2019 MONTPELIER PARKS & RECREATION PROGRAM GUIDE & CALENDAR OF COMMUNITY EVENTS



Village of Montpelier

Administration

Steve Yagelski, Mayor

Kevin Motter, President, Village Council

Cheri Streicher, Village Council

Chris Kannel, Village Council

Nathan Thompson, Village Council

Daniel Willis, Village Council

Melissa Ewers, Village Council

Jason Rockey, Village Manager

Nikki Uribes, Finance Director

Chris Walker, Law Director

Montpelier Parks & Recreation

Administrative/Supervisory Staff

Darold Moore, President, Parks & Recreation Board

Angela Hillard, Vice President, Parks & Recreation Board

Jennifer Schlosser, Parks & Recreation Board

Melissa West, Parks & Recreation Board

Brent Saneholtz, Parks & Recreation Board

Sandy Gordon, Recreation Director

Don Brown, Park Supervisor

Diane Willis, Summer Activity Director

Park Affiliated Programs

Administration/Contacts

Lexi Zuver, Friends of the Montpelier Parks, Inc.

Chris Kirk, Friends of the Montpelier Parks, Inc.

Terry Humbarger, Friends of the Montpelier Parks, Inc.

Bethany Repp, Montpelier Girls Softball

Shawn Owen, Montpelier Youth League Baseball

Scott Gordon, Montpelier Pony League

Montpelier Exempted Village Schools Administration

Jamison Grime, Superintendent of Schools

Darrell Higbie, President, Board of Education

Kim Friend, Vice President, Board of Education

Jeremy Clinger, Board of Education

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Village Offices	419-485-5543
Montpelier Pool	419-485-5811
Board of Education	419-485-3676
Montpelier Public Library	419-485-3287
Williams Cty Historical Society	y 419-485-8200
Chamber of Commerce	419-485-4416
Fair Board Office	419-485-3755
George Bible Park	419-636-2454

CONTACT INFORMATION Montpelier Parks & Recreation

P.O. Box 148 211 North Jonesville Street Montpelier, Ohio 43543

Recreation Office: 419-485-3496

Park Office: 419-485-5389

Fax: 419-485-4947

E-mail: park@montpelieroh.org Website: www.montpelierpark.net

PROGRAM POLICIES

- The Village of Montpelier and the Parks & Recreation Department reserve the right to make any and all changes necessary to rules, activities, programs, and structure of any and all of its programs. We also reserve the right to cancel classes/programs for any reason whatsoever, including, but not limited to, low enrollment.
- We will try to honor team requests but this may not always be possible due to age constraints, numbers, and the overall structure of the program. Requests should be made in writing and attached to the registration form. Registrants will also be placed on the teams appropriate for their age level (e.g. 7 & 8 year olds in U8 soccer, not U6). This is the only way to ensure fair play among all participants.
- Please pay close attention to the registration deadlines and ages for each program. Exceptions cannot be made.

IN THIS ISSUE

Calendar of Community Events	
Concussion Information	6
Cover Design Contest	
Emergency Medical Form	
Gardening	
International Soccer Camp	
Kidfest/Tie Dye8	
Lunch Program9	
Movies 8	
Pool 5	
Registration Form	
Rules, Reservations, Code of Conduct 4	
Safety Town7	
Soccer7	
Sudden Cardiac Arrest Information23, 25	5
Summer Camps 9	
Superheroes Down Under	
Tot Ball	

THANK YOU!

THANK YOU to 1984 MHS graduate Steve Beard for the "Out of This World" cover and design for the tie dye t-shirts & passports this year! They are awesome!

Want your chance to design the cover for the 2020 Program Guide? Turn to page 20. Open to any student in grades K-12 at Montpelier Exempted Village Schools.

Thank you to the community for your continued support and all the many groups & organizations who are offering programs and events throughout Montpelier this year

We look forward to seeing you around Montpelier this summer!

Montpelier Parks & Recreation

PROGRAM DEADLINE LATE DEADLINE Tot Ball June I June 20 Safety Town June 20 July 10 Soccer July 10 July 31

HOW TO REGISTER

- 1. ATTEND the Registration Blitz on Friday, May 31st from 4:30-6:30 p.m. at the MUNICIPAL PARK (1110 South Platt Street) by the pool.
- 2. MAIL your child's registration to:

Montpelier Parks & Recreation P.O. Box 148 Montpelier, Ohio 43543

3. DROP OFF your child's registration form at the Montpelier Utility Office (211 North Jonesville Street). There is always staff at the office and fees may be paid with cash, check, or money order at this location. Office hours are 8:00 a.m.-4:30 p.m., Monday-Friday.

NO REGISTRATIONS WILL BE ACCEPTED AFTER THE LATE REGISTRATION DEADLINES.

All fees are non-refundable unless program is canceled or maxed out.

PAGES 25-28 <u>MUST BE COMPLETED</u> BEFORE ANY CHILD IS ALLOWED TO PARTICIPATE IN MONTPELIER PARKS & RECREATION PROGRAMS!

WE'RE ON FACEBOOK!

LIKE us on Facebook! You can either connect to our Facebook page through our website or look for **Montpelier Parks & Recreation** on Facebook.

CHECK OUT OUR WEBPAGE!

- Looking for a digital copy of the Program Guide?
- Need a ball team schedule?
- Want to check out our programs?

It's all here: www.montpelierpark.net

PASSPORTS

HEY LOOK! It's your PASSPORT!

Passports will also be available at Registration Blitz, the Montpelier Utility Office and the Montpelier Public Library.

At least 9 stickers are needed over the summer to receive a prize at the END OF SUMMER PARTY on AUGUST 8th! Passports for kids ages 1-12.

PASSPORT

PARK POLICIES

PARK RULES & REGULATIONS

- I. Park hours are from 7 a.m. to 11 p.m.
- 2. No alcohol is allowed in the park.
- No littering.
- Obey speed limits and watch for children.
- All Village ordinances still apply at the park and any criminal misconduct will be prosecuted.
- Use of the park facilities is on a first come, first served basis. Those who

- have reservations for the pool and pavilions have the right to use those facilities over others who may wish to use them at that time.
- All dogs must be on a leash. It is your responsibility to clean up after your dog and not let it bother other people. Please dispose of dog refuse in the proper containers.
- 8. Please keep bicycles off the basketball and tennis courts.
- No hitting or soft pitch against the fencing at the park. This causes damage to the fences.
- Fields and equipment may be closed by Parks & Recreation personnel at any time for safety reasons or due to weather conditions. Please obey posted signs.
- 11. Remember, the park is for everyone to enjoy so please take care of it!

RESERVATIONS & FEES

The pavilions and pool are available for rent during the summer. All park rules still apply during parties. You must be 18 or older to reserve the pool or pavilions. For more information about reservations contact the Recreation Office at 419-485-3496.

RENTAL FEES

Municipal Park Pavilion Restroom Keys	\$35.00 \$20.00	FEE refundable deposit when keys returned
Main Street Park Pavilion	\$35.00	FEE (ADA portable restroom available onsite for summer)
Storrer Park Pavilion	\$35.00	FEE (ADA portable restroom available onsite for summer)
Pool Daily Admission	\$2.00	Admission. Free on Sundays
Family Season Pass Each additional family member Individual Season Pass	\$150.00 \$30.00 \$40.00	up to 5 family members for \$150 up to a maximum of 8 family members on a family pass I person on the pass
Pool Pass Books Public Swim Lessons Pool Party with slide	\$45.00 \$15.00 \$100.00	25 daily passes good for one admission each per child, per session 1 ½ hours; includes lifeguards
Pool Party without slide	\$75.00	I ½ hours; includes lifeguards

PARK CODE OF CONDUCT

- No player or coach shall refuse to abide by an official's decision.
- No player or coach shall be guilty of objectionable demonstrations of dissent of an official's decision by throwing or abusing equipment of any kind, by word or mouth, or by gesture.
- No player or coach, other than a head coach, shall discuss with any official in any manner the decision reached by an official.
- 4. No player or coach shall be guilty of using any type of physical force toward any official in any way.
- No player or coach shall be guilty of personal, verbal abuse upon any official for any real or imaginary wrong decision or judgment.
- 6. No player or coach shall be guilty of physical attack upon any player, official, or spectator.
- 7. The field supervisors, umpires, and Parks & Recreation personnel are classified as officials.

- 8. Team support by spectators is welcome. Spectators will be expected to present themselves in a proper manner. Unruly conduct will not be tolerated. Spectators may be suspended from game-sites at the discretion of the parks and recreation department.
- No alcoholic or controlled substance in any form will be allowed at the athletic facility. No player or coach will be allowed to be under the influence of any alcoholic or controlled substance, to any degree, unless prescribed by a physician.
- 10. Vulgar gestures or profanity by any person (coach, player, or spectator) will not be tolerated.
- 11. Once lightning has been recognized, competition shall be suspended at least 30 minutes after the last flash of lightning is witnessed or thunder is heard to begin or resume a contest.
- 12. Failure to comply with these rules may result in disciplinary action, suspension from park activities, and/or criminal prosecution.

MONTPELIER MUNICIPAL POOL

SWIM LESSONS

The Montpelier Municipal Pool will once again be offering swim lessons during the summer. The session is as follows:

TWO SESSIONS

June 17-21; June 24-28

Tentative: July 8-12; July 15-19

<u>Please stop by the Municipal Pool table at Registration Blitz on May 31st</u> or the Municipal Pool after June 4th to register for swim lessons.

TENTATIVE SKILL LEVEL TIMES

Levels 1, 3 & 5 10:00-10:45 a.m. Levels 2, 4 & 6 11:00-11:45 a.m.

