

Recommended Use: As a dietary supplement, adults take 1 tablet per day twenty minutes before bedtime, or as directed by your health care practitioner.

Notice: Color, size or shape may appear different between lots.

Warning: Not recommended for use by pregnant or lactating women.

STORE AT ROOM TEMPERATURE.
KEEP OUT OF REACH OF CHILDREN.



Manufactured in a GMP Registered Facility in the USA

AR adaptogen
research

Melatonin
Sustained Release
6 mg



Dietary Supplement
Professional Use Only
60 Scored Tablets

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value
Melatonin	6 mg *

*Percent Value not established.

Other Ingredients: Dicalcium phosphate, cellulose gum, stearates (vegetable source), silicon dioxide, ethylcellulose.

Distributed By: ADAPTOGEN RESEARCH
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Report any adverse reactions
to 302.213.0030



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