

Male Teams

Place	Team	Code	Points
1	St. Ambrose	STAM	253
2	Grand View	GRAN	217
3	William Penn	WIIA	167
4	Clarke	CLIA	86
5	Viterbo	VITE	71
6	Mount Mercy	MOIA	50

Midwest Collegiate Conference
4/30/2015 - 5/2/2015
Des Moines, IA

Men's 100 Meters Final

MCC: Jason Drewelow Mount Mercy 10.50 2004

PL	Athlete	Yr.	Team	Final	Pts	Note
1	White, Keonte	SR	Grand View	10.63	10	
2	Ohioze, Michael	SO	St. Ambrose	10.73	8	
3	Marzette, Romel	JR	William Penn	10.85	6	
4	Cheatem, Jordan	SO	Grand View	10.89	5	10.882
5	Mosher, Isaiah	SO	St. Ambrose	10.89	4	10.887
6	Simmons, Kenny	JR	Grand View	10.94	3	
7	Thompson, Neiman	JR	William Penn	11.11	2	
8	Singleton, Demetriyone	SR	Clarke	11.29	1	

Men's 100 Meters Prelim

MCC: Jason Drewelow Mount Mercy 10.50 2004

PL	Athlete	Yr.	Team	Prelim	Heat(HPL)
1	White, Keonte	SR	Grand View	10.82Q	2(1)
2	Mosher, Isaiah	SO	St. Ambrose	10.93Q	1(1)
3	Ohioze, Michael	SO	St. Ambrose	10.95Q	3(1)
4	Cheatem, Jordan	SO	Grand View	10.97q	2(2)
5	Thompson, Neiman	JR	William Penn	11.02q	3(2)
6	Marzette, Romel	JR	William Penn	11.07q	3(3)
7	Singleton, Demetriyone	SR	Clarke	11.17q	2(3)
8	Simmons, Kenny	JR	Grand View	11.19q	3(4)
9	Watts, CJ	JR	William Penn	11.20	1(2)
10	Warren, Jim	JR	St. Ambrose	11.25	2(4)
11	DeJong, Tim	JR	William Penn	11.26	1(3)
12	O'Neal, Leeshad	FR	Grand View	11.29	1(4)
13	Smart, Xavier	JR	Viterbo	11.37	1(5)
14	Quinonez, Javier	FR	Viterbo	11.38	2(5)
15	Farquharson, Kevon	FR	Mount Mercy	11.54	1(6)
16	Frazier, Evan	JR	St. Ambrose	11.58	3(5)
17	Thomas, Jaylin	SO	William Penn	11.63	1(7)
18	Bindi, Samuel	SO	William Penn	11.73	2(6)
19	Jones, Shaquille	FR	St. Ambrose	11.79	3(6)
20	Porter, Tre	JR	Grand View	11.80	2(7)
21	Ajibola, Yinka	FR	Mount Mercy	12.18	3(7)
22	Neil, Riley	FR	Mount Mercy	12.21	2(8)
23	Henkel, Derek	JR	St. Ambrose	12.34	1(8)

Men's 200 Meters Final

MCC: Gabriel Green William Penn 21.47 2011

PL	Athlete	Yr.	Team	Final	Pts
1	White, Keonte	SR	Grand View	22.07	10
2	Ohioze, Michael	SO	St. Ambrose	22.27	8
3	Warren, Jim	JR	St. Ambrose	22.47	6
4	Cheatem, Jordan	SO	Grand View	22.56	5
5	Thompson, Neiman	JR	William Penn	22.56	4
6	Mosher, Isaiah	SO	St. Ambrose	23.12	3
7	Watts, CJ	JR	William Penn	23.15	2
8	Singleton, Demetriyone	SR	Clarke	23.30	1

