



PARISH OF OUR MOTHER OF PERPETUAL HELP

Redemptorist Community

Rev Fr. Patrick Massang, C.Ss.R. (Parish Priest)

Rev Fr. Philip Lai, C.Ss.R.R (Assistant Parish Priest)

Address: 19-21, Jalan La Salle, Ipoh Gardens, Ipoh, Perak. website: www.omphip.org

Telephone Nos.: (Office - 05-5458 220) (Fax: 05-5468 495)

ANNOUNCEMENTS:

SYNODALITY JOURNEY ON ROAD TO EMMAUS WITH THE RISEN CHRIST –

by Rev Fr Robin Lomangkok, CSsR.
on Wednesdays 3rd, 10th and
17th May 2023
at 7.30pm in OMPH Church.
Bring along your bible
All are welcome. Please register at
parish office or place form in box
provided inside the church.

JOB VACANCIES from

Pusat Jagaan Rumah Orang-Orang Tua
(PKK) Simee, Ipoh for –

1) Night Duty CareGiver
working Hours/Off day:
8p.m to 6 a.m (2 days off per week)
Salary: Subject to qualification and
experience (with EPF,SOCSO,EIS
benefits)

2) Kitchen Helper
Working hour/off day:
7 a.m. to 5 p.m. (1 day off per week)
Salary: RM1,500/- (with EPF,SOCSO,EIS
benefits)
Please contact:
Alicia Yong (05-5473252/010-8264286)

YOUTH BAZAAR

A Youth Bazaar organized by Church
of Our Lady of Lourdes on
16 April, 2023 from 8 a.m. till 1 p.m.
Proceeds are to defray the expenses
for the Youths who will be
participating the World Youth Day 2023
held in Lisbon.
Please support the young people by buying
the coupon which cost RM10/-
each from Church of Our Lady of Lourdes,
Silibin. (05 5279349)

ADORATION TO THE BLESSED

SACRAMENT - 1st Friday of each month

HOLY HOUR on

Fri., 5 May, 2023

7.20 p.m. till 7.50 p.m in OMPH church
followed by Mass.

NEW-INTAKE for "ADULT ENQUIRY TO THE CATHOLIC FAITH"

The RCIA (Rite of Christian Initiation
of Adults) is a program of
induction into the Catholic Church
through the sacraments of
Baptism, Confirmation
and Eucharist.
But, more than that,
it is a faith journey designed to
meet our fundamental spiritual
needs as God's children and help us
identify with and become a part of a
faith community. If you know of
friends who are interested in making
enquiry into the Catholic Faith and
deepening your personal
relationship with Jesus Christ, if you
are seeking to learn about
Catholicism as the result of an
interfaith marriage or other
relationship, have not fully
completed the sacraments of
initiation, or simply wonder what
the journey entails, please register
now at the Parish office.

Next In-take will start in the month
of July.

(Food for thought)

Gospel: John 20: 19-31. *"The Power of Shalom"*

Today's Gospel tells us that Thomas was not with the others when Jesus first came to them after the Resurrection. The fact that the surviving members of the Twelve seem to have been paralyzed into inaction and are hiding together in a locked room makes us wonder where Thomas actually was. But we can be sure that he must have felt totally alone; not even the fellowship of his companions can bring him comfort.

Faith must go beyond just seeing and touching with our physical senses. Thomas is a reminder today that our journey of faith includes doubt and brokenness. Thomas also reminds us that it was through his wounds, not in spite of them, that Jesus was identifiable to the disciples. It was through these same wounds that we receive our life. Our wounds – whatever they might be - do not set us apart from Jesus. Rather, they are signs of our union with him. And his wounds assure us that we will never be defeated by all that assails us.

When Jesus enters the locked room where his disciples are gathered in fear, he doesn't come in a blaze of glory and blinding light. He quietly comes with his wounds - the wounded savior comes to his wounded disciples. He says, "Shalom" and in the midst of their shattered lives and dissipated hopes, he gives peace beyond measure.

MARRIAGE: Please contact the Parish Priest at least **SIX MONTHS** in advance.

BAPTISM: Please contact the Parish Priest at least **ONE MONTH** in advance. Next Infant Baptism will be on **Sunday, 30 April, 2023.**

PARISH ACTIVITIES & MEETINGS: (April /May 2023)