Please contact the pool to determine you child's skill level.

<u>Please note</u>: Children must be at least 6 years of age to take public swimming lessons. The lifeguards will place the swimmers in the appropriate levels on the first day if the level is unknown. The cost per session is **\$15.00**. Swim Lesson fees are not refundable. Call the pool at 419-485-5811 after June 4th for more information.

Private lessons are also available from any lifeguard. Please contact the pool and/or the lifeguard of your choice for more information at 419-485-5811.

MAKING WAVES



The Montpelier Eagles have donated funds to sponsor any child who would like to take public swim lessons for **FREE** at the Montpelier Pool. If you are interested, please stop by the pool to fill out a Making Waves form and sign up for a session of swimming lessons. Applies only to public, not private, lessons. If you have questions, please call the pool at 419-485-5811.

<u>PLEASE NOTE</u>: If your child does not attend the first class of public swim lessons, his or her slot will be forfeited if there is a waiting list for public lessons.

WATER AEROBICS

If there is enough interest, Water Aerobics will be offered at the pool. These adult-oriented classes will be held on Mondays & Wednesdays from Noon-1:00 p.m. and Tuesdays & Thursdays from 8:00-9:00 p.m. The cost of the classes is \$1.00 per session or \$15.00 for the entire summer. Classes start mid-June and run through mid-August. Please bring two empty I gallon milk jugs with caps to class. To put your name on a list and for more information call the pool at 419-485-5811.

POOL HOURS (pool hours subject to change)

Open Swim

Monday-Saturday 1:00-5:00 p.m. Monday-Thursday 6:00-8:00 p.m.

Sunday I:00-3:00 p.m. FREE

Pool Parties

Friday & Saturday 6:00-7:30 & 7:45-9:15 p.m.

Sunday 3:30-5:00 p.m.

Water Aerobics

Monday & Wednesday 8:00-9:00 p.m.
Tuesday & Thursday Noon-1:00 p.m.

For pool party reservations please call the Recreation Office at 419-485-3496.

POOL PASSES

In addition to our daily pass book system (25 daily passes for \$45) we also offer season passes. There are 2 options:

- Family Pass for up to 5 family members for \$150; each additional family member will be \$30 for a max of 8 family members.
- \$40 Individual Pass

Patrons who purchase a season pass may be required to have their picture taken when purchasing the passes. Only those patrons whose names are on the pass will be admitted with the pass. Passes may be purchased starting June 5th.

The Montpelier Municipal Pool is scheduled to be open June 4th through August 16th.

The pool will be closed July 4th.

POOL FEES

Daily Admission:	\$2.00
After 6:00 p.m. Monday-Thursday	\$1.00
Ages 6 and under	FREE
Book of 25 daily passes	\$45.00
Family Season Pass (Limit 5)	\$150.00
Individual Season Pass	\$40.00
Pool Party w/slide	\$100.00
Pool Party w/o slide	\$75.00

FREE ON SUNDAYS!

Montpelier residents get in FREE to the pool on Sundays from 1:00-3:00 p.m. All others, \$1.00.

MONTPELIER MUNICIPAL POOL

POOL RULES AND REGULATIONS

- 1. Children 6 years and younger must be with an adult.
- Those with open wounds, sores, and skin infections are not permitted in the pool.
- A disposable swim diaper must be worn in the wading pool by children under the age of three. The disposable swim diapers are available at the pool for \$1.00.
- No alcoholic beverage or persons under the influence are permitted inside the pool area.
- 5. You must shower before entering the pool.
- Employees only are allowed behind the front desk, concession area, and in the filter rooms.
- 7. The management will not be responsible for the loss or theft of any personal belongings.
- 8. No lifesaving equipment or toys are allowed inside the pool

A. Lifejackets D. Masks or fins (goggles are okay)

B. Beach Balls E. Water Wings

C. Inner tubes F. Any equipment of a similar nature

- 9. Do not visit or talk to lifeguards while they are on duty.
- 10. Patrons are asked to remember that this is a family pool and appropriate swimming attire is required before using the facilities.
- 11. In the event the lifeguards must enter the pool to aid a swimmer in distress, all other swimmers must exit the pool immediately and stay back away from the pool until the lifeguards give permission to resume swimming.
- 12. **NO** roughhousing of any kind is allowed.

13. **NO**

Gum Glass Tobacco
Profanity Fighting Pushing
Spitting Harassment Cut-off pants

Food & Drink in pool area Running Dives off edge
Alcohol Weapons Drug Paraphernalia
Dunking Running Public Indecency

Speedos Thong Swimsuits

- 14. Conduct that may endanger others is prohibited.
- 15. All refuse must be deposited in the proper container.

SPLASH INTO SUMMER!

RENT THE POOL FOR A PARTY!

Pool parties are available on Friday and Saturday evenings from 6:00-7:30 p.m. (and from 7:45-9:15 p.m. when the 6:00-7:30 p.m. time slot is full). Patrons may also book 2 parties back-to-back. In addition, pool parties are available on Sunday afternoons from 3:30-5:00 p.m. The cost per pool party is \$100 with the waterslide or \$75 without the waterslide. All pool rules still apply during the parties. Food may be brought to the parties but must stay on concession patio.

To rent the pool for a party please call the Recreation Office at 419-485-3496.



16. Diving Rules

- A. Do not congregate on diving board.
- B. No diving from side of board.
- C. Only one person on the board at a time.
- D. Divers must wait until the preceding diver surfaces and clears the area.
- E. Divers must pass a swim test given by a lifeguard to be in the 12-foot area.

17. Waterslide Rules

- A. All riders must be 49" tall to ride the waterslide.
- B. Only one person is allowed to go down the slide at a time.
- C. Riders must go down in a feet first position.
- D. Riders must wait until the slide dispatcher indicates it is okay to go down the slide and all riders have cleared the landing/splash area.
- All swimmers should conduct themselves in a proper manner and strive to adhere to the rules.
- 19. The management is responsible for proper order. Their instructions must be followed at all times.

RULE VIOLATIONS WILL BE CAUSE FOR:

First Violation

Sitting for a period of 10-15 minutes

Second Violation

- Expulsion from the pool
 (I-3 day minimum, at the lifeguards' discretion)
- If the violator does not leave immediately, expulsion for I week.
- If the same person continues to violate the rules, he/she will not be allowed at the pool for the remainder of the season.

VIOLATIONS THAT CALL FOR IMMEDIATE EXPULSION

(and likely contact of the Police Department)

Profanity Fighting Public Indecency Tobacco Products

Drug Paraphernalia Weapons Alcohol

TOT BALL



The Tot Ball program is designed to teach fundamentals and good sportsmanship. No score will be kept. T-Shirts & Hats will be provided. Players should have their own mitt. If you have your own bat, it must be 26" or shorter. Team pictures will also be taken during the season. More information on team pictures will be available during the season. All players play together in I league. Any special requests must be made in writing and attached to your child's registration form. However, it may not always be possible to honor team requests.

If you are willing to coach, please make a note on your child's Registration Form. Please make sure to completely fill out the Concussion Information, Sudden Cardiac Arrest, Emergency Medical & Registration Forms for each child participating in Tot Ball

GIRLS: If your daughter turns 4 by August 1st then she may play Tot Ball. If your daughter turns 6 by January 1, 2019 then she may only play Girls Softball. BOYS: If your son turns 4 by August 1st then he may play Tot Ball. If your son turns 7 before May 1, 2019 then he may only play Youth League Baseball. Age difference for boys and girls moving up are due to league ages.

Dates: Mid July—Early August

Time: Games will be scheduled Monday-Thursday at 6:30 & 7:15 PM with makeups on Saturday mornings.

Ages: 4-6 for Boys & Girls.

Location: Montpelier Park—Division III Softball Diamond **Fee:** \$15.00 each (\$20.00 for LATE registrations.)

Registration Deadline: June 1st. Please use the forms on pages 25-28 of the Program Guide. No late registrations after June 20th.

SAFETY TOWN



The purpose of Safety Town is to help children be safe when walking or riding their bikes in the community or when going to school. Children will be going to the police station, visiting the fire department, riding a school bus, using the crosswalks, and will be receiving a visit from the EMS. There is no need for parents to stay. (Activities subject to change.) Please make sure to completely fill out the Concussion Information, Sudden Cardiac Arrest, Emergency Medical & Registration Forms to the Parks & Recreation Department for each child participating in Safety Town.

Dates: July 22-26 **Time:** 9:00-11:00 a.m.

Ages: 5-6 year olds entering KinderKlub or Kindergarten this fall

Location: Montpelier Fire Station (enter in the door behind the building)

Address: 107 South Monroe Street, Montpelier **Fee:** \$10.00 each (\$15.00 for LATE registrations.)

Registration Deadline: June 20th. Please use the forms on pages 25-28 of the Program Guide. No late registrations after July 10th.

SOCCER



Do your kids like to run and kick a ball? Then soccer is for them! Each team will be provided with a team name and color. The team color will be used for the soccer shirts that will be worn during the matches. T-Shirts & Socks will be provided. Team pictures will also be taken during the season. More information on team pictures will be available during the season.

Thank you to everyone who helped with the 2018 soccer season. We need coaches and volunteers for the 2019 season. If you can help, please make a note on your child's Registration Form. Thank you! Please make sure to completely fill out the **Concussion Information, Sudden Cardiac Arrest, Emergency Medical & Registration Forms** for each child participating in Soccer.

Shin guards are mandatory for all practices and matches. Shin guards must be purchased for players before the start of practices. Players will not be allowed to participate during practices or matches if they are not wearing shin guards. Reminder: Due to changes by US Soccer, heading a soccer ball is PROHIBITED in 6U, 8U, & IIU soccer.

