salazar, Ella Schlorholtz, Byron Sood, Natalie Sun, Nate Sun, Erin Trichkovikj, Ezequiel Turcios, Tuan Vu, Mary Williams, Connor Wilson, Riley Wilson, Grace Yetsko

Congratulations to the following swimmers who broke Team Records at the meet:

10 & Under

Francesca Derby 50 Free

Connor Wilson 50 Back

11 & 12

Marley Barnard 100 Back; 200 Fly; 200 IM

Bella Derby 50 / 100 Free; 50 Fly; 50 Back

Santiago Salazar 100 Fly; 100 Back; 100 Breast; 200 IM; 400 IM; 500 Free

Thank you to all of our parents who stepped up to time at the meet and officiate. Special thanks to Cherie Duddridge who officiated despite not having a swimmer in the meet.

T-Shirt Design Contest

Submit your designs for our Short Course Champs t-shirts this season. Shirts will be yellow with navy/white ink, printing on front only. Motivational slogans welcome!

Artwork must be submitted by January 8th. The staff will pick the winning design. Free shirt for the winner!

Contact Mary for more information.



November  /December 

MON	TUES	WED	THURS	FRI	SAT/SUN
18 FALL Schedule DECEMBER CHAMPS MEET ENTRIES DUE	19 No Practice/No Shark School Due to THS Home Meet	20 FALL Schedule	21 FALL Schedule	22 FALL Schedule No Thunder practice due to TISCA; Cool down at 6 PM	23/24
25 Holiday Practice 	26 Holiday Practice Shark School Practice	27 No Practice	28 No Practice 	29 No Practice	30/01
2 Fall Schedule T30 for 12 & Under	3 Fall Schedule Shark School Evaluations	4 Fall Schedule	5 Fall Schedule Shark School Evaluations	6 No Thunder Practice Southern Senior	7/8 Gulf Senior Champs Age Group Champs
9 Fall Schedule T30 for 13 & Up	10 Fall Schedule	11 Fall Schedule	12 Fall Schedule	13 Fall Schedule	14/15 Fall Champs

January Open -- We will be at LSST/CyFair
We are limited to 50 entrants – registration open to the first 50 swimmers only. The meet entry page will open on December 16th. Entries will be due on January 3rd.

Holiday Practice Schedule
Thanksgiving
November 25 & 26 AFTERNOONS
1:00 PM to 2:30 PM Thunder
2:30 PM to 4:00 PM Lightning
3:00 PM to 4:00 PM Rain
3:15 PM to 4:00 PM Shark School (Tuesday only)

Christmas
December 23, 26, 27, 30, Jan 2 & 3 AFTERNOONS
(No Shark School)

Coach Becky

Coach Becky will be out on medical leave starting November 22 and will return early next year. Our prayers will be with her Friday morning as she undergoes a surgical procedure and we wish her a speedy return to full health.

Coach Andy will be the acting head coach of Shark School while Becky is recovering. Team Manager Mary will be on deck assisting him with parent concerns.