



**Thank you for registering for “Virtually Together” online art therapy symposium. Included in this packet you will find all the details of participating in the event.**

**If you have questions about the symposium or need technical support please contact the Kansas Art Therapy Association at:**

email: [kansasarttherapy@gmail.com](mailto:kansasarttherapy@gmail.com)

Cara Weeks Neuburger, KATA Conference Chair:

(785) 424-7410 (office, no texting), 785-331-5684 (cell, text)

## The Basics

**Conference Landing Page on the KATA website:**

<https://www.kansasarttherapy.org/kata-symposium-2020.html>

Here you will find the full schedule of presentations, descriptions, and presenter bios. For each learning session links are provided to access the Zoom session, lists of art materials recommended for participation in the session, and downloads of any associated handouts.

**Social Media links:**

<https://www.facebook.com/kansasarttherapy>

<https://www.facebook.com/groups/2555446814705643>

This is a private Facebook group created just for the symposium. Here we will be posting advanced and live updates about the symposium. Please join this page to get these updates, ask questions, join in discussions with others, or introduce yourself, your work, or your art. We will also post a few raffle prizes during the event.

**Continuing Education Credits:**

Registered attendees can request a certificate documenting continuing education hours for all live sessions attended. To receive your certificate complete the online survey after the symposium at:

<https://forms.gle/RZgQuSseytzsygQd9>

Please allow 1-2 weeks post conference for you certificate to be emailed. Certificates will not be available after December 20, 2020.

The symposium is designed to meet criteria for continuing education credits for licensed professional counselors designated by the Behavioral Sciences Regulatory Board for the state of Kansas as well as continuing education criteria for the Art Therapy Credentials Board. The program is intended for professional art therapists, art therapy graduate students, and other master level mental health professionals. Learning sessions are designed to enhance professional practice, values, skills and knowledge in the areas of psychological or psychotherapeutic theories and practice, art therapy assessment, art therapy theory and

practice, client populations, multicultural competence, professional development, or professional issues and ethics.

The learning sessions in the symposium provide information on skills and strategies for art therapy, however the symposium in and of itself does not equate formalized training in art therapy. Art Therapy is a master's level profession and individuals who are not credentialed art therapist and utilize therapeutic art activities should do so within their scope of practice or in consultation with a credentialed art therapist and should not use the term "art therapy" to describe the activity. There is risk of harm conducting any therapeutic modality, including the creative arts therapies, without the proper training. Further information on becoming a professional and credentialed art therapist can be found at the websites of the American Art Therapy Association and the Art Therapy Credentials Board.

### Online art exhibit:

Visit and contribute to the online art exhibit entitled "Our New Tomorrow" that is currently on display at: <https://www.artsteps.com/view/5f4db548787d901e5ef7d154>

**We want to see your artistic response to current life and/or your vision for the future!** To contribute your art please submit a high quality digital photo of your artwork, a brief artist bio and brief artwork statement, phone number, mailing address, and email to [kansasarttherapy@gmail.com](mailto:kansasarttherapy@gmail.com).

By submitting your work you are agreeing to have your artwork and statement shared publicly.

### Zoom Sessions:

All of the conference sessions will be hosted on Zoom. No Zoom account is required to participate. You can join each meeting by downloading a Zoom application for your computer, tablet, or smartphone. You can also view the presentations through your web-browser, but Zoom states that some features are not available on the browser version. Downloads can be found at <https://zoom.us/download> or when you click on a link to join a meeting you will be prompted to download the application if it is not already installed on your device.

**Passwords:** Passwords to access the sessions were emailed to you after your registration. If you cannot locate your passwords please contact [kansasarttherapy@gmail.com](mailto:kansasarttherapy@gmail.com).

Zoom Dial by Location information: If calling in vs. using your internet audio connection

- +1 253 215 8782 US (Tacoma)
- +1 346 248 7799 US (Houston)
- +1 669 900 6833 US (San Jose)
- +1 301 715 8592 US (Germantown)
- +1 312 626 6799 US (Chicago)
- +1 929 205 6099 US (New York)

Find your local number: <https://us02web.zoom.us/j/kxwez3ZcB>

**Recordings:** Zoom sessions will be recorded and available by email request ([kansasarttherapy@gmail.com](mailto:kansasarttherapy@gmail.com)) three weeks after the symposium. Recordings will include the presenter, screen-sharing, and active speaker. Participants can turn off their camera if preferred. Parts of the presentation that include audience sharing or participant artwork will be removed from video recordings.

**Accessibility:** Otter.ai live voice transcription will be available for viewing during all presentations. No download is needed. The zoom window will have integrated link that will open a live transcription in a new window. This feature is best used on a computer or laptop where you can view both the zoom window and the transcription simultaneously. Please contact us if you need additional closed captioning resources or accommodations.

