Emmanuel Episcopal Church 3rd Sunday in Lent



Sunday, March 23, 2025, 8:00 AM and 10:30 AM Welcome to Emmanuel. We invite you to join with us in worship. Music is a part of our 10:30 a.m. service. Please maintain prayerful silence in the Nave to prepare for worship

Prelude "Ah, Holy Jesus"

Heermann/Crüger; arr. Hal Leonard [Toplady]

Opening Hymn 685 Rock of Ages Liturgy of the Word

All standing, the Celebrant says

Bless the Lord who forgives all our sins.

People God's mercy endures for ever

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage. You shall have no other gods but me.

Amen. Lord have mercy.

You shall not make for yourself any idol.

Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.

Amen. Lord have mercy.

Remember the Sabbath day and keep it holy.

Amen. Lord have mercy.

Honor your father and your mother.

Amen. Lord have mercy.

You shall not commit murder.

Amen. Lord have mercy.

You shall not commit adultery.

Amen. Lord have mercy.

You shall not steal.

Amen. Lord have mercy.

You shall not be a false witness.

Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.

Amen. Lord have mercy.

Celebrant

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12:29-31*

Celebrant then says

Let us confess our sins against God and our neighbor.

Silence is kept for persons to bring before God their individual sins. Celebrant then says: God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created.

We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf.

Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

The Celebrant says:

Almighty God have mercy on you, ⊕ forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

At 8:00: Lord, have mercy Christ, have mercy Lord, have mercy. At 10:30 sung: Lord, have mercy. Lord, have mercy. Christ, have mercy. Christ, have mercy. Lord, have mercy. Lord, have mercy. Lord, have mercy.

Collect of the Day

BCP 357

Celebrant	The Lord be with you.
People	And also with you.
<i>Celebran</i> t	Together, let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

First Reading (seated)

Exodus 3:1-15

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain."

But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I am who I am." He said further, "Thus you shall say to the Israelites, 'I am has sent me to you." God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever,

and this my title for all generations."

Reader The word of the Lord. People **Thanks be to God.**

Psalm 63:1-8

1 O God, you are my God; eagerly I seek you; * my soul thirsts for you, my flesh faints for you, as in a barren and dry land where there is no water.

- 2 Therefore I have gazed upon you in your holy place, * that I might behold your power and your glory.
- 3 For your loving-kindness is better than life itself; * my lips shall give you praise.
- 4 So will I bless you as long as I live * and lift up my hands in your Name.
- 5 My soul is content, as with marrow and fatness, * and my mouth praises you with joyful lips,
- 6 When I remember you upon my bed, * and meditate on you in the night watches.
- 7 For you have been my helper, *

and under the shadow of your wings I will rejoice.

8 My soul clings to you; *

your right hand holds me fast.

Second Reading (seated)

1 Corinthians 10:1-13

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the

BCP 670

same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

ReaderThe word of the Lord.PeopleThanks be to God.

Gradual Hymn 439 What wondrous love is this [Wondrous Love]

Gospel (stand as you are able)

Deacon The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory to you Lord Christ.

At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them--do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, just as they did."

Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down."

Deacon	The Gospel of the Lord
<u> </u>	

People Praise to you, Lord Christ.

Homily

The Rev. Rhonda E. Wheeler

Nicene Creed (Leader and People)

BCP 358

Luke 13:1-9

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God,

begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

Prayers of the People

I ask your prayers for God's people throughout the world; for our Bishop; for this gathering; and for all ministers and people. Pray for the Church.

The People offer their petitions.

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Pray for justice and peace.

The People offer their petitions

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Pray for those in any need or trouble.

The People offer their petitions

I ask your prayer for all who seek God, or a deeper knowledge of him. Pray that they may find and be found by the Holy One.

The People offer their petitions

I invite your thanksgivings.

The People offer their petitions.

I ask your prayers for the departed. Pray for those who have died.

The People offer their petitions

Praise God for those in every generation in whom Christ has been honored. Pray that we may have grace to glorify Christ in our own day.