Dates: Mid August—Early October

Time: Games will be scheduled on Monday, Tuesday, and Thursday evenings

Ages: US SOCCER has now adopted birth year registration for all soccer programs nationwide.

6U: born in 2013 or 2014 **8U:** born in 2011 or 2012 **11U:** born in 2008, 2009, or 2010

NEW AGE BRACKETS

Example: If your child was born anytime in 2008 he/she may participate in 11U soccer in 2019.

Location: South End of Montpelier Municipal Park **Fee:** \$15.00 each (\$20.00 for LATE registrations.)

Registration Deadline: July 10th. Please use the forms on pages 25-28 of the Program Guide. No late registrations after July 3 lst.

KIDFEST

GALAXY TIE DYE SHIRTS

Date: Wednesday, June 5th

Ages & Times:

Ages 3-4 (8:30-9:00am) Parents must stay.

Ages 5-6 (9:00-9:45am) Ages 7-8 (10:00-10:45am) Ages 9-12 (11:00-11:45am)

Location: Montpelier Municipal Park Pavilion **Address:** 1110 South Platt Street, Montpelier

Fee: Free

Kids will tie and dye their "Out of This World" shirts. Shirts will be handed out at Registration Blitz with extras available June 5th. Plain white cotton t-shirts may also be brought to dye instead. This year we will dye the shirts in the colors of the galaxy in honor of the 50th anniversary of the moon landing. Shirts will be rinsed out and returned on Friday, June 7th. Event held rain or shine.

Please wear old clothes to tie dye!

★ PASSPORT STICKER EVENT

KICKBALL & CAPRI SUN

Date: Friday, June 7th **Ages & Times:**

Ages 5-6 (9:00-9:45am) Ages 7-8 (10:00-10:45am) Ages 9-12 (11:00-11:45am)

Location: Montpelier Municipal Park Pavilion **Address:** 1110 South Platt Street, Montpelier

Fee: Free

Kids will play kickball and cool off with a Capri Sun. Shirts will be returned. Event held rain or shine. However, if it rains the kids will play a game instead.

★ PASSPORT STICKER EVENT

BEAN DAYS ACTIVITIES

SUPERHERO SCIENCE!

Date: Friday, July 19th Ages & Times:

Ages 1-12 5:00-8:00pm

Location: Main Street Station Alley **Address:** downtown Montpelier

Fee: Free

Kids will check out some Superhero Science!

- Use the power of magnets to control slime!
- Flex their muscles and use pulleys to lifts weights to show off their superhuman strength!
- Spin through a galaxy
- See if they have an energy field inside them!
- Harness the power of the sun to make beads change colors!
- Make a paper aircraft and watch it fly!

★ PASSPORT STICKER EVENT

OUTDOOR MOVIES

Bring a blanket or a lawn chair and come enjoy an outdoor movie at the park! Pop, popcorn, and candy will be available for sale during the movies. Feel free to bring a blanket/chair and enjoy the shows. If the weather is inclement the movie will be rescheduled. Movies made possible due to donations from the Montpelier Eagles to the Friends of the Montpelier Parks, Inc. THANK YOU!

PLEASE NOTE: Movies that are PG are due to language or adventure violence. Please preview any movies of which you are unsure before attending the outdoor movie series with younger children.

Date: Friday, May 31st

Time: 9:00 PM Ages: All ages

Rated: PG, 104 minutes, 2017, © Warner Bros. Location: Montpelier Municipal Park Pavilion Address: 1110 South Platt Street, Montpelier

Fee: Free

There are big changes brewing in Gotham, and if Batman wants to save the city from The Joker's hostile takeover, Batman may have to drop the lone vigilante thing, try to work with others and maybe, just maybe, learn to lighten up.

★ PASSPORT STICKER EVENT

Date: Friday, August 2nd

Time: 8:45 PM Ages: All ages

Rated: PG, 118 minutes, 2018, © Walt Disney Pictures

Location: Montpelier Municipal Park Pavilion **Address:** 1110 South Platt Street, Montpelier

Fee: Free

Everyone's favorite family of superheroes is back — but this time Helen is in the spotlight, leaving Bob at home with Violet & Dash to navigate the day-to-day heroics of "normal" life. It's a tough transition for everyone, made tougher by baby Jack-Jack's emerging superpowers. When a new villain hatches a plot, the family and Frozone must find a way to work together again.

★ PASSPORT STICKER EVENT

WALKING DIRECTORY



The Municipal Park is a great place to get some exercise!

INCREDIBLES 2

Take advantage of the walking paths in and around the park.

A few years ago, the Williams County Heart Health Coalition created a **WALKING DIRECTORY** that included the mileage for walking paths around Montpelier, including the Municipal Park.

Go to our "Activities" page at **www.montpelierpark.net** and download a copy of the Walking Directory to get started or pick up a copy at the Montpelier Utilities Office. It's FREE!

SUMMER CAMPS

SUMMER CAMP I

Kids will tap into their inner superhero with superhero crafts including picture frames and sand art. They will play board games, go outside to play, and go on a nature walk. Kids will also make galaxy cupcakes, star sandwiches and superhero ice cream sandwiches. Activities are held Rain or Shine! Register by Friday, June 1st. Minimum 6, Maximum 20.

Dates: June 10-14 Time: 9:00 AM-Noon

Ages: 5-6 (Must be 5 but not older that 6 by June 10, 2019 to participate in Summer Camp I)

Location: Recreation Office

Address: 932 South Pleasant Street, Montpelier

Fee: \$25.00

Registration: Please register by June 1st using the forms on pages 25-28 of the Program Guide.

SUMMER CAMP II

Up, up and away! Kids will put together superhero mosaics, color superhero puzzles, and paint their superhero sun catchers They will play board games, go outside to play, and go on a scavenger hunt. Kids will also make asteroid energy balls, rocket hot dogs, and galaxy cookies. Activities are held Rain or Shine! Register by Friday, June 1st. Minimum 6, Maximum 20.

Dates: June 17-21 **Time:** 9:00 AM-Noon

Ages: 7-8 (Must be 7 but not older that 8 by June 10, 2019 to participate in Summer Camp II)

Location: Recreation Office

Address: 932 South Pleasant Street, Montpelier

Fee: \$25.00

Registration: Please register by June 1st using the forms on pages 25-28 of the Program Guide.

The same

SUMMER CAMP III

Kids will honor our local police & fire heroes with a Hero Party on Friday, June 28th during the camp. They will make food and decorations for the party and invite our local heroes to attend. Additional take-home crafts will include designing their own superhero comic book, making superhero posters, and superhero fuse beads. Kids will have snacks. They will play indoor and outdoor games, go on a scavenger hunt, and play yard games. Activities are held Rain or Shine! Register by Friday, June 1st. Minimum 6, Maximum 20.

Dates: June 24-28
Time: 9:00 AM-Noon

Ages: 9-12 (Must be 9 but not older that 12 by June 10, 2019 to participate in Summer Camp III)

Location: Recreation Office

Address: 932 South Pleasant Street, Montpelier

Fee: \$25.00

Registration: Please register by June 1st using the forms on pages 25-28 of the Program Guide.

ELAM

FREE LUNCH PROGRAM

Free sack lunches are distributed to children of families who receive free or reduced school lunches. Sponsored by the Friends of the Montpelier Parks, Inc. with donations from the Montpelier community, civic groups, and churches and operated by Montpelier Parks & Recreation. Interested in volunteering to make or serve lunches? Please call the Recreation Office at 419-485-3496. THANK YOU!

Dates: Monday-Friday, June 3-August 16; No lunches on July 4th.

Time: 12:00-12:30 PM

Ages: 1-16

Location: Montpelier Park Concession Stand

Fee: Free

Registration: Registration is not required and walk-ups are welcome.

Proof of income eligibility is not required.

I sack lunch per child.



GARDENING ACTIVITIES

SPRING PLANT SWAP



A plant swap is an gathering of people who love to garden. They bring plants from their own gardens to share with other gardeners. There are no requirements for participating except to bring along plants, bulbs, or seeds to swap. The first 30 swappers receive a free plant. If you don't have anything to swap just come and see how it's done! The swap is open to beginning gardeners all the way up through Master Gardeners. The swap is FREE! Absolutely no money is to be exchanged. Held rain or shine. No need to register. For more information go to www.montpelierpark.net.

Date: Saturday, May 18

Time: 10:00am check-in; 10:30am swap Location: Montpelier Municipal Park Pavilion Address: 1110 South Platt Street, Montpelier

Fee: Free

★ PASSPORT STICKER EVENT

JR. GARDENERS



The Montpelier Jr. Gardeners program offers a hands-on gardening experience to children. This year we will learn about the parts of a plant, make some garden art, learn about seeds, and see what makes corn so special. The kids will make cornbread. **New this year:** Jr. Gardeners will be a I week event and gardeners will receive a Jr. Gardener t-shirt. A special feature this year will be the superhero plants in the garden. Do you WONDER how SUPER it can be? Come join us! Please make sure to place your child's shirt size on the Registration Form. **Register by Saturday, June 1. Minimum 6, Maximum 20.**

Dates: Monday-Friday, July 8-12

Time: 9:00-10:00am

Ages: 8-12 (Must be 8 and no older than 12 by June 1, 2019.)

Location: Montpelier Kids Garden

Location: 932 South Pleasant Street, Montpelier

Fee: \$15.00

Registration: Please register by June 1st using the forms on pages 25-28 of the Program Guide.

The **Montpelier Kids Garden** is open to the general public during regular park hours. Children are welcome to visit with their families, sample a cherry tomato and pick a flower. However, please leave larger vegetables as they will be used in the Summer Camps and Jr. Gardeners. Thank You!