# Schedule of Events

(All times listed for sessions are Central Time Zone- North America. Info and links can also be accessed at <https://www.kansasarttherapy.org/kata-symposium-2020.html>)

## Saturday September 26th

**8:30- Welcome and Orientation:** Cara Weeks Neuburger, KATA conference chair, will provide a brief welcome and orientation to conference happenings and resources.

### Zoom Link:

Topic: Virtually Together- Welcome and Orientation Saturday  
Time: Sep 26, 2020 08:30 AM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/89304463755>

NO PASSWORD REQUIRED FOR THIS SESSION

Meeting ID: 893 0446 3755

One tap mobile

+12532158782,,89304463755# US (Tacoma)

+13462487799,,89304463755# US (Houston)

### 9:00-10:30 (choose one)

- **Use of Art Interventions to Deescalate Elementary Students in Crisis**  
Anna Brink, ATR-P, LPC, NCC

The National Survey of Children's Health's 2016 survey showed 46% of children in the U.S. had experienced at least one adverse childhood experience (ACE), and for adolescents aged 12-17, this number increases to 55%. Then approximately 1 in 5 children had two or more ACEs. Children with trauma have a smaller window of tolerance, making them more likely to experience behavioral escalations in their home and school setting. This presentation outlines the use of art interventions to deescalate children presenting at various stages of escalation in an elementary school setting.

### Zoom Link:

Topic: Art Interventions to Deescalate Students  
Time: Sep 26, 2020 09:00 AM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/88652438702>

Meeting ID: 886 5243 8702

Passcode: SEE CONFIRMATION EMAIL

One tap mobile

+13462487799,,88652438702#,,,,,0#,42648045# US (Houston)

+16699006833,,88652438702#,,,,,0#,42648045# US (San Jose)

### Learning Objectives:

1. Participants will assess factors that increase children's probability to engage in a behavioral escalations.
2. Participants will identify the stages of behavioral escalation and corresponding art interventions to deescalate children in crisis.
3. Participants will review safety protocols when attempting to deescalate children.

**Handouts:** Download at <https://www.kansasarttherapy.org/kata-symposium-2020.html>

**Materials for Experiential:** Paper and any art supplies

- **Using Bridge Drawings in Addiction Treatment Groups to Promote Personalized Understandings of the Stages of Change**

**Libby Schmanke, ATR-BC, ATCS, LCPC, MAC**

Variations of Hays & Lyons' original Bridge Drawing (1981) have been used by art therapists for informal assessment and as therapeutic interventions. This version, which I developed for use with the addiction treatment population beginning in 2001, is used both ways within a group modality, and enables clients to reflect on their investment in treatment and their location in the Stages of Change framework. Participants in this webinar will create a bridge drawing before learning more about the projective nature of the assessment; then a Powerpoint presentation will reveal elements of interpretation and show a variety of addictions treatment clients' bridge drawings as exemplars of the range of responses.

**Zoom Link:**

Topic: Bridge Drawing In Addiction Treatment  
Time: Sep 26, 2020 09:00 AM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/83412770333>

Meeting ID: 834 1277 0333

Passcode: SEE CONFIRMATION EMAIL

One tap mobile

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**Learning Objectives:**

1. Participants will be able to describe two functions or uses of Hays and Lyons's Bridge Drawing.
2. Participants will be able to provide a summary of the Stages of Change.
3. Participants will be able to identify 3 possible interpretive features of interest in the Schmanke version of the Bridge Drawing.

**Handouts:** Download at <https://www.kansasartherapy.org/kata-symposium-2020.html>

**Materials for Experiential:** Paper and a pencil or drawing supplies

**11:00-12:30 (choose one)**

- **Professional Issues in the Context of Racism**

**Kimberly Nguyen, ATR-P, LPC & Charles Anderson, ATR**

COVID-19 and the recent murders of Black people have significantly impacted people of color. In this presentation, we will discuss culturally appropriate approaches with clients and co-workers. In the end we will answer audience questions about professional issues, particularly in the context of racism.

**Learning Objectives:**

1. Participants will enhance understanding of how racism is manifested in recent events, mental health and counseling professions, and the lived experiences of clients and colleagues.
2. Participants will explore strategies and resources to respond to racism in professional settings.
3. Participants will explore the concept of racial equity and applications for art therapy and counseling settings.

**Handouts:** Download at <https://www.kansasartherapy.org/kata-symposium-2020.html>

**Materials for Experiential:** Pen and paper

**Zoom Link:**

Topic: Professional Issues in the Context of Racism  
Time: Sep 26, 2020 11:00 AM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/85627612494>

Meeting ID: 856 2761 2494

Passcode: SEE CONFIRMATION EMAIL

One tap mobile

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(Houston)

- **Exploring Anger and its Purpose Through Art**  
**Wendy Lynch, MS, LPC**

This presentation will provide psychoeducation about anger, its purpose, how to use art as a means of managing anger, and the importance of helping clients understand that anger is a natural human emotion.

