

## APRIL 19 | 2024 |9:00AM - 10:00AM

Practice self-care and connect with your colleagues to discuss anything social work related. Share anything from challenging cases and practice concerns to current legislation and ideas for future events. We're stronger together! Groups begin with a short mindfulness practice.

## **Upcoming Meetings:**

May 17, 2024

Students welcome! Registration is Free! https://www.naswfl.org/events.html