SUPERHEROES DOWN UNDER

Dates: Monday, July 15 **Time:** 11:00am-Noon

Ages: 7-12 (Must be 7 and no older than 12 by July 1, 2019.)

Location: Montpelier Municipal Park Pavilion **Address:** 1110 South Platt Street, Montpelier

Fee: Free

Registration: Please register by July 1st using the forms on pages 25-28 of the Program Guide.

Williams County Soil & Water Conservation District is hosting a one day workshop on soil.

Soil Superheroes! Learn about the world hidden in the soil and make an edible soil horizon!!

All other materials will be provided. Program subject to change due to weather conditions.

Events held rain or shine.

Register by July 1st. Minimum 6, Maximum 25.

★ PASSPORT STICKER EVENT



SUPERHERO FUN FACTS

Did you know that the world's only superhero and comic museum is located in Elkhart, Indiana? It is called the Hall of Heroes Superhero Museum. Comic books and superheroes started to become popular in the 1930's. Superman first appeared in 1938 and Captain America was created in 1940. Wonder Woman was introduced in 1941. Who is your favorite superhero?

INTERNATIONAL SOCCER CAMP

International Soccer will provide several soccer camps the week of August 5-9, 2019. Montpelier Parks & Recreation provides a host location for the program. Camp includes free ball & t-shirt. Free online jersey offer deadline is **July 6.** \$10 late fee deadline is **July 26.** Any questions about the program should be directed to Andy Murison at Challenger Sports (678-540-1587) or amurison@challengersports.com. <u>Please note</u>: The International Soccer Camp fees are payable to <u>Challenger Sports</u>.

Date: Monday-Friday, August 5-9

Location: South End of Montpelier Municipal Park (1110 South Platt Street)

Registration: Please register ONLINE at www.challengersports.com or use the enclosed brochure.

CAMPS	AGES	TIMES	FEE
TINY TYKES	ages 3-5	8:00-9:00 a.m.	\$97
HALF DAY	ages 6-13	9:15am-12:15pm	\$157
FULL DAY	ages 8-13	9:15am-4:15pm	\$216
GOALKEEPER &			
GOAL SCORER (Sat. Only) *	ages 6-13	9:00-11:00am	\$35

*Goal Keeper and Goal Scorer are only available after you have signed up for the Half Day or Full Day Camps.

ABOUT THE SESSIONS:

TINY TYKES: An introductions to soccer focusing on motor skill development and delivery of fun & interactive games/adventures.

HALF DAY CAMP: All around player development through the new International camp curriculum & digital platform.

FULL DAY CAMP: Combining the half-day International camp program with developmental practices, games, competitions and challenges.

6 SOCCER CAMP SCHOLARSHIPS! Please go to www.montpelierpark.net/programs.html for more info! Deadline: June 3rd!

MONTPELIER FIREFIGHTERS BEAN DAYS 5K & FUN RUN

2019 BEAN DAYS 5K RUN/WALK & 1 MILE KIDS FUN RUN

Date: Saturday, July 20th

- 7:15-8:15AM Registration/Check-in
- 8:00AM Fun Run
- 8:30AM 5K Run/Walk

Age Groups: 11 and under, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-49, 50-59, 60+

Entry Fee: Online 5K Registration: \$12.00. Paper Registration: \$15.00

Fun Run: A FREE one mile Fun Run for ages 4-10.

<u>Location</u>: Start & Finish at Montpelier Exempted Village School's North Parking Lot (1015 East Brown Road)

<u>T-Shirts</u>: T-shirt guaranteed for all 5K registrations received by July 1, 2019. After July 1st while supplies last.

<u>Awards</u>: Chip Timing provided by eRunner Timing and Results. Top three overall male and female runners; Top three runners in each age group by gender. Top five overall male and female walkers. All kids in the I mile Fun Run will receive an award.

REGISTRATION FORMS & MAP Download forms at the Village of Montpelier website: www.montpelieroh.net.

REGISTER ONLINE AT: www.signmeup.com/BeanDays5K

For more information call the Montpelier Fire Department at 419-485-3940 or email mfd7000@yahoo.com.

MONTPELIER BEAN DAYS BALLOON FESTIUAL

July 19 & 20



UOLUNTEERS NEEDED!

If you would like to volunteer to help, please contact:

Tashia Thompson @ tashiathompson@yahoo.com or cell: 419-551-4781

Or message them though their Facebook page: Montpelier Bean Days Balloon Fest



REGISTRATION BLITZ & PASSPORTS

REGISTRATION BLITZ: Friday, May 31st at the MUNICIPAL PARK by the pool

- FOOD! FREE FOOD provided by Montpelier Rotary under the shelterhouse from 4:30-6:30 p.m.
- PASSPORTS & PASSPORT STICKERS: I each per child available at the Montpelier Parks & Recreation table.
- T-SHIRTS: I per child up through age 12. White cotton with "Out of This World" logo for tie dying. While supplies last.
- **SUPERHERO TOTE BAGS**: FREE! While supplies last.
- MONTPELIER POLICE DEPARTMENT will have K9 Justice at the park!
- REGISTRATION BLITZ!!! 4:30-6:30 p.m. Check out all the groups that will be there!

Black Swamp Arts Council (Creative Arts Camp registration)

Church of Christ (VBS registration)

Community of Faith (info table)

First Church of the Nazarene (VBS information)

First United Methodist (VBS registration)

Girl Scouts of Western Ohio (information table)

HOPE Center (information table)

Montpelier Chamber of Commerce (Bean Days Parade Registration)

Montpelier Civic League (game table)

Montpelier Firefighters Association (5K registration)

Montpelier Municipal Pool (sign up for swim lessons)

Montpelier Parks & Recreation (registration for programs)

Montpelier Police Department (K9 Justice)

Montpelier Public Library (registration for programs)

Montpelier Rotary (food)

Montpelier Veterans (info table)

St. Paul's United Methodist (VBS registration)

St. John's Lutheran (VBS registration)

Wms. Cty. Health Department (information table)

Wms. Cty. Historical Society (Old-Fashioned School Day registration)

Wms. Cty. Soil & Water Conservation (activity table)



Extra **PASSPORTS** will be handed out at the **REGISTRATION BLITZ**. Need an extra copy? Stop by the **MONTPELIER PUBLIC LIBRARY** or the **MONTPELIER UTILITY OFFICE**.

PASSPORT STICKER EVENTS: Any time a child participates in a program on the Calendar of Community Events with a ★ symbol, he or she will receive a sticker for his or her passport. Collect at least 9 stickers over the summer and receive a prize at the End of Summer Party. Extra PASSPORTS will be handed out at REGISTRATION BLITZ (May 31st). Need an extra copy? Stop by the MONTPELIER PUBLIC LIBRARY or the MONTPELIER UTILITY OFFICE.

END OF SUMMER PARTY!

Thursday, August 8th • 4:30-6:30 p.m.

Montpelier Municipal Park • 1110 South Platt Street
FREE! • 419-485-3496 • www.montpelierpark.net

PASSPORT PRIZES!

Bring your passports to the park! Must have at least 9 stickers to win prizes!

FREE FOOD by Montpelier Civic League!

SUPERHERO CHALLENGE! Feats of Skill & Strength!

Run though a POOL NOODLE OBSTACLE COURSE! Make it through and win a prize at the end.

BIKE RODEO & CHILD ID KITS!

Hosted by the Montpelier Police Department. Bring your bike to the park! Ride it through the obstacle course!

PUBLIC POOL OPEN: 1:00-5:00 p.m. & 6:00-8:00 p.m. FREE!



\bigstar

CALENDAR OF COMMUNITY EVENTS



FLAG LAYING

Saturday, May 18 • 9:00-11:00am Location: Riverside Cemetery

Address: 10458 State Route 107, Montpelier

Fee: Free

Help place flags at the graves of veterans. Meet at the Civil War monument on the hill. *Great community service opportunity!*

Open to kids ages 7-12.

419-630-8767 | Facebook: Dane Michael Veterans Center

★ PASSPORT STICKER EVENT

PLANT SWAP

Saturday, May 18 • 10:00am check-in Location: Montpelier Municipal Park Pavilion Address: 1110 South Platt Street, Montpelier

Fee: Free

Bring your plants and seeds to the plant swap! Great time to share annuals, mums, herbs, and fall blooming perennials! First 30 swappers receive a free plant. Kids welcome with an adult.

419-485-3496 | www.montpelierpark.net

★ PASSPORT STICKER EVENT

MEMORIAL DAY BREAKFAST

Monday, May 27 • 7:00-11:00am

Location: Montpelier Fire Department

Address: 107 South Monroe Street, Montpelier

Fee: Free will donation

Annual Montpelier Fire Department pancake breakfast. Free smoke

detectors. 5K registrations available.

419-485-3940 | Facebook: Montpelier Fire Department

★ PASSPORT STICKER EVENT

MEMORIAL DAY PARADE

Monday, May 27 • 10:30am Location: Montpelier Town Hall

Address: 211 North Jonesville Street, Montpelier

Fee: Free

Parade from Town Hall to Riverside Cemetery. Patriotic Bicycle Decorating Contest. Open to kids up to age 12. Prizes for each

child who enters and the top 3 winners.

419-630-8767 | Facebook: Dane Michael Veterans Center

★ PASSPORT STICKER EVENT

REGISTRATION BLITZ!