Men's 200 Meters Prelim

MCC: Gabriel Green William Penn 21.47 2011

PL	Athlete	Yr.	Team	Prelim	Heat(HP L)	Note
1	White, Keonte	SR	Grand View	21.59Q	1(1)	
2	Ohioze, Michael	SO	St. Ambrose	21.61Q	3(1)	
3	Warren, Jim	JR	St. Ambrose	22.07Q	2(1)	
4	Cheatem, Jordan	SO	Grand View	22.16q	3(2)	22.154
5	Watts, CJ	JR	William Penn	22.16q	3(2)	22.159
6	Thompson, Neiman	JR	William Penn	22.17q	1(2)	
7	Mosher, Isaiah	SO	St. Ambrose	22.40q	1(3)	
8	Singleton, Demetriyone	SR	Clarke	22.41q	1(4)	
9	Marzette, Romel	JR	William Penn	22.65	2(2)	
10	Bartels, Matt	FR	Viterbo	22.82	2(3)	
11	Frazier, Evan	JR	St. Ambrose	23.03	1(5)	
12	Williams, Stepfon	SR	William Penn	23.21	1(6)	
13	Bindi, Samuel	SO	William Penn	23.28	3(4)	
14	Quinonez, Javier	FR	Viterbo	23.37	1(7)	
15	DeJong, Tim	JR	William Penn	23.41	3(5)	
16	Jones, Shaquille	FR	St. Ambrose	23.61	2(4)	23.601
17	Smart, Xavier	JR	Viterbo	23.61	2(4)	23.609
18	Drew, Josh	FR	St. Ambrose	24.17	3(6)	
19	Porter, Tre	JR	Grand View	24.20	3(7)	
20	Boots, Alex	FR	Mount Mercy	27.17	2(6)	
21	Dejoode, Chris	SO	Grand View	27.84	1(8)	

Men's 400 Meters

MCC: Gabriel Green William Penn 48.43 2012

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Warren, Jim	JR	St. Ambrose	48.61	10	3(1)
2	Thompson, Neiman	JR	William Penn	49.17	8	3(2)
3	Ohioze, Michael	SO	St. Ambrose	49.33	6	3(3)
4	Watts, CJ	JR	William Penn	49.54	5	3(4)
5	Giesemann, Ryan	SR	St. Ambrose	50.25	4	3(5)

6	Christensen, Bryon	SO	Grand View	50.41	3	2(1)	9	Gregory, Chase	JR	Clarke	4:21.92	1(1)
7	Ferris, Matt	SO	St. Ambrose	50.77	2	2(2)	10	Peters, Anthony	FR	St. Ambrose	4:23.32	2(9)
8	Torres, Joseph	SR	St. Ambrose	50.96	1	3(6)	11	Mugisha, Saromo	JR	William Penn	4:24.36	1(2)
9	Medlin, Spencer	SO	William Penn	51.39		2(3)	12	Henry, Reid	FR	St. Ambrose	4:24.65	2(10)
10	Cave, Paul	SR	Clarke	51.43		2(4)	13	Anderson, Nick	SR	Clarke	4:26.47	2(11)
11	Williams, Stepfon	SR	William Penn	51.61		2(5)	14	McCrary, Malik	FR	Clarke	4:29.92	1(3)
12	Porter, Tre	JR	Grand View	51.80		3(7)	15	McClain, Emmett	JR	St. Ambrose	4:33.59	1(4)
13	Roudabush, John	SR	William Penn	53.43		2(6)	16	Heckman, Garrett	FR	William Penn	4:34.35	1(5)
14	Harjes, Seth	JR	Grand View	53.92		3(8)	17	Stevenson, Eric	FR	Mount Mercy	4:38.03	2(12)
15	Scobee, Nick	SO	St. Ambrose	54.87		2(7)	18	Tut, Duoth	FR	Grand View	4:38.59	1(6)
16	Walters, Brendan	SR	Clarke	55.68		1(1)	19	Portillo, Fanco	FR	Viterbo	4:38.99	1(7)
17	Kosmann, Michael	SO	Viterbo	58.18		2(8)	20	Collins, Kyle	JR	Clarke	4:46.72	1(8)
18	Boots, Alex	FR	Mount Mercy	1:02.83		1(2)	21	Stone, Devin	SO	Mount Mercy	4:48.37	1(9)
	Brown, Josiah	SR	Viterbo	SCR		1	22	Hansen, Eric	SO	Mount Mercy	4:49.20	1(10)
							23	Herber, John	JR	Clarke	4:57.08	1(11)
							24	Dejoode, Chris	SO	Grand View	5:01.94	1(12)
								Jeffries, William	SO	Viterbo	DNF	2

