



#### "THROUGH THE EYE OF THE EAGLE"

Another Seabreeze Publication

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SEPTEMBER 2017

### Who's New In The Neighborhood?

By Arlene Cabai Schuetz

The Shearer family moved into their beautiful home on Eagles Lookout Court just last April. Having lived elsewhere in the South Fort Myers area for several years, it was time for a change. Eagle Ridge tempted them with so many things: its natural beauty, the family-friendly community that Eagle Ridge is, and last, but not least, the splendid golf course and preserve views from all the homes they visited.

Besides traveling, the family enjoys all outdoor sports and have already incorporated working out, biking, hiking and walking into their active lifestyle. You may even see them walking one of their pets, "Charley," a cavalier King Charles spaniel along the roads in our subdivision. If you do, stop and say "hi!"



Charlev

Eagle Ridge Golf's

'Battle Of The Sexes'

By Gary Melillo

This annual event will be played on Sunday, Nov. 12 at the Eagle Ridge Golf Club. The shotgun start will be at 8:30 a.m. and dinner will be at the Olive Garden restaurant on Cleveland Avenue at 3 p.m. Please call the clubhouse at (239) 768-1888 to sign up.



### Caught On Camera

Photos and commentary by Doug Albers

Do you have any pictures you would like to share? Post them in the Caught on Camera spot. Submit your photos, with a brief description to rontlougan@gmail.com.

The Gulf fritillary or passion butterfly is a favorite visitor at Eagle Ridge and 66 other counties in Florida. Called the Passion Butterfly because its larva feeds exclusively on the passion flower family. Bright orange in color on the upper side, but check out the underside wings, which are buff, with large silvery spots that look like stained glass. It's about the same size as a monarch. They are migrating now and continue through fall, to overwinter in frost-free zones of the country. Check out the website at www. gardenwithwings.com.





Extra Copies Of Eye Of The Eagle Newsletters Are Usually Available At The Golf Course Clubhouse

### In Memoriam

Patricia Lynn Warman (Pat) of Bald Eagle Drive passed away at age 66, in Fort Myers, on July 23. She is survived by her husband, Arthur Louis Warman and three wonderful golden retrievers.

Pat had lived in Fort Myers for the past 10 years. She leaves behind friends and colleagues of Taylor Morrison in Naples where she worked.

Previously, she lived and worked in Nashville, Tenn.; Washington, D.C.; Guatemala City, Guatemala; and Jakarta, Indonesia where she served as the executive director of the United States American Chamber of Commerce. She loved her diverse experiences and friends from across the world.

A memorial service is not planned. Expressions of sympathy are requested to be made to the Golden Retriever Rescue of Southwest Florida.





**Please do not** leave trash containers, ladders, etc., where they are visible from the street.

Also do not place containers or yard waste out to the curb more than 24 hours before the scheduled weekly pickups.

- The Board of Directors



**Deed of Restrictions Section A-15:** Pets must be on a leash at all times when being walked outside of the owner's property boundaries. The pet owner is responsible for picking up all animal waste from their pet at all times. This includes the common areas! Violators are subject to fining.

- The Board of Directors

### What's Blooming At Edison & Ford Winter Estates?

By Debbie Hughes, Senior Horticulturist at Edison & Ford Winter Estates

When I was a kid growing up in the Midwest, a warm September was called Indian summer. Here in Florida, I like to refer to the hot days this time of year as the "dog days of summer." There are several plants that thrive in Florida's hot, humid, rainy weather.



Some of these summer bloomers are yellow, which reminds me of the northern fall colors.

One of the first yellow flowers to make a summer appearance is the yellow allamanda, or Allamanda cathartica. The plant has dozens of trumpet-shaped golden-yellow flowers on cascading branches. This shrubby vine often requires support to put the blooms at eye level. There are other varieties of the allamanda that come in different colors, such as Cherries Jubilee with lavender-red flowers and the Peaches and Cream variety has flowers with an apricot hue.

Another popular yellow-blooming plant that looks similar is the wild allamanda, or Pentalinon lutea. Thomas Edison planted this native, twining vine and called it "hammock viperstail." It was one of the more than 17,000 plants he tested for latex content when he was searching for a viable source of natural rubber in the 1920s. Unfortunately, the plant only had a 3.64 percent latex content, so it was not a practical source. Today, visitors can see a great specimen growing up the new red pergola behind the museum.

The plant that Edison found to have a high latex content was the goldenrod. There is a giant dried sample mounted in the botanic research laboratory. Many of the plants that Edison used in his rubber research project were in the Apocynaceae family, which is known to have white, milky sap. Some of these important plants used in the landscape included periwinkle,



Cherries Jubilee allamanda





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frangipani, oleander, crepe jasmine, desert rose and the popular butterfly plant, milkweed. These plants are all growing throughout the Edison gardens.