Friday, May 31st • 4:30-6:30pm

Location: Montpelier Municipal Park Pavilion Address: 1110 South Platt Street, Montpelier

Fee: Free

REGISTRATION BLITZ for community summer programs! FREE to attend! Community Event! FREE food by **Montpelier Rotary!** FREE activities for the kids! **FREE T-shirts** for kids up through age 12 while they last. See **K9 Justice** with the Montpelier Police Department! Passports and stickers available.

419-485-3496 | www.montpelierpark.net

★ PASSPORT STICKER EVENT

MOUIE: THE LEGO BATMAN MOUIE

Friday, May 31 • 9:00pm

Location: Montpelier Municipal Park Pavilion Address: 1110 South Platt Street, Montpelier

Fee: Free

There are big changes brewing in Gotham, and if Batman wants to save the city from The Joker's hostile takeover, he may have to drop

the lone vigilante thing, try to work with others.

Outdoor movie sponsored by the Montpelier Eagles. PG, 104 minutes.

419-485-3496 | www.montpelierpark.net

★ PASSPORT STICKER EVENT

FREE LUNCH PROGRAM

Monday-Friday, June 3-August 16 • Noon-12:30pm

Location: Municipal Park Concession Stand Address: 1115 Charlie's Way, Montpelier

Fee: Free

Free sack lunch. Open to kids ages I-16 who are eligible for free/reduced school lunches. I kid = I sack lunch. No lunches July 4th.

419-485-3496 | www.montpelierpark.net

MONTPELIER MUNICIPAL POOL

Daily, June 4—August 16

Location: Montpelier Municipal Pool

Address: 1110 South Platt Street, Montpelier

Fee: Daily admission \$2

Only free Sunday Open Swim at the pool eligible for passport stickers. Sign up for swim lessons at the May31st Registration Blitz or at the Municipal Pool. Pool Party reservations may be made by calling the Recreation office at 419-485-3496.

1-5pm Monday-Saturday (Open Swim)

5-6pm Closed

6-8pm Monday-Thursday (Open Swim) I-3pm Sunday (Open Swim) FREE!

419-485-5811 | www.montpelierpark.net

★ PASSPORT STICKER EVENT (Sundays only)

KIDFEST: GALAXY TIE DYE SHIRTS

Wednesday, June 5 • 8:30-11:45am

Location: Montpelier Municipal Park Pavilion Address: 1110 South Platt Street, Montpelier

Fee: Free

Kids will tie and dye their "Out of This World" shirts. Shirts will be handed out at Registration Blitz with extras available June 5th. Plain white cotton t-shirts may also be brought to dye instead. Shirts will be rinsed out and returned on Friday, June 7th. Event held rain or shine. Please wear old clothes to tie dye!

Please register using the Parks & Recreation Program Guide.

Ages 3-4 (8:30-9:00am) Parents must stay.

Ages 5-6 (9:00-9:45am)

Ages 7-8 (10:00-10:45am)

Ages 9-12 (11:00-11:45am)

419-485-3496 | www.montpelierpark.net Facebook: Montpelier Parks & Recreation

★ PASSPORT STICKER EVENT

TOUCH A TRUCK

Thursday, June 6 • 4:00-5:30pm Location: Montpelier Public Library Address: 216 East Main Street, Montpelier

Fee: Free

Open to kids ages 0-12.

419-485-3287 | http://montpelierpubliclibrary.oplin.org

Facebook: Montpelier Public Library

★ PASSPORT STICKER EVENT

KIDFEST: KICKBALL & CAPAI SUN

Friday, June 7 • 9:00-11:45am

Location: Montpelier Municipal Park Pavilion Address: 1110 South Platt Street, Montpelier

Fee: Free

Kids will play kickball and cool off with a Capri Sun. Shirts will be returned. Parents of 3-4 year old children may pick up their shirts at the start of any session. Event held rain or shine. However, if it rains the kids will play a game instead. Please register using the Parks & Recreation Program Guide.

Ages 5-6 (9:00-9:45am) Ages 7-8 (10:00-10:45am) Ages 9-12 (11:00-11:45am)

419-485-3496 | www.montpelierpark.net Facebook: Montpelier Parks & Recreation

★ PASSPORT STICKER EVENT

SUMMER CAMP 1

Monday-Friday, June 10–14 • 9:00am-Noon Location: Montpelier Recreation Office

Address: 932 South Pleasant Street, Montpelier

Fee: \$25.00

Kids will tap into their inner superhero with Superhero-themed crafts, snacks, and games. Registration required by June 1 st. Max 20 kids. Ages 5-6.

419-485-3496 | www.montpelierpark.net

MAKE YOUR OWN STRAW ROCKET

Tuesday, June 11 • 10:00-11:00am Location: Montpelier Public Library Address: 216 East Main Street, Montpelier

Fee: Free

Open to kids ages 5-8. Make your own straw rocket and blast into

outer space!

 $419\text{-}485\text{-}3287 \mid http://montpelierpublic/library.op/lin.org$

Facebook: Montpelier Public Library

★ PASSPORT STICKER EVENT

<u>CELEBRATE SUMMER, SCIENCE, AND HEALTH!</u>

Wednesday, June 12 • 9:30am to 3:30pm

Location: Williams County Health Department & Montpelier

WIC Office

Address: 310 Lincoln Ave Montpelier

Fee: Free

Want to make a healthy snack, practice handwashing, and learn how recycling helps our community? The Williams County Health Department and WIC Staff will have family friendly science based activities for kids of all ages. Information also available on car seats and immunizations.

419-485-3141 | www.williamscountyhealth.org Facebook: Williams County Health Department

★ PASSPORT STICKER EVENT

STORY TIME

Wednesdays • June 12, 19, & 26; July 10, 17, & 24 • 11:00am

Location: Montpelier Public Library Address: 216 East Main Street, Montpelier

Fee: Free

Open to kids ages 0-5.

419-485-3287 | http://montpelierpubliclibrary.oplin.org

Facebook: Montpelier Public Library

PASSPORT STICKER EVENT

A2 MAGIC-MAGIC SHOW

Thursday, June 13 • 2:00-3:00pm Location: Montpelier Public Library Address: 216 East Main Street, Montpelier

Fee: Free

Open to all ages. See gravity defied, thrill to an interactive race to the moon, and experience the magical rings of Saturn and several "space" and reading themed illusions in this high-energy show of Universal MAGIC and FUN! Free Gravity Powered Reflex Tester and

Space Themed Magic Trick for each child in attendance. MUST SIGN UP AT LIBRARY FOR THIS EVENT!

419-485-3287 | http://montpelierpubliclibrary.oplin.org

Facebook: Montpelier Public Library

★ PASSPORT STICKER EVENT

TEEN READING CHALLENGE

Thursday, June 13 • 6:00-7:00pm Location: Montpelier Public Library Address: 216 East Main Street, Montpelier

Fee: Free

Open to teens age 13 though high school. Pick up your Reading Challenge papers and have some fun with our Asteroid Challenge

(AKA saran wrap ball game). Like us on Facebook! 419-485-3287 | Facebook: Montpelier Public Library

ROTARY REVERSE RAFFLE

Saturday, June 15 • Doors open at 5:30pm

Location: Williams County Veterans Memorial Building

Address: 875 East Main Street, Montpelier

Fee: Tickets Required \$100 (includes dinner), \$25 for

additional dinner

Tickets are available from any Rotarian. 1966 Ford F-100 pickup with a 351 Windsor V8 engine OR \$10,000.00 cash. Fundraiser for

Montpelier Rotary projects.

Facebook: Montpelier, Ohio Rotary Club

<u>SUMMER CAMP 2</u>

Monday-Friday, June 17-21 • 9:00am-Noon Location: Montpelier Recreation Office

Address: 932 South Pleasant Street, Montpelier

Fee: \$25.00

Up, up and away! Kids will soar with a week of Superhero-themed crafts, games and snacks including asteroid energy balls, rocket hot dogs, and galaxy cookies. Registration required by June 1st. Max 20 kids. Ages 7-8.

419-485-3496 | www.montpelierpark.net

<u>UBS: *Rohr*</u>

Monday-Friday, June 17-21 • 9:00am-11:30am

Location: St. John's Lutheran Church Address: 209 Broad Street, Montpelier

Fee: Free

St. John's Lutheran VBS. This epic African adventure engages the whole herd. At Roar, kids explore God's goodness and celebrate a ferocious faith that powers them through this wild life. Registration forms available at either church or at the Montpelier Public Library.

Age 4- entering 6th grade.

419-485-3736 | http://www.stjohnsmontpelier.org

Facebook: St. John's Lutheran Church, Montpelier Ohio

★ PASSPORT STICKER EVENT

EDIBLE CONSTELLATIONS

Tuesday, June 18 • 10:00-11:00am Location: Montpelier Public Library Address: 216 East Main Street, Montpelier

Fee: Free

Open to kids ages 5-8. Design your own edible constellations with

marshmallows and pretzels.

419-485-3287 | http://montpelierpubliclibrary.oplin.org

Facebook: Montpelier Public Library

★ PASSPORT STICKER EVENT

MOON PHASES BY SCIENCE CENTRAL

Thursday, June 20 • 1:30-2:15pm Location: Montpelier Public Library Address: 216 East Main Street, Montpelier

Fee: Free

MUST SIGN UP FOR THIS EVENT! 32 CHILDREN MAX

Open to kids ages 5-12. Ever wonder what a "Blue Moon" or "First Quarter Moon" means? Participants will discover the answers and more as they become part of the solar system and learn about the moon and its phases.

419-485-3287 | http://montpelierpubliclibrary.oplin.org

Facebook: Montpelier Public Library

★ PASSPORT STICKER EVENT

<u>adopt-a-block</u>

Projected dates: June 22 and August 10

Locations: to be determined.