Men's 800 Meters

MCC: John Darmody St. Ambrose 1:55.25 2011

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Anderson, Nicholas	FR	Clarke	1:58.73	10	3(1)
2	Harjes, Seth	JR	Grand View	1:59.84	8	3(2)
3	Strohm, Noah	FR	Viterbo	2:01.75	6	3(3)
4	Anderson, Nick	SR	Clarke	2:01.85	5	2(1)
5	Knieps, Dean	SR	St. Ambrose	2:02.24	4	3(4)
6	Coyer, Ben	JR	St. Ambrose	2:02.27	3	3(5)
7	Gainey, Rhett	FR	Grand View	2:02.32	2	3(6)
8	Blake, Kyle	FR	St. Ambrose	2:02.55	1	2(2)
9	Johnson, Zack	FR	William Penn	2:02.82		2(3)
10	Christensen, Bryon	SO	Grand View	2:03.15		3(7)
11	Busch, Payton	SO	William Penn	2:03.70		3(8)
12	Molid, Zack	SR	Clarke	2:05.24		1(1)
13	Thomas, Nicholas	SR	William Penn	2:05.87		2(4)
14	Cave, Paul	SR	Clarke	2:07.16		1(2)
15	Ryan, Erik	JR	Mount Mercy	2:07.49		2(5)
16	Rodriguez, BJ	SO	Viterbo	2:08.23		2(6)
17	Kesner, Tyler	FR	St. Ambrose	2:08.46		1(3)
18	Meyers, David	SR	Clarke	2:09.09		2(7)
19	McCrary, Malik	FR	Clarke	2:10.98		1(4)
20	Mugisha, Saromo	JR	William Penn	2:12.18		2(8)
21	Tut, Duoth	FR	Grand View	2:12.24		1(5)
22	Raya, Omar	FR	St. Ambrose	2:12.77		1(6)
23	Stone, Devin	SO	Mount Mercy	2:21.63		1(7)
24	Hansen, Eric	SO	Mount Mercy	2:25.54		1(8)

Men's 1500 Meters

MCC: John Darmody St. Ambrose 4:03.43 2013

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Gainey, Rhett	FR	Grand View	4:10.26	10	2(1)
2	Coyer, Ben	JR	St. Ambrose	4:10.83	8	2(2)
3	Knieps, Dean	SR	St. Ambrose	4:11.90	6	2(3)
4	Desta, Yonas	SO	William Penn	4:13.02	5	2(4)
5	Bowman, Evan	SO	Mount Mercy	4:13.84	4	2(5)
6	Busch, Payton	SO	William Penn	4:18.57	3	2(6)
7	Kiprop, Kennedy	JR	Grand View	4:18.62	2	2(7)
8	Petersen, Josh	SR	Viterbo	4:19.44	1	2(8)