**Learning Objectives:**

1. Participants will learn how to explain the necessity of anger and how it can be helpful in a therapeutic context.
2. Participants will identify clay work as a means of kinesthetic processing of anger.
3. Participants will explore drawing anger as a means of externalizing anger and to help the individual separate from the identity of anger.
4. Participants will explore how breaking and reconstruction of materials as a means of processing anger as an ongoing process than can yield purposeful results.

**Handouts:** Download at <https://www.kansasarttherapy.org/kata-symposium-2020.html>

**Materials for Experiential:** air-dry clay, drawing paper, drawing materials, 2 light one-colored ceramics plates (to break), Sharpies, hot glue, 4+ plastic sacks (ex: grocery store sacks), 2 towels or blankets, hammer, Optional: paint, glitter, ribbon, twine, rhinestones, stickers, feathers, magazines, scissors, glue stick, foliage (fake or real), personal pictures, etc.

**12:30 - 1:30: Lunch Break and Virtual Meet and Greet/ Kansas Art Therapy Update**

Clara Corn, KATA President and Dr. Gaelynn P. Wolf Bordonaro, ATR-BC, Emporia State University

Grab your lunch and join Clara Corn, KATA President for a meet and greet for symposium participants. You will be invited to share your art, your work or just introduce yourself. Clara also share updates happenings with the Kansas Art Therapy Association. Additionally, Gaelynn Wolf Bordonaro will share updates on the efforts to gain licensure for art therapists in the state of Kansas and the professional benefits licensure.

**Learning Objectives:**

- 1) Participants will learn about professional roles and programs of fellow art therapists or mental health professionals.
- 2) Participants will be able to identify the mission of the Kansas Art Therapy Association.
- 3) Participants will learn the professional benefits of art therapists gaining state based licensure.

**Zoom Link:**

Topic: Exploring Anger and Its Purpose Through Art  
Time: Sep 26, 2020 11:00 AM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/81239172540>

Meeting ID: 812 3917 2540

Passcode: SEE CONFIRMATION EMAIL

One tap mobile

+12532158782,,81239172540# US (Tacoma)

+13462487799,,81239172540# US (Houston)

**Zoom Link:**

Topic: Lunch Break and Virtual Meet and Greet/ Kansas Art Therapy Updates

Time: Sep 26, 2020 12:30 PM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/87916205926>

NO PASSWORD REQUIRED FOR THIS SESSION

Meeting ID: 879 1620 5926

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1:30-3:00 (choose one)

• **Covid-19 Tips and Tricks: Digital Art Therapy in Person and via Telehealth**  
**Dr. Jessica Woolhiser, ATR-BC, LMHP**

This presentation will review considerations for use of digital media in art therapy and provide insights as to how to utilize digital art-making and other digital interactions in the Covid-19 era. This will include tips for both telehealth and in-person sessions using digital media based on the presenter's experience. Participants will learn about apps and other resources that are useful for such practice. Participants will be given the opportunity to try out some of these resources as a part of the presentation.

**Zoom Link:**

Topic: Covid-19 Tips and Tricks: Digital Art Therapy in Person and via Telehealth

Time: Sep 26, 2020 01:30 PM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/85270070852>

Meeting ID: 852 7007 0852

Passcode: SEE CONFIRMATION EMAIL

One tap mobile

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**Learning Objectives:**

1. Participants will be able to name 3 digital art-making/game techniques that can be used in conjunction with telehealth software.
2. Participants will be able to identify 3 digital resources that can be used on smart phones, tablets or computers.
3. Participants will be able to identify a minimum of two treatment goals that may be associated with use of these digital materials.

**Handouts:** Download at <https://www.kansasarttherapy.org/kata-symposium-2020.html>

• **Clay Animals Art Therapy Intervention**  
**Tina Brackman, MS, LPC**

*We are sorry to announce this session has been canceled due to an emergency situation.*

3:30-5:00 (choose one)

• **Art as a Way to Master Malady**  
**Noel Kearns, ATR-BC**

This presentation will describe how art helps those struggling with chronic mental illness. It will detail methods involving the concepts of acceptance, grieving, self-forgiveness and self-empowerment. Participants will have the opportunity to engage in art and journaling techniques that facilitate the concept of becoming master over malady.

**Learning Objectives:**

1. Participants will identify 3 ways that art therapy is helpful in working with people struggling with severe mental illness.
2. Participants will identify the stages of grief as they relate to mental illness.
3. Participants will create an image of a malady they struggle with and journal feelings related to this struggle.

**Materials for Experiential:** Paper and drawing or painting materials

**Zoom Link:**

Topic: Art as a Way to Master Malady

Time: Sep 26, 2020 03:30 PM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/88688267337>

Meeting ID: 886 8826 7337

Passcode: SEE CONFIRMATION EMAIL

One tap mobile

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• **Q&A Panel: Art Therapy in Schools**  
**Amy Nadler MA, ATR-BC and Anna Brink ATR-P, LPC, NCC**

In this presentation you will learn about art therapy in school based environments. Amy and Anna will share their experiences and clinical approaches used in providing services to children in schools. Audience members will have the opportunity to ask questions and engage in discussions to explore the unique challenges and strengths of art therapy in school settings.

