

Under 8 Rules

Special Rules for Under 8:

- The U8 boys and U8 girls will play 5v5. They play 4 - 12 minute quarters. If coaches agree they can try 6v6.
- Everyone should play at least 1/2 of a game. (A good rule of thumb is to substitute about every 4 minutes or so—perhaps in such a way that there is always a stronger defender on the field.)
- There are no goal keepers.
- There is no offsides.
- There are no direct kicks. (When taking a free kick after a penalty, someone other than the kicker has to touch the ball. If it goes into the goal untouched, no goal is awarded. The defending team is awarded a goal kick.)
- You have to be on the attacking half of the field to score. (Goal kick is awarded if it goes in from a kick taken from the other half of the field.)
- You cannot score directly from the kickoff.
- When the ball goes out over the side lines the other team is awarded a throw-in. If the player throws it in incorrectly, the referee will blow the whistle, instruct the player on what they did wrong, and have the same player throw it again. The other team is not awarded the throw.
- When the attacking team kicks the ball over the end line, the defending team gets a goal kick. The attacking team needs to be 8 yds away from ball.
- When the defending team kicks the ball over the end line, the attacking team gets a corner kick. The Ball is placed within one yard of the corner of the goal box. The defending team needs to be 8 yds away.
- ***Special new rule: There will be no intentional headers in U8. Other team will be awarded an indirect kick from spot of header. (If in the goal box the ball is place on the goal box line parallel to spot of infraction.)**