Fee: Free

Block party hosted by Montpelier area churches and volunteers from the community to engage families in neighborly connections. Lunch will be served, music provided, as well as activities for the children and adults. We will also hand out a resource bag to each family that attends. Watch for door hangers and fliers coming soon!

For more information or to volunteer contact:

Terra Peggs: 419-551-2888 | Email at tpeggsfmd@hop4jc.org Pastor Ben Harris: 419-212-4310 | Email at pastorb@hop4jc.org

SUMMER CAMP 3

Monday-Friday, June 24-28 • 9:00am-Noon Location: Montpelier Recreation Office

Address: 932 South Pleasant Street, Montpelier

Fee: \$25.00

Week of Superhero-themed crafts, snacks, and games. Also, the kids will be having a hero party on Friday, June 28. Registration required

by June 1st. Max 20 kids. Ages 9-12. 419-485-3496 | www.montpelierpark.net

ALIEN INVASION

Tuesday, June 25 • 10:00-11:00am Location: Montpelier Public Library Address: 216 East Main Street, Montpelier

Fee: Free

Open to kids ages 5-8. Create your own alien reading buddy with balloons. You will also be morphing someone in your group into an

419-485-3287 | http://montpelierpubliclibrary.oplin.org

Facebook: Montpelier Public Library

★ PASSPORT STICKER EVENT

SPACE STONES

Thursday, June 27 • 1:30-2:30pm Location: Montpelier Public Library Address: 216 East Main Street, Montpelier

Fee: Free

Open to kids ages 9-12. Design your own planets on "moon rocks"

and put together a solar system.

419-485-3287 | http://montpelierpubliclibrary.oplin.org

Facebook: Montpelier Public Library

★ PASSPORT STICKER EVENT

JR. GARDENERS

Monday-Friday, July 8-12 • 9:00-10:00am Location: Montpelier Recreation Office

Address: 932 South Pleasant Street, Montpelier

Fee: \$15.00

The Montpelier Jr. Gardeners program offers a hands-on gardening experience to children. This year kids will learn about the parts of a plant, make some garden art, learn about seeds, and see what makes corn so special. Get a garden t-shirt to take home. Learn gardening basics. Register by June 1 st. Max 20 kids. Ages 8-12.

419-485-3496 | www.montpelierpark.net Facebook: Montpelier Parks & Recreation

CREATIVE ARTS CAMP

Monday-Friday, July 8-12 • 9:00am-12:30pm Location: Montpelier Exempted Village Schools Address: 1015 East Brown Road, Montpelier

Fee: \$75.00

Black Swamp Arts Council's Creative Arts Camp includes drama, music, 2D & 3D art. "Where in the World is Art?" theme for 2019. Register online. Scholarships/financial aid available. Ages 6-12. For more information contact Caleb Wyse at 419-388-0204. www.blackswamparts.com | Facebook: Black Swamp Arts Council

BLACK HOLES by Armstrong Air & Space Museum

Tuesday, July 9 • 10:00-11:00am Location: Montpelier Public Library Address: 216 East Main Street, Montpelier

Fee: Free

MUST SIGN UP FOR THIS EVENT! 30 CHILDREN MAX

Open to kids ages 5-12. Using balloons and aluminum foil, children will learn how black holes are formed and the basic physical concepts behind them.

419-485-3287 | http://montpelierpubliclibrary.oplin.org

Facebook: Montpelier Public Library

★ PASSPORT STICKER EVENT

UBS: SING & PLAY

Tuesdays • 12:30-2:00pm • July 9, 16, 23, 30; August 6

Location: Montpelier Municipal Park Pavilion Address: 1110 South Street, Montpelier

Fee: Free

Hands-on, Sensory Friendly, Music, Dance, Crafts, Games, Fun, Biblical Lessons, Play, Mentoring, Engaging, Growth, Learn, Family Friendly. Age 2-grade 5.

419-485-4116 | Facebook: Montpelier First Church of the Nazarene

★ PASSPORT STICKER EVENT

MAKE & TAKE CRAFT DAY

Thursday, July II • II:00am-3:00pm Location: Montpelier Public Library Address: 216 East Main Street, Montpelier

Fee: Free

Open to kids ages 5-12. Make your own space themed wreaths and

learn the order of our plants in the solar system. 419-485-3287 | http://montpelierpubliclibrary.oplin.org

★ PASSPORT STICKER EVENT

ALIEN AUTOPSY!

Thursday, July 11 • 6:00-7:00pm Location: Montpelier Public Library Address: 216 East Main Street, Montpelier

Fee: Free

Open to teens age 13 through high school. Out of this worlds fun! Participate in our version of an alien autopsy. Just don't wear your good clothes!

419-485-3287 | http://montpelierpubliclibrary.oplin.org

Facebook: Montpelier Public Library

SUPERHEROES DOWN UNDER

Monday, July 15 • 11:00am-Noon

Location: Montpelier Municipal Park Pavilion Address: 1110 South Platt Street, Montpelier

Fee: Free

Hosted by: Williams County Soil & Water Conservation District Soil Superheroes! Learn about the world hidden in the soil and make an edible soil horizon!! Max 25 kids ages 7-12. Registration required by July 1st using the Park Program Guide

419-636-9395 Ext. 3 | www.williamsswcd.org

★ PASSPORT STICKER EVENT

OUT OF THIS WORLD ADVENTURE

Tuesday, July 16 • 10:00-11:00am Location: Montpelier Public Library

Address: 216 East Main Street, Montpelier

Fee: Free

Open to kids ages 5-8. Bring your best-stuffed friend and send them into an outer space overnight adventure. You can pick them up the next day and they can show you pictures of their trip!

419-485-3287 | http://montpelierpubliclibrary.oplin.org

Facebook: Montpelier Public Library

★ PASSPORT STICKER EVENT

MOON LANDING PARTY

Thursday, July 18 • 1:30-2:30pm Location: Montpelier Public Library Address: 216 East Main Street, Montpelier

Open to kids ages 9-12. Make your own moon rocks, dance in a moonwalking contest, go on a moon rock hunt, and train like a real

astronaut at our 50th Moon Landing Party. 419-485-3287 | http://montpelierpubliclibrary.oplin.org

Facebook: Montpelier Public Library

★ PASSPORT STICKER EVENT

BEAN DAYS: *Car wash & Yard Sale*

YARD SALE: Thursday & Friday, July 18 & 19 • 9:00am-5:00pm

CAR WASH: Friday, July 19 • 10:00am-5:00pm Location: Dane Michael Veterans Center Address: 216 Empire Street, Montpelier

Veterans Car Wash and Yard Sale. Support the veterans and their

419-630-8767 | Facebook: Dane Michael Veterans Center

BE<u>an Days: *10th mhs alumni reunion*</u>

Friday, July 19 • 4:00-7:00pm

Location: Montpelier Exempted Village Schools Address: 1015 East Brown Road, Montpelier

All MHS alumni welcome! Come and go. Visit with other alumni.

Parking in the rear. Come in the rear entrance.

Cynne McDonald: 419-485-3074

BEAN DAYS: *Food, fun & hot a*ir balloons!

Friday, July 19 • 11:00am-9:00pm Location: Downtown Montpelier

Visit local restaurants, food vendors, and businesses!

9:00am-5pm — St. Paul's United Methodist basement sale (402 Broad St.) (Also on Thursday, July 18 from 9am-5pm)

II:00am-close — St. John's Lutheran Church sausage sandwiches & root beer floats (209 Broad St.) — Also on Saturday @ same time

4:00pm-close — First Presbyterian Fish Fry (114 W. Washington St.)

5:00pm — Montpelier Bean Contest at Dane Michael Veterans

Center (216 Empire St).

5:00pm-6:30pm - Touch a Truck - Washington Street

5:00-8:30pm — Downtown Extravaganza — FREE kids activities, Bounce House, and Face Painting!

5:30pm — Downtown Parade of Hot Air Balloon Pilots & Opening Invocation

6:00-9:00pm — Cruise-In Car Show on Empire Street

7:00pm — Hot Air Balloon Flight over downtown (rides for sale)

7:00pm — Band — Cadillac Ranch

7:30pm — Hot Air Balloon SHOW, GLOW, & TETHER

@ Main Street Park — SHOW & GLOW

@ Montpelier Fire Department — TETHER

\$10 tether rides available for purchase (1 balloon)

All scheduled events, balloon flights, and glow are subject and are limited to weather conditions.

Facebook: Montpelier Bean Days Balloon Fest

BEAN DAYS: Trackside modelers ar club

Friday, July 19 • 5:00-8:00pm Saturday, July 20 • 11:00am-8:00pm Location: Montpelier Trackside Modelers Address: 308 West Main Street, Montpelier

Fee: Free

Open House Friday & Saturday! See the model trains running! HO scale. Era is 1950's to present. Seek and find games for kids!

Facebook: Montpelier Trackside Modelers RR Club

★ PASSPORT STICKER EVENT

BEAN DAYS: Superhero Science!

Friday, July 19 • 5:00-8:00pm Location: Main Street Station Alley Address: downtown Montpelier

Fee: Free

Check out all the free Superhero-themed science activities in the Main Street Station alley for Bean Days! Open to kids up through age 12.

419-485-3496 | www.montpelierpark.net <u>Facebook</u>: Montpelier Parks & Recreation

★ PASSPORT STICKER EVENT

BEAN DAYS: FIRE TRUCK PULL

Friday, July 19 • Registration starts at 5:50pm; Pull begins at

6:30pm

Location: Montpelier Fire Station

Address: 107 South Monroe Street, Montpelier

Fee: Free

This is a free event where teams will compete to pull Montpelier Ladder 68 (a 75-foot aerial ladder) a total distance of 75 feet, for time. The event will take place in front of the Montpelier Fire Station. Teams will consist of six (6) adults eighteen (18) years of age or older. The total combined weight of each team shall not exceed 2000 pounds. This is a free event and there is no registration fee. Ist Place prize is \$600. 2nd Place prize is \$300.