**Learning Objectives:**

4. Participants will identify at least three considerations in delivering Art Therapy services in a school-based setting.
5. Participants will examine the implications the coronavirus has had on students and staff in schools.
6. Participants will distinguish characteristics of the student population served in the school-based setting.

**Zoom Link:**

Topic: Q&A Panel: Art Therapy in Schools  
Time: Sep 26, 2020 03:30 PM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/89450123831>

Meeting ID: 894 5012 3831

Passcode: SEE CONFIRMATION EMAIL

One tap mobile

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## Sunday September 27

**8:30- Welcome and Orientation:** Cara Weeks Neuburger, KATA Conference Chair, will provide a brief welcome and orientation to conference happenings and resources.

**Zoom Link:**

Topic: Virtually Together- Welcome and Orientation Sunday  
Time: Sep 27, 2020 08:30 AM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/86306801084>

Meeting ID: 863 0680 1084

NO PASSWORD REQUIRED FOR THIS SESSION

One tap mobile

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9:00-10:30 (choose one)

• **Exploring Identity and Building Cultural Self Awareness**  
Clara Corn, MS, ATR

Participants will learn three directives for use with clients exploring individual identity as well as identity within the layers of intersecting culture. There will be an art making component of the session for participants to use one of the directives to explore their own identity within the culture(s) to which they belong.

**Learning Objectives:**

1. Participants will learn how the many facets of culture intersect.
2. Participants will learn three different directives for cultural self-awareness.
3. Participants will learn how cultural self-awareness and multicultural awareness are connected to multicultural competence.

**Materials for Experiential:** Favorite drawing materials, paper or a sketchbook, collage materials and modge-podge and a paintbrush, a small box, acrylic paints and paintbrush

**Zoom Link:**

Topic: Exploring Identity and Building Cultural Self Awareness  
Time: Sep 27, 2020 09:00 AM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/84253690343>

Meeting ID: 842 5369 0343

Passcode: SEE CONFIRMATION EMAIL

One tap mobile

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• **Q&A Panel: Building Your Own Art Therapy Program or Practice**

Cara Weeks Neuburger, LCPC, ATR, Katie Francis, ATR, LPC, & Jessica Muret, ATR, LCSW

In this presentation participants will learn strategies and practical tips for charting your own territory and creating your own art therapy program or practice. Cara, Katie, and Jessica will share their experiences in program development and strategies for translating dreams of starting your own art therapy program into reality. Audience members will be able to ask questions and gain feedback about program development.

**Learning Objectives:**

1. Participants will identify and explore 3 business models for building an art therapy program or practice.
2. Participants will discuss strategies for building on personal strengths and adapting to change within program models.
3. Participants will explore tools, resources, and practical strategies to assist in transforming practice/program "dreams" into reality.

**Handouts:** Download at <https://www.kansasarttherapy.org/kata-symposium-2020.html>

**Zoom Link:**

Topic: Q&A Panel: Building Your Own Art Therapy Program or Practice  
Time: Sep 27, 2020 09:00 AM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/87211044807>

Meeting ID: 872 1104 4807

Passcode: SEE CONFIRMATION EMAIL

One tap mobile

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11:00-12:30 (choose one)

- **What is "Yeet"? Reaching Adolescents through Art Therapy**  
**Taylor Croan MS, PLSPC, MAADC II**

Taylor will provide information on Art Therapy with adolescents, pulling from her experiences facilitating groups, individual sessions, and assessments at a Residential Treatment Facility, and a Hospital. This presentation will include example directives, as well as alterations to meet the needs of at-risk youth. Taylor will facilitate a popular directive used in her groups.

**Learning Objectives:**

1. Participants will be able to Identify and implement at least one art therapy directive that can be helpful in working with adolescents
2. Participants will Identify common behaviors seen from adolescents in the residential setting.
3. Participants will be able to Recognize benefits of various group styles/themes for encouraging adolescent engagement.

**Materials for Experiential:** White Paper (preferably 12X18 but printer paper works too), any preferred drawing material

**Zoom Link:**

Topic: What is "Yeet"? Reaching Adolescents through Art Therapy  
Time: Sep 27, 2020 11:00 AM Central Time (US and Canada)

Join Zoom Meeting  
<https://us02web.zoom.us/j/89806197860>

Meeting ID: 898 0619 7860  
Passcode: SEE CONFIRMATION EMAIL  
One tap mobile  
+13462487799,,89806197860#,,,,,0#,,3773307# US (Houston)  
+16699006833,,89806197860#,,,,,0#,,3773307# US (San Jose)

- **Mindfulness in Art Therapy**  
**Vivian Mosier, MS, LPC & Barbara Baeuchle, LPC, ATR**

In this presentation you will learn strategies to incorporate mindfulness into your art therapy practice. We will identify the origins of the practice, applications, and research of mindfulness. We will be demonstrating techniques to help clients with mindfulness and help clinicians build their own mindfulness techniques. With basic art supplies you will experience some simple practices you can use for yourself and the people you work with. You will also receive a reference list of helpful resources.

