



“The Holy Spirit is God's gift to us, the quiet guest of our soul, moving us to love and to act.”

*St. Augustine*

#### SCRIPTURE of the DAY

Acts 2: 1-11

Psalms 103: 1, 24, 29-31,  
34

Romans 8: 8-17 or  
1 Corinthians 12: 3-7,  
12-13

John 14: 15-16, 23-26 or  
John 20: 19-23

INTERNAL CIRCULATION ONLY  
BUL 23/2025

Pentecost was not the end of the story. It was the beginning.

Today, that same Spirit is alive. The same Spirit is given to us at Baptism and strengthened in Confirmation. Saints like Mother Teresa show us this. She did not wait for a special sign before loving the poor. She trusted that the Spirit was already moving in her, and in serving, she found the strength and light she needed. Blessed Carlo Acutis, a young man of our times, lived this truth as well. His deep love for the Eucharist, his simple acts of kindness, and his bold use of technology to share the faith show the Spirit still breathing new life into the world.

We often think we must wait for the Holy Spirit before we can act. But maybe it is the other way around. **When we move in faith, when we pray, when we serve, the Spirit moves more deeply within us.** Think of the Holy Spirit as a verb: alive, stirring, empowering.

The Church calls the Holy Spirit the Paraclete. Jesus says, "The Paraclete, the Holy Spirit, whom the Father will send in my name, will teach you everything and remind you of all I have said to you" (John 14:26). A Paraclete is a helper, an advocate, one who stands beside us, strengthens us, and brings clarity when we cannot see the way forward.

So let us not wait to be ready. Let us not wait for a perfect moment.

The Spirit is already given.

Act now. Love now. Move now.

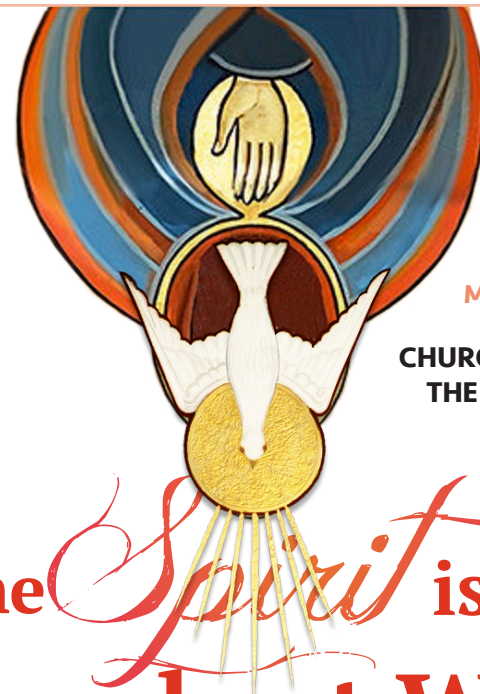
"Come, Holy Spirit, set our hearts on fire." ✠

Published by: Archdiocesan Pastoral Institute (API) | Email: [api@archkl.org](mailto:api@archkl.org)

# NEWBEC

NEW WAY OF BEING CHURCH | Pentecost Sunday | 8 June 2025

CELEBRATING, LISTENING AND WALKING AS PILGRIMS OF HOPE



MONTHLY FOCUS  
& RATIONALE  
CHURCH – CALLED TO SEE  
THE FACE OF JESUS IN  
EACH OTHER

## The Spirit is Already at Work

At Pentecost, the Holy Spirit came upon the apostles and Mary in a powerful way. The Acts of the Apostles tells us of a rushing wind, tongues of fire, and a boldness that changed everything. They spoke, they preached, they moved, and the Church was born.

Sometimes we might envy those first Christians. We might wish we could experience the Holy Spirit in such a visible, undeniable way. But the Spirit is not locked in the past.



PARISH OF OUR MOTHER OF PERPETUAL HELP  
Redemptorist Community  
Rev.Fr. Joseph Stephen,C.Ss.R. (Parish Priest)  
Rev.Fr. Patrick Massang,C.Ss.R. (Assistant Parish Priest)  
Celebrating, Listening and Walking as Pilgrims of Hope.

