

Goulds Recreation

SUMMER DAY CAMP

2026



Information Package

Hello and a huge welcome to those interested in our Summer Day Camp! We are excited to be able to offer this program again this summer! Our priority is to provide a safe and fun environment for our participants, while offering quality programming. If you have any questions, do not hesitate to contact us at gouldsrecinfo@gmail.com or by phone at 709-745-7575. If your questions revolve around a confidential nature, please contact our Recreation Coordinator, Nicole, through email at gouldsrecreation@gmail.com or by phone at 709-745-7504.

DAY CAMP WEEKS & THEMES:

You do not need to register for all weeks. Only full time (5 days) are offered each week. There are no options for weekly part-time.

WEEK 1: June 29-July 3	<i>Leap Into Summer</i> (Canada Day Holiday)
WEEK 2: July 6-10	<i>Globe Trotters</i>
WEEK 3: July 13-17	<i>Sports Mania</i>
WEEK 4: July 20-24	<i>The Mystery Files</i>
WEEK 5: July 27-31	<i>Zoomies</i>
WEEK 6: August 3-7	<i>Where the Wild Things Are</i> (Regatta Day Holiday)
WEEK 7: August 10-14	<i>Rising Stars</i>
WEEK 8: August 17-21	<i>Camp Classics</i>
WEEK 9: August 24-28	<i>Memory Makers</i>

DAY CAMP INFORMATION SESSIONS – April 20th

Session 1: 6:30pm In person at the Rec Centre.

Session 2: 7:30pm Zoom (Virtual). Please email gouldsrecinfo@gmail.com to receive the link

The information session is a great opportunity to ask any questions and to get a better understanding on how our day camp works. It is also an opportunity to view how registration will be taking place this year. We STRONGLY recommend any new parents/guardians looking to register to attend one of the info sessions.

AGES FOR CAMP:

Camp will take place at the Goulds Recreation Centre. For initial registration, we will have the camp split into two groups. Both groups will be directly involved with each other, however, for some activities, they will be separated so that we can ensure the activities planned are meeting our High Five design guideline of being Developmentally Appropriate.

Group 1: 40 spots available

Open to children ages 6-9 years. Children turning 6,7,8 or 9 in 2026.

Group 2: 20 spots available

Open to children ages 10-12. Children turning 10, 11, or 12 in 2026.

*****Please understand that participants MUST be very independent when it comes to going to the washroom, dressing and undressing, eating, applying sunblock and hand washing.***

REGISTRATION PROCESS BEGINS: 8:30am, Monday, April 27th

We know this can be a stressful time for many! Registration will be broken up in a 2-step process.

Please try to have ready the weeks of camp you will be needing.

Goulds Recreation CANNOT take registration over the phone, by email or in person. We CANNOT bypass our Eventbrite link.

STEP 1: Day Camp Queue

Using an Eventbrite Link (on-line) that will be posted on our Facebook Page and on our Website, www.gouldsrecreation.com, you will get your place in our day camp queue.

Basically, this step would be similar to going to an appointment and pulling a number from the machine and waiting for your number to be called, and then be serviced.

All you will have to do is click on the link, enter the Parent/Guardian name (NOT THE CHILD'S NAME) in the contact portion. You can already have this set up as autofill with Eventbrite. You will then click to reserve a ticket. You will only be able to reserve 1 ticket, even if you have 2 or more children to register. So don't panic!

Once this is done, you will need to provide the best phone number to reach you at. This number should be for someone who can 100% answer the phone. **THIS IS VERY IMPORTANT!** And then you submit your order! This will then give you your place in the queue.

If you have work commitments, please have it lined up with someone else to take the call and ensure you submit their phone number. Whoever takes the call should know the name and age (birth year) of your child and weeks of camp that you need.

After you submit this part, you will receive an email confirmation from Eventbrite. This will not tell you where you are in the queue. **THIS DOES NOT CONFIRM YOU ARE REGISTERED WITH DAY CAMP!** We will receive your submission on our end in a spreadsheet format directly from Eventbrite. PLEASE UNDERSTAND even if you get this process done before the clock rolls over to 8:31, there is potential to be 100+ other people doing the exact same step at the exact same time. The order is how Eventbrite processes and rolls them out on our spreadsheet.

STEP 2: PHONE CALL FROM GOULDS REC

Our office staff will start to contact people BY PHONE as soon as the queue link is open and we start to receive submissions. We will go in order as they arrive on our Eventbrite spreadsheet. THIS PART WILL TAKE TIME! Here is an example:

You are #1 on our spread sheet. We will call you using the number provided. We will ask you for your child's name and age. You will tell us the weeks you need and we will put them on our list for those weeks. While we are on the phone with you, another office person will be confirming your weeks by email. We do not let someone behind you in the queue get spots

before you. If you have a second child to attend, we will then write them in their weeks. Once the phone call has ended, you will receive an email from us with the weeks we spoke about over the phone. It is very important you review this email immediately after received and confirm all is accurate.