**Learning Objectives:**

1. Participants will build understanding for the term Mindfulness and clinical benefits for clients.
2. Participants will learn about research-based resources that will help incorporate mindfulness and art therapy.
3. Participants will build hands on mindfulness practices with art to enhance self-care as a clinician.
4. Participants will learn about technology-based resources for use with children, adults, and families.

**Handouts:** Download at <https://www.kansasarttherapy.org/kata-symposium-2020.html>

**Materials for Experiential:** White paper (preferably 12x18 inches but 8.5x11 will work), markers, medium gauge wire (floral wire or pipe cleaners work well), pencils, colored pencils

**Zoom Link:**

Topic: Mindfulness in Art Therapy  
Time: Sep 27, 2020 11:00 AM Central Time (US and Canada)

Join Zoom Meeting  
<https://us02web.zoom.us/j/87276858683>

Meeting ID: 872 7685 8683  
Passcode: SEE CONFIRMATION EMAIL  
One tap mobile  
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+16699006833,,87276858683# US (San Jose)

**12:30-1:30: Lunch Break and Open Forum: Strategies for responding to the now**  
Katie Francis, ATR, LPC, & Jessica Muret, ATR, LSCSW

Grab your lunch and join Katie and Jessica in an interactive conversation about the current times we are all navigating. You will be invited to ask questions and swap ideas on how you are adapting to the global pandemic and addressing social or cultural issues impacting you and your clients. Katie and Jessie will share ideas they have implemented in their private practice and places of work.

**Learning Objectives:**

1. Participants will identify 3 current topics having an impact on Art Therapists and other helping professions.
2. Participants will collaborate with other attendees to identify strategies of responding to current issues.
3. Participants will network with colleagues to explore sources of support.

**Zoom Link:**

Topic: Lunch Break and Open Forum: Strategies for responding to the now

Time: Sep 27, 2020 12:30 PM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/86468579844>

Meeting ID: 864 6857 9844

Passcode: SEE CONFIRMATION EMAIL

One tap mobile

+12532158782,,86468579844#,,,,,0#,,4267735# US (Tacoma)

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**1:30-3:00 (choose one)**

• **Art Therapy and Chronic Depression: Helping Clients Manage Suicidality and Self Harm**  
Katie Brewer, MS, LPC, ATR-BC

This presentation will delve into counseling and art therapy techniques to help clients who are suffering from ongoing depressive symptoms including chronic suicidality and self-harm. We will discuss modalities that are scientifically proven to minimize symptoms, effective suicide screening tools, and art therapy directives focused on these issues.

**Learning Objectives:**

1. Participants will be able to name at least two research-based modalities that are effective in decreasing suicidal ideation and self-harm.
2. Participants will be able to identify at least 5 art directives that can be used with clients experiencing suicidal ideation and/or self-harm.
3. Participants will have knowledge of how suicide and self-harm relate to mental illnesses including bipolar, depression, borderline personality disorder, PTSD, and schizophrenia.

**Materials for Experiential:** Multiple pieces of paper, round bowl to trace (or similar object), media of choice (colored pencils, markers, pens, pencil)

**Zoom Link:**

Topic: Art Therapy and Chronic Depression: Helping Clients Manage Suicidality and Self Harm

Time: Sep 27, 2020 01:30 PM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/87140785990>

Meeting ID: 871 4078 5990

Passcode: SEE CONFIRMATION EMAIL

One tap mobile

+16699006833,,87140785990#,,,,,0#,,4404628# US (San Jose)

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- **Q&A Panel: What to Expect from an Art Therapy Internship**

**Libby Schmanke, ATR-BC, ATCS, LCPC, MAC, Raven Milam, MS & Taylor Croan MS, PLSPC, MAADC II**

In this presentation participants will get an insiders view of what art therapy internship sites are like as well as tips for selecting internship sites that will fit with professional goals. Libby will share her perspectives as the internship site coordinator in the art therapy graduate program at Emporia State University. Raven and Taylor will share examples of what internship sites are like and how they work with graduate students as site supervisors to prepare students for their art therapy careers. Audience members will have opportunities to ask questions and engage in interactive discussions.

**Zoom Link:**

Topic: Q&A Panel: What to Expect from an Art Therapy Internship

Time: Sep 27, 2020 01:30 PM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/86425115267>

Meeting ID: 864 2511 5267

Passcode: SEE CONFIRMATION EMAIL

One tap mobile

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**Learning Objectives:**

1. Participants will identify the basic needs to fulfill internship requirements of a graduate art therapy program.
2. Participants will learn how interns contribute to art therapy services at residential treatment facility for children and adolescents.
3. Participants will learn how interns contribute to art therapy services at a community mental health center.