Men's 5000 Meters

MCC: Kevin Randle St. Ambrose 15:39.56 2011

PL	Athlete	Yr.	Team	Final	Pts
1	Desta, Yonas	SO	William Penn	15:50.96	10
2	Bowman, Evan	SO	Mount Mercy	15:51.42	8
3	Akway, Ochaung	SR	William Penn	16:11.30	6
4	Peters, Anthony	FR	St. Ambrose	16:18.00	5
5	Niedermeier, Jonah	SO	St. Ambrose	16:25.99	4
6	Balduf, Ty	JR	St. Ambrose	16:30.49	3
7	Kiprop, Kennedy	JR	Grand View	16:33.56	2
8	Kinley, Anthony	FR	Mount Mercy	16:45.23	1
9	Spaight, Andrew	FR	Viterbo	16:45.87	
10	Colborn, Grant	SO	St. Ambrose	16:53.60	
11	Lessor, Patrick	JR	Viterbo	17:19.75	
12	Mugisha, Saromo	JR	William Penn	17:25.81	
13	Artzen, Tanner	SR	St. Ambrose	17:30.05	
14	Gainey, Rhett	FR	Grand View	17:47.71	
15	Johnson, Nate	FR	Grand View	17:48.40	
16	Gregory, Chase	JR	Clarke	17:51.27	
17	Christianson, Nigel	SO	Mount Mercy	17:51.57	
18	North, Luke	SO	Clarke	17:58.83	
19	Rix, Evan	FR	Grand View	18:13.01	
20	Dejoode, Chris	SO	Grand View	18:29.10	
	Alcaraz, Eric	FR	Viterbo	DNF	
	Marshall, Quintin	SR	William Penn	DNS	
	Connelly, Tyler	FR	William Penn	DNS	

Men's 10000 Meters

MCC: Kevin Randle St. Ambrose 30.85 2011

PL	Athlete	Yr.	Team	Final	Pts
1	Bowman, Evan	SO	Mount Mercy	34:04.52	10
2	Akway, Ochaung	SR	William Penn	34:14.04	8
3	Kinley, Anthony	FR	Mount Mercy	34:46.59	6
4	Colborn, Grant	SO	St. Ambrose	35:13.19	5
5	Balduf, Ty	JR	St. Ambrose	35:14.92	4
6	Jeffries, William	SO	Viterbo	35:51.25	3
7	Johnson, Nate	FR	Grand View	36:23.30	2
8	North, Luke	SO	Clarke	36:39.69	1
9	Christianson, Nigel	SO	Mount Mercy	37:03.95	
10	Kiprop, Kennedy	JR	Grand View	39:20.80	

11 Marshall, Quintin SR William Penn 40:25.94

8 Mitchell, Skylar FR St. Ambrose 11:00.46 1

9 Connelly, Tyler FR William Penn 11:01.88

10 Thys, Rhett FR Mount Mercy 11:05.76

Men's 110m Hurdle Final

MCC: Keith Brown Iowa Wesleyan 14.51 2012

PL	Athlete	Yr.	Team	Final	Pts
1	Singleton, Demetriyone	SR	Clarke	14.96	10
2	Charles, Markenson	SO	William Penn	16.17	8
3	Mahoney, Patrick	JR	St. Ambrose	16.76	6
4	Housel, Joshua	SO	Viterbo	16.83	5
5	Allner, Michael	SO	Grand View	17.77	4
6	Svoboda, Matt	FR	St. Ambrose	17.83	3
7	Cory, Clay	SO	Grand View	19.60	2
	Williams, Austin	FR	St. Ambrose	DQ	

Men's 110m Hurdle Prelim

MCC: Keith Brown Iowa Wesleyan 14.51 2012

PL	Athlete	Yr.	Team	Prelim	Heat(HPL)
1	Singleton, Demetriyone	SR	Clarke	14.88Q	2(1)
2	Charles, Markenson	SO	William Penn	16.50Q	1(1)
3	Williams, Austin	FR	St. Ambrose	16.70q	1(2)
4	Mahoney, Patrick	JR	St. Ambrose	16.85q	2(2)
5	Housel, Joshua	SO	Viterbo	17.20q	1(3)
6	Cory, Clay	SO	Grand View	17.90q	1(4)
7	Allner, Michael	SO	Grand View	17.97q	2(3)
8	Svoboda, Matt	FR	St. Ambrose	18.09q	1(5)
9	Rutherford, Ashton	FR	St. Ambrose	18.15	2(4)
10	Gilbert, Jacob	FR	Grand View	22.40	2(5)