The Celebrant concludes the Prayers by saying:

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you:" Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever. **Amen.**

Peace (All stand.)

CelebrantThe peace of the Lord be always with you.PeopleAnd also with you.

Then the Ministers and People may greet one another in the name of the Lord.

The Holy Communion

Offertory Anthem (Emmanuel Choir) "The Holy Heart" Barbour/Skidmore; arr. Mary McDonald

The people stand and sing the Presentation Hymn as gifts of bread, wine, and money are presented at the altar: "One Bread, One Body" (tune One Bread, One Body).

[One Bread, One Body]

Doxology L-151 chorus One Bread, One Body

Great Thanksgiving

The people stand.

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

(setting Deutsche Messe, Franz Peter Schubert)

Celebrant and People

Sanctus

Holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The people remain standing. The Celebrant continues

Ever living God, you have created the world out of nothingness. You are present in both the darkness and the light.

You have created humanity from the dust of the earth, and have given us the ability to choose between good and evil. You have called your prophets and champions from among the lowly. You have formed your people through wanderings in the desert and through exile in foreign lands.

In your creative thirst to be known to us, you have entered into our struggles, coming among us in the human person of Jesus, the Christ. He was conceived amid scandal, born in want, raised in obscurity. With us he embraces hunger and thirst, temptation, rejection, doubt, grief, suffering and death.

At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night before he died, he took bread, and when he had given thanks, he broke it and gave it to his disciples saying, "Take, eat: This is my body which is given for you. Do this in remembrance of me."

After supper he took the cup of wine and, when he had given thanks, he gave it to them and said, "Drink this, all of you: This is my blood of the new covenant, which is shed for you and for all people for the forgiveness of sin. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

Now in this sacred rite of thanksgiving and praise we celebrate the saving work of Jesus. In him the instrument of torture and death has been transformed into the sign of reconciliation and abundant life.

Recalling his life and teaching, his death and resurrection, we offer these gifts of bread and wine. Spirit of Compassion, breathe upon them now, making them for us the Body and Blood of your incarnate Love. Unite us to your Son in his sacrifice, that we may be acceptable through him, being ≇ sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with blessed Mary and all your saints, we may enter the everlasting heritage of your sons and daughters. All this we ask through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, all glory and honor is yours, Almighty Father, for ever and ever. **Amen!**

The Celebrant then continues And now, as our Savior Christ has taught us, we are bold to say, People and Celebrant

Our Father, who art in heaven, hallowed be thy Name,

thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Priest and People then say

We do not presume to come to this your Table, O merciful Lord, trusting in our own righteousness, but in your many and great mercies. We are not worthy so much as to gather up the crumbs under your Table. But you are the same Lord whose nature is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Celebrant	Christ our Passover is sacrificed for us;
People	Therefore let us keep the feast.

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All are welcome to receive Holy Communion. If you do not wish to receive from the cup, it is acceptable to receive the bread only. Those who do not wish to receive Communion, are invited to come to the altar for a blessing. Please speak to the Rector if you would like to learn more about baptism.

Hymn L-101 "Softly and Tenderly Jesus Is Calling"

Post-Communion Prayer After Communion, the Celebrant says Let us pray. Celebrant and People Almighty and everliving God, We thank you for feeding us with this spiritual food Of the most precious Body and Blood Of your Son our Savior Jesus Christ; And for assuring us in these holy mysteries That we are living members of the Body of your Son, Will L. Thompson BCP 365

And heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, To love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, Be honor and glory, now and for ever. Amen.

The Priest offers a Lenten Prayer.

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. Amen

Spiritual

Recessiona	I Hymn 344 Lord, dismiss us with thy blessing	[Sicilian Mariners]
Dismissal		BCP 366
Deacon or L	EM Let us go forth in the Name of Christ	
People	Thanks be to God.	
Postlude	"Go Down, Moses"	Trad. Spiritua

Emmanuel Episcopal Church Hampton, Virginia

March 23, 2025

Welcome to Emmanuel!