Address: **19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak,**  
**1, Jln Serindik, Ipoh Gdn., Ipoh**  
Tel. Nos.: (office – 05 5458220) (Fax: 05 5468495) website: omhip.org

### ANNOUNCEMENTS:

#### FEASTDAY OF OUR MOTHER OF PERPETUAL HELP, Ipoh Garden.

Theme: **“Walking in Hope with Mary”**

(Date) Sat. 28 June, 2025

(Time) 7.00 p.m.

#### All are welcome for the 9-nights of Preached Novena (E).

It will begin on Fri. 20 June, 2025 at 7.45 p.m. with Novena devotion followed by Mass at 8.00 p.m.

**except for** Sat. 21/6/25, Mass at 7.30 a.m., Novena devotion at 9.00 a.m. & 5.00 p.m. followed by Mass at 5.45 p.m.

There will be no 7 a.m. Mass during the weekdays of the preached Novena Mass.

#### CALLING ALL PARISHIONERS!

**Volunteers** need for the Parish feast day for the following tasks:

1. Float bears
2. Arrangements of chairs & tables;
3. Parish compound cleaning team;
4. Decorations.

Please register at the parish office giving your name & contact no. ASAP.

#### Triduum Preached Novena for

- **Mandarin speaking community** on Sun. 22/6/25 till Tues 24/6/25 at 8 p.m. (parish hall)
- **Tamil speaking community** on Wed. 25/6/25 till Fri. 27/6/25 at 7.30 p.m. Novena followed by Mass at 8 p.m. (parish hall)

#### FEASTDAY DONATION:

We appeal to your generosity to help us to defray the cost of our feast day celebrations.

You can submit your donation envelope to the parish office or insert it at the Novena Shrine metallic box. Thank you.

#### FEAST OF CORPUS CHRISTI

**Sun. 22 June, 2025.**

*There be no 10 a.m. (Tamil) & no 11.30 a.m. (mandarin) Mass.*

A Trilingual Mass for Corpus Christi celebration will be at **8.30 a.m.** followed by procession and ending with Benediction.

#### PARISH ACTIVITIES & MEETINGS:

(June 2025)

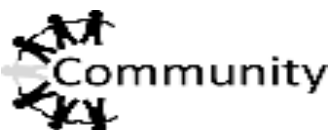
- \* 8/6/2025 - 11.30 a.m. – Tamil Apostolate (St.Mk.Rm.)  
- 1.00 p.m. – Chinese Liturgy (ven Francis Xavier Rm.)  
- 4.30 p.m. – Feastday Organizing team (St.Mk.Rm.)  
- 5.30 p.m. – RCIA Neophytes (Cafeteria)  
- 6.00 p.m. – Sunset Choir practise (church)
- \* 9/6/2025 - 8.00 p.m. – Eucharistic Ministers (St.Mk.Rm.)
- \* 9/6/2025 – 8.00 p.m. – Group study(C) (Gospel of Mark) (ven Francis Xavier Rm.)
- \* 10/6/2025 - 8.00 p.m. – Legion of Mary (St.Mt. Rm.)
- \* 10/6/2025 - 7.30 p.m. – Caritas OMPH (St.Mk.Rm.)
- \* 11/6/2025 - 8.00 p.m. – Hospitality Ministers (St.Mk.Rm.)
- \* 13/6/2025 - 7.00 p.m. – Sunset Choir practise (church)
- \* 13/6/2025 = 8.00 p.m. – Area Coordinators (St.Mk.Rm.)
- \* 15/6/2025 - 4.00 p.m. -Lectors (St.Mk.Rm.)  
- 6.00 p.m. – Sunset Choir practise (church)
- \* 16/6/2025 – 8.00 p.m. – Group study(C) (Gospel of Mark) (ven Francis Xavier Rm.)
- \* 17/6/2025 - 8.00 p.m. – Legion of Mary (St.Mt. Rm.)
- \* 19/6/2025 - 8.00 p.m. – Ministries Mass (church)

#### JUNE/JULY/AUGUST COFFEE MORNINGS:

- 22/6/2025 - BEC St.Jude.
- 29/6/2025 – BEC St.John Apostle (Zone 4)
- 6/7/2025 - Youth.
- 13/7/2025 – BEC St.Francis De Sales.
- 20/7/2025 – Eucharistic Ministers
- 27/7/2025 – BEC St.Monica (T)
- 3/8/2025 - RCIA.
- 10/8/2025 – BEC St.Alphonsus Liguori.
- 17/8/2025 – RECHOSO
- 24/8/2025 – BEC St.Faustina.
- 31/8/2025 – Sunday Sch.