Men's 400m Hurdle

MCC: Bryce Adger Grand View 53.90 2012

PL	Athlete	Yr.	Team	Final	Pts	Section(SPL)
1	Cave, Paul	SR	Clarke	55.18	10	2(1)
2	Warren, Jim	JR	St. Ambrose	57.00	8	2(2)
3	Housel, Joshua	SO	Viterbo	57.41	6	2(3)
4	Williams, Austin	FR	St. Ambrose	57.96	5	2(4)
5	Medlin, Spencer	SO	William Penn	58.99	4	2(5)
6	Harjes, Seth	JR	Grand View	59.64	3	2(6)
7	Giesemann, Ryan	SR	St. Ambrose	59.74	2	1(1)
8	Rothert, Patrick	SR	Clarke	1:00.04	1	2(7)
9	Kosmann, Michael	SO	Viterbo	1:00.79		1(2)
10	Svoboda, Matt	FR	St. Ambrose	1:02.65		1(3)
11	Mahoney, Patrick	JR	St. Ambrose	1:10.47		1(4)
	Torres, Joseph	SR	St. Ambrose	FS		2

Men's 3000m Steeple

MCC: Matt Trannell St. Ambrose 9:45.83 2000

PL	Athlete	Yr.	Team	Final	Pts
1	Niedermeier, Jonah	SO	St. Ambrose	10:08.48	10
2	Kinley, Anthony	FR	Mount Mercy	10:21.25	8
3	Johnson, Nate	FR	Grand View	10:27.87	6
4	Artzen, Tanner	SR	St. Ambrose	10:42.62	5
5	Pasquale, Chris	JR	Viterbo	10:47.57	4
6	Quiroz, Ray	FR	Grand View	10:55.24	3
7	Rix, Evan	FR	Grand View	10:57.32	2

Men's 4 x 100m Relay

MCC: Furlow, Cooper, Bland, Nwaogwugwu Grand View 41.99 2009

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	Grand View	A 43.19	10	Allner	Cheatem	Christensen	Clements
2	Viterbo	A 43.31	8	Smart	Quinonez	Bartels	Bludworth
3	St. Ambrose	A 43.60	6	Krueger	Frazier	Jones	Giesemann
4	William Penn	A 43.87	5	Bindi	Thomas	DeJong	Marzette
5	Clarke	A 44.18	4	Cave	Singleton	Anderson	Rothert
	Mount Mercy	A DNF		Moodie	Farquharson	Neil	Ajibola

Men's 4 x 400m Relay

MCC: Mayer, Johanson, Giesemann, Torres St. Ambrose 3:19.70 2012

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	St. Ambrose	A 3:20.39	10	Giesemann	Torres	Ferris	Warren
2	William Penn	A 3:22.57	8	Watts	Medlin	Busch	Thompson
3	Grand View	A 3:22.94	6	Allner	Cheatem	Christensen	Clements
4	Clarke	A 3:30.62	5	Cave	Anderson	Rothert	Anderson
5	Viterbo	A 3:33.81	4	Housel	Strohm	Gibson	Bartels
6	Mount Mercy	A 3:41.79	3	Farquharson	Moodie	Ryan	Stevenson

Men's 4 x 800m Relay

MCC: Bohnsack, Bond, Ward, White Grand View 7:47.10 2012

PL	Team	Final	Pts	Athlete 1	Athlete 2	Athlete 3	Athlete 4
1	St. Ambrose	A 8:07.23	10	Blake	Coyer	Ferris	Knieps
2	Clarke	A 8:09.24	8	Anderson	McCrary	Meyers	Anderson
3	Grand View	A 8:14.42	6	Allner	Cheatem	Christensen	Clements
4	William Penn	A 8:20.74	5	Thomas	Heckman	Johnson	Busch
5	Mount Mercy	A 8:28.71	4	Ryan	Moodie	Stevenson	Thys
6	Viterbo	A 8:35.35	3	Strohm	Rodriguez	Gibson	Petersen