If this is your first visit to Emmanuel Episcopal Church, consider making this your spiritual home. Sunday services are found in the red Book of Common Prayer located in your pew or in the printed bulletin. Hymns are found in the blue Hymnal, the red & black Lift Every Voice and Sing hymnal (L), or the green Wonder, Love, & Praise hymnal (W).

If this is your first time visiting the Episcopal Church, simply relax and enjoy the service. Don't worry about doing things "right," for God has brought you here for a purpose and together, as the people of God, we can enjoy each other's company and the presence of God you bring into our midst.

All people are welcome to receive communion in the Episcopal Church and you can do so by coming to the rail, standing or kneeling, and holding your hands to receive the bread (Body of Christ) and when the cup is offered to you, either drink from the common cup – first cup; or dip the bread in the wine yourself (intinction) – second cup. Communion in one-kind (bread) is a completely full & sufficient communion. If you would prefer to have the clergy and a chalice come to you, please notify an usher.

Filming during the service - Recognizing that not all are able to re-gather, we will broadcast the later service.

Cell Phones - Please remember to mute or turn off your phone before the service starts.

Safety Protocols at Emmanuel - Mask wearing is appropriate anytime but not required. In close quarters, like the Vestry room and library, it may make sense to consider wearing masks depending on the participants. Hand sanitizer is available. In the event of an emergency, please stay calm, stay seated, and listen for instructions.

The sanctuary flowers are given this week by Vic & Melissa Hellman to the glory of God, and in loving memory of Charlie.

Lay Eucharistic Ministers

8:00am R – Alexia Chinnery; C – Barb Fisher, Vi Cooper

10:30am R – Keith Harrington; C – Sabrina Miles, Kim DeCoster

ANNOUNCEMENTS

<u>Reminder</u> - Emmanuel's sanctuary and chapel are open for prayer and reflection during office. Parish office hours are: Tuesday – Wednesday, 8:30a – 3p. Karen will be out of the office Thursday and Friday this week.

Lent Devotions in a Bag—These devotional materials are available in the Narthex or from Deacon Darlene.

Joint Lenten Program – The Lenten program continues this Wednesday *March 26* at St. John's. The evening begins at 5p with a soup & salad dinner provided by the host church and concludes by 7p. This week we will be exploring "*The Power of Forgiveness*" with Rev. Lisa Erdljohn, rector of St. John's. Thank you to our dedicated set-up and clean-up crew for hosting this past Wednesday's supper at Emmanuel! And of course, thank you to our chefs for their delicious & bountiful soups & salads. No one went home hungry!

<u>Fitness Class</u> – Fitness for All Bodies Every Day meets on *Thursdays at 11:30a*. Please note the new start time for the class. Join us and learn how to make simple adjustments to your daily activities which improve your balance and overall well-being. (You may do these exercises sitting or standing.)

April Newsletter – Last call for articles and announcements. The newsletter will be mailed March 26.

Easter Decorations – If you would like to contribute toward the cost of the floral decorations for Easter, please complete and return the form found on the bulletin board next to the parish office.

<u>April 13: ONE SERVICE at 10:00 AM</u> – Palm Sunday is going to be jam packed with significant celebrations. Bishop Susan will be with us as we confirm, receive, and reaffirm parishioners. We will also celebrate Palm Sunday and the start of Holy Week by concluding with Tenebrae as we did last year. Please mark your calendar with this special date & time!

Email Issue – The office is currently working on how to re-establish the ability to use distribution lists for those parishioners who have Gmail accounts. Currently, gmail is rejecting the church's Emmanuel Moments & worship material emails sent on Wednesdays and Saturdays as spam. We're hoping for a solution that doesn't require Karen sending out 62 separate emails to those accounts. Thank you for your patience!!