Another popular summer yellow flower is the Texas elder, also called the yellow trumpet flower, or Tecoma stans. It can be grown as a large shrub or small tree to 15 feet tall. The yellow, tubular flowers garner a lot of attention in the Edison Butterfly Garden and it reseeds easily, so gardeners can pass the seedlings along to plant-loving friends.



Yellow elder

The red ixora, looks amazing this time of year and there is also a variety called "Aurora" with creamy yellow flowers the color of wildflower honey. It looks stunning in a garden mixed with other yellow plants, especially crotons.



Ixora "aurora"



Golden shrimp plant

A yellow flowering plant that is often overlooked in the garden is the yellow shrimp plant, or Pachystachys lutea. This plant will bloom most of the year, but does most of its growing during the hot summer months. The shrimp plant, like pentas, salvia and porterweed, should be pruned to encourage new growth and blooming.

One of my favorite yellow-blooming plants, the Senna bahamensis, commonly called the Bahama cassia, is a host plant for the sulphur butterfly. It's native to South Florida and can be grown as a shrub or small tree. The butterflies lay eggs on the shrub, and the brightly-colored caterpillars munch away without damaging the shrub too much. The shrub's flowers are a nectar source for the adult butterflies. so it's a great addition to any landscape.

I enjoy looking at all the different blooming plants and trees while walking around my neighborhood this time of year. It gives me something interesting to look at while exercising my body. Visitors can walk the more than 20 acres of botanic gardens at Edison & Ford Winter Estates to see many different blooming plants and trees.

All of these plants are easy to care for, but it's important to remember that they grow quickly during the summer months. I recommend trimming  $\frac{1}{3}$  to  $\frac{1}{2}$  of the initial plant back to keep the plant looking its best.

Beautiful flowering plants and trees are not the only ones that love rain. This time of year, weeds also grow rampant. It's best to pull weeds before seed heads form and keep a mulch layer of 2 to 3 inches in garden areas, but remember not to put mulch against the trunk of any plants or trees, as that can lead to root rot.

Visitors can see these plants and trees growing at Edison & Ford Winter Estates and learn how to care for them at the monthly Garden Talks. Young plants and trees are available for purchase in the Garden Shoppe, so gardeners can create their own flowering paradise and enjoy Indian summer, Florida style!



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### **Safety And Security Tip**

#### **Education Can Save You A Citation**

From The Office Of Lee County Sheriff Mike Scott

In just a few days, summer vacation will end and students will be returning to the classroom. This means our roadways will see an increase in pedestrian and automobile traffic, including those bright yellow

school buses carrying our most precious cargo. Oftentimes, many drivers are confused about the rules of the road when it comes to stopping for a school bus, which is not only dangerous but can be costly too.

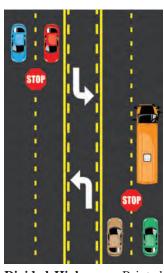
The graphics depict what Florida law mandates drivers must do when approaching a stopped school

bus with flashing red lights. Failure to comply with FS Statute 316.172 will result in a written citation requiring you to pay a civil penalty of \$266.

For more information about safe travels on Southwest Florida roadways, contact the Sheriff's Office Community Relations Unit at 258-3280.

Two-Lane Highway – Drivers moving in either direction must stop for a stopped school bus picking up or dropping off children and remain so until all children are clear of the roadway and stop arm is withdrawn.





Divided Highway – Painted lines or pavement markings are not considered barriers. Drivers moving in either direction must stop for a stopped school bus and remain so until all children are clear of the roadway and stop arm is withdrawn.



Multilane Highway – If the highway is divided by a raised barrier or an unpaved median at least 5 feet wide, you do not have to stop if you are moving in the opposite direction of the bus.

# Community Cooperative To Hold Annual Becoming Cosmopolitan: Fire And Ice

On Thursday, Oct. 5, our community is "Becoming Cosmopolitan: Fire and Ice" and we need you to be a part of this amazing night on the town!

This marks our 12th year of presenting this exclusive event and this year's theme promises Southwest Florida a night on the town like no other! The Sidney & Berne Davis Art Center, 2301 First St., in the River District of Downtown Fort Myers, will offer guests the opportunity to party in the fabulous and beautifully historic venue. This year's event will feature everything you love – fiery

cocktails, diamonds, chocolates, and shopping, just to name a few – while raising money for a great cause ... and don't forget about that after party!

Thank you to FineMark National Bank & Trust for your title sponsorship of this fantastic evening again!

Tickets go on sale in mid-August. Sponsorship opportunities are still available. For information please contact Stefanie Ink Edwards at Stefane@CommunityCooperative.com or call (239) 461-2802.

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social services entrepreneurs fighting to end homelessness and hunger in our community. The agency provides more than 15,000 meals each month through its Community Cafés and Marketplace and Meals on Wheels programs and offers homeless and comprehensive case management services through its Social and Education Resource Centers.

For more information, call (239) 332-7687 or visit www.CommunityCooperative.com.



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### **Pesticides In Produce**

Sources: EWG http://ewg.org, wikipedia.org/wiki/Organic food

We have been repeatedly told that adding fresh fruits and vegetables to our diets is a healthy choice. And while that's true, there is a school of thought that suggests that some of those fruits and veggies aren't quite as good for us as we might have thought, simply because of the way they are

There are 12 fruits and vegetables believed to be less safe because of the amount of pesticide that you ingest when you eat them. Most of the items made the list because you eat the entire item, skin and all. And, of course, the skin is what's directly exposed to whatever pesticides the farmer has used on those crops.

### **Architectural Control Information**

Please remember that any exterior changes you plan to make to your home need to be approved by the Architectural Control Committee.

For example, this includes reroofing, exterior painting, landscape changes, swing set installations, etc. We live in a deed-restricted community and these controls have been put into place for the good of each homeowner so as to maintain our beautiful community. Please contact Bill Simons (239) 565-4343 or erArchiture@aol.com so that your changes can be reviewed and approved.

A form is available for download from the Eagle Ridge website: www.EagleRidge33912.com on the Resources tab.

We plan to work hard for you to keep our community - the one you all moved into - please help us do that! The Board of Directors

#### **Eagle Ridge Board Of Directors** From March 2017 To March 2018

John Spiegel, President	305-804-3051
Richard Herman, Vice President	239-940-8599
Peter Van Leeuwen, Secretary/Treasurer	239-571-9190
Hewitt B. McCloskey, Jr, Director	239-225-6609
Christine Leslie, Director	239-292-7182

Committee Chairs For 2017 **Board Liaison Arbitration Board** John Spiegel Charlene Wendel, Chairperson

(239) 466-0591

**Architectural Control** Hewitt McCloskey

Bill Simmons, Chairperson (239) 565-4343, erArchiture@aol.com

**Deed of Restrictions** Hewitt McCloskey

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Arlene Cabai Schuetz, Chairperson (239) 768-9566

Ron Tlougan, Editor

Eye of the Eagle

RonTlougan@gmail.com (651) 764-4438

#### **Eagle Ridge Additional Contact Information**

**Replacement of Lamppost Bulbs and Light Sensors:** Contact Joe Foster...(239) 218-7714 and leave your name, address and phone number.

Flagpole Holders and Damaged Mailbox Repairs, Painting of Mailboxes and Light Poles

Contact Dennis Shelley, (239) 887-1042.

**ERPOA Web Maintenance** Contact Ed Schuler, (267) 513-0800. The "Clean 15" is a list of produce deemed to be "safer." Most of the items on this list are protected by a skin that is not

Each year the Environmental Working Group (EWG) puts out its lists, and the following is for 2017.

**2017 12 Toxic Produce** Cherries 2017 Clean 15 Asparagus Strawberries Sweet corn Mango Grapes Avocados Celery Eggplant Spinach Honeydew melon Nectarines Tomatoes Pineapples Apples Sweet bell peppers Cabbage Peaches Potatoes Onions Cantaloupe Pears Cauliflower Frozen sweet peas Papayas Grapefruit

### **Eagle Ridge Bulletin Board**

If you have an announcement, we will include it in this column. Email rontlougan@gmail.com with your request.

#### Fort Myers Republican Women's Club

Republican Women To Renew Meetings Following Hiatus The Fort Myers Republican Women's Club will resume regular monthly meetings in September after taking a summer hiatus. The September luncheon meeting will be held on Tuesday, Sept. 19 at The Helm Club, The Landings, South Fort Myers. The featured program speaker will be announced at a later date. The public is invited to attend.

A social hour begins at 11:15 a.m., with the luncheon and program following at noon. The cost of the luncheon is \$20. Reservations are required by Thursday, Sept. 14, and may be made by contacting Tina Laurie, 489-4701.

Additional information about the club may be obtained by contacting the president, Carole Green, (850) 590-2206.

#### The Greeters Club

Sept. 22 luncheon (note we meet on the third Friday in September).

The journey of a very talented Fort Myers Beach performer took a huge leap when she was chosen to appear on The Voice this past March. The headliner at several beach venues is often Sheena Brook. Rolling Stone wrote that "the angelic voice of contestant Sheena Brook commanded attention from the first note of her version of Sugarland's Baby Girl." Sheena will be the guest speaker at the Greeters Club luncheon on Friday, Sept. 22. Please

Make your luncheon reservation (cost: \$20) today and find out more about joining this dynamic group of Lee County women. Email: greetersclub@gmail.com. Provide your contact information (your name, email address and phone number). You will receive a return email confirming your reservation. This luncheon will be held on the third Friday of the month, registration is from 10:45 to 11:30 a.m. at the Crown Plaza Hotel right off Route 41, in the Bell Tower Shops, 13051 Bell Tower Drive, Fort Myers, FL 33907, (239) 482-2900.

#### Continental Women's Club Of Fort Myers

Join us on Sept. 7, when our guest speaker will be Susan Ball with Seniors vs. Crime. Learn about this project, sponsored by the Office of the Florida Attorney General that allows consumerconscious seniors to be actively involved in protecting their communities and their fellow seniors from becoming victims of

consumer fraud.

Also save these dates – Game day, Oct. 24 and March 19, 2018 is our annual fundraising fashion show.

Starting in September, the club's monthly meetings will be held on the first Thursday of each month at 11:30 a.m. at The Hideaway Country Club, 5670 Trailwinds Drive, Fort Myers 33907. The cost to attend the luncheon is \$22. Please call (239) 691-7561 for additional information.

#### **Dining In Club**

If you live in Eagle Ridge, maybe you have heard of the Dining In Club where people in our community get together to meet, talk and have fun. Everyone who attends these parties really loves

We meet monthly from November to April. If you would like more information about Dining In, please call Connie Hope at (239) 225-6609.

#### The Florida Yards & Neighborhood (FYN)

Join us at a Florida Yards & Neighborhoods class and learn the nine principles that guide Florida-friendly landscaping in Lee County. The class is given under the auspices of University of Florida IFAS Extension Lee County.

Each principle is explored in class so you can apply what you learn to your own yard. Plant selection and placement, efficient irrigation, proper mulching, and techniques to obtain a beautiful and healthy yard will be discussed. To learn more, visit http://fyn. ifas.ufl.edu/.

#### Volunteer In Your Eagle Ridge Community

If you are interested in serving on the Eagle Ridge Board of Directors, or would like to serve on one of the committees, please contact one of the following: Hewitt B. McCloskey Jr., John Spiegel, Peter Van Leeuwen, Ed Schuler, or Rick Herman through the Eagle Ridge website: www.eagleridge33912.com.

#### Your Eye of the Eagle

If you are not receiving your Eye of The Eagle newspaper, please contact Peggy Watts, (239) 910-1039 or Connie Hope,

Extra copies of Eye of the Eagle newsletters are usually available at the golf course clubhouse. They also may be downloaded from the Resources tab on the Eagle Ridge website: www.EagleRidge33912.com.

### **Eagle Ridge Job Spot**

Nonbusinesses please! All business owners should contact Seabreeze Communications to place an ad.

Are you looking for an odd job? Want to be included in the Eagle Ridge Job Spot? Email your information to rontlougan@ gmail.com. Baby-sitters, pet sitters, yard work and more.

Jenni Caves, (239) 336-4282. Marketing Professional. Offering services in branding, website development, management, social media, public relations, etc. I have over 15 years' experience in marketing and public relations in the public and private sectors. I have lived in Eagle Ridge over

J.J. Claypool, (239) 810-4724. Dependable, trustworthy, hard worker. I can do yard work, pressure washing: lanais, driveways, windows, outdoor furniture, etc. You will be pleased with my work ethic. I am headed off to college soon and would love the opportunity to work for money. Thank

Connie Hope, (239) 225-6609. Absentee Homeowner Services: "While you're away" I can check your home or condo. (Weekly/biweekly/monthly). I can validate yard maintenance and irrigation, pick up parcels and mail, check water, check appliances, arrange for repairs and services and much more. I am in the community. Call or email conniehope@comcast.net.

Connie Hope, (239) 225-6609. Secretarial work, outreach office work, write your letters, answer your email, also light accounting, prepare things for taxes. I have been a Florida notary for the last 10 years.

Crystal Jozsa, (419) 460-3866. Photography. I am a professional photographer who specializes in family, children, weddings and high school senior portraiture. I can come to your home or go on location. My work can be seen at www. crystaljozsaphotography.com.

Patty Fajardo, (239) 208-9956. Are you looking for some help? I am a permanent resident at Eagle Ridge and am available for a variety of jobs - house cleaning, running errands, yard work, planting, pulling weeds, grocery shopping, etc. Please call - home (239) 208-9956 or cell (757) 449-9823. Andrew Kirksey, (239) 768-0335. Pressure washing:

roofs, driveways, rain gutter cleaning, lanais and cages. No job too small. Kathie McDonough, (239) 478-0060. A resident on Triple Eagle Court, Kathie does pet sitting and home watch.

Diane Nichols, (239) 825-5861. Notary Public state of Florida since 1986. I will pet sit, house sit, and baby sit. Marlin D. Rott, (239) 986-1589. Computer Training

Retired career computer professional can help you learn computer technology and software programs like Excel, Word, or other programs of your choice. If your interest is in how to subscribe, learn and manipulate social networks like Facebook, call now. Improve your understanding about computer literacy. One-hour lessons are available at reasonable rates. Marlin is a resident of the Eagle Ridge community.

Ginny Schuler, (215) 542-9474. College Applications. I provide assistance in all aspects of the process. I have 30plus years' experience in helping students gain entrance into the most competitive colleges and universities in the nation. By the time your child completes his or her sophomore year, the process of college selection should be underway. This requires timely scheduling of PSATs, SATs and ACTS tests, organizing activity sheets and selecting reasonable college choices (reach, average and safety). My additional specialty is assisting students in writing excellent personal essays and short supplements.

Dennis Shelley, (239) 887-1042. Handyman and home services. Lanai screens, painting, junk hauling, home watch, lighting, garage cleanups, local moves, and he is a specialist in home security consultations and upgrades, offers free home security evaluations and tips.

### **Cooking By Connie**

#### **Crockpot Verses Slow Cooker** - Are They The Same?

By Connie Hope

I thought a Crockpot and a slow cooker were indeed, the same, but after some research I found there are

many similarities, as well as several differences. Let's check this out.

Crockpots and slow cookers have three things in common – a pot, a glass lid and a heating element.

A Crockpot has only two settings, "Low" and "High." There can also be a "Keep Warm" setting. The pot is ceramic or porcelain and round or oval. It has a glass lid and heating element that the pot fits into snugly.

A slow cooker has a hot plate that a metal pot sits on and has many different temperature settings, Slow Cooker





usually from one to five.

In a Crockpot the heating element surrounds the entire pot – bottom and sides – and heats continuously. The slow cooker heats from the bottom on cycles.

The result of both is a great dish that has cooked over many hours with little supervision. The outcome is a great tasting meal.

Here is a fun recipe using a Crockpot. Enjoy! Chicken Taco Soup In A Crockpot

2 cups corn (frozen or canned)

1 (15-ounce) can black beans, drained and rinsed

1 (14.5-ounce) can diced tomatoes not drained

1 (8-ounce) can tomato sauce

2 (4.5-ounces) cans of green chiles, not drained 1 onion, chopped (about ½ cup)

3 cups chicken broth

3 chicken breasts, boneless, skinless and cut in small pieces

1 package taco seasoning mix

Taco or tortilla strips for garnishing

Shredded cheddar cheese for garnishing

Sour cream for garnishing



In a Crockpot mix corn, beans, diced tomatoes, tomato sauce, green chiles and onion.

Stir in broth, chicken and taco seasoning. Cover and cook on low for 8 hours or on high for 4 hours. Garnishing with either tortilla strips, cheese or sour cream. Serves 6



# The "Ridge" Rack

**Notice:** Advertisements for the newsletter must be placed through Seabreeze Communications. Call (239) 278-4222 for information. I have no role or pricing information on the placement of ads and/or inserts.

**Deadline:** Submission of articles for the *Eye of the Eagle* must be received no later than the 6th of each month. Email articles, pictures or information for the Bulletin Board, to rontlougan@gmail.com.

Articles can be submitted attached to or contained in an email. Photos should also be emailed as attachments. If you have any questions, please call Ron Tlougan at (651)

Eye of the Eagle: If for any reason you do not receive your Eye of the Eagle or if you need extra copies, the paper is also available at the golf clubhouse.

Flagpole Holders and Damaged Mailbox Repairs and Painting: For mailbox repairs, including doors, springs or broken parts and painting, call Dennis Shelley, (239) 887-1042.

Replacement of lamppost bulbs and light sensors: Please call Joe Foster at (239) 218-7714 and leave your name, address, and phone number.

### **Security Central**

By Connie Hope

The sheriff's office generally sees a spike in unlocked car burglaries during the summer months when children of all ages are out of school. In our community during the last three weeks we have had over 10 incidents of unlocked car theft. Lock your cars, always. Do not leave anything visible in the car's front seat or back seat. No keys, no money, no laptops, nothing. Lock your house – all doors and sliders. Always close your garage doors. The saying from the sheriff's office is Lock it or Lose it!

If you know of a problem, please let Connie Hope know at conniehope@comcast.net as well as the sheriff's office.

You may notice an increase in patrol and traffic stops being conducted in the area in response to the recent burglaries. Our sheriff's office is aware of the problems and are stepping up their drive-arounds to try and alleviate them.

Remember that the speed limit in Eagle Ridge is 25 m.p.h. You also must step up. The residents of our community are the eyes and ears of the community. If you see something out of the ordinary, call the sheriff's office, either the nonemergency number at (239) 477-1000 or the emergency number 911. Always report an incident or problem to the sheriff's office.





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#### 14580 Bald Eagle - Amazing Sunset Views

Absolutely Gorgeous, updated Eagle Ridge 3BR/2.5BA estate pool home w/ beautiful golf, lake & sunset views! Recently updated w/ New Roof

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SOLD 3

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### **Mailbox Maintenance And Repair**

Mailbox doors have a closure spring that eventually breaks after thousands of openings. It is important to replace them as soon as they are discovered as they usually result in a broken door,



which is a much more expensive repair. Call **Dennis Shelley,** (239) 887-1042. The cost of installing a new spring is \$34. If the door casting breaks, it costs an additional \$112 to repair the door. Dennis also has specially manufactured flagpole holders to match the lampposts. They are available for \$89 installed. Your mailbox and lamppost can also be repainted for \$49, which will bring them back to their "like-new" appearance. Dennis also offers handyman services.

#### **Are You Receiving** E-mail From Eagle Ridge?



Each month the Eagle Ridge Property Owners Association sends out an email with reminders of activities at the Ridge. If this image looks unfamiliar to you, you are not on our email list.

To correct this, send an email to info@EagleRidge33912. com along with your name and street address.

We will add your name to

the list, which you may opt out of at any time. We are stressing the use of email as it is faster, easier and cheaper than USPS. You may send email addresses for all members of your household.

The Board of Directors

#### **Are You Having Trouble Controlling the Way You Eat?** Call for Help

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### Join Us For **Bike Ride**

SWFL Critical Mass is a group of local bike riders who enjoy biking around Lee County. Come be a part of our "Mass." For more information visit us at www.swflcriticalmass.com or on Facebook at https://www.facebook.com/groups/ SWFLcriticalmass.

Fort Myers First Friday

7:30 p.m. meetup – 8 p.m. roll out 2160 McGregor Blvd., Fort Myers

NE Lee Second Friday

7:30 p.m. meetup – 8 p.m. roll out Winn Dixie – 14600 Palm Beach Blvd., Fort Myers

Second Saturday On Sanibel

7:30 p.m. meetup – 8 p.m. roll out Jerry's Plaza – 1700 Periwinkle Way, Sanibel

**Estero Third Friday** 7:30 p.m. meetup – 8 p.m. roll out (New Location) Tropical Smoothie – 1001 Estero Town Commons Place, Estero

Cape Coral Last Friday 7:30 p.m. meetup – 8 p.m. roll out

4700 SE 11th Place, Cape Coral

Saturday Slow Roll\* – Last Saturday 9 a.m. meetup – 9:15 a.m. roll out

2160 McGregor Blvd., Fort Myers

\*Slow Roll rides are recommended for adults new to cycling or younger inexperienced riders.

By Florida law: Front and rear lights required for all riders. Helmets are strongly encouraged for all riders and required for all riders ages 16 and under.





### **Tips From South Trail Fire And Rescue**

By Christie Knudsen, Public Education Specialist

**Sprinklers.** Fire safe at home. Sprinkler systems have protected commercial property in the United States since 1874, but

their use in residential properties has lagged significantly. All model building codes in the United States

now require the installation of sprinklers in new one- and two-family homes; however, not all states or municipalities have adopted the residential sprinkler code requirements.

Home fire sprinklers are proven, affordable and effective, and could save the lives of over 2,000 men, women, and children each year from home structure fires. The following information about home fires and home fire sprinkler systems will help you make educated choices in keeping your family fire safe at home.

**Lives Saved.** According to the National Fire Protection Association (NFPA), home fires were responsible for 78 percent of all fire deaths in the United States in 2015. Today's new homes, built with lightweight construction, designed with open spaces, and filled with synthetic furnishings burn faster and hotter than traditionally constructed and furnished houses of the past. Occupants may have less than two minutes to escape today's home fires. Smoke alarms have saved countless lives; however, a smoke alarm can only provide warning to give you the chance to escape a home fire. A fire sprinkler can control the fire and give you time to escape, reducing the risk of dying in a home fire by 80 percent (NFPA).

Property Saved. Contrary to what Hollywood movies show, each home fire sprinkler head operates independently. When a sprinkler head senses a significant rise in temperature, usually at 135 to 165 degrees Fahrenheit, only the sprinkler head over the fire activates to spray water directly on the fire. The rest of the house stays dry. Studies show that fire hoses use 10 times as much water as home fire sprinklers to control and extinguish a

Without a home fire sprinkler system, extensive fire and smoke damage can occur before the arrival of the fire department. Having a home sprinkler system is like having a firefighter on standby in your home. Go to southtrailfire. org for a link to a side-by-side burn demonstration video showing a fire in two rooms, one room with a fire sprinkler and one room without.

**Affordable.** Nationally the average cost of installing home fire sprinklers in new construction is \$1.35 per square foot. The average cost to install sprinklers in a 2,000-square-foot new home would be \$2,700 - a small price for a life saved.

If you are building a new home or remodeling a home, consider installing a fire sprinkler system to keep your family fire safe at home. For more information, go to southtrailfire.org or call 936-5281. The monthly meeting of the Board of Commissioners for the South Trail Fire and Rescue District is scheduled for Sept. 18, at 5:30 p.m. The tentative budget hearing is scheduled for Sept. 7 at 5:30 p.m., and the final budget hearing is scheduled for Sept. 18 at 5:15 p.m. All meetings are held at Station 63, 5531 Halifax Ave. The public is invited.





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### Florida Railroad Museum

#### **Ringling Circus** Cars Acquired!

The museum has acquired two Ringling passenger cars, two flat cars and four equipment wagons. Plans to display them are being worked on. More information about the cars will be added to the museum website soon.



#### **Fall Events And North Pole Express**

The museum has been working hard planning the events for this fall. Tickets for events are on sale now. North Pole Express tickets go on sale Sept. 6 at 10 a.m. Join our email list to keep up-to-date with events and/or like us on Facebook.

The museum's trains are operated entirely by volunteer



members. No railroad experience is necessary to volunteer. Join our crew and work your way up to conductor and even engineer.

Learn more about volunteering at the museum on our website, www.frrm.org. **Membership** 

Support and preserve Florida's railroad history as a member of the museum. Benefits include:

- Free train rides
- Early access to tickets
- Gift shop discounts
- Members only website
- Eligible to join the Railroad & Industrial Credit Union



#### up) are welcome! See the website for further information and for pricing.

Tickets Go On Sale Sept. 6 — 10 a.m. — For The North Pole Express

This holiday season, the Florida Railroad Museum will once again offer 30-minute train rides to the North Pole on The North Pole Express. The train will depart the Parrish station at 5:30 p.m.

Once at the North Pole, the following activities are available: arts and crafts, making reindeer

The fastest and easiest way to obtain tickets with a MasterCard, Visa, or American Express credit/

on these dates: Nov. 30, Dec. 1,2,3,7, 8, 9, 10, 14, 15, 16, 17 and 18. Boarding will begin 30 minutes

food to take home, toy activity tent, campfires, model railroad display, unlimited hot chocolate and

debit card is through the website: http://www.frrm.org/index.html. You may also purchase

tickets by phone: (941) 776-0906 or through the Parrish ticket office. Children of all ages (< 1 and

cookies, lighted North Pole and Christmas tree display, and a visit with Santa Claus.

**About The Museum** The Florida Railroad Museum is an IRS 501(c)(3) nonprofit organization and an official State of Florida Railroad Museum, which was founded in order to preserve Florida's railroad history.

The museum receives no financial support from the state or local government. It relies entirely on ticket and gift shop sales, membership dues and donations to support operations, acquisitions and restorations.

Florida Railroad Museum, 12210 83rd St. E., Parrish, FL 34219, (941) 776-0906. Please visit our website at www.frrm.org for more information to join our email list or to chat online with a volunteer.

The museum is open Wednesday through Sunday from 10 a.m. to 4 p.m. year-round (with the exception of certain holiday periods) and offers events (such as a train robbery, a WWII reenactment, and the North Pole Express) that marry a theme of interest with a train ride. (Source: http:// www.frrm.org/index.html)

### **Adoptable Cats And Kittens**

#### Mo And Solar

Hi there! I'm Mo. I am such a sweet, mellow little girl just waiting for someone to take me home! I think someone thought I was a boy and that's why they named me Mo. I'm only 1 year old and I have beautiful green eyes. I'm spayed and upto-date on all vaccines.



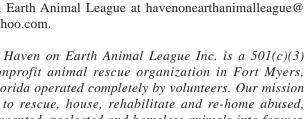
I'm currently residing at PetSmart on Six Mile Cypress Parkway. My adoption fee is \$100. To find out more about me, call Diane at (860) 833-4472 or email Haven on Earth Animal League at havenonearthanimalleague@yahoo.com.

Hello, my name is Solar. I am a very loveable, male tabby with beautiful markings. I'm 1 year old, neutered and up-to-date on all vaccines. My adoption fee is \$100. I am currently residing at PetSmart on Six Mile Cypress Parkway. Please adopt me so I can have a home of my own! To find out more about me, call Diane at (860) 833-4472 or email Haven

on Earth Animal League at havenonearthanimalleague@

nonprofit animal rescue organization in Fort Myers, Florida operated completely by volunteers. Our mission is to rescue, house, rehabilitate and re-home abused, unwanted, neglected and homeless animals into forever, loving homes.





#### >>>> SeasonalFruits&Vegetables ------September ---

### Vegetables

Banana Grapefruit

Fruits

Lemon

Orange

Artichoke Beanshoots Beetroot Broccoli **Brussels Sprout** Cauliflower Fennel Mushrooms Silverbeet

Spinach



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#### September 7 - October 8



you loved Yesterday's and Those Were The Days, you will be ready to travel back in time again with this fun-filled revue! Victor Legarreta is at it again with another all-new musical comedy that will take you back in time to groove to the music of

the 60s and boogie to the songs of the 70s! Songs include Midnight Train To Georgia, Let's Get It On, Sweet Home Alabama, Saturday Night Fever, I Want You Back, Stayin' Alive and so many more!

#### October 12 - November 18



Winner of four 2013 Tony Awards including Best Musical Revival, PIPPIN is a magical, unforgettable tale about a young prince's journey to be extraordinary! The new circus-inspired production features an acrobatic troupe of performers, led by the charismatic Leading

Player. Throughout his journey, the young prince is continuously encouraged by the flashy performers to try his hand at war, love, and other pleasures. In the end, he struggles with settling down and pursuing a peaceful life or continuing to make magic with the dazzling troupe of entertainers.

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### **Catch The Action**

### **September Fishing In Southwest Florida**

By Capt. Bill Russell

With the arrival of September it's only a few weeks before we break out of the hot days of summer and transition to the cooler days of autumn. The cool down should be gradual but a welcomed change for fishing around Southwest Florida.

Just as anglers enjoy the change of seasons look for fish to also respond as they become more active resulting in improved fishing. With a drop in water temperature you can expect them to exert more energy and feed more consistently throughout the day. Of course it's fishing, there are days when you can't buy a bite no matter what, but your

chances for success are tipped in your favor.

September marks the opening of snook season with hungry line sides on the move. You can expect explosive strikes on top water lures or flies just after first light or before sunset.

During the day live bait including pilchards, herring, pinfish, pigfish and others are the top baits. Also don't overlook cut bait, year after year some of the largest fish reported are caught on cut bait fished on bottom.

Now, until the first real cold front (most likely in later

October), presents us with our best red fishing of the year. Large fish will gather in schools of up to several hundred and on the right day can give you a fishing experience you will never forget. Look for them moving along the shallow edges of bars as they push a wall of water and crash any baitfish in their path. Try to get well ahead of the moving fish to intercept their path, if you don't spook them make a long cast ahead of the lead fish and hang on. Most are way oversize but they sure are a blast to catch.

As the water cools, bigger sea trout will begin moving back into shallower water to feed; this is a great time to work a top water plug across your favorite trout flat. Trout of all sizes should be schooled up over open water with a bottom consisting of a sand/grass mix. There should be plenty of good size trout mixed in as well as a mix of Spanish mackerel, bluefish, ladyfish, jacks, small sharks and others. This is the place to target if you want to stay busy with lots of action.

Mangrove snapper fishing was excellent through the summer and should continue strong through the month. In my opinion there is not a better eating fish and snapper are

### **Eagle Ridge Residents**

Jogging, bicycling, walking and other nongolfing activities **or** unregistered golf play are not permitted on the golf course.



The New Math:

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accessible from shore or boat. Most snapper school up around some type of structure that could include bridge pilings, docks, piers, oyster bars, creeks, mangroves shorelines, or any type manmade or natural submerged structure. Look for



areas with a decent tide flow and scale down your tackle with a light fluorocarbon leader of 20 pounds or lighter and small hooks. Best baits include shrimp (live or dead) small pilchards or pinfish, and a variety of cut bait. You should also expect to catch snapper while targeting snook, redfish, or trout.

If you are thinking of heading offshore, look for fish to move closer to shore in shallower depths as the water gradually cools. Good catches of grouper and snapper should become common in less than 70 feet of water. Many of the artificial reefs that dot our coast only a few miles from shore will yield good action with everything from snapper to snook. Plus, expect king and Spanish mackerel, cobia, and tarpon migrating south down our coast throughout the month.

With so many fishing opportunities, not much competition from other anglers and weather more enjoyable for fishing, September is a great time to hit the water.

For charter information, please contact us at Gulf Coast Guide Service and "Catch the Action" with Capt. Bill Russell, phone: (239) 283-7960, website: www.fishpineisland.com, email: gcl2fish@live.com.

Capt. Bill Russell is a native and lifelong resident of Pine Island who has spent his entire life fishing the waters surrounding Pine Island and Southwest Florida. For the past 21 years Bill has been a professional fishing guide who



takes pride in customizing each trip to ensure everyone on board has a great time and will return again. Come join us and "Catch the Action."

#### Lee County Yard Waste Regulations

- Do not place out for pickup more than 24 hours early
- Yard waste must be containerized (50 pounds or less), or securely tied into bundles not heavier than 50 pounds and no longer than 6 feet in length.
- Up to 50 pounds of unbundled palm fronds may be placed at the curb. Any excess palm fronds must be tied into bundles, each weighing 50 pounds or less.



- When using plastic bags, make sure that the contents can be easily identified by the refuse truck driver (leave a twig or small branch sticking out).
- Call 239-337-0800 for a cost estimate for large-scale yard waste disposal projects when containerizing or bundling is difficult.

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