**Handouts:** Download at <https://www.kansasarttherapy.org/kata-symposium-2020.html>

**3:30-5:00 (choose one)**

- **Meeting Clients Where They Are: Strategies to Adapt Your Directives and Materials**

**Julie Roush, MS, ATR**

This presentation will provide an opportunity to learn about strategies for working with people experiencing cognitive impairments of varying degrees and origins, the need to make adaptations to your materials as well as your approach to individuals and groups

**Learning Objectives:**

1. Participants will identify their client population and their goals.
2. Participants will understand the need to adapt directives to meet the client's abilities while encouraging them to explore their abilities.
3. Participants will explore practical strategies for making adaptations to materials for ease of use.

**Handouts:** Download at <https://www.kansasarttherapy.org/kata-symposium-2020.html>

**Materials for Experiential:** Paper, pencils or crayons, sunglasses, hand lotion, cotton balls, gloves or mittens, and tissues. You may not need all and can use what you have on hand.

**Zoom Link:**

Topic: Meeting Clients Where They Are

Time: Sep 27, 2020 03:30 PM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/85666441535>

Meeting ID: 856 6644 1535

Passcode: SEE CONFIRMATION EMAIL

One tap mobile

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- **3-D Printing Pen Family Intervention**  
**Laurel Brenner Guess, AT, LPC**

In this presentation you will be introduced to the use of a 3-D printing pen as an art therapy intervention for families. Additionally, information will integrate the 3-D printing pen process with art based assessments and family treatment goals as the 3-D printing pen provides a resource to improve communication for a parent and child, during our age of electronics, that is both electronic and creative.

**Learning Objectives:**

1. Participants will identify clinical applications of using a 3-D printing pen to facilitate team building between family members during a therapy session.
2. Participants will explore how the use of interventions that involve following directions can be used to identify and shape family interactional patterns.
3. Participants will identify creative ideas for promoting feelings of confidence and self-esteem during family interventions.

**Handouts:** Download at <https://www.kansasarttherapy.org/kata-symposium-2020.html>

**Materials for Experiential:** 3Doodler Create from Dick Blick (there is a less expensive 3D pen on Amazon), strands of ABS in colors of your choice. Pattern provided to use or your own art (marker drawings are easier to use with the hot strands as they pull off the paper easier), Free style, make an atom, make a ????????

**Zoom Link:**

Topic: 3-D Printing Pen Family Intervention  
Time: Sep 27, 2020 03:30 PM Central Time (US and Canada)

Join Zoom Meeting  
<https://us02web.zoom.us/j/83990522196>

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## Presenters

**Charles Anderson, ATR**

Charles Anderson, ATR, is a pioneer in the field of art therapy and has been in the field for almost 30 years. He founded AATA's Mosaic Committee, which is known today as the Multicultural Sub-Committee. Anderson has been an adjunct faculty at Avila College in KansasCity, Missouri and at Emporia State University , where he taught both an art therapy course and a multicultural course.

**Barbara Baeuchle, ATR, LPC**

Barbara received her Master's in Counseling Psychology and Art Therapy from Avila University in Kansas City, Missouri. She currently works as an art psychotherapist at Valeo Behavioral Health Care in Topeka. She is also networking with practitioners in Lawrence and developing a contract service, Art Nature, in Lawrence. Barbara draws on her upbringing on a farm in Northeast Iowa, graphics arts experience, and work with Veterans at the VA in Leavenworth to explore various aspects of mindfulness and art. She completed training in mindfulness and biofeedback to support client's overall wellbeing. This includes a personal practice with mindful meditation, yoga nidra, nature walks, and breathing practices. Art therapy offers so many rich opportunities for mindfulness with measurable health benefits.

**Tina Brackman, MS, LPC**

Topeka native, Tina Brackman received her double master's degree at Emporia State University in Clinical Counseling and Art therapy. Graduated in 2018 she spent most of her internship and work at Stormont Vail West working with individuals in crisis. She is currently working at Family Service Guidance center with children from the ages of 6-18 in the Crisis Department. Her main material of choice for her personal work is clay and performance art. She creates and promotes her work in the NOTO district in Topeka, KS. Most recently, she received approval for a grant to acquire art supplies for the Crisis Art Therapy group, which will be

beginning at the Family Service Guidance Center for children and adolescents utilizing the Crisis Resolution Program (CRP) this fall.

**Laurel Brenner Guess, MS, LPC**

Laurel Brenner Guess is a graduate of Avila University in 2011. She has worked in community mental health settings, Mattie Rhodes and Wyandot, providing crisis and outpatient services. Laurel employs an eclectic style of interventions including Trauma-Informed, Strength-Based, Short-term, Positive Psychology, Adlerian with training in EMDR, and Art Therapy, Regression therapy and Trans-Personal approaches. She has worked in private practice since 2016 and is currently learning how to bring Art Therapy to clients over the internet.