This phone call process will continue on, as we work our way in order through the queue. Obviously, weeks will start to fill up. If we are not able to give you all the weeks you are requesting, we will add your child's name to the wait list for those weeks. Once the camp is full, those still remaining in the queue will receive an email (using the email provided in STEP 1) informing you that all spots are full. We will request that you reply to that email with your child(ren)'s name(s) and the weeks you would like to be added to the wait list.

Staff at Goulds Recreation will not be answering the phone or replying to emails/messages until we have gone through the queue and filled all spots for camp. We kindly ask that you do not call between 8:30am and 1:30pm on the 27th. Please give us time to work through the queue as quickly as possible!

WAITLISTS:

If a spot(s) should become available in certain weeks, an email will be distributed to everyone on that wait list for those weeks (wait lists for both camps can fill a spot). This means that it does not matter where you are on the waitlist, if a spot becomes available in any week, everyone on that week waitlist has an equal chance of getting the spot. Spots will be filled in order based on direct replies to the email we send out, followed by payment made (first come, first serve). We strongly encourage you to put your child's name on our waitlist if you do not confirm a spot. Under certain circumstances, ie. uncertainty of summer holidays, spaces do become available in our camp. We will have consistency with the Wait List emails. We will provide a 24-hour notice by email that another email will be going out with spots available for a week. This way, you do not always have to be checking your email. The email that you must reply to for a spot will be distributed at 12:30pm on the day provided in your 24-hour notice email.

CAMP HOURS OF OPERATION:

Monday – Friday; 8am-5:30pm with lunch supervision provided. We ask that you respect drop-off and pick-up times. Children cannot be dropped off prior to 8am, even if counselors are on site. And children must be picked up no later than 5:30pm. Children do not need to be dropped off at 8am. It is actually great and beneficial to our counselors when drop-off amongst participants is staggered between 8am and 9:30am. Due to the amount of cleaning, we would appreciate it if your child could be picked up by 5pm, but we understand that this may not always be possible.

COST:

A \$25/child non-refundable deposit must be made within 24 hours of receiving confirmation from us that your child has at least 1 week of camp.

Regular weeks are: \$120 per week; \$230 for 2 children in same family (same household). Day camp week payments must be made two weeks prior to each week. If not paid in that time frame, your child's name will be taken off the list and the space will be filled by someone on our wait list. You will find a payment sheet within this package. Refunds will not be issued with less than two weeks notice of the week cancelling. Canada Day week and Regatta week are pro-rated. The price of those weeks can be found on the payment sheet within this package.

CAMP ACTIVITIES:

- Counselors & participants will be encouraged to sanitize/wash hands throughout the day.
- Our indoor program spacing will be set up with tables and sit-down activities, as well as space for physical activities.
- Counselors will have equipment kits for use with their group and assigned materials
- A weekly schedule will be emailed out to parents/guardians with activities and reminders prior to the start of each week (usually the Friday before).
- Children will be assigned a space to store their belongings
- Activities will focus on physical activity, fundamental movement and art.
- We will be spending as much time as possible outdoors.
- We will be having field trips, including swimming. This will happen 1-2 times per week.
- Children will not be permitted to purchase from vending machines or on-site food vendors when on field trips.
- We will have guest speakers/presenters/vendors throughout the summer
- We will be using our outdoor playground structures, as well as other outdoor spaces in our area.
- Bathroom routines will be in place as part of the daily routine.

WHAT TO BRING:

- A labelled bottle of HAND SANITIZER (at least 60% alcohol based). Hand sanitizer will also be available on site and at entrances of the facilities as well.
- A visibly labelled (on the outside) back pack and lunch bag
- Suitable clothing for weather (ie. Rain gear, change of clothes, warm clothes). We recommend they wear t-shirts rather than tank tops. Tank tops make it difficult to ensure they are covering all exposed areas with sunscreen.
- Sneakers or closed toed/strapped sandals (No flip flops)
- Sunblock (minimum 30+). Please label with child's name
- Labelled hat
- Labelled reusable water bottle
- Packed healthy, nutritious lunch and snacks for the day. Participants must bring their own utensils and microwave/refrigeration is not available for use.
- Toys, or electronic devices are not permitted at the program (exceptions may apply)
- Ensure all personal items are marked with your child's name

PICK-UP and DROP-OFF:

