

May 2021

ST. ELIZABETH R-2

LUNCH



CHOCOLATE AND WHITE MILK ARE SERVED DAILY. CHOICE OF SALAD BAR IS AVAILABLE TO GRADES 3-12. MENUS ARE SUBJECT TO CHANGE..



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

Monday

TACOS
CORN
PEACHES
COOKIES

Tuesday

CHICKEN FAJITAS
MEXICAN RICE
CARROT STICKS
PINEAPPLE

4

Wednesday

CHICKEN PATTY
MASHED POTATOES
PEARS
YOGURT

5

Thursday

CHEF SALAD
HOT ROLLS
FRUIT
PUDDING

Friday

DELI SUB
BAKED BEANS
PEACHES
CARROT STICKS

7

PIZZA
SALAD
FRESH FRUIT
PUDDING

10

BBQ RIB PATTY
GREEN BEANS
PEACHES
GRAHAM CRACKER

11

CHEESE BURGER ON BUN
OVEN FRIES
COLE SLAW
FRUIT SALAD

12

CORN DOG
BAKED BEANS
FRUIT
PUDDING

13

HAM SANDWICH
SUN CHIPS
FRUIT JUICE
ICE CREAM CUPS

14

17

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