In Need of Prayer — Alex, Bob, Cephise, Carol, Diane, Becky, Clara, Boyd, Patti, Beth, Earl, Claire, Tristan, Maria, Willie, Carole, Nancy, Karen T, Arline, Ron, Bonnie, Sandy H, Kim, EJ, Jerry, Malka, Faye, Mike, Betty, Tom, Sheila, Mary, Elizabeth, Doug, Geoff, , Barbara, Barbara & Harold, Jim & Susie, Richard, Ed, Helen, Gina & Tal, Bill, Mary B, Carl, Pixie, Sharon & Denis, Fran, Velma, Bobby L, Rand family, Jan F., Brenda, , Judy, Laura, Lee Ann, Betty F., Sandy, Tim & Debra, Sally Sue, Donna B., Diane K, Aaron, Mary, Kathleen, Charlene, Rebecca, Beth M., LaMar, Kai, Dakota, Doris, Carol Sue, Hellman family, Gerry, Mary Jane, Betty Anne, Barbara, Gale, Richard, Jane, Diane W., Delores, Carla, Anna, Andrew, Michelle, Bria, Abby, Xaria, Jonel, Mary & Lee, Belinda, Brian, Robin, Dynes family, Shirley, Edith, Mikon, Michelle, Breonna, Morgan, John, Keith A., Bishop Curry, Parker, Jon, Karla, Gary & Sheila, Debra Sue, Alice, Sandy R., Jack, Kyle, Pat, Jackie & Calvin; Lisa & David, Pam, Teddie Jo, Iva, Autumn, Tage, Kent, Brigid & Rick, Diana, Carol Sue Bob B., Ben, Bill B., Nancy, Kellie, Preston, Marlo, Heather, Jimmy M., Bill W., Nolan, A.J., Carrie,

Sandy P., Tina, Paul, Evelyn, Steven, Virginia, Helms family, Phillips family, Bill K, Shanda, Karen, Cathy S., Chisman family, Wendy, Judy, Brian, Gary& Chuck, Mona, Garry, Marty, Pat, Robert, Jerry, Carol U, Baby William, Gary, Constance, Latta; Angalee, David & Frank, Kathie, Georgia, Jackie, Lasher family

Stewardship Moment

"Walk in Love" -- ""The Lord is my light and my salvation; whom then shall I fear?"--Psalm 27

Emmanuel Episcopal Church 179 East Mercury Boulevard Hampton, Virginia 23669-2461 Phone: (757) 723-8144 Email: office@emmanuelhampton.org Website: <u>http://www.eechampton.org</u> Facebook: EmmanuelHampton A parish of the Episcopal Diocese of Southern Virginia The Rt. Rev. Susan Haynes, Bishop			
StaffThe Rev. Rhonda E. Wheeler, RectorRev. Darlene Jackson, DeaconCathy Combs, Music DirectorCary Kelly, Finance DirectorKaren Harrington, Parish AdministratorCary Kelly, Finance Director			
VestryTim BradleyChris Garguilo, Sr. WardenKim DeCosterLaura L. ManigaultPat DwyerBill MilesBarb FisherSabrina MilesSuzzane Jewett, RegistrarVic Hellman, Treasurer			

EVENTS THIS WEEK		
Sunday, March 23 -	3 LENT	
8:00am & 10:30am:	Worship	
9:00am & 11:30am:	Emmanuel Café	
9:15am:	YEAs	
Monday, March 24 - 7:00pm:	AA & Al-Anon	
Tuesday; March 25—11:00am:	Prayer Shawl	
6:30pm:	Vestry	
Wednesday, March 26 – 11:00am:	WoW	
12:00pm:	Healing Worship	
5:00pm:	Lenten Program at St. John's this week	
Thursday, March 27 –	Office closed	
11:30am:	Fitness	
5:30pm:	Choir	
5:30pm:	Discernment	
Friday, March 28 -	Office closed	
Saturday, March 29 - 8:00am:	AA	
9:00am:	Altar Guild	
Sunday, March 30 -	4 LENT	
8:00am & 10:30am:	Worship	
9:00am & 11:30am:	Emmanuel Café	
9:15am:	YEAs	