- **Morning drop-off** will be in our front porch area of the Rec Centre. Only children and staff will be permitted to enter the programming area (gym space), unless another arrangement has been made with our Recreation Coordinator
- Alcohol based hand sanitizer with 60% alcohol content will be placed at both entrances
- Should you not arrive during initial sign-in (8am-9:30am), upon arrival, please enter only the porch area with your child and proceed to the wicket window. Our office staff will assist you.
- **Pick-Up** will follow the same procedures as drop-off. The camp will be back at their drop-off location or nearby (tennis courts or Alf Sullivan Soccer Pitch by the arena). Our pick-up time will start at 4:15pm. Please wait in the front porch or outside the gates of the tennis court, soccer pitch. One of our counselors will be there for you to sign out your child and your child will come to you. If you are picking up prior to 4:15pm, please call 709-745-7575. A counselor will bring your child to the designated pick-up location or a staff person will inform you to where you can pick up your child.
- Participant information will be confirmed prior to the first day of day camp through either our Goulds Rec Membership, or by email. If there are any medical concerns or issues that counselors need to be aware of, please contact us prior to the start of the program. It is also important that we are aware of who is permitted to pick up your child.
- For the safety of participants, Goulds Recreation, as advised by the Royal Newfoundland Constabulary, will follow specific procedures should a parent/guardian arrive on site appearing to be under the influence of alcohol or drugs. Counselor will immediately contact their supervisor, as well as the RNC.

SAFETY MEASURES:

- All counselors are trained in the High Five Principles of Healthy Child Development (www.highfive.org), policies and procedures, supervision, safety/cleaning protocols and first aid.
- Our Association will stay up to date on recommendations/measures from Public Health in regards to the operation of Day Camps.
- Parents are encouraged to stay up to date on recommendations/measures from Public Health in regards to Day Camps.
- it is recommended that those considered vulnerable to the effects of COVID-19 or other respiratory illnesses or who have family members considered vulnerable to use discretion in availing of day camp programs.
- Children should be fully trained; able to independently wash their hands and feed themselves. Children who require assistance with personal care and feeding may be accompanied to the Day Camp by an independently hired respite worker.
- Counselor to child ratio will be a max of 1 counselor to 10 participants, however, we strive to do better than that and have a 1:8 ratio.
- Counselors will be assigned a group of children every week as per established ratio and counselors only change when necessary (ie. Scheduled breaks). The purpose of groups

is for check in's on field trips, getting on and off the bus, applying sunblock, etc. Outside of these examples, the whole group is intermingled.

- Counselors will practice, model and support children in good hygiene efforts such as handwashing, covering a cough and use of tissues or crease of elbow for coughing and sneezing.
- Facilities and equipment will be cleaned as per Public Health recommendations. Additional attention will be made to high use areas such as washrooms, doorknobs, tables and chairs.

UNEXPECTED CLOSURES:

In the event that the building is closed unexpectedly due to poor weather, power outage, etc., the program will be cancelled. Refunds will not be issued for unexpected closures. Our phone line (709-745-7575), as well as our Facebook page: Goulds Recreation Association will be updated to provide you with the information. We will also do our best to send out an email.

MANAGING ILLNESS:

If for any reason your child will be absent, please call 709-745-7575 and speak to our staff or leave a voicemail. Children MUST stay home if they feel sick (fever, sore throat, cold symptoms, headache, diarrhea, vomiting, etc).

- Parents/Guardians must ensure that you list your child's underlying health conditions and/or symptoms due to allergies
- If a child displays symptoms of concern during the program the following will be adhered to:
 - Contact guardian immediately
 - Seek support from a second counselor/staff member
 - The child will be isolated
 - Good handwashing for child and counselor/staff
 - Both the counselor/staff and child will wear mask and gloves and guardian will immediately come to the site to pick up their child
 - Materials used by the child will be removed and area will be sanitized according to sanitization guidelines
- Counselor/Staff who present with symptoms will be removed and follow the most up-to-date recommendations/guidelines by Public Health

MEDICATIONS/ALLERGY/ BEHAVIOURAL/DISABILITIES/NEURODIVERSE INFORMATION:

Please do not bring nuts or nut products, fish products, kiwi or avacado. And our building is scent aware. This may need to be updated should we have staff or participants with allergies not otherwise listed. If your child requires medication, has allergies or any medical condition please contact us. Prescription medication must be in its original container with the physician's instructions on the label and have a prescription label containing the child's name. We can only assist with the administration of medications ie. Hold onto the medication and remind child of

time to take it. The child must be able to physically take the medication on their own, with our supervision. A medical form **MUST** be completed to have medication on site. Over the counter medication will not be administered in the program.

It is very important that you disclose to use information on your child in regards to medical, allergies, behavioural, disabilities, neurodiversity, etc. Your information is kept confidential! We do our best to provide an inclusive environment for all participants. With this disclosure, we are able to take the necessary steps to ensure your child and all children in the program have the best experience. We want to work with you and your child. The key is OPEN COMMUNICATION.

