

## MICROWAVE BOWL HOLDER

### List of materials:

1. 2 cotton fabrics cut 10 ¼" square, can be same or coordinating fabric
2. 2 cotton batting squares cut 10 ¼" square. I prefer Warm & Plush as it is a tiny bit thicker than Warm & Natural. You can also use Wrap & Zap batting. I will provide the batting.
3. 100% cotton thread in any color to coordinate with your fabric

STEP 1 cut (2 each) 10 ¼" squares from cotton fabric and cotton batting

STEP 2 – lay batting on wrong side of fabric and mark diagonal lines from corner to corner

STEP 3 – stitch on diagonal lines

STEP 4 – turn squares to right side of fabric and trim any excess batting (batting usually moves)

STEP 5 – fold square in half and mark darts on all four sides, 1" deep X 2 ¼" long. Stitch darts then trim. Press darts on each side in the same direction.

STEP 6 – pin squares right sides together. Using 3/8" seam allowance, stitch along all four sides, leaving 3" opening on one side for turning. You may need to adjust the pressure on the presser foot for bulk.

STEP 7 – turn right side out and press as flat as possible.

STEP 8 – top stitch around bowl with ¼" seam making sure you stitch the turning opening closed. The opening can also be hand stitched before top stitching is done.

# Microwave Bowl Potholder

Do you cringe every time you have to remove a hot bowl from the microwave, afraid that you will burn your fingers, or worse yet, drop the bowl and spill the hot contents on you or your kiddos? Well fear no more because today I am going to show you how to make a bowl potholder so you don't even have to touch that hot bowl!

Here is what you will need:

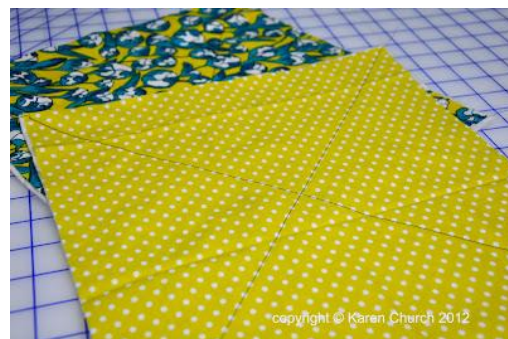
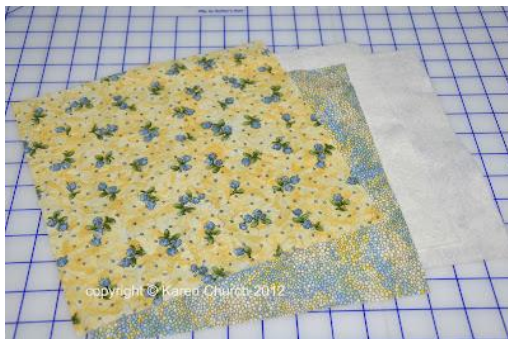
- 2 coordinating fat quarters (100% cotton)
- 100% cotton batting
- cotton thread
- sewing machine
- quilting ruler and mat or scissors
- pins
- fabric marker
- chopstick or bodkin for pushing out corners

You want to make sure you use 100% cotton materials because synthetic fibers could melt or catch fire in the microwave. Be sure your batting doesn't contain scrim or glue.

To figure out how big to cut your squares, measure the outside of the bowl from one edge to the other.



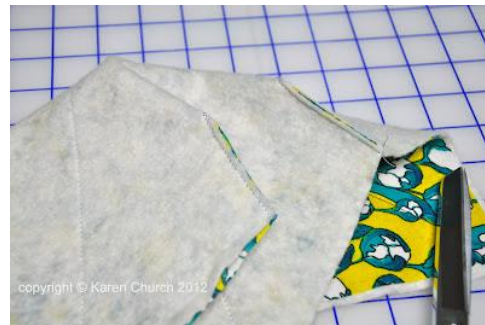
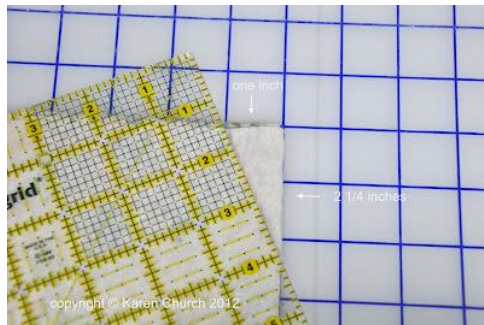
Then cut one square from each fabric, and two squares of batting to this measurement. My bowl measured 10", so my squares were 10".



Place one fabric square right side up on top of a batting square, and quilt them together by sewing an X with a straight stitch diagonally to opposite corners. Repeat for the other fabric square. (Yes, I switched fabric on you!)

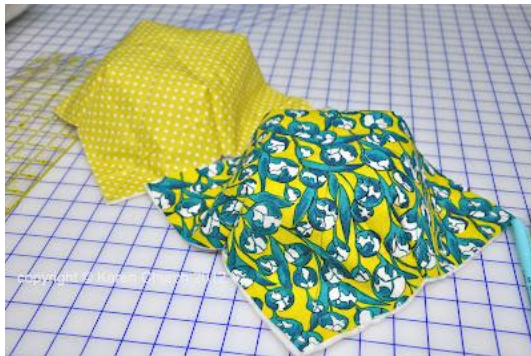
Now you're going to make darts in the centers of each side to give the potholder a bowl shape.

Fold the quilted square in half to find the center for the dart. I found the best way to do this was to line it up on my quilting mat grid and mark the stitch line with a fabric marker. I came in 1" and down 2 1/4" for the dart. Pin and repeat on all four sides. Repeat for other quilted square.



Sew along marked lines, back tacking at the ends of the darts. Trim seams.

The two halves should resemble square bowls at this point.



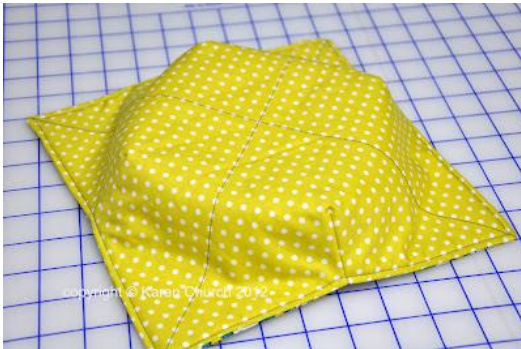
Pin the bowls right sides together, matching corners and dart seams. Using 1/4" seam, sew together, leaving about 3" open for turning. I always put two pins at the opening to remind me where I am supposed to stop.

Trim corners. Turn right side out, push out corners, and press.



Topstitch around the edge, and you are done!

This is what the outside looks like.



This is a pretty forgiving pattern, and if you have an odd shaped bowl you are trying to fit, the darts can be adjusted to the length or depth you need. Just test the fit of the bowl before the darts are sewed, and make adjustments as needed.

These work great for making hot cereals or reheating foods in the microwave.



They can also be used as an insulating pad for cold foods like ice cream, so your lap and hands don't freeze! They should only be used in the microwave, though, and are not for use in a regular, toaster, or convection oven.

I hope you all enjoy this quick and fun little sewing project!

K