#### BIBLE REFLECTION & HOME-GATHERING:

- 11/6/2025 – 8.00 p.m. – BEC St.Peter (Cafeteria)
- 12/6/2025 – 8.00 p.m. – BEC St.Simon (C ) (Cafeteria)
- 15/6/2025 – 7.30 p.m. – BEC St.Francis De Sales; Home of Lawrence & Patricia.



All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups. Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.  
Next Meeting: 13/6/2025 @ 8 p.m

## **EVENING FOR THE ENGAGED 2025**

**Please see your Parish Priest for registration.**

EE144	8-10 Aug 2025
EE145	7-9 Nov 2025

Couples planning to get married in the year 2025, please take note of the EE Weekends held in **english** during the year.

For **Tamil marriage preparation course 2025** –

Dormitory St.Anne, Bukit Mertajam. Church of St.Anthony, Nibong Tebal.	Aug 23 & 24/ Nov 15 & 16 (Closing date on: 1st day of each month)
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**Please see your Parish Priest for registration.**

You are requested to register six (6) weeks before the weekend  
**Please see your Parish Priest for registration.**

## **CHRISTIAN MEDITATION TIME**

All are welcome to join the Christian Meditation group which meets  
\* **EVERY SATURDAY** AT  
11.00 A.M. –  
12 NOON in the Meditation room.

**BAPTISM:** Please contact the Parish Priest at least  
**ONE MONTH** in advance.

## **MARRIAGE:**

Please contact the Parish Priest at least **SIX MONTHS** in advance.

## **WEDDING BANNS:**

\* *Louis Mary Ann & Pathmaraj  
Balasingum*

## **CHOICE Mandarin weekend # 12**

(date) Fri. 11 July,2025 –  
Sun. 13 July,2025 (7 p.m.)  
(venue) Minor Basilica of St.Anne,  
Bukit Mertajam.  
(cost) RM 150/- per person.  
Contact

## **JUBILEE OF FAMILIES**

**Enhancing Family Life  
organized by Penang Diocesan  
Family Life Ministry.....**

(date) 21 & 22 June, 2025  
(time) Mass @ 7 a.m. (21/6/25)  
Registration/Breakfast  
at 8 a.m.

(venue) Domus St.Anne, Minor Basilica  
of St.Anne, B.Mertajam  
Contact: Theresa 017 5788192.

## **DRUG ADDICTION AWARENESS**

organized by Caritas Malaysia  
**(date) Thurs 26 June, 2025  
(time) 8.00 – 9.30 p.m.**  
Drug abuse can happen to anyone –  
our family or friend, the risk is higher  
if one is ignorant, depressed, or  
broken. Join us in this webinar to  
have a better understanding about  
drug addiction, how it usually begins,  
and where we can seek help. sign up  
at  
<https://forms.gle/F3xvvLKsktRsktRsyH2h8>. Everyone is welcome.

## **Are You in Vesper Time?**

New book released by  
Fr. Joseph Stephen.  
This book is about Spirituality for the  
Elderly.  
VESPER in latin word means  
EVENING. It is about the evenings of  
our Lives dealings with topics like  
DIMINSHMENT, ACCEPTANCE ,  
GRATITUDE, MEMORIES from  
Baptism to Christian burial and  
many more.  
It is available at Liguori bkshop at  
RM15/-.



**Come & be Inspired!** Join Fr. Glenn  
de Cruz,CSsR, in a meaningful  
workshop  
as we reflect on our sacred call to care  
for creation.

(date) **Sat. 12 July,2025**  
(time) 9.00 a.m. – 5.00 p.m.  
(venue) ven Francis Xavier room

Open to ALL!

Lunch & coffee break will be provided.  
Registration is Free!

