

Demonstrations

**Timeslots are in 30 minute increments.

Dance

Martial Arts

Adult Fitness

K9 Dog

Kindermusik

Pageant Queen-Platform

Kidding Around Yoga

Baby & Mommy Exercise

2:15 _____

2:45 _____

3:15 Baby & Mommy Exercise

3:45 _____

4:15 _____

4:45 _____

5:15 _____