Men's High Jump

MCC: Gregory Kohl Clarke 2.03m 2014

PL	Athlete	Yr.	Team	Final	Pts
1	McCastle, Cornelius	JR	William Penn	2.03m	10
2	Torres, Joseph	SR	St. Ambrose	1.98m	8
3	Gregory, Kohl	JR	Clarke	1.88m	6
4	Scobee, Nick	SO	St. Ambrose	1.83m	5
5	Denny, Malik	SO	Grand View	1.83m	4
6	Esser, Andrew	JR	St. Ambrose	1.78m	2.5
6	Allner, Michael	SO	Grand View	1.78m	2.5
8	Bludworth, Keegan	JR	Viterbo	1.78m	1
9	Milstead, D'Montre	FR	William Penn	1.73m	
10	Svoboda, Matt	FR	St. Ambrose	1.63m	

Men's Pole Vault

MCC: Mike Malone Ashford 4.70m 2012

PL	Athlete	Yr.	Team	Final	Pts
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1	Schmidt, Mark	SO	Clarke	4.10m	10
2	Wager, Nick	JR	St. Ambrose	4.10m	8
3	Yocum, Dalton	SO	Viterbo	3.95m	6
4	Rutherford, Ashton	FR	St. Ambrose	3.65m	5
5	Stice, Josh	SR	St. Ambrose	3.65m	4
6	Rusk, Lucas	JR	St. Ambrose	3.50m	3
7	Allner, Michael	SO	Grand View	3.35m	1.5
7	Mahoney, Patrick	JR	St. Ambrose	3.35m	1.5
9	Krueger, David	SO	St. Ambrose	3.05m	
10	Gilbert, Jacob	FR	Grand View	2.45m	
	Shephard, Jonathan	JR	Clarke	NH	

Men's Long Jump

MCC: Jalen Wilson William Penn 7.43m 2013

PL	Athlete	Yr.	Team	Final	Pts	Flight(F PL)
1	Ohioze, Michael	SO	St. Ambrose	7.16m	10	1(1)
2	Thomas, Jaylin	SO	William Penn	6.97m	8	2(1)
3	McCastle, Cornelius	JR	William Penn	6.93m	6	2(2)
4	Mosher, Isaiah	SO	St. Ambrose	6.92m	5	2(3)
5	Simmons, Kenny	JR	Grand View	6.77m	4	2(4)
6	Wiedmann, Trey	JR	Clarke	6.64m	3	1(2)
7	Denny, Malik	SO	Grand View	6.42m	2	2(5)
8	Marzette, Romel	JR	William Penn	6.41m	1	2(6)
9	Malone, Tiquan	FR	Grand View	6.15m		1(3)
10	Debord, Rasheed	SO	St. Ambrose	6.14m		2(7)
11	Love-Scott, Van	SR	William Penn	6.13m		1(4)
12	Walters, Brendan	SR	Clarke	6.05m		2(8)
13	Bartels, Matt	FR	Viterbo	6.04m		1(5)
14	Clements, Andrew	SO	Grand View	6.03m		1(6)
15	Esser, Andrew	JR	St. Ambrose	5.95m		2(9)
16	Drew, Josh	FR	St. Ambrose	5.92m		1(7)
17	Rankin, Joshua	JR	William Penn	5.91m		1(8)
18	Deets, Reid	FR	Grand View	5.54m		2(10)
19	Neil, Riley	FR	Mount Mercy	5.23m		1(9)
	Henrickson, Cameron	SO	Viterbo	NM		1

