

2025 W. I. A. A. STATE TRACK & FIELD CHAMPIONSHIPS

WHO: Ken’Niya Williams

WHEN: Friday & Saturday, June 6 & June 7, 2025

WHERE: Veterans Memorial Stadium - UW-LaCrosse

TIME: 4:30 pm Friday – Division 1 Running & Field Events
10:30 am Saturday - All Divisions – Running & Field Events

RELEASED: 11:15 a.m.

VANS LEAVE: 11:30 a.m. – Thursday, June 5

VANS RETURN: Around 9:00 p.m. on Saturday, June 6

ORDER OF EVENTS: Check other sheets

MEET PRODECURES: Upon arrival, run 4 x 50/100
Know when you compete, check order of events
Make sure you have all of your equipment.

CONCESSIONS: a stand will be open during the meet. State Meet T-shirts will be on sale.

ADMISSION: \$11.00 – per session on Friday
\$11.00 – for all day Saturday

TICKETS MUST BE PURCHASED ONLINE: wiaawi.org

PARKING: To park on campus, you must purchase a permit online: wiaawi.org
You can park on some city streets.

WHAT YOU NEED:

Shirts	Beach Towel	Team Uniform	Jacket
Shorts	Games	Running Tights	Sleepwear
Sweatshirt	Toiletries	Training Shoes	Swimsuit
Sun Screen	Long Sleeve T-shirt	Spikes	Spending Money
Socks	Shoes	Sun Glasses	

WHAT YOU DO NOT NEED:

Enough clothes for a 2-week vacation
Anything, which would be a poor reflection on you, our team, or our school.
Obviously, anything which is a violation of school policy

**CONGRATULATIONS ON A VERY SPECIAL SEASON. YOUR HARD
WORK AND DEDICATION HAVE PLACED YOU AMONG THE BEST TRACK
AND FIELD ATHLETES IN WISCONSIN. RELISH THE FEELING AND
ENJOY THE COMPETITION.**

2025 STATE TRACK & FIELD MEET ITINERARY

Thursday, June 5, 2025

- 11:15 am - Meet at High School
- 11:30 am - Leave the high school
- 12:00 pm - Pick up Coach O'Neill & Coach Dodd
- 12:10 pm - Leave for UW-La Crosse
- 2:20 pm - Rest Stop by Wisconsin River
- 4:00 pm - Check into Dorms
- 4:15 pm - Short workout.
- 5:30 pm - Get T-shirts
- 6:00 pm - Eat Supper
- 8:15 pm - Team Activity
- 11:00 pm - Everyone in their own room.

Friday, June 6, 2025

- 7:30 am - Eat breakfast in dorm
- 9:00 am - Study Session
- 11:00 am - Grand Dad's Bluff
- 12:00 pm - Lunch
- 3:30 pm - Team Warmup
- 4:30 pm - Track Meet Starts
- 5:16 pm - D1 Girls 100 m. Dash
- 7:54 pm - D1 Girls 200 m. Dash
- 8:30 pm - Dinner
- 11:00 p.m. – Everyone in their own room

Saturday, June 7, 2025

- 7:30 am - Eat breakfast in dorm
- 9:00 am - Walk to Track
- 9:30 am - Field Events Start.
- 10:00 am - Running Events Start
- 11:32 am - D1 Girls 100 m. Dash Finals
- 11:45 am - Ken'Niya on the Podium
- 1:25 pm - D1 Boys Discus
- 3:00 pm - D1 Girls 200 m. Dash
- 3:15 pm - Ken'Niya on podium again
- 3:40 pm - Mitch on podium
- 4:30 pm - Meets End
- 4:30 pm - Head for Home
- 5:30 pm - Stop for supper in Mauston
- 9:00 pm - Arrive in SM