Questions? Please contact the Montpelier Fire Department.

419-485-3940 | www.montpelieroh.net Facebook: Montpelier Fire Department

BEA<u>n Days: *Bucket Brigade*</u>

Friday, July 19 • 6:30pm

Location: Montpelier Fire Station

Address: 107 South Monroe Street, Montpelier

Fee: Free

Want to get wet, compete against other teams, and have some fun? Kids ages 7-10 and 11-16 can form teams of 6 kids to compete in the Bucket Brigade. Kids will race against time to put out a house "fire."

Prizes! Registration at the Fire Station at 6:00pm. Passports stickers

for kids up to age 12.

Questions? Please contact the Montpelier Fire Department.

419-485-3940 | www.montpelieroh.net Facebook: Montpelier Fire Department

★ PASSPORT STICKER EVENT

BEAN DAYS: *Rotary Breakfast*

Saturday, July 20 • 7:00-11:00am Location: Montpelier Fire Station

Address: 107 South Monroe Street, Montpelier

Fee: Free Will Donation

Montpelier Rotary pancake, egg, and sausage breakfast. Juice and

coffee. Free Will Donation.

Facebook: Montpelier, Ohio Rotary Club

★ PASSPORT STICKER EVENT

BEAN DAYS: MONTPELIER FIREFIGHTERS 5K

Saturday, July 20 • 7:15-8:15am Registration/Check-in Location: Montpelier Exempted Village Schools

Address: 1015 East Brown Road

Fee: Online 5K Pre-Registration: \$12.00 Offline Registrations: \$15.00

5K Run/Walk sponsored by the Montpelier Firefighters Association. Free one-mile Fun Run for kids ages 4-10 at 8:00am. Passport stickers for kids 12 and under. T-shirt guaranteed to all those who register by July 1st! Online registration open until July 13th! May also download a

registration form at www.montpelieroh.org. 419-485-3940 | www.signmeup.com/BeanDays5K

Facebook: Montpelier Fire Department

★ PASSPORT STICKER EVENT

BEAN DAYS: SAND VOLLEYBALL

Saturday, July 20 • Sign-in 8:15am; Tourney at 9:00am

Location: Montpelier Municipal Park

Address: 1110 South Platt Street, Montpelier

Fee: \$10/player

Teams must be Co-ed. Up to 6 players on a team – maximum 4 on the court at a time. Must have equal male/female representation on the court at all times. Waivers & payment will be due at sign-in. Tournament will start in a round robin format to get seating and then a bracket style tournament to follow.

Please watch the Bean Days Balloon Fest Facebook page for more information about registration or text Samuel Schroeder.

Text: 419-799-0659 | Facebook: Montpelier Bean Days Balloon Fest

BEAN DAYS: *Parade*

Saturday, July 20 • 1:00pm

Location: Downtown Montpelier on Main Street

Fee: Free

Line-up at the Williams County Fairgrounds at 12:00 Noon.

Theme: "Over the Moon for Montpelier"

Contact the Montpelier Area Chamber of Commerce for more info or

visit their table during Registration Blitz..

419-485-4416 | Facebook: Montpelier Area Chamber of Commerce

Facebook: Montpelier Bean Days Balloon Fest

BEAN DAYS: *Fairgrounds*

Saturday, July 20 • 1:00-11:00pm

Location: Williams County Fairgrounds Address: 619 East Main Street, Montpelier

Fee: \$7.00 per person, \$5.00 with canned good. Veterans and

children 10 & under are FREE with an adult

I:00-II:00pm — Food Vendors

2:00-9:00pm — Bean Sprouts Kids Korner — Bounce Houses (FREE) and Jungle Island Petting Zoo & Pony Rides (FREE)

1:00-9:00pm — Pre-Glow Expo at campground (*Crafts/Vendors/Sponsor Booths*)

4:30-6:30pm — entertainment by Princesses (photos & autographs)

4:30-6:30pm — Face Painting & Balloon Art **6:00-6:45pm** — Hot Air Balloon Rides Available \$250 per passenger rides available for purchase

7:00pm — Hot Air Balloon Launch/Flight

\$10 tether rides available for purchase (2 balloons)

8:00-II:00pm — Featured Entertainment by The Holbrook Brothers

8:45pm — Hot Air Balloon Glow

All scheduled events, balloon flights, and glow are subject and are limited to weather conditions.

Facebook: Montpelier Bean Days Balloon Fest

BEAN DAYS: Worship Service

Sunday, July 21 • 11:00am

Location: St. John's Lutheran Church Address: 209 Broad Street, Montpelier

Community worship service by the Montpelier Ministerial Association. Light lunch to follow. Watch for more information

closer to the event.

MAKE & TAKE CRAFT DAY

Tuesday, July 23 • 11:00-3:00pm Location: Montpelier Public Library Address: 216 East Main Street, Montpelier

Fee: Free

Open to kids ages 5-12.

Did you miss one of our summer reading crafts? Did you have so much fun the first time around that you want to make another? Stop in and make your own masterpiece!

419-485-3287 | http://montpelierpubliclibrary.oplin.org

Facebook: Montpelier Public Library

★ PASSPORT STICKER EVENT

UBS: *YEE-HAW*

Wednesdays, July 24 & 31 • 6:00-7:30pm;

Sunday, August 4 • 10:30-11:30am Location: First United Methodist Church Address: 1300 East Main Street, Montpelier

Fee: Free

Saddle up for 2 trailblazing evenings of fun and a Sunday Celebration! Kids will kick up their heels at Yee-Haw VBS as they stampede through the wild frontier and celebrate the greatest truth of all - God is good! Moo-sic and more! Saddle-Up Sports! Bible Adventures!

Touch-a-Tractor both evenings! Ages: 3–12.

Register at the church or during Registration Blitz on May 31st.

419-485-3911 | Facebook: Montpelier First UMC

★ PASSPORT STICKER EVENT

UBS: IN THE WILD

Wednesday-Sunday, July 24-28 •

Wed.-Fri. (6-8pm); Saturday (9-11am); Sunday (9-10:15am)

Location: St. Paul's United Methodist Church Address: 402 Broad Street, Montpelier

Fee: Free

Throw on your camera strap and buckle your seatbelt. VBS 2019 takes you on a wild adventure—with elephants and egrets, polar bears and penguins, cockatoos and crocodiles. As you seek out exotic animals, you'll also find snapshots of real-life encounters with Jesus in Scripture. Kids go from bewildered to believing as they get "In the Wild" at this summer's Vacation Bible School. Crafts! Food! Games! Age 3-grade 8.

419-485-3519 | https://montpelierohstpauls.org

★ PASSPORT STICKER EVENT

OUT OF THIS WORLD PARTY

Thursday, July 25 • 5:00-6:30pm Location: Montpelier Public Library

Address: 216 East Main Street, Montpelier

Fee: Free

Open to All Ages! Have a "spacetacular" time with your friends and family moonwalking to "DJ Four Of A Kind", compete in a chalk drawing contest, and enjoy refreshments for everyone who participated in the summer reading program.

419-485-3287 | http://montpelierpubliclibrary.oplin.org

Facebook: Montpelier Public Library

★ PASSPORT STICKER EVENT

UBS: THE INCREDIBLE RACE 2019

Monday-Friday, July 29-August 2 • 6:00-8:30pm

Location: Church of Christ

Address: 104 West Jefferson Street, Montpelier

Fee: Free

Join us for our Vacation Bible School, where kids will have fun while learning from the Bible. Kids will race from continent to continent uncovering clues and attempting challenges as they fill their score cards. They'll also discover that, no matter where we live, what shade of skin we have, or what language we speak, we are all part of the same race—the human race—and all part of the same family from Adam and Eve. Grades: entering K-7. Register at https://

mcc2019.myanswers.com or during Registration Blitz on May 31st.

419-485-3916 | Facebook: Montpelier Church of Christ

★ PASSPORT STICKER EVENT

MOUIE: *THE INCREDIBLES 2*

Friday, August 2 • 8:45pm

Location: Montpelier Municipal Park Pavilion Address: 1110 South Platt Street, Montpelier

Fee: Free

Everyone's favorite family of superheroes is back – but this time Helen is in the spotlight, leaving Bob at home with Violet & Dash to navigate the day-to-day heroics of "normal" life. It's a tough transition for everyone, made tougher by baby Jack-Jack's emerging

superpowers. When a new villain hatches a plot, the family and Frozone must find a way to work together again.

Outdoor movie sponsored by the Montpelier Eagles. PG, 118 minutes.

419-485-3496 | www.montpelierpark.net Facebook: Montpelier Parks & Recreation

★ PASSPORT STICKER EVENT

INTERNATIONAL SOCCER CAMP

Monday-Friday, August 5-9 • am & pm Location: Montpelier Municipal Park

Address: 1110 South Platt Street, Montpelier

Fee: Varies by Camp

Register online or with the International Soccer Camp brochure. Register by July 6th to receive a soccer jersey. Deadline is July 26th. Registration includes a soccer ball & camp t-shirt. Ages 3-13. Scholarships available. Scholarship deadline is June 3rd. Scholarship information at https://www.montpelierbark.net/programs.html.

678-540-1587 | www.challengersports.com

END OF SUMMER PARTY!

Thursday, August 8th • 4:30-6:30pm

Location: Montpelier Municipal Park Pavilion Address: 1110 South Platt Street, Montpelier

Fee: Free

PASSPORT PRIZES! Bring your passports to the park!