COUNSELOR/STAFF CONTACT INFORMATION:

If you have any questions or concerns on our day camp program, please email gouldsrecinfo@gmail.com or call 709-745-7575 (please leave voicemail). If your questions or concerns are of a confidential matter, please email Recreation Coordinator, Nicole at gouldsrecreation@gmail.com or call her direct line at 709-745-7504 (please leave voicemail). ***We kindly ask that you respect our staff and ask that you do not send them private messages on their personal accounts.***

*****This Day Camp Package may be updated at any time***

BEHAVIOURAL GUIDELINES

Goulds Recreation Association is committed to providing quality programs that promote positive social, cognitive, physical and emotional development. Based on this, we want to ensure that there is a mutual understanding of what is acceptable behaviour and unacceptable behaviour. Our staff will take every reasonable effort to ensure meaningful participation. Please read our guidelines for acceptable and unacceptable behaviours.

ACCEPTABLE BEHAVIOURS: Goulds Recreation counselors/staff, patrons, participants and guardians are expected to exhibit the following behaviour while participating in programs and services:

- respect
- kindness
- safety
- honesty
- responsibility
- healthy choices

UNACCEPTABLE BEHAVIOR: behaviour with the intent to harm others, property or which would otherwise negatively impact program quality is unacceptable and will not be tolerated. The group will review daily behaviour expectations in the form of "Promises". These promises will be displayed within the Rec Centre. Counselors will use discretion to take appropriate action if unacceptable behaviour occurs. Our general process of addressing unacceptable behaviour is as follows:

- Unacceptable behaviour will be discussed with the participant
- Depending on behaviour, parent/guardian of the participant will be notified of the unacceptable behaviour and may be asked to arrange immediate pick-up of the participant.

First occurrence: Lead staff and/or Rec Coordinator will work with the participants and Parent/Guardian (if applicable) to identify solutions to assist the participant in displaying expected behaviours in the future.

Second occurrence: The participant may be re-introduced to the program following a meeting, with parents/guardians (if applicable) to establish an individualized plan to prevent further unacceptable behaviour and encourage positive behaviour

Third occurrence: The participant may be removed from the program/facility on a part-time or full-time basis.

Please note that only our Recreation Coordinator can determine if a child in our day camp program has had a first, second or third occurrence. We take these guidelines very serious and ensure that the whole situation is investigated.

If Goulds Recreation is unable to ensure the safety and well-being of patrons, participants, other, the security of property or program quality, we reserve the right to remove the patron/participant displaying unacceptable behaviour from the program or facility.



P.O Box 40, Goulds, NL, A1S 1G3

509 Main Road, Goulds

Ph: 709-745-7575

Email: gouldsrecinfo@gmail.com

PAYMENT PLAN
DAY CAMP 2026

Non-Refundable Registration Fee	Due within 24 hours of registration confirmation	\$25 per child
Week	Payment due date	Cost
Week 1: June 29-July3 <i>Leap Into Summer</i> <i>(Canada Day Holiday)</i>	June 15 th	\$96 first child \$184 (2 children in same family)
Week 2: July 6-10 <i>Globe Trotters</i>	June 22 nd	\$120 first child \$230 (2 children in same family)
Week 3: July 13-17 <i>Sports Mania</i>	June 29 th	\$120 first child \$230 (2 children in same family)
Week 4: July 20-24 <i>The Mystery Files</i>	July 6 th	\$120 first child \$230 (2 children in same family)
Week 5: July 27-31 <i>Zoomies</i>	July 13 th	\$120 first child \$230 (2 children in same family)
Week 6: August 3-7 <i>Where the Wild Things Are</i> <i>(Regatta Day Holiday)</i>	July 20 th	\$96 first child \$184 (2 children in same family)
Week 7: August 10-14 <i>Rising Stars</i>	July 27 th	\$120 first child \$230 (2 children in same family)
Week 8: August 17-21 <i>Camp Classics</i>	August 3 rd	\$120 first child \$230 (2 children in same family)
Week 9: August 24-28 <i>Memory Makers</i>	August 10 th	\$120 first child \$230 (2 children in same family)

We do not accept debit or credit card.

E-transfers are the preferred form of payment. Payments must be made to gouldsrecreg@gmail.com . Please ensure you include in the message portion of transfer: your child's name and the week you are paying for.

If e-transferring should be an issue, please call 709-745-7575 and speak with one of the office staff.

Payments are due by the end of the day on the payment due dates. If payments are not made on time, we have every right to remove your child's name from the list and replace with a waitlisted child. If you know you will not need a week that you have registered for prior to payment due date, please give us a call at 709-745-7575 or email us at gouldsrecinfo@gmail.com, so that we can have the spot filled as soon as possible.