Breakfast: 7:00-7:30 am A.M. Snack: 9:15-9:30 am Lunch: 11:30am-12:00 pm P.M. Snack: 2:30-2:45 pm



*All Meals Served with Milk

AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Bananas, English Muffin Yogurt, Cinnamon Toast Tuna Melt, English Muffin, French Fries, Mixed Fruit Fresh Fruit Pop
4	5	6	7	8
Peaches, Pancakes	Pears, French Toast	Berries, Oatmeal	Oranges, Cinnamon Toast	Pineapple, Biscuit
Toast, Pineapple	English Muffins, Peaches	Yogurt, Berries	Guppies, Juice	Graham Crackers, Bananas
Meat Loaf, WW Roll,	Chicken Pot Pie, Mixed	Chicken Alfredo, Green	Meatballs, WW Roll,	Tuna Noodles, Elbow Mac,
Mixed Veggies, Grapes	Veggies, Mandarin Oranges	Beans, Pineapple	Corn, Mixed Fruit	Peas, Peaches
Guppies, Juice	Egg	Bananas	Yogurt, Oranges	Rice Krispies
11	12	13	14	15
Juice, Cheerios	Berries, Bagel	Banana, French Toast	Pineapple, Waffle	Peaches, Oatmeal
Cottage Cheese, Carrots/Celery	Biscuit, Apple Slices	Frozen Graham Crackers	Guppies, Juice	Yogurt, Grapes
Corn Dogs, Green Beans, Pineapple	Hot Dogs, Mac & Cheese, Broccoli, Pears	Chicken Patty, WW Roll, Peas, Grapes	Turkey Chef Salad, WW Ritz, Tomato/Lettuce, Peaches	Lemon Pepper Fish, Rice, Mixed Veggies, Mandarin Oranges
Cheese Slices, Wheat Thins	Cottage Cheese, Peaches	Biscuit, Applesauce	Muffins, Juice	Frozen Fruit Pop
18	19	20	21	22
Apple Slices, Rice Krispies	Berries, Biscuit	Peaches, Waffles	Pears, Pancakes	Pineapple, Corn Flakes
Cottage Cheese, Melon	Bagel, Juice	Toast, Apricots	Yogurt, Apple Slices	Grapes
ologna/Cheese Sandwich, WW Brea		Chicken Nuggets, Green	Oodles of Noodles,	Fish Nuggets, WW Dinner Roll,
Carrots/Celery, Apple Slices	Corn, Apricots	Beans, Pineapple	Broccoli, Pears	Peas, Peaches
Guppies, Juice	Muffins	Nachos	Egg	Oatmeal Cookie
25	26	27	28	_
Pears, Waffles	Peaches, Cheerios	Berries, Pancakes	Oranges, French Toast	Bananas, Oatmeal
Chex Mix Chicken Patty, WW Roll,	Cheese Slices, Wheat Thins Ground Beef Pizza, Mixed	Guppies, Juice Chicken Stir Fry, Rice,	Muffins Beef & Spaghetti Noodles,	Graham Crackers, Applesauce Scrambled Eggs, Pancakes,
Green Beans, Mixed Fruit	Veggies, Melon	Stir Fry Veggies, Pineapple	Corn, Peaches	Hash browns, Applesauce
String Cheese, Ritz	Carrots/Celery	Bean Dip, Tortilla Chips	Toast, Juice	Frozen Graham Cracker Sandwich