Men's Triple Jump

MCC: Javares Thomes William Penn 14.46m 2010

PL	Athlete	Yr.	Team	Final	Pts	Flight(F PL)
1	Simmons, Kenny	JR	Grand View	14.48m#	10	2(1)
2	McCastle, Cornelius	JR	William Penn	14.05m	8	2(2)
3	Wiedmann, Trey	JR	Clarke	13.76m	6	2(3)
4	Ohioze, Michael	SO	St. Ambrose	13.48m	5	2(4)
5	Marzette, Romel	JR	William Penn	13.39m	4	2(5)
6	Mosher, Isaiah	SO	St. Ambrose	13.03m	3	2(6)
7	Love-Scott, Van	SR	William Penn	12.76m	2	1(1)
8	Esser, Andrew	JR	St. Ambrose	12.72m	1	1(2)
9	Rankin, Joshua	JR	William Penn	12.69m		2(7)
10	Denny, Malik	SO	Grand View	12.55m		1(3)
11	Thomas, Jaylin	SO	William Penn	12.43m		1(4)
12	Clements, Andrew	SO	Grand View	12.01m		2(8)
13	Wager, Nick	JR	St. Ambrose	11.77m		1(5)
	Debord, Rasheed	SO	St. Ambrose	NM		2
	Scobee, Nick	SO	St. Ambrose	NM		1

Men's Shot Put

MCC: Tyler Wells Grand View 17.56m 2012

PL	Athlete	Yr.	Team	Final	Pts	Flight(F PL)
1	Paddock, Cameron	JR	Grand View	15.07m	10	2(1)
2	Gist, Kalob	JR	William Penn	14.31m	8	2(2)
3	Seddon, Derek	SO	William Penn	14.22m	6	2(3)
4	Donovan, Hunter	JR	Grand View	13.79m	5	2(4)
5	Franks, Dallas	JR	Grand View	13.30m	4	2(5)
6	Shephard, Jonathan	JR	Clarke	13.29m	3	2(6)
7	Mitchell, Taylor	SO	Grand View	13.20m	2	2(7)
8	Garza, Oscar	FR	St. Ambrose	12.92m	1	2(8)
9	Jennings, Jake	FR	St. Ambrose	12.84m		2(9)
10	Ruhlow, Jeff	FR	Clarke	12.03m		1(1)
11	Engel, Jacob	SR	Viterbo	11.59m		1(2)
12	Slifka, Brandon	FR	Grand View	11.00m		1(3)
13	Berryman, Zach	FR	Mount Mercy	10.24m		1(4)
14	Johnston, Nathan	SO	Grand View	10.18m		1(5)
15	Love-Scott, Van	SR	William Penn	9.07m		1(6)
16	Nachtman, Bradley	SO	Mount Mercy	8.43m		1(7)
17	Burgess, Stephen	FR	Mount Mercy	7.94m		1(8)
	Seddon, Aaron	FR	William Penn	NM		1

Men's Discus

MCC: Floyd Turner Iowa Wesleyan 54.54m 2006

PL	Athlete	Yr.	Team	Final	Pts	Flight(F PL)
1	Seddon, Derek	SO	William Penn	53.38m	10	2(1)
2	Mitchell, Taylor	SO	Grand View	45.20m	8	2(2)
3	Franks, Dallas	JR	Grand View	43.14m	6	2(3)
4	Donovan, Hunter	JR	Grand View	42.68m	5	2(4)
5	Goeller, Alex	FR	St. Ambrose	42.64m	4	2(5)
6	Johnston, Nathan	SO	Grand View	41.34m	3	2(6)
7	Slifka, Brandon	FR	Grand View	41.09m	2	2(7)
8	Shephard, Jonathan	JR	Clarke	40.11m	1	2(8)
9	Seddon, Aaron	FR	William Penn	38.43m		2(9)
10	Berryman, Zach	FR	Mount Mercy	36.16m		1(1)
11	Engel, Jacob	SR	Viterbo	36.15m		1(2)
12	Love-Scott, Van	SR	William Penn	34.77m		1(3)
13	Paddock, Cameron	JR	Grand View	33.63m		1(4)
14	Jennings, Jake	FR	St. Ambrose	32.40m		2(10)
15	Garza, Oscar	FR	St. Ambrose	30.98m		1(5)
16	Gage, Eli	FR	St. Ambrose	30.46m		1(6)
17	Burgess, Stephen	FR	Mount Mercy	24.53m		1(7)
18	Nachtman, Bradley	SO	Mount Mercy	22.38m		1(8)
	Ruhlow, Jeff	FR	Clarke	NM		1

