

LIFTING OUR VOICES: BE THE LIGHT

April 17, 2026 | Fundraising Breakfast | 7:30-9 am | Horizons Conference Center



ABOUT

The Great Lakes Bay Region Mental Health Partnership is dedicated to being a light for our community - ensuring that every individual knows they are not alone in their struggles, feels safe seeking help without fear or stigma, and can access timely, effective, and compassionate care. Lifting Our Voices: Be The Light will shine a spotlight on powerful, hope-filled stories that illuminate the impact of this work and the lives it touches.



Tess Kunik

**TLP Creative Director
and
Suicide Loss Survivor**

Tess is a Philadelphia-based Artist, Arts Educator, Mental Health Advocate, and suicide loss survivor. After losing her sister, Liv, to suicide in 2019, Tess experienced firsthand the silence, stigma, and deep grief that surround mental health struggles. In the aftermath of this tragedy, she and her mother, Honey, co-founded The Liv Project, a nonprofit dedicated to helping and encouraging young people to feel safe and comfortable talking about their mental health and suicide. Their mission is rooted in a simple but powerful belief: fearless conversations can save lives. Tess travels across the country, sharing her story and helping young people find hope and healing through creativity and connection. Her work centers on using art as a bridge to communication, offering youth a safe, engaging, and expressive way to talk about hard things. Tess graduated from The University of the Arts in 2013 with a BFA in Theatre Arts and has since built a rich career as a performer, designer, and arts educator in the Philadelphia area. She is a collaborator with Ninth Planet, a performance collective creating community-powered productions, where she develops and performs theatre for babies and their caregivers.

As Co-Founder of The Liv Project, Tess combines her artistic expertise with her passion for mental health advocacy. She is dedicated to cultivating confidence, empathy, and emotional expression in classrooms, workshops, and communities nationwide. Tess is passionate about collaboration, theatre, and storytelling, and the transformative power they hold to teach us about ourselves, each other, and the world we live in.

FEATURING

DETAILS

Date and Time:

April 17, 2026
7:30am to 9:00am

Location:

Horizons Conference Center
6200 State Street - Saginaw

Sponsorships available!

RSVP:

Please RSVP by April 3, 2026
[Link to RSVP](#)

Questions:

Please contact Dallas Rau at
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