FREE FOOD by Montpelier Civic League

Ride your bike to the park! Montpelier Police Department BIKE

RODEO & CHILD ID KITS!

PUBLIC POOL OPEN:1:00-5:00 & 6:00-8:00 p.m. **FREE!**

FREE ACTIVITIES from 4:30-6:30 p.m.

419-485-3496 | www.montpelierpark.net <u>Facebook</u>: Montpelier Parks & Recreation

WMS CTY HEALTH DEPT: 100 YEAR CELEBRATION

Tuesday, August 20 • 3:00pm to 6:00pm

Location: Williams County Health Department

Address: 310 Lincoln Ave Montpelier

Fee: Free

The Williams County Health Department is celebrating its 100-year anniversary and wants to celebrate with you. Come and see how the health department has improved the health of the community over the past 100 years and will continue to improve the health of our communities for future generations. Everyone is welcome to visit the health department open house including children.

419-485-3141 | www.williamscountyhealth.org Facebook: Williams County Health Department

<u>AFTER SCHOOL CLUB: 2019-2020 School Year</u>

Every Thursday that school is in session from October

through April • 3:15-5:00pm

Location: HOPE Community Center

Address: 122 Empire Street, Montpelier (Use the door on the

Washington street side of the building.)

Fee: Free

Homework help for students in grades 3-6 provided by community volunteers. Students will be transported from the school to the HOPE Community Center by the House of Prayer van. Pre-registration and permission to transport is required. All paperwork to sign up for the program can be found in the school office throughout the school year.

For more information or to volunteer contact Terra Peggs.

419-551-2888 | Email: tpeggsfmd@hop4jc.org

BACK PACK PROGRAM: 2019-2020 School Year

Every other Friday • October through April

Fee: Free

Child friendly foods packed and distributed every other Friday during the months of October through April. Each bag contains 4 breakfast items, 3 lunch items, 4 snack items, canned fruit, canned veggies, and a jar of peanut butter. (I bag per family)

This resource is provided by community volunteers through Helping Hands Food Pantry. Pre-registration is required. Forms can be found in the school office throughout the school year. Bag are packed on Thursdays at 11 in the food pantry, and then delivered directly to the homes on Fridays.

For more information or to volunteer contact Terra Peggs.

419-551-2888 | Email: tpeggsfmd@hop4jc.org

FIRST UM ICE CREAM SOCIAL

Friday, August 9 • Serving: 4:30-6:30pm; open until 7:00pm

Location: First United Methodist Church Address: 1300 East Main Street, Montpelier

Fee: Free Will Donation

Enjoy a meal of sandwiches, beans, potato salad, veggies, pie and

homemade ice cream!

419-485-3911 | Facebook: Montpelier First UMC

OLDE TYME HOLIDAY GATHERING

Saturday, November 23 • Times vary

Location: around Montpelier

Fee: Free

Hosted by Olde Tyme Holiday Gathering Committee. Craft show at the school from 10:00am-3:00pm. Lighted holiday parade downtown at 6:00pm. Santa and activities for the kids on Empire Street!

Facebook: Olde Tyme Holiday Gathering

COMMUNITY OF FAITH

Volunteers of the community committed to the growth, safety, and excellence of the children of Montpelier and the Montpelier Schools. Volunteers serve as monitors at the Storrer Park and New Beginnings bus stops watching for bullying and other harmful behaviors, and work to build relationships with the children and parents. People can also serve as greeters in the school lunchroom to help with breakfast service and cleanup. This is an opportunity to build relationships and encourage not only the children but also the school staff.

For more information or to volunteer contact Terra Peggs. 419-551-2888 | Email: tpeggsfmd@hop4jc.org

CELEBRATE 175!

Friday & Saturday, July 17 & 18, 2020

Location: Montpelier, Ohio

In 2020 Montpelier will turn 175 years old!

Want to help? We'd love to add you to the list of volunteers.

Also, we hope to bring back *Voices from the Past* in 2020, but we need people willing to help perform as historic characters or lead tour groups around through the Historic Tree Grove. Please contact the Recreation Office if interested.

Watch for more information about a Fall 2019 t-shirt fundraiser to help support celebration events.

Don't forget to place **July 17 & 18, 2020** on your calendar! Recreation Office: 419-485-3496 | Email: park@montpelieroh.org

Celebrate 175!

Montpelier is celebrating its 175th year in 2020. To help celebrate, we are having a design contest for the 2020 Program Guide cover. The contest is open to any student in grades K-12 at Montpelier Exempted Village Schools. Designs must showcase Montpelier or its anniversary.

Please draw the design inside the box below. The drawing may be in marker, crayon, colored pencil or computer designed but must be by the student. Copies of this page may be also be downloaded at www.montpelierpark.net.

Entries are due by **October I, 2019.** Please mail entry to Montpelier Parks & Recreation, P.O. Box 148, Montpelier OH 43543, drop off at the Montpelier Utility Office (211 North Jonesville Street.), or email park @montpelieroh.org. The Montpelier Park Board will choose the winning design and announce the winner at their November 6, 2019 meeting.

STUDENT NAME:	1E: STUDENT AGE:		
ADDRESS:	PHONE NUMBER:		

Ohio Department of Health Concussion Information Sheet For Youth Sports Organizations

Dear Parent/Guardian and Athletes,

This information sheet is provided to assist you and your child in recognizing the signs and symptoms of a concussion. Every athlete is different and responds to a brain injury differently, so seek medical attention if you suspect your child has a concussion. Once a concussion occurs, it is very important your athlete return to normal activities slowly, so he/she does not do more damage to his/her brain.

What is a Concussion?

A concussion is an injury to the brain that may be caused by a blow, bump, or jolt to the head. Concussions may also happen after a fall or hit that jars the brain. A blow elsewhere on the body can cause a concussion even if an athlete does not hit his/her head directly. Concussions can range from mild to severe, and athletes can get a concussion even if they are wearing a helmet.

Signs and Symptoms of a Concussion

Athletes do not have to be "knocked out" to have a concussion. In fact, less than 1 out of 10 concussions result in loss of consciousness. Concussion symptoms can develop right away or up to 48 hours after the injury. Ignoring any signs or symptoms of a concussion puts your child's health at risk!

Signs Observed by Parents of Guardians

- Appears dazed or stunned.
- ♦ Is confused about assignment or position.
- Forgets plays.
- ♦ Is unsure of game, score or opponent.
- Moves clumsily.
- ♦ Answers questions slowly.
- ♦ Loses consciousness (even briefly).
- Shows behavior or personality changes (irritability, sadness, nervousness, feeling more emotional).
- Can't recall events before or after hit or fall.

Symptoms Reported by Athlete

- Any headache or "pressure" in head. (How badly it hurts does not matter.)
- Nausea or vomiting.
- Balance problems or dizziness.
- ♦ Double or blurry vision.
- Sensitivity to light and/or noise
- Feeling sluggish, hazy, foggy or groggy.
- Concentration or memory problems.
- Confusion.
- Does not "feel right."
- ♦ Trouble falling asleep.
- Sleeping more or less than usual.

Be Honest

Encourage your athlete to be honest with you, his/her coach and your health care provider about his/her symptoms. Many young athletes get caught up in the moment and/or feel pressured to return to sports before they are ready. It is better to miss one game than the entire season... or risk permanent damage!

Seek Medical Attention Right Away

Seeking medical attention is an important first step if you suspect or are told your child has a concussion. A qualified health care professional will be able to determine how serious the concussion is and when it is safe for your child to return to sports and other daily activities.

- No athlete should return to activity on the same day he/she gets a concussion.
- Athletes should <u>NEVER</u> return to practices/games if they still have ANY symptoms.
- Parents and coaches should never pressure any athlete to return to play.

The Dangers of Returning Too Soon

Returning to play too early may cause Second Impact Syndrome (SIS) or Post-Concussion Syndrome (PCS). SIS occurs when a second blow to the head happens before an athlete has completely recovered from a concussion. This second impact causes the brain to swell, possibly resulting in brain damage, paralysis, and even death. PCS can occur after a second impact. PCS can result in permanent, long-term concussion symptoms. The risk of SIS and PCS is the reason why no athlete should be allowed to participate in any physical activity before they are cleared by a qualified health care professional.

Recovery

A concussion can affect school, work, and sports. Along with coaches and teachers, the school nurse, athletic trainer, employer, and other school administrators should be aware of the athlete's injury and their roles in helping the child recover.

During the recovery time after a concussion, physical and mental rest are required. A concussion upsets the way the brain normally works and causes it to work longer and harder to complete even simple tasks. Activities that require concentration and focus may make symptoms worse and cause the brain to heal slower. Studies show that children's brains take several weeks to heal following a concussion.





http://www.healthy.ohio.gov/vipp/child/returntoplay/concussion

Rev. 09.16

Returning to Daily Activities

- Be sure your child gets plenty of rest and enough sleep at night – no late nights. Keep the same bedtime weekdays and weekends.
- Encourage daytime naps or rest breaks when your child feels tired or worn-out.
- Limit your child's activities that require a lot of thinking or concentration (including social activities, homework, video games, texting, computer, driving, job-related activities, movies, parties). These activities can slow the brain's recovery.
- Limit your child's physical activity, especially those activities where another injury or blow to the head may occur.
- Have your qualified health care professional check your child's symptoms at different times to help guide recovery.

Returning to Learn (School)

- Your athlete may need to initially return to school on a limited basis, for example for only half-days, at first. This should be done under the supervision of a qualified health care professional.
- Inform teacher(s), school counselor or administrