

2024

June 13 - 15
Orlando, FL

50TH
NASW FLORIDA CHAPTER

1974-2024

anniversary

NASW-FL Annual Conference Registration Brochure

Email: info.naswfl@socialworkers.org
Phone: 1-800-352-6279
Website: <http://www.naswfl.org/>

Social Work Conference 2024

The National Association of Social Workers, Florida Chapter invites you to join us at our Social Work Conference 2024. This year's Conference offers more than 50 workshop selections plus the Poster Session and the Student Summit. The Conference offers abundant opportunities for learning, contributing and networking, which will include time with our sponsors.

The NASW-FL Conference will include: licensure-required workshops; a raffle that showcases items from our Units and Schools of Social Work with proceeds going to membership scholarships; the celebration of our State Award winners at the Awards Luncheon; opportunities to practice and honor self-care throughout the conference and much more.

Registration instructions are on pages 28. All registrations must be done online and paid by credit card.

This year's conference will leave you rejuvenated and inspired for another year of great work! Many thanks to our 2024 Conference Planning Committee.

Empowering Social Workers



Social Workers deserve better compensation for the important work they do. Our nation needs social workers more than ever.

Homelessness is on the rise. The opioid addiction crisis has hit the United States hard, impacting all races, regions, and economic levels. Suicide, too has risen, according to the Centers for Disease Control.

Social workers are uniquely qualified to handle these societal troubles. Social workers enter the profession because they truly want to help others. They go through years of education, training, and supervision so they can do the delicate but important work of meeting people where they are and helping them achieve their goals.

Social workers are also trained to help individuals, families, communities, and even the larger society if regulations and laws must be changed in order to help people who need it. You will find social workers everywhere—in schools, hospitals, and at the federal, state, and local levels in government, corporations, social service agencies, veterans centers as well.

The demand for social workers is reflected in the statistics. Did you know that by 2030 there will be more than 782,000 social workers in the United States?. This makes social work one of the fastest growing professions in the United States.

However, social workers need support to meet the high demand for their vital work. That is why the Social Work Month theme for 2024 is Empowering Social Workers!

Continuing Education Information

CONTINUING EDUCATION HOURS: Participants may net up to 21 contact hours under Chapter 491 during the Conference approved provider under the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling Provider #BAP-321, Exp. 03/25.

OBTAINING CE CREDIT: Participants must sign in at the beginning of each workshop and fill out the Participant Monitoring Form provided on-site. **Participants must attend the entire workshop to receive credit.** Partial credit will not be awarded. Please note, ADMINISTRATIVE CREDITS are given for macro- or business-related topics. Licensees may receive up to 6 administrative credits per licensure cycle.

LICENSURE REQUIREMENTS: It's easy to meet all your requirements for renewal at the Conference! Each requirement for renewal is offered at least once.

Conference At-A-Glance



June 13 - 15
8:00 am-5:00 pm

Day and Time	Thursday June 13	Friday June 14	Saturday June 15
Conference Registration Desk will open 90 minutes prior to the first scheduled event of the day. Continental breakfast will be served beginning June 13.			
8:00 a.m.	Opening Plenary Session (9:00 am-10:30 am)		
8:30 a.m.		Breakout Session D (8:00 am-10 am)	
9:00 a.m.			Coffee Break
10:00 a.m.			
10:30 a.m.			
11:00 a.m.	Coffee Break	Breakout Session E (10:30 am-12 pm)	Coffee Break
12:00 p.m.	Breakout Session A (11 am-12:30 pm)	Conference Luncheon (12:15 pm-2:15 pm)	Breakout Session H (11 am-12:30 pm)
12:30 p.m.	Lunch on Your Own		Lunch on Your Own
1:00 p.m.			
1:30 p.m.			
2:00 p.m.	Breakout Session B (2 pm-5 pm)	Breakout Session F (2:30 pm-5:30 pm)	Breakout Session G1 Domestic Violence (1:00 pm-3:00 pm)
2:30 p.m.			
3:00 p.m.			
3:30 p.m.	Coffee Break	Coffee Break	
4:00 p.m.	Breakout Session B (2 pm-5 pm)	Breakout Session F (2:30 pm-5:30 pm)	Breakout Session G1 Medical Errors (3:00 pm-5:00 pm)
5:00 p.m.			
5:30 p.m.	Poster Session & Reception (5:30 pm-7 pm)		Licensure Renewal Offerings: 3 hours in Ethics (B2 and G1) 2 hours in Prevention of Medical Errors (C2 and G1); and 2 hours in Domestic Violence (every third renewal) (C3 and G1)
6:00 p.m.			
7:00 p.m.		Raffle (6:30 pm - 7:30 pm)	
8:00 p.m.	Breakout Session C (7 pm-9 pm)	50th Anniversary Gala (7:30 pm-10:30 pm)	
9:00 p.m.			
10:00 p.m.			
10:30 p.m.			

Opening Plenary: 9:00 am-10:30 am

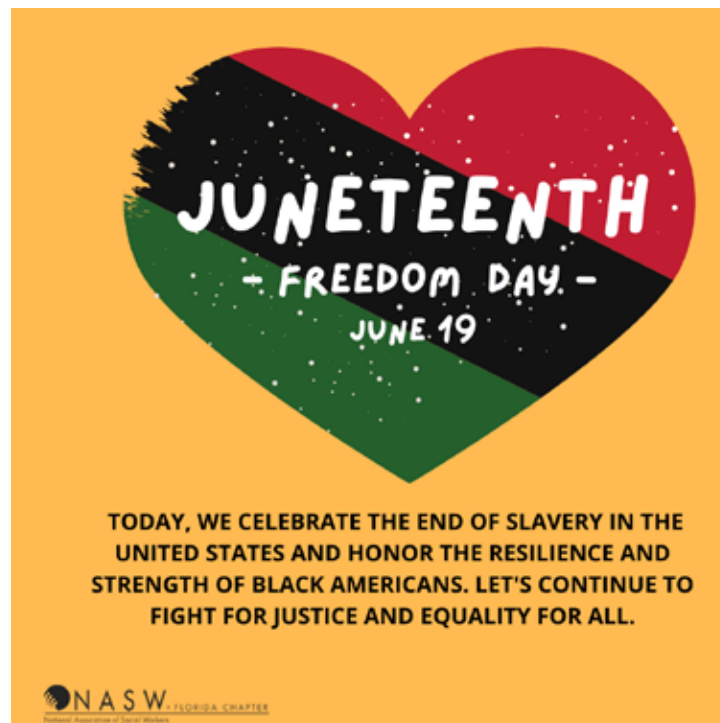
**Looking Back to Move Forward -
When We Know Better, We Do Better**

**Crystal C. Rozelle-Bennett, LMSW
CEO, THRYVE LLC**



Crystal is an educator, an advocate, a survivor, and a self-proclaimed thriver! For the past 25 years she has been driven by her personal experiences of trauma to elevate and amplify the voices of individuals and communities, to promote healing and opportunities to move from surviving to thriving.

Crystal has worked alongside professionals to create trauma informed, culturally inclusive and person-centered spaces. Her work experiences include advocacy within the child welfare system, oversight of child and youth programs, crisis hotline response, delivery of community based mental health services and implementing trauma informed strategies and programs for school districts. Throughout these experiences she has had the opportunity to gain essential knowledge and skills related to individual, community and collective trauma. She has been called upon to provide training, coaching and consultation across the nation in the subject areas of Human Trafficking, Suicide Prevention, Motivational Interviewing, Community and Collective Care, Child Trauma & Maltreatment and Racial Trauma. Crystal serves as an adjunct at Florida State University and Southwestern College where she teaches courses on Trauma Informed Social Work and Multicultural Counseling, respectively. She is a fierce advocate for social justice and leads courageously to dismantle oppressive systems and create equitable and just services, policies, and programs.



**A1: The Social Workers Role in Addressing Mental Health
Issues among Undocumented Latino Immigrants**

Michael Alicea, EdD, MSW, MS

Undocumented Latino immigrants are more likely to experience mental health problems than those with documentation. Nevertheless, formal mental health service utilization rates are significantly negligible within this demographic. The lack of health insurance, financial hardships, fear of deportation, and inadequate mental health services only further exacerbates the plight of undocumented Latino immigrants. There is a real need for more accepting and nonjudgmental settings where undocumented Latino immigrants can obtain fitting mental health care. Undocumented Latino immigrants need to be seen for who they are and address the issues they are facing.

A2: Rural Social Work: A Unique Mix of Micro and Macro Social Work

Michele Munzner, DSW, ACM-SW, LMSW

Rural social work provides a unique opportunity to work within the clinical setting but to also explore macro practice opportunities to engage the local community. This workshop will spotlight the differences between rural and urban practice as well as introduce opportunities to engage your local community to aid in positive community impact.

A3: Family-Based Mental Health Services in Juvenile Diversion Programming

Erica Wortherly, DSW, LCSW-QS

Current diversion programs collaborate with agencies that provide mental health services for the youth. What would happen if agencies increased their capacity to provide family-based support? Social workers and family members can offer insight into the assets, needs, and ways to meet the youth's and their families' needs. Social workers can address systems beyond the families that impact the youth involved in diversion programs by providing training and education to address mental and behavioral health needs, recognizing that an ongoing need exists.

A4: Stepping Together for Children after Trauma

Alison Salloum, PhD, LCSW

This presentation will provide an overview of a first-line treatment called Stepping Together for Children after Trauma (Stepping Together-CT). Stepping Together-CT is a brief parent-led therapist-assisted treatment for children experiencing posttraumatic stress symptoms (PTSS) and related problems. Research in the United States and Norway with Stepping Together-CT found that the majority (~70%) of children responded to this treatment while the remaining children needed more intensive treatment such as Trauma-Focused Cognitive Behavioral Therapy. The main components of this parent-led therapist-assisted treatment will be discussed and case vignettes will be provided.

**A5: Beyond Practice: Applying NASW Values and Ethical Principles
in the Workplace with Co-Workers and Colleagues**

Vivian Richards, MSW, LICSW

Social workers apply NASW Core Values and Ethical Principles in their daily practices, but what about applying the same values and principles with challenges we experience with our colleagues and coworkers?

Join us as we explore how applying Social Work Values and Ethical Principles in the workplace can help shift our perspective and enhance our every day work-life!

A6: Best Practices while Serving the LGBTQIA+ Community

Jaki Neering (she/her/hers), LCSW and Donna Weinberger (they/them/theirs), CEO

In this workshop we will highlight the mental, emotional, and developmental impacts of LGBTQIA+ individuals being raised in a culture that lacks LGBTQIA+ visibility, and the misconception of these impacts. Being forced to live a life of suppression and repression, while rejecting authenticity, causes great harm to one's psyche. In other words, it's traumatizing. Meanwhile, authenticity is the natural medicine for healing! Establishing congruence with one's authentic self is essential for living a life of emotional freedom. Increased visibility and representation is paramount in the reduction of societal trauma on the LGBTQIA+ community.

A7: Starting & Running a Group Private Practice

Carol Mirones, LCSW-QS

Join this workshop for mental health clinicians, focused on Starting and Running a Group Private Practice. Explore key decisions, tech integration, space rental, HIPAA compliance, HR essentials, intake documentation, insurance considerations, and becoming an in-network provider. Empower your private practice journey with expert insights.

A8: Trauma Bonding - Supporting Individuals Who Have Experienced a Trauma Bond

Andreena Harriman, LCSW and Emily Garten, MSW

When working with individuals who have experienced trauma, providers can struggle with understanding the trauma bond that is developed in the abusive relationship. In this workshop, we will discuss what a trauma bond is, how it is developed, how it has supported the individual in their ability to survive abuse, as well as strategies for healing and recovery.

Licensure Renewal Offerings:

- 3 hours in Ethics (B2 and G1)
- 2 hours in Prevention of Medical Errors (C2 and G1); and
- 2 hours in Domestic Violence (every third renewal) (C3 and G1)

B1: Navigating the Opioid Crisis: A Comprehensive Overview on Harm Reduction Psychotherapy

John Puls, LCSW, MCAP

Join us for a transformative and practical workshop addressing the urgent challenges posed by the opioid crisis. This engaging session will explore innovative approaches centered around Harm Reduction Psychotherapy, offering participants the knowledge and skills needed to make a positive impact in their communities develop practical skills for effective intervention. Opioid use disorder and related overdose deaths continue to rise with no end in sight. Harm reduction based psychotherapy offers a low barrier for engagement to support individuals suffering from opioid use disorder.

B2: Ethical Skills for Pioneering Novel Situations in the Age of AI

Susan Mankita, LCSW, MSW

As technological innovations increase the complexity of the social worker/client environment, a range of potential ethical dilemmas emerge that require us to think both bravely and ethically.

This workshop meets the Ethics licensure renewal requirements.

B3: Integrative Approaches to Healing: A Trauma-Informed Perspective on Anxiety and Stress

Jessica Soussana, LCSW - THIS WORKSHOP IS CANCELLED

This comprehensive workshop delves into the treatment of anxiety and stress through a trauma-informed lens, emphasizing the powerful connection between mind and body. Participants will explore innovative strategies and evidence-based techniques to address the intricate relationship between trauma, anxiety, and stress, fostering a holistic approach to healing. Through a combination of theoretical insights, experiential exercises, and case studies, attendees will gain valuable skills to enhance their therapeutic practices and better support individuals navigating the complexities of trauma-related anxiety and stress.

B4: Empowering/Enhancing the Healing Power of Resilient Immigrants, Clinical SW's Collaboration with Human Rights Immigration Attorneys

Martha Vallejo, LCSW

This workshop inspires social workers to collaborate with Human Rights immigration attorneys to better serve traumatized, and resilient immigrants fleeing from violence, war, and persecution, emphasizing values of high regard for the dignity and worth of people. The increasing number of immigrants crossing the Mexican border from countries around the world have decrease the possibilities to obtain legal permission to stay in the U.S. traumatizing their families and communities.

Trauma-informed best assessment practices will be discussed to enhance immigrants' healing power and overcome obstacles surviving with dignity with their families. Resilience and post-traumatic growth will also be addressed.

B5: The Trauma of Involuntary Hospitalization

David Steingart, LCSW

This workshop will discuss the trauma that results from involuntary hospitalization. The workshop will examine the effects, on the client, of being "Baker Acted." It will discuss the experience and impact that the process of involuntary hospitalization and how it may cause additional trauma to a client experiencing a mental health crisis.

The workshop will suggest ways of amending the current process of involuntary hospitalization and the inherent difficulties in making such changes.

Professionals and students showcase their research findings in an informative and engaging presentation. Stop by and visit with each of the presenters to learn more about their projects and next steps. Copies of their posters will be available upon request.

This is a great opportunity to network with old friends and new colleagues at the Conference. Grab a snack, buy a glass of wine and celebrate another year of professional social work in Florida.

Poster Session

Starting Anew? Transform COVID-19 Trauma into Resiliency

Miu Ha Kwong

A conceptual framework, 5S-Trauma-Resiliency Model (5S-TRM), was developed and applied to understand how resiliency can emerge from the traumatic experience of the COVID-19 pandemic. A conceptual analysis was conducted to explore the various areas in which COVID-19 impacted the Americans, the resulting traumatization, and the avenues from which resiliency emerges.

Navigating Traumatic News: Mental Health Implications and Clinical Social Work Interventions

Jillian McAdory and Dr. Sarah Lewis

This conference poster offers a comprehensive literature review of the profound impact of continuous exposure to traumatic news, from climate catastrophes to terrorist attacks, on individuals' mental health. The poster illustrates the psychological effects and a brochure with practical strategies to mitigate these impacts will be available for conference attendees.

The Power of Digital Storytelling

Von Marie Rodriguez

This topic focuses on introducing a trauma-informed mental wellness curriculum to educational settings. This in-school program focuses on supporting the learning and development of students impacted by trauma. This allows students to channel real-life experiences through creative activities to increase communication and social skills needed to prosper in life.

Hurricane Preparedness for Child Welfare Agencies

Julie Steen and Olga Molina

This poster presentation provides child welfare professionals with recommendations for hurricane preparedness based on data from foster parents and executives of child-serving residential facilities in Florida. Their past experiences with Hurricane Irma were documented to identify key needs and methods for preventing and addressing hurricane-related challenges in out-of-home care

Portable Equine Therapy and Clinical Social Work

Mary Rose Gullet

Equine therapy has proven to be effective alongside a variety of medical and psychological conditions. P.T.S.D., anxiety, depression, and autism benefit from a therapeutic relationship alliance the horses help form and provide while embracing the community as a whole and making incredible changes across many different aspect of social work.

#thesocialworkmovement: Changing The Global Narrative of The Social Work Profession

Lequita Brooks, LCSW, MSW

Social workers have been known to be martyrs for the sake of helping, underpaid, undervalued, and overworked. In today's society with the increased cost of living and the need for social workers to lead the charge in addressing the grand challenges of the profession and society as a whole, social work students should be equipped to spearhead these initiatives from a micro and macro lens. That starts with social work education having a mindset shift on how we view and do social work to empower students to become leaders and remove outdated narratives that have plagued the profession for centuries.



**Membership in NASW
is an Investment in Your Career**

Whether you are a social work student or degreed professional, whether you work with clients or with communities or organizations, the National Association of Social Workers (NASW) has the resources and professional development opportunities to enhance your education, build your career, and advance you as a social work professional.

Partner with the Association that supports your studies, work, and career. JOIN NASW TODAY.

www.socialworkers.org
202.408.8600 ext. 499
800.742.4089

- Entry into a community of nearly 150,000 colleagues who support each other and the profession
- Automatic chapter membership **at no additional cost** for a local connection to continuing education, news, and issues affecting social work practice where you live or work
- Discounted membership rates for students and social workers just entering the field
- Access to career advancement services of the NASW online career center, including résumé, cover letter, and interviewing tips, and all features of JobLink, NASW's social work job bank
- Multiple opportunities throughout the year to take free webinars and earn CE credit
- Free NASW WebEd online courses that offer CE credit
- Specialty sections for practice-specific information and resources, member-to-member networking, and opportunities to earn additional free CE credit
- Professional credentials that can energize your career and increase your marketability
- Affordable professional liability and personal insurance for protection on the job and at home
- Members-only information on legal issues affecting the profession
- Advocacy on Capitol Hill for the future of our profession and viability of our workforce for years to come

www.socialworkers.org

Please note these workshops are in the evening.

C1: Cross-Cultural Conversations: Drawing out the Conversation through Expressive Arts

Heidi Heft LaPorte, DSW, MSW

Cross-Cultural Conversations: Drawing out the Conversation through Expressive Arts” is a dynamic 60-minute session combining Reflective Structured Dialogue and Expressive Arts to navigate and enhance cross-cultural understanding. Participants will engage in interactive activities, learning practical facilitation techniques and exploring the transformative power of expressive arts and mindfulness in communication. This session offers a unique space to deepen empathy, embrace diversity, and connect through the universal language of art, fostering meaningful intercultural exchanges and personal growth.

C2: Medical Errors

TBD

This workshop meets the Medical Errors licensure renewal requirements.

C3: Domestic Violence

Tammy Walker

This workshop meets the Domestic Violence licensure renewal requirements.

C4: Self Diagnosis, Pathologizing, and Malingering

Merek Poto, MSW and Julie Johnson, LCSW

In the last four years, there has been a significant increase in self diagnosis, pathologizing, and malingering. This has become increasingly apparent in online spaces such as TikTok, which has had a considerable impact on young people in particular. This workshop seeks to discuss how we as therapists can handle incoming clients who present with such issues so we can help them build healthier perspectives and coping skills. The main question we ask is: what can and should we do? This workshop seeks to answer that question so we as providers can be prepared for and help these potential clients.

C5: Effectively Supporting the Competitor’s Experience

Efthemia Zambarano, LCSW

This workshop with Efthemia (Mia) Zambarano, LCSW will give you an inside look at the mind of elite athletes, their struggles, and evidence-based strategies to effectively understand and support the common struggles they face. While sports are often used as healthy outlets, they also come with their own pressures, stressors, and complications that can further impact the mental health of that person. This workshop will help practitioners see their athlete clients as human first, while being able to respect the intensity of their commitments and struggles.

Please note that these workshops are in the evening.

C6: Collaborative Synergy: Empowering Community Engagement through Community Health Worker and Social Worker Partnerships

Amy Moncion, ACSW, CWCM, CTP LCSW, QS

Community Health Workers (CHWs) and Social Workers both play crucial roles in addressing economic and social vulnerabilities. CHWs collaborate with community-based organizations, states, and healthcare systems, augmenting formal services efficiently. They provide valuable support to social workers by leveraging cultural and linguistic ties with community members. This presentation will explore the similarities and distinctions between Social Work and Community Health Work practices. It highlights how these professions can collaborate synergistically through community engagement and service delivery, enhancing comprehensive support services' overall effectiveness and efficiency in addressing community needs.



N A S W FLORIDA CHAPTER
National Association of Social Workers

NOMINATIONS OPEN

JOIN OUR LEADERSHIP TEAM

Statewide Open Positions: One- to Three-Year Term

- First Vice President (Two-Years)
- Chapter Committee on Nominations and Leadership Identification (CCNLI) (3 Positions, Two-Years)
- Delegate Assembly (7 Positions, Three-Years)
- MSW Student Representative (One-Year)
- BSW Student Representative (One-Year)

Unit Chair Open Positions Two-Year Term

- Big Bend Unit
- Broward Unit
- Emerald Coast Unit
- Heartland Unit
- Lake/Sumter Unit
- Nature Coast Unit
- Northeast Unit
- Southwest Unit
- Space Coast Unit
- Treasure Coast Unit
- Volusia/Flagler Unit



Deadline is May 15

Submit your nomination:
<https://www.naswfl.org/ccnli.html>

naswfl.org info.naswfl@socialworkers.org 1-800-352-6279

D1: The Power of Expressive Arts: Make Stuff. Feel Better

Kimberly DiOrio-Rooney, LICSW

In this workshop, participants will review the brain's role in anxiety and then embark on an expressive arts journey to explore emotions. Through artistic and creative endeavors, attendees will grasp the significance of employing diverse methods for gathering information and discover various ways to leverage creative tools in a therapeutic context. Engaging in an expressive arts workshop, participants will gain insights into the idea that the process holds greater importance than the final product.

D2: Battling Ageism: A Clinical Program by Retired Social Workers

*James Deutch, DSW, MSW, DCSW, DAHB, LCSW, Patricia Hayes, MSW, MSSW, LCSW
and Bonnie Hovel, MSW, LCSW*

One of the effects of ageism on retired social workers is the sense of devaluation and marginalization. Society emphasizes youth, leaving many feeling overlooked or dismissed. Despite knowledge and expertise accumulated over decades, ageism creates a perception that retired mental health professionals are less capable or relevant because of reaching a particular stage in life. This results in the loss of professional identity, group identity, and feelings of "making a difference" in the lives of clients that have accompanied them throughout their careers. Our program offers a solution that is beneficial to retired social workers and their communities.

D3: The Road to Professional Practice: Field Educators Preparing Interns to Engage a Multi-Cultural Community

Katrina Boone, MSW and Keithen Mathis, MSW

This workshop is designed to develop strategies to assist students in engaging clients across a spectrum of beliefs, values, and differences. We will explore the importance of self-awareness, and self-reflection, and how to teach interns to engage clients from a holistic perspective.

D4: Thinking of Running for Elected Office? A Campaign "How To" Guide

Mitch Rosenwald, PhD, LCSW

Thinking of running for elected office? We need you - Imagine a world where more social workers are in elected office! This workshop will provide you with the critical thinking, considerations, and overview of tools necessary to campaign successfully for elected office.

D5: Autistic Minds are Magical: For a Deeper Understanding of and Better World for Autistic People

Stacy Greeter, MD

After the diagnosis of her daughter Rose, Hermione Granger discovers in adulthood that she herself is autistic. Hermione is here to update common muggle myths about autism to pave the way for a more neuro-affirming world for her daughter. This presentation uses metaphor from the Harry Potter franchise to explain how autistic people communicate and connect differently, how diagnosis in adulthood can be empowering, the pros and cons of masking, and how a better understanding of our neurotype aids in emotional regulation, self-accommodation, and improved mental health.

**D6: Integrating Yoga and Mindfulness with Clients and Students:
A Toolkit for Clinicians and Educators**

Natalia Shtompel, PhD, LCSW, MA and NaKita Scott, LCSW-QS

Research confirms the benefits of Yoga and mindfulness for a variety of mental and physical health conditions, coping with stress, and for overall well-being. While many social workers are at the forefront of the field of Yoga and mindfulness as clinicians, researchers, and educators, others might be beginning to become curious about integrating mindfulness in their work. This session will provide social work practitioners and educators with a set of experiential, hands-on tools that they can implement with their clients and/or students, face-to-face and online, helping them build an effective self-care routine and promoting positive coping skills throughout lifespan.

D7: Falling Awake: The Integrative FUN™ Therapy Approach for Trauma and Addiction

Kathryn Shafer, PhD, LCSW, CAP, C-IAYT

The FUN™ Program, a cognitive behavioral psychotherapy program (CBT) created by the presenter, integrates mind-body exercises and movement therapies into the clinical session. Addressing beliefs and learning self-regulation skills helps clients access and transform lifelong habits of thinking and behavior that express themselves in physical and emotional distress. The FUN™ program utilizes EMDR, Brainspotting, and Yoga Nidra to create immediate shifts in thinking and action.

This session will offer the opportunity to explore how the integration of EMDR, Brainspotting, and Yoga Nidra techniques with CBT creates a paradigm shift in the delivery of addiction and trauma-informed practices.

D8: Addressing Suicide Risk in Patients with Cancer: A Clinical Social Work Perspective

Christina Austin-Valere, PhD, LCSW and Bettye Bradshaw, MSW, LCSW

During this presentation, we will explore the increased suicide risk among patients with cancer. Understanding what the research informs our practice about suicidality and cancer and conversely what our practice informs research about this topic is significant. We also need to talk more in-depth about the clinical skills and best practices as critical in addressing risk issues, with which our patients come to oncology institutions and other healthcare practices. Lastly, we plan to discuss an evidenced-based model endorsed by The Joint Commission as best practice for identifying suicide risk and prevention in patients with cancer within our healthcare system.

D9: Vicarious Trauma & Self-Care for Social Workers

Jill Levenson, PhD, LCSW

Professional helpers sometimes forget to help themselves! Self-care is an ethical imperative - if we don't take care of ourselves, our professional competence can be compromised. This 2-hour session will describe how social workers can build their own resilience in a stressful and demanding work environment – and within the stressors of their own lives. Participants will learn about vicarious and secondary trauma, compassion fatigue, moral injury, and burnout. Participants will learn strategies for managing secondary trauma and work-related stress, and devise their own plan for self-care, relaxation, personal resilience, and professional development. We will discuss challenges and brainstorm solutions.



E1: Race and Ethnicity, It's Not Just One Box

Dr. Libia Casas

As social workers, we work with clients who are different from us in many ways, yet must be present, as well as truly understanding of their experience to help them and for them to feel heard. Our clients don't fit in a neat box checked off. The presentation will use Hispanic/Latino/Latinx culture as a case study while also exploring the concept of intersectionality. While this population is studied, the concepts and techniques may be expanded to other ethnic and cultural groups.

E2: What would happen if 4,100 Florida Social Workers Headed to the Polls in November?

Christina Cazanave, MSW

In November 2024, individuals across the United States will head to the polls to participate in democracy by having their voices heard at the ballot box. Yet, in 2022, only 52% of eligible voters participated. What would have been the outcome if all 4,100 Florida social workers participated? In this presentation, participants will dig deeper into understanding voter participation, help create a voter plan for themselves and their clients, and learn how to implement voter engagement into their daily practice.

E3: Social Work Considerations for Working with Police Officers

Dasha Rhodes, PhD, Janaya Smith and Sharon Gandarilla-Javier, Ph.D, LMSW, MA

In a national qualitative study, social work practitioners from the field provide topics of consideration for social work educators and students interested in working in law enforcement agencies. The findings presented in the workshop are based on the lived experiences from clinicians who currently or formerly worked as an integrated [police] social worker or co-responder. The workshop will inform educators on how to better prepare social work students, consideration for clinicians, and advice for students interested in this field.

E4: Psychedelics in Social Work Practice

Eva Nowakowski Sims, PhD, LCSW, RYT-200

The promising research findings and pending FDA approval indicate that we are close to integrating psychedelics into modern medicine and culture and revolutionizing mental health care. Social workers need to embrace new psychopharmacology treatments found to be effective when working with persons impacted by trauma. This requires social workers learn about psychedelics and psychedelic assisted therapy. This presentation will introduce participants to the current psychedelics used to treat mental health disorders, the state of the research, and psychedelic assisted therapy across three stages (preparation, ingestion, integration).

E5: Cultural Awareness in Supervision with Field Students and Registered Interns

Tammy Walker and Hugh Clark, PhD

This workshop will identify elements of cultural awareness and competence in social work supervision and discuss some of the barriers to both supervisors and supervisees in effective supervision. The importance of leadership roles and provision of a safe, open learning environment in supervisory relationship will be discussed. The workshop will discuss and analyze how strengths perspective, cultural humility, and individuality come together to increase successful outcomes for supervisees. A focus will be on the development of trusting, safe and respectful environments in the supervisory relationship particularly in the area of cultural awareness.

E6: Exploring Online Group Chats and Associated Group Dynamics in Social Work Programs

Carolyn Daniels, LCSW

This workshop presents the main themes of how virtual group chats impact social work students. Our study, encompassing BSW, MSW and DSW learners, delves into social presence, academic interactions, and personal connections within these digital spaces. Discover the transformation and concerning drawbacks of these chats from academic discussions to personal dialogues. Participants share their experiences, addressing degrees of communication, inclusion/exclusion dynamics, boundaries, safe spaces, and connections. Drawing on Tuckman's groupwork theory, we analyze these dynamics in the context of group stages for the implications of social work education, including learner cohesion, chat guidelines, and faculty/administration involvement in online learning.

E7: Private Practice Tea Party - Brewing Connections and Self-Care Sips

Tasheka Cox, EdD, LICSW and Grenita "Cabbi" Brooks, LCSW

This session will teach you how to cultivate a vibrant and supportive professional community within the private practice space. Learn to foster meaningful connections among social workers in private practice, promoting collaboration, resource-sharing, and emotional support. Discover practical self-care strategies tailored to the unique challenges of private practice, emphasizing the importance of maintaining your mental, emotional, and physical well-being. Empower yourself through goal setting, with guidance on establishing realistic and achievable professional and personal objectives.

E8: Dysfunctional Leadership Impacts on Imposter Syndrome

Ariella VanHara, LCSW

Imposter syndrome is term that describes individuals who believe they are undeserving of their achievements, and are not as competent or intelligent as others might think. This syndrome may be further amplified as a result from dysfunctional leadership. The person-in-environment theory is used to examine how it relates to imposter syndrome and dysfunctional leadership. The strengths-based approach is used to examine how a person can overcome experiencing imposter syndrome by increasing confidence to counteract symptoms of imposter syndrome.

E9: Herman@s: Strengthening Social Capital Through Peer-Led Support Groups

Victoria Gray, LCSW-QS and Christina Abanto

This session will highlight how peer-led support groups, specifically where minority representation is high, can increase social capital and a sense of belonging for its members. You will hear from the student and faculty facilitator of Herman@s, a group for Latine' college students at Florida International University, who will showcase the application of social capital theory in groups. Through the use of specific techniques, namely bonding, bridging and linking, participants will be provided with specific strategies to increase social capital of group members within their own institutions and agencies.

F1: How to Prepare Yourself for a Court Appearance

Laura Sterling, Esq, LCSW

Social workers learn to deal effectively with the legal system, particular focus on roles you may play within courts and legal processes. It will help you navigate law and legal pertaining to your specific practice and with such things as subpoenas and how to protect and prepare for possible litigation.

F2: Assertive Community Treatment: A Paradigm Shift in Treating Severe Mental Illness

John Puls, LCSW, MCAP

It is estimated that nearly 6.3% of the population nationally is suffering from severe mental illness (SMI), which equates to approximately 14.8 million people in the United States (NIHM).

The vast majority of those suffering from SMI will never receive proper treatment due to the lack of available resources. As a result, many people living with SMI will end up incarcerated and have repeated involvement in the criminal justice system.

Developed in the early 1970s, assertive community treatment (ACT) was developed to be the gold standard for working in the community with individuals with severe mental illness.

F3: Expansion of Self: Trauma and Sex-Positive Informed Topics

Crystal Hamilton, LCSW

Explore the complexity of intersectional aspects within sexual wellbeing, trauma-informed care, and overlapping theories.

Expand upon diverse concepts: the six principles of trauma-informed practice, self-expansion theory, mind theory, somatic practices, and being sex-positive informed.

Consider professional development to promote best clinical care by addressing various intersections of trauma and cultivating interpersonal identity, which is inclusive of healing the erotic/intimate self.

The workshop will use interactive activities, guided video analysis, case conceptualization examples, intervention and/or treatment design considerations. Overall, raising awareness to arrive at appropriate ethical decisions related to treatment of diversity, sex-positive, and trauma topics within the scope of practice.



The basket raffle now includes Units and University Schools of Social Work. This year, the raffle proceeds will be used to support Membership Scholarships.

Raffle tickets will be available at Registration!

**F4: Using Akashic Records to Improve Client Outcomes in Therapy:
A Pioneering Research Study**

Candice Rasa, LCSW, IET and Sarah Coleman, LCSW

Transpersonal theory is an emerging concept in clinical social work. Learn how Akashic Records, the spiritual library that holds information about past life karma and ancestral transference, interfaces with therapy. Hear about new research being conducted in a private practice that examines resiliency, spiritual connectedness, and mental health outcomes in clients receiving Akashic Records sessions. We will share our research design, methods, and outcomes and teach 3 tools for clinical practice that anyone can employ. Participants will not only learn about the concrete application of this work, but also be inspired to think deeper about the many paths to soul-healing.

F5: Embodiment: Beyond Talk Therapy

Vanessa Benzan-Monteiro, MSW, LICSW

In this experiential workshop, we will go through ways to integrate embodiment as it relates to melanated women+. Assessing Self-awareness is deepening the connection between mind-body-emotions-and behaviors as indicators of what may be getting in the way. Supporting our clients in getting to know their systems aids in more preventative work instead of always accessing interventions to manage behaviors or using just talk therapy. Join me for this experiential workshop where we will learn about how to incorporate full embodiment in to your sessions, tools to address misalignment, and the importance of embodiment as it relates to communal healing.



Student Summit

Multiple Presenters

(Saturday 9:00 a.m. - 3:00 p.m.)

Workshops for the Student Summit include: Social Work Identity, Career Development, Employment, Leadership and Licensure. The Student Summit is for current students and those who graduated in the last year. The Student Summit doesn't offer CEs.

G1: Ethics in Social Work Supervision and Administration

Hugh Clark, PhD

(Saturday 9:00 a.m. - 12:00 p.m., 3 CEs)

Social work administrators and supervisors must be aware of and understand the importance of ethics in professional practice. In this seminar, participants will examine the ethical issues related to supervision and administration. Participants will review ethical principles and the NASW Codes of Ethics and develop a process for ethical decision-making.

This workshop meets the Ethics licensure renewal requirements.

G1: Understanding Intimate Partner Violence (IPV) Among Undocumented Latinas

Sharon Gandarilla-Javier, Ph.D, LMSW, MA

(Saturday 1:00 p.m. - 3:00 p.m., 2 CEs)

Understanding IPV among the undocumented Latino population doesn't have to be challenging. In fact, using evidence-based assessment tools and cultural humility training has proven to be effective in addressing underreporting and service delivery. This workshop will also fulfill the 2-hour DV licensure requirement.

This workshop meets the Domestic Violence licensure renewal requirements.

G1: Medical Errors

Julia Buckey, PhD, ACSW

(Saturday, 3:00 p.m. - 5:00 p.m., 2 CEs)

This medical errors course addresses the 3 areas mandated by Florida statute FS§ 456.013(7) and F. A. C. 64B4.6-001, 2(a), for 491 Board licensees: (1) root-cause analyses, (2) medical error reduction and prevention, and (3) patient safety in medical/health and mental health environments, and mandatory risk management reporting by nonphysician employees in licensed clinical and patient care settings in Florida. Employing diverse and multiple perspectives (organizational to personal), this course uses multiple videos to illustrate: (1) root-cause analysis (via a case study that reduced medical errors), and (2) enhanced communication and checklists to prevent or curtail medical errors. This course addresses needs of licensees employed in: (1) direct service delivery systems within licensed health and/or mental health facilities; (2) public or private therapies serving health, mental, and behavioral health clients or patients and their families victimized by medical errors; and, (3) various therapeutic interventions or development of programs serving or planning to serve health or mental healthcare system providers (including those healthcare professionals committing medical errors).

This workshop meets the Medical Errors licensure renewal requirements.

**G2: Social Workers Partnering with Law Enforcement:
Implementing a Co-Responder Model in Orange County, FL**

Jessica Rivera, LCSW, Samantha Breslin, LMHC-QS and Rosa Rodriguez

This presentation will provide an overview of the Behavioral Response Unit, Devereux’s Co-Responder Model with Law Enforcement at the Orange County Sheriff’s Office. The BRU responds to calls for services involving individuals experiencing mental health crises. With the implementation of co-responding teams of Social Workers and OCSO deputies, individuals in crisis are better supported in the community and are diverted from hospitalization and arrest. BRU Social Workers support individuals in crisis and link them to long-term services in the community. This presentation will provide an overview of the co-responding model, case vignettes, outcomes and diversion statistics.

**G3: Medical Social Work: Moving Beyond the Hospital,
Community-Based Pediatric Hospice and Palliative Care**

*Christan Bennett, LCSW-QS, Shonda Salisbury, MSW, Registered Clinical Social Worker Intern
and Valerie Davis, LCSW*

An overview of medical social work with the pediatric population within a community hospice and palliative care setting. Participants will learn about the differences between palliative and hospice care, learn some theoretical frameworks that benefit this population, and gain an understanding of what it means to provide patient focused care versus diagnosis focused care. This course will also take a look at the fine line that exists between balancing hope and facing the reality of one’s prognosis.

G4: Let’s Die Better: Service-Learning with a South Florida Death Doula

Liz Valdez James, MSW, Catalina Bustos and Nelson Santos

South Florida is bracing for a “silver tsunami” of older persons expected to age and die in the coming years. Death doulas serve as non-medical companions, advocates, and educators for a better dying and death experience. Death Douliz, LLC partners with Barry University School of Social Work service-learning faculty and students to produce academic, personal, and community impact outcomes. Now in its third semester of collaboration, this campus-community partnership offers innovative ways social workers can further contribute to better end-of-life experiences.



G5: How to Open & Market a Successful Private Practice

Janessa Borges, LCSW

Ever wish someone explained the basics of private practice?

This was designed overachieving powerhouses, dreamers and change makers that want to change the world one person at a time, starting with their own little corner of the world. You're tired of the red tape, are burned out and ready to build a private practice that allows you to make an impact in the world, be your own boss, make your own schedule, and change lives your way.

I've created a system that teaches you how to genuinely connect with potential clients, create community and market ethically without wasting time or money.

G6: Understanding the influence of Culture and Religion in Working with Caribbean-American Clients

Lydia Moore Allen, LCSW, MCAP, QS, CPI

This presentation will serve to inform attendees of the influence of culture and religion on the Caribbean-American client's therapeutic experience. Attendees will have the opportunity to be educated on how clients respond to rapport building, the necessary trusting relationship with the clinician, self-disclosing and progressing towards deeper levels of transparency and growth in their healing journey. Attendees will learn about behaviors that might present as "resistance to therapy" but is a manifestation of the deeper cultural and religious influences. Furthermore, attendees will have the opportunity to explore the influence of the parent-child relationship on the pursuit of mental health services.

**G7: Transportation and Macro-Level Social Work:
Exploring Impact of the Safe Mobility for Life Coalition**

Sandra Winter, PhD, OTR and Lisa Bretz, MSW

In this workshop focused on Macro practice – we introduce Florida's Safe Mobility for Life Coalition. Social work's key roles in transportation and community mobility will be outlined. Critical issues to be examined include participation, community engagement, health care access and collaboration. We will present the impact of social work on community mobility, transportation and planning based on Coalition emphasis areas including Community Outreach and Education; Livable Communities; Mobility Independence; and Prevention & Assessment. Lastly, we will connect attendees to a wealth of resources provided by Florida's Safe Mobility for Life Coalition.

**H1: Gracious Space Model: Foundation and Use in Classroom,
Field, and Community Settings**

Nikki Runion, LCSW and Jennifer Barr, LCSW

This presentation will expose participants to the Gracious Space Model developed by the Center for Ethical Leadership. Participants will learn about the key components and core values of this model, its application to social work education and practice, and provide participants with tools that can be applied to their respective work. This presentation is relevant for educators, students, community supervisors and leaders who aim to create more reflective, safe and productive groups, teams, and communities of people.

H2: Benefits Equals Dollars: Using a Pooled Trust to Reduce Healthcare Costs

Sharon Reich

Medicare alone doesn't always provide enough coverage. This presentation focuses on the critical gaps in Medicare coverage and its implications for clients who are elderly or who have a disability, especially those struggling to afford medications and healthcare expenses. Learn how Medicaid programs like Medically Needy Share of Cost, Low-Income Subsidy, and the Qualified Medicare Beneficiary program can give your clients access Medicaid benefits that bridge the coverage gap and provide crucial benefits and services. Learn how to navigate the qualification process, even when clients exceed the financial threshold through strategies like the utilization of a Pooled Special Needs Trust.

H3: Gaining Control of How You Feel: Polyvagal Theory in Clinical Practice

Dora Damico, LCSW, CCTP-II, CCATP, RYT and Katherine Bernal, LCSW

Discover how Polyvagal Theory enhances our understanding of the body's responses to threat and safety, offering profound insights into stress regulation, emotional resilience, and the foundation of healthy relationships. Unravel the neurobiological mechanisms that influence our capacity for social engagement and connection, shedding light on trauma recovery, mental health interventions, and the promotion of self-control and understanding. Experience mapping your own nervous system and take your learning out in the world for yourself and with your clients.

**H4: Beyond Quick Fixes: Nurturing Sustainable Growth in Social Work
Practice and Personal Development**

Kim Groshek

Join us for an engaging exploration into the theme of sustainable growth in social work practice and personal development. In a world inundated with quick fixes and shortcuts, this workshop, titled "Beyond Quick Fixes," delves into the challenges faced by social workers and professionals in sustaining growth.

Discover strategies for effective time and resource management, making informed decisions aligned with long-term goals, and embracing continuous learning for lasting success. Through interactive discussions and shared insights, participants will explore the intersection of building a sustainable brand, business, and personal growth, emphasizing the importance of commitment to the long game.

H5: Shifting From Trauma Informed Care To Healing Centered Approaches When Serving Historically Marginalized Populations

Kenneth Bourne, Founder/CEO, LSW

Trauma-informed care tends to focus on the symptoms of a person impacted by trauma. As service providers we need to shift from a treatment-based model to a salutogenic approach that supports collective well-being. Healing-centered engagement expands how we think about trauma as an isolated experience and offers a holistic approach to restore well-being. A Healing-Centered approach is holistic involving culture, civic action, and collective healing. Participants will distinguish trauma-informed care from healing-centered engagement strategies, explore key brain regions, and practice how to apply a healing-centered engagement approach by analyzing case studies.



Conference Location

The Florida Hotel and Conference Center
1500 Sand Lake Rd.
Orlando, FL 32809
Room Rate: 129.00

The Florida Hotel and Conference Center has a Daily Service Charge, which is included In your rate. This service charge will include the following amenities:

- Unlimited In-Room High Speed Internet
- Newspaper (lobby level)
- Two (2) bottles of water upon arrival (replenished daily)
- Key accessible gated parking
- 24-hour access to our state of the art Fitness Center
- 24-hour access to our Business Center including high speed internet, printing and photocopies (limited quantities)

Reservation Cut Off Date: May 22, 2024
Reserve your room by calling 1-800-588-4656

Our room block often fills prior to the cut off date. Please make your hotel reservations at your earliest opportunity!

Warm Hospitality in Orlando Central

Offering warm hospitality and genuine service, enjoy upscale comfort with a personal touch at the Florida Hotel and Conference Center. Relax poolside and dine in casual comfort at one of our fine on-site restaurants. Close to the Orlando Airport, Universal Studios, Disney World Theme Parks and more. The 511-room hotel is connected to the Florida Mall.

This hotel is the proud recipient of both a TripAdvisor Certificate of Excellence and a TripAdvisor Green Leaders Bronze rating.

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Full Conference Registration Fees

	Early Bird	After May 17	Onsite
Member	\$300	\$330	\$380
Member – Retired, Unemployed, Student	\$170	\$200	\$250
Non-Member	\$400	\$430	\$480
Non-Member – Retired, Unemployed, Student	\$210	\$240	\$300

Single Day Registration Fees

	Early Bird	After May 17	Onsite
Member	\$180	\$210	\$260
Member – Retired, Unemployed, Student	\$100	\$130	\$180
Non-Member	\$220	\$250	\$300
Non-Member – Retired, Unemployed, Student	\$140	\$170	\$220

Friday Night Gala and T-Shirts

	Before June 12	Onsite
Friday Night Gala	\$30.00	\$40.00
T-Shirt (Small - 3 XL)	\$25.00	\$30.00

TO REGISTER

Register online at www.naswfl.org. Follow all directions to register successfully. Full payment must accompany registration. Fees include admission, registrant packet, refreshments, Awards Luncheon, and sponsor hall admission.

Please call NASW-FL at 1-800-352-6279 if you are paying by check / PO to register over the phone. Please have your workshops pre-selected.

WORKSHOP SELECTIONS

Workshop rooms will be assigned to provide sufficient space in each workshop for all pre-registered attendees. Please make your selections carefully and contact us with any changes.

ADA ACCOMMODATION

If you require an accommodation to facilitate conference participation, please provide a written request at the time you submit your completed conference registration and payment. **Please register by May 17, 2024**, to specify accommodation requests. Requests received after this date may not allow adequate processing time to arrange accommodation.

REGISTRATION OPTIONS

ONLINE: Visit www.naswfl.org for online registration. You may only pay by credit card when registering online. We use a secure online payment system.

AT THE DOOR: Come to the Florida Hotel and Conference Center during registration hours. Early arrival is encouraged for on-site registration.

CANCELLATIONS AND REFUNDS

Cancellations must be made no later than May 30 and must include a WRITTEN request for a refund, less a 15% administrative fee. There will be a \$25 fee for all returned checks.

LIABILITY STATEMENT

The conference schedule is subject to change without notice. NASW-FL is not responsible for losses experienced due to schedule changes, weather/travel restrictions, or loss or injury due to theft or negligence. Your registration implies agreement with these terms.

WORK STUDY INFORMATION

A limited number of work study scholarships are available to members only. Participants must volunteer for a total of six (6) hours. For an application, call NASW-FL at 1-800-352-6279.

CONFERENCE ENJOYMENT TIPS

ATTIRE: Most participants dress in business casual attire. Dressing in layers is recommended to adjust for varying room temperatures. **Most rooms are considered very cold.** Weather in Orlando in June is generally hot, and can be rainy.

COMFORT/COURTESY

Cologne and perfumes may cause respiratory reactions in some people. Please be mindful of this consideration. Please turn off or silence cell phones and tablets during all sessions.

HOTEL ROOM BLOCK

Please make your room reservations early to ensure the specified rates. Rooms reserved after the room block has been filled or after the deadline may be subject to higher rates. Please contact NASW-FL at 1-800-352-6279 if you need assistance—NASW-FL may be able to intervene on your behalf or suggest another convenient hotel that can accommodate your needs.

CE CREDIT

Participants must return the Participant Monitoring Form and sign in at each workshop. Certificates will not be issued and CE credit will not be given unless these requirements are met.

2024 CONFERENCE POLICIES

NASW-FL Anti-Harassment Policy

NASW-FL is committed to providing a safe and welcoming environment for professional participation for all our members, partners, and other Annual Conference attendees. Our strength as an association is our people, and we cherish their diversity and strive for equity and inclusion. We value all our attendees equally, and will not accept any treatment at the event, or in any sphere of Association business, that undermines this value. By registering for this event, you agree to abide by this policy.

Our conferences and other meeting events, including those conducted virtually, are dedicated to providing a harassment-free experience for everyone, regardless of race, ethnicity, religion, color, age, gender, gender identity and expression, sexual orientation, disability, physical appearance, or other personal characteristic. In keeping with the Social Work Code of Ethics we expect that all participants and conference staff treat each person in a caring and respectful fashion, mindful of individual and cultural and ethnic diversity. We have a zero-tolerance policy for hostile or harassing conduct directed toward event participants in any form, including at related social events.

Unacceptable Behavior

Unacceptable behavior includes offensive verbal comments related to one of the above characteristics, as well as intimidation, stalking, the use of harassing photography or audio or video recording, disruption of presentations or other events, inappropriate physical contact, and unwelcome sexual attention. Participants asked to stop any harassing behavior are expected to comply immediately.

Reporting Hostile or Harassing Conduct

If you are being harassed or know of someone being harassed, please contact a member of NASW-FL staff immediately. A staff member may be contacted at the Conference Registration, email: info.naswfl@socialworkers.org or call / text Dawn Brown: 203-982-5833 or Michael Alicea: 786-222-7671. Staff are committed to assisting participants, which includes contacting hotel security and / or local law enforcement, providing participants with necessary support, and follow up or assisting participants to determine what is needed for them to feel safe.

Consequences for Policy Violations

If a participant engages in harassing behavior, NASW-FL may take any action deemed appropriate, including removal from the event with no refund, and imposing restrictions on attendance at future events.

I HAVE CAREFULLY READ AND FULLY UNDERSTAND THE NASW-FL ANTI-HARRASSMENT POLICY, AND I CONSENT TO ITS TERMS.

Photo/Video Release

Authorization and Release:

I hereby grant the National Association of Social Workers (NASW) and its related entities permission to use my photo, name, likeness, and biographical information for the Annual Conference. My authorization includes the use of the photo and related biographical information in video, advertisements (both print and electronic), multimedia presentations, direct mail, on the Internet, and in any NASW publications and in any other media NASW would like to use. I understand that my authorization and release support the efforts of NASW to promote the Annual Conference and THAT there will be no monetary or other payment made by NASW for the use of my likeness in any marketing materials or promotions.

I understand my likeness may be used in connection with publicizing and promoting NASW and its products and services. I hereby irrevocably authorize NASW to use my name, biographical information, and photograph for the Annual Conference. In addition, I waive any right to inspect or approve the finished product, including written copy, wherein my likeness, photo, and biographical information appear.

I hereby hold harmless and release NASW from all claims, demands and causes of action which I, my heirs, representatives, executors, administrators or any other persons acting on my behalf or on behalf of my estate have or may have by reason of this authorization.

I HAVE CAREFULLY READ AND FULLY UNDERSTAND THE PHOTO / VIDEO RELEASE POLICY, AND I CONSENT TO ITS TERMS.



National Association of Social Workers

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