- * 16/4/23 @ 12.45 p.m - Caritas OMPH Learning Centre (3rd Fl.)
- * 17/4/23 @ 6.00 p.m - CCR practice (church)
- * 18/4/23 @ 8.00 p.m – Legion of Mary (C) (Mt.Rm.)
- * 19/4/23 @7.30 p.m - OMPH CCR Prayer meeting (church)
- * 20/4/23 @ 8.00 p.m – RCIA (E) (St.MkRm.)
- * 21/4/23 @ 8.00 p.m – RCIA (C) (ven Francis Xavier Rm.)
- * 23/4/23 @ 12.45 p.m - Caritas OMPH Learning Centre (3rd Fl.)
- * 24/4/23 @ 6.00 p.m - CCR practice (church)
- * 25/4/23 @ 8.00 p.m – Legion of Mary (C) (Mt.Rm.)
- * 26/4/23 @7.30 p.m - OMPH CCR Prayer meeting (church)
- * 30/4/23 @ 12.45 p.m - Caritas OMPH Learning Centre (Hall +3rd Fl.)
- * 30/4/23 @ 7.00 p.m - CCR practice (church)
- * 1/5/23 @ 10.00 a.m - Combined Liturgical Committees (Parish hall)
- * 2/5/23 @ 8.00 p.m - Parish Pastoral Council (St.Mk Rm.)
- * 3/5/23 @ 8.00 p.m - Area Coordinators/BEC leaders (St.Mk.Rm.)
- * 3/5/23 @ 7.30 p.m - OMPH CCR – Talk by Fr. Robin (church)
- * 4/5/23 @ 10.00 a.m. – Faith Educators (Francis Xavier Rm.)
- @ 8.00 p.m – RCIA (E) (St.MkRm.)
- * 5/5/23 @ 8.00 p.m – RCIA (C) (ven Francis Xavier Rm.)
- * 7/5/23 @ 3.30 p.m - Eucharistic Ministers (St.Mk.Rm.)
- @ 7.00 p.m - CCR practice (church)
- @ 7.00 p.m. – Hospitality Ministers (St.Mk.Rm.)

BIBLE REFLECTION & HOME-GATHERINGS:

- * 19/4/2023 @ 8.00 p.m. – BEC St.Peter (C) (Cafeteria lounge)
- * 21/4/2023 @ 8.00 p.m - BEC St.Francis De Sales ;Home of Lawrence Dominic & Patricia.

2023 COFFEE MORNINGS:

- * 16/4/2023 – BEC St.Jude (T) * 23/4/2023 – Hospitality Ministers(T)
- * 30/4/2023 – Hospitality Ministers(T) * 7/5/2023 – OMPH Tamil Choir.
- * 14/5/2023 – Sun.Sch. Std. 3. * 21/5/2023 – BEC St.Jude (T)

ETERNAL HAPPINESS TO: + Monica Wong Wai Mon departed on 6 April, 2023.

EVENING FOR THE ENGAGED 2023

Please see your Parish Priest for registration.

EE135	19-21 May	Stella Maris
EE136	18-20 Aug	Stella Maris
EE137	17-19 Nov	Stella Maris

For enquiries contact Bart-Angie (017 5900978).Registration forms can be obtained from website <http://www.cceepenang.org>

ROSARY in the month of MAY

(date) Mon. 1 May, 2023
(time) 7.30 p.m. Rosary followed by Mass at 8 p.m

COMING in the mth. of MAY - MEETINGS for OMPH MINISTRIES:

COMBINED LITURGICAL COMMITTEES

(date) Mon. 1 May, 2023
(time) 10.00 a.m
(venue) OMPH Parish Hall.

PARISH PASTORAL COUNCIL

All PPC members are to be present on
(date) Tues. 2 May, 2023
(time) 8.00 p.m
(venue) St.Mark's room.

AREA COORDINATORS/B.E.C Leaders

(date) Wed. 3 May, 2023
(time) 8.00 p.m.
(venue) St.Mark's room.

FAITH EDUCATORS/Sun. Catechism Teachers

(date) Thurs. 4 May, 2023
(time) 10.00 a.m.
(venue) Francis Xavier Rm.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets
* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

OMPH-CATHOLIC CHARISMATIC RENEWAL GROUP

invites ALL to join us in praise and worship, intercessions and ministering in our weekly prayer meetings every Wednesday at 7.30 p.m. in the Church.

OMPH-TAMIL CHARISMATIC

All are welcome to join the Tamil Charismatic group on Tuesday, 25 April, 2023 at 8.00 p.m. in church.

EUCCHARISTIC MINISTERS

(date) Sun. 7 May, 2023
(time) 3.30 p.m. (venue) St.Mark's Rm.)

HOSPITALITY MINISTERS

(date) Sun. 7 May, 2023
(time) 7.00 p.m (venue)St.Mark's Rm.

RCIA FACILITATORS

(date) Tues. 16 May, 2023
(time) 8.00 p.m (venue) St.Mark's Rm.)

COMBINED LITURGICAL COMMITTEES

(date) Wed. 17 May, 2023
(time) 8.00 p.m.
(venue) St.Mark's Rm.

ALTAR SERVERS + their PARENTS

(date) Sun. 21 May, 2023
(time) 3.30 p.m.
(venue) O.M.P.H. Church