**Katie Brewer, MS, LPC, ATR-BC**

Katie Brewer MS, LPC, ATR-BC works as an art therapist and licensed professional counselor at Synergy Services in Kansas City. In her work, she focuses on using visual art as a way to cope with and process trauma, build self-esteem, and build a better understanding of each client's individuality. She specializes in working with the LGBTQ community, managing depression and anxiety, and improving family relationships. She has offered many trainings on suicide prevention and intervention with police officers and others in the KCMO area.

**Anna Brink, ATR-P, LPC, NCC**

Anna Brink has provided mental health services to children and adolescents across various settings, including an acute inpatient hospital, in-home, and a school setting. Anna is currently a school-based therapist in the North Kansas City School District in Kansas City, MO, through Synergy Services School-Based Program. This program provides individual, group, and family mental health services to various school districts in Missouri. This population faces high rates of trauma, which can impede the student's ability to succeed in an academic setting. Synergy Service's program aims to meet children within the school setting to reduce barriers to accessing mental health services in the community. Anna works closely with students, educators, and families to provide a holistic approach to mental health services.

**Clara Corn, MS, ATR**

Clara Corn is an instructor in the art therapy program at Emporia State University and current KATA president. Prior to teaching art therapy at ESU, She established art therapy as a full time in-house service available to all residents of Plumb Place women's emergency and transitional shelter, where she was the executive director from 2017 to 2019. She is particularly interested in art therapy with individuals experiencing homelessness and socio-economic insecurity, improving access to art therapy and opportunities for artmaking in high poverty locations, and in trauma and crisis response.

**Taylor Croan, MS, PLPC, MAADC II**

Taylor Croan is an Art Therapist with a Master's of Science from Emporia State University. She is a credentialed Substance Abuse Counselor and Provisionally Licensed Professional Counselor. Taylor provides art therapy services in the form of groups and individual sessions to the residents at Cornerstones of Care: Ozanam Campus. Taylor provides supervision to Art Therapy students at Ozanam to meet their internship requirements. Before Cornerstones of Care, Taylor was a Registered Behavioral Technician with ACI Learning Centers, and an Art Therapist at Two Rivers Behavioral Health.

**Katie Francis, MA-AT LPC**

As an Art Therapist and Mental Health Counselor, I am passionate about helping others explore and process their thoughts and feelings through creativity and art making. I have experiences working with diverse populations including runaway and homeless youth, survivors of human trafficking, individuals who are incarcerated, SPMI populations, as well as children and youth in a school setting. Alongside my business partner Jessica Muret, I am also a co-owner of our private practice. Together we have navigated the journey of becoming small business owners and finding creative ways to work with and serve the members of our community.

**Noel Kearns, ATR-BC**

Noel Kearns has worked with the psychiatric population for the past 26 years. Her work at Advent Health Shawnee Mission on the Adult Behavioral Health Unit involves patients who struggle with depressive disorders, anxiety disorders, psychotic disorders, personality disorders and addictive disorders. She also works at ED Care of Overland Park, an outpatient clinic serving adults who struggle with various eating disorders. She mostly provides group therapy and incorporates music, journaling and psychodrama techniques to supplement art therapy interventions.

**Wendy Lynch, LPC**

Wendy Lynch is an art therapist and clinical counselor at Valeo Behavioral Health Care where she works with adults with serious and persistent mental illness, adults with substance use disorders, and adults with dual diagnosis of mental illness and addictions.

**Raven Milam, MS**

Raven works at Valeo Behavioral Health Care as an art therapist, working with individuals who experience severe mental illness in a community mental health setting. Raven utilizes humanist and person centered approaches to art therapy. She additionally supervises art therapy interns and assists with the Creations of Hope gallery, a partnership of artists dedicated to the mission of mental health awareness in downtown Topeka KS.

**Jessica Muret, ATR, LSCSW**

Jessica Muret received her Master of Science in Art Therapy from Emporia State University in 2004, and her Master of Social Work in 2011. She has over fifteen years of experience working with non-profits and is versed providing Art Therapy with a focus in Trauma Informed Care, Motivational Interviewing, and Restorative Practices. Jessie has a passion for building resiliency, hope and creative healing with those she works with. She prides herself in being an advocate for at-risk populations including individuals who have experienced sexual assault, domestic violence, human trafficking, abuse and neglect. Jessica is currently an owner of Creative Bliss Therapy LLC where she works as an Art Therapist and provides therapy as a Clinical Social Worker at the Creative Learning Community School and EMPAC, an employee assistance program.