Men's Hammer

MCC: Lance Maxwell Grand View 53.23m 2014

PL	Athlete	Yr.	Team	Final	Pts	Flight(F PL)
1	Johnston, Nathan	SO	Grand View	50.75m	10	2(1)
2	Donovan, Hunter	JR	Grand View	49.91m	8	2(2)

3	Paddock, Cameron	JR	Grand View	48.78m	6	2(3)
4	Seddon, Derek	SO	William Penn	47.06m	5	2(4)
5	Mitchell, Taylor	SO	Grand View	45.79m	4	2(5)
6	Franks, Dallas	JR	Grand View	45.61m	3	2(6)
7	Gist, Kalob	JR	William Penn	39.71m	2	2(7)
8	Sturtz, John	JR	Clarke	35.87m	1	1(1)
9	Gage, Eli	FR	St. Ambrose	35.55m		1(2)
10	Ruhlow, Jeff	FR	Clarke	35.54m		1(3)
11	Edwards, Jack	FR	St. Ambrose	34.67m		1(4)
12	Slifka, Brandon	FR	Grand View	33.41m		1(5)
13	Berryman, Zach	FR	Mount Mercy	32.92m		1(6)
14	Jennings, Jake	FR	St. Ambrose	32.54m		1(7)
15	Palmer, Mason	FR	Viterbo	30.94m		1(8)
16	Garza, Oscar	FR	St. Ambrose	25.68m		1(9)
	Seddon, Aaron	FR	William Penn	NM		2

Men's Javelin

MCC: Matt Hilby Mount Mercy 55.21m 2008

PL	Athlete	Yr.	Team	Final	Pts	Flight(F PL)
1	Bludworth, Keegan	JR	Viterbo	60.90m#	10	2(1)
2	Love-Scott, Van	SR	William Penn	49.98m	8	2(2)
3	Crawley, Anthony	SO	Mount Mercy	47.86m	6	2(3)
4	Green, Mitch	SO	St. Ambrose	46.01m	5	2(4)
5	Zimmerman, Gavin	JR	Viterbo	44.59m	4	2(5)
6	Donovan, Hunter	JR	Grand View	44.00m	3	1(1)
7	Mitchell, Taylor	SO	Grand View	43.92m	2	2(6)
8	Stice, Josh	SR	St. Ambrose	42.61m	1	2(7)
9	Seddon, Aaron	FR	William Penn	42.02m		1(2)
10	Gilbert, Jacob	FR	Grand View	41.44m		2(8)
11	Torres, Joseph	SR	St. Ambrose	40.65m		2(9)
12	Johnston, Nathan	SO	Grand View	39.28m		2(10)
13	Rusk, Lucas	JR	St. Ambrose	39.13m		1(3)
14	Cory, Clay	SO	Grand View	38.38m		1(4)
15	Seddon, Derek	SO	William Penn	38.37m		2(11)
16	Slifka, Brandon	FR	Grand View	37.45m		1(5)
17	Giesemann, Ryan	SR	St. Ambrose	37.37m		2(12)
18	Gist, Kalob	JR	William Penn	35.02m		1(6)
19	Neil, Riley	FR	Mount Mercy	33.85m		1(7)
20	Palmer, Mason	FR	Viterbo	29.79m		1(8)
21	Schmidt, Mark	SO	Clarke	29.21m		1(9)
22	Sturtz, John	JR	Clarke	25.89m		1(10)

Men's Decathlon

MCC: Justin Ludwikowski Ashford 6280 2012

PL	Athlete	Yr.	Team	Final	Pts
1	Zimmerman, Gavin	JR	Viterbo	5744	10
2	Mahoney, Patrick	JR	St. Ambrose	5078	8
3	Allner, Michael	SO	Grand View	4782	6
4	Rutherford, Ashton	FR	St. Ambrose	4680	5
5	Svoboda, Matt	FR	St. Ambrose	4607	4
6	Stice, Josh	SR	St. Ambrose	4456	3
7	Gilbert, Jacob	FR	Grand View	3994	2