Closing date for registration:  
1 July,2025. **Scan to register.**  
Contact: Ramon 010 2006385



## **FAMILY FOOD FAIR DAY**

The Home for the Aged (CWS) Simee  
Care Centre, Ipoh will hold a Family  
day with Food stalls. Fun and  
Entertainment on

**Sunday, 14 September, 2025**  
from 8.30 a.m. till 1.00 p.m. at  
Dewan SJKC Chung Tack,  
Lebuh 2, Simee, Ipoh.  
Come and Join in the fun with  
family & friends.

# 1 coupon x 5 tokens = RM10/-  
# 10 coupons (1 bk.) = RM100/-  
Contact: Dennis 013 5200385 or  
Carol Chan 016 2948618

**SCHEDULE:** For MASS, DEVOTIONS and PRAYER MEETINGS.  
**(8 June 2025)** (Mass at 8.00 a.m. if it is a PUBLIC HOLIDAY)  
(All in *English* unless stated otherwise. )

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**SUN.8 PENTECOST**

7.40 a.m. Praise & Worship  
8.00 a.m. Mass (E)  
10.00 a.m. Mass (T)  
11.30 a.m. Mass (C )

**MON.9 10<sup>th</sup> Week in Ord. Time (Wk 2)/B.V.M. Mother of the church**

7.00 a.m. Mass

**TUES.10 10<sup>th</sup> Week in Ord Time (Wk 2)**

7.00 a.m. Mass.  
8.00 p.m. Tamil Charismatic Praise & Worship (T )

**WED.11 10<sup>th</sup> Week in Ord Time (Wk 2)/St.Barnabas**

7.00 a.m. Mass.

**THURS.12 10<sup>th</sup> Week in Ord. Time (Wk 2)**

7 a.m. Mass

**FRI.13 10<sup>th</sup> Week in Ord. Time (Wk 2)/St.Anthony of Padua**

7.00 a.m. Mass

**SAT.14 10<sup>th</sup> Week in Ord. Time (Wk 2) /B.V.M**

7.30 a.m. Mass. (Novena intentions)  
9.00 a.m. Novena devotion to Our Mother of Perpetual Help. (church)  
5.00 p.m. Novena devotion to Our Mother of Perpetual Help. (church)  
5.45 p.m. Mass.

**SUN.15 THE MOST HOLY TRINITY**

8.00 a.m. Mass (E)  
10.00 a.m. Mass (T)  
11.30 a.m. Mass (C )

**2<sup>nd</sup> COLLECTION:** 8/6/2025 – For parish maintenance.

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**DAILY SCRIPTURE READINGS**

**(WEEKEND READINGS::::: Year C) (WEEKDAY READINGS ::::: Year 1)**

SUNDAY 8 (8 June – 15 June, 2025)  
(a) Acts 2: 1-11. (Ps 103: 1, 24, 29-31, 34)  
(b) Rom 8: 8-17 or 1 Cor 12: 3-7, 12-13  
(c) Jn 14: 15-16, 23-26 or Jn 20: 19-23

MONDAY 9 (a) Gen 3: 9-15, 20 or Acts 1: 12-14. (Ps 86: 1-3, 5-7)  
(b) Jn 19: 25-34

TUESDAY 10 (a) 2 Cor 1: 18-22. (Ps 118: 129 – 133, 135)  
(b) Mt 5: 13-16

WEDNESDAY 11 (a) Acts 11: 21-26, 13: 1-3 . (Ps 97: 1-6)  
(b) Mt 10: 7-13

THURSDAY 12 (a) 2 Cor 3: 15 – 4 : 1, 3-6. (Ps 84: 9-14)  
(b) Mt 5: 20-26

FRIDAY 13 (a) 2 Cor 4: 7-15. (Ps 115: 10-11, 15-18)  
(b) Mt 5: 27-32

SATURDAY 14 (a) 2 Cor 5: 14-21. (Ps 102: 1-4, 8-9, 11-12)  
(b) Mt 5: 33-37

SUNDAY 15 (15 June – 22 June, 2025)  
(a) Prov 8: 22-31. (Ps 8: 4-9)  
(b) Rom 5: 1-5  
(c) Jn 16: 12-15