**Vivian Mosier, LPC, NCC**

Vivian Mosier is a Licensed Professional Counselor, a National Certified Counselor, and an Art Therapist. She joined Kanza Mental Health and Guidance Center in 2019 as a clinical intern and is happy to have joined the Kanza team as a full-time therapist in the outpatient department. Prior to joining Kanza, Vivian worked with survivors of interpersonal violence in a rural agency in Northeast Kansas. Vivian earned a Bachelor of Fine Arts from Washburn University and a Master of Science in Clinical Counseling and Master of Science in Art Therapy Counseling from Emporia State University. Vivian serves on the multicultural committee of the American Association of Art Therapy and has presented about diversity in higher education in both state and national conferences. Vivian speaks Spanish fluently and has an interest in working with marginalized populations. Vivian enjoys using her background and knowledge in art and counseling to help clients reach their personal goals.

**Amy Nadler, MA, ATR-BC**

Amy Nadler is a registered and board certified art therapist who is currently working for the Shawnee Mission School District. She graduated from the Art Therapy Counseling program at Southern Illinois University at Edwardsville in 2000. During the first part of her career, Amy was employed by psychiatric hospitals and residential treatment facilities for children and adolescents. In addition to art making, she enjoys creative outlets such as baking and grading, and aspires to write and illustrate a book one day.

**Kimberly Nguyen, ATR-P, LPC**

Kimberly Nguyen, ATR-P, LPC. is an art therapist at a forensic state hospital located in Southern California. Kimberly earned her Bachelor of Arts in art history at the University of Oklahoma and her two Master of

Science degrees in art therapy and clinical counseling from Emporia State University. Her professional interests include cultural art therapy, and in particular, how to make art therapy more accessible to communities of color.

**Julie Roush, MS, ATR**

Julie Roush, MS, ATR is a 1995 ESU graduate working with people in long term care facilities, rehabilitation facilities and day service programs for adults for thirteen years. She owns Artfully Yours LLC Traveling Art Therapy, which operates through out the Kansas City Metro area.

**Libby Schmanke, ATR-BC, ATCS, LCAC, MAC**

Libby's first professional career spanned 14 years in addictions treatment, during which she incorporated art processes into treatment protocols. In 2002, she completed her master's in art therapy and joined the graduate program at Emporia State University in a half-time faculty role. During that time, she also worked as an addictions counselor doing art therapy, and for 9 years operated a private practice specializing in art therapy to treat addictions and trauma. In 2014, she closed her practice to become a full time faculty member, and in 2017 her single-author text, Art Therapy and Substance Abuse, was published, being the first book devoted solely to this topic. Libby has also contributed two well-regarded book chapters on the topic of art therapy and addictions. She served for 12 years with the Art Therapy Credentials Board on its board of directors and committees, and regularly presents about art therapy and addictions at national conferences.

**Cara Weeks Neuburger, ATR, LCPC**

Cara Weeks Neuburger is a Licensed Clinical Professional Counselor and Registered Art Therapist receiving her MA in Art Therapy Counseling from Southern Illinois University Edwardsville. From 2005-2019 she dedicated her time to community mental health and founded the Expressive Therapies Program at Valeo Behavioral Health Care in Topeka, Kansas. Under her leadership this grew to be a comprehensive program of art therapy and music therapy services for adults experiencing mental illness and included the Creations of Hope Gallery a community outreach project focused on mental health advocacy. Cara has additional experience providing art therapy and counseling to children, youth, and seniors and has specialized training in helping those who have been impacted by severe mental health concerns. Currently Cara has a private practice, Sunflower Art Therapy, in Lawrence Kansas, providing art psychotherapy services to kids, teens and adults as well as contract services to community organizations including the Spencer Museum of Art at the University of Kansas.

**Jessica Woolhiser Stallings, DAT, ATR-BC, LMHP, LPC**

Jessica Woolhiser Stallings is a mental health clinician at a therapeutic school providing art therapy and counseling. Jessie adjuncts for the Emporia State University (ESU) Art Therapy and Counseling Masters programs where she previously served as an associate professor. She maintains a part time private practice working with teens and adults. A graduate of the ESU MS in Art Therapy (2005) and Mount Mary Doctorate of Art Therapy (2019), Jessie has researched use of art therapy with individuals with autism and written on a variety of topics in the field. She has served on the Kansas Art Therapy Association board for eight years and is a past president and current webmaster. Jessie also serves on the Nebraska art therapy licensure coalition. She serves as an ad-hoc reviewer for Art Therapy: Journal of the American Art Therapy Association. She is also a practicing artist.

## About the Kansas Art Therapy Association:

The Kansas Art Therapy Association, Inc. (KATA) is a chapter member of the American Art Therapy Association (AATA), an organization of professionals dedicated to the belief that the creative process involved in art making is healing and life enhancing. AATA's mission is to serve its members and the general public by providing standards of professional competence, and developing and promoting knowledge in, and of, the field of art therapy. KATA's mission is to serve and educate the state of Kansas and the Kansas City Metro area. KATA was founded in 1972 and has been a 501(c)(3) non-profit organization since 1986.

### A special thanks to the following:

**Thanks to all the presenters and the conference planning team for all the time and effort dedicated to putting this event together.**

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