



MARYLAND YACHT CLUB
and
ROCK CREEK RACING ASSOCIATION

11th Annual MYC Challenge Race
Sunday, September 21, 2025

SAILING INSTRUCTIONS

1. Rules

- a. The Series will be governed by the “rules” as defined in the current *Racing Rules of Sailing* (RRS), US Sailing prescriptions except as any of these are altered by these Sailing Instructions or any amendments thereto.
- b. RRS 63.7 is replaced by: “If there is a conflict between a *rule* in the Notice of Race and a *rule* in the Sailing Instructions, the rule in the Sailing Instructions and any amendments shall take precedence.”

2. Eligibility and Entry

- a. This race is open to MYC, RCRA, and NPSA members.
- b. There is no fee to enter the race. Register at: [RCRA Race Info](#)

3. Notices to Competitors

- a. Notices concerning the Notice of Race and the Sailing Instructions will be posted on the RCRA website: [RCRA Race Info](#)
- b. Changes to the Sailing Instructions will be posted at least 24 hours before they take effect.

4. Signals Made Ashore

- a. There will be no signals made ashore.
- b. In the event of adverse weather conditions, monitor VHF channel 71 for possible race delay or cancellation by the Race Committee or Racing Chair.

5. Schedule

- a. The MYC Challenge Race will take place on Sunday, September 21 2025.
- b. There will be an Awards social at MYC immediately following the race.

6. Class Flags

- a. Class Flags are requested, but not required.
 - i. Spinnaker – White
 - ii. Non-Spin – Blue

7. Rendezvous

- a. Rendezvous will be at RCRA yellow mark “B” (approx. 4.3nm North of Rock Creek R2”) at 12:45 hours.
- b. All boats are requested to check in with the Race Committee.

8. Courses

- a. Course(s) will be given on a separate document along with boat start times.
- b. The Race Committee will select the final course to be used for each fleet (Spin and Non-Spin) prior to the Warning signal for all fleets.
- c. All Rock Creek channel markers must be honored. A boat has finished once any part of the boat in normal position crosses the finish line.

9. The Start

- a. Since this is a "pursuit" style race, starting times will depend on the boat's rating and course distance. A separate table will be provided for start times per registered boat. It will be up to the competitors to start at (and not before) their proper starting time. **All times will be based on GPS time.**
- b. Start Times will be based on expected wind conditions and course length.
- c. Course and Start Times will be published no later than 11:00 on day of the regatta.
- d. The starting line will be between an orange flag on the committee boat and RCRA mark "B".
- e. Boats that are not immediately starting should stay well clear of boats that are starting ahead of them.

10. Signals

Event	Time*	Signal
Rendezvous	12:45 (not timed)	"L" Flag up
Attention	13:09 (not timed)	"L" Flag down, multiple horns
Warning	13:10	1 horn
Preparatory	13:11	horn + prep flag up
One-minute Warning	13:14	1 long horn + prep down
First Start – subsequent starts will be per separate table and may or may not be announced	13:15	1 horn

11. Individual Recall

- a. None – it is up to each competitor to start at or after their assigned start time.

12. General Recall

- a. n/a

13. Abandoned/Postponed Races

- a. In the event it is necessary to abandon the race, the race committee will sound three (3) horns and make announcement via VHF radio channel 71.

14. The Finish

- a. The finish line is between a Yellow flag and a finish marker as per the published course.

15. Penalty System

For any RRS Part 2 infraction, Rules 44.1 through 44.3 shall apply. RRS 44.1 is replaced by: "A boat that may have broken a rule of Part 2 while racing may take a penalty:

- a. At the time of the incident, by taking a two turns penalty (720° - in compliance with RRS 44.2).
- b. a 360° penalty turn for infractions when:
 - i. there is no contact between boats AND
 - ii. the incident does not occur within two boat-lengths of a start line, finish line, or rounding mark."

However, if the boat caused serious damage or gained a significant advantage in the race or series by her breach, she shall retire.

16. Time Limits

- a. RRS 35 is replaced by: "As long as one boat finishes by 16:15, all boats will be scored. If no boats finish before 16:15, the race is abandoned." **NOTE: The race committee has the discretion to override this rule if they choose by making an announcement on VHF 71 prior to 16:15.**
- b. The race committee can at its discretion abandon a race at any time by signaling with 3 sounds of the horn but only if no boats have finished the race.

17. Protests and Redress

- a. As the intention is to keep this a "fun" event, there shall be no post-race protests heard.

18. Scoring

- a. By definition of the pursuit style race, the final results shall be the actual order that boats finish the race.

19. Safety

- a. A boat that retires from a race shall notify the race committee as soon as possible.
- b. Racing boats must stay well clear of commercial shipping traffic at all times. Any boat that interferes with the operation of a commercial vessel for any reason, at the discretion of the race committee, may be DSQ'd.

20. Classes

- a. There shall be two classes for this event – Spinnaker and Non-Spin. However, both Spinnaker and Non-Spin boats will start as determined by each boat's individual ratings and course(s) selected.
- b. CRCA Class Rules are in effect, and will use Ez Ratings or assigned ratings by the RC to tabulate start times. Declaration of CRCA class sail configuration, Spin vs Non-Spin, shall be sent to David Marcic (dmarcic@gmail.com) by Friday, September 19, 23:59.

21. Prizes

- a. There will be a social gathering at the MYC and awards presentation immediately following the race. Boats are welcome to tie up for the event, and overnight dockage is available with prior arrangement. Contact: dockmaster@mdyc.org

22. Disclaimer of Liability

- a. Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

23. Insurance

- a. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$300,000 per event or the equivalent.
- b. Proof of insurance may be requested by the race committee at any time.

24. Contacts

- a. MYC Race Committee Chair – Lee Budar-Danoff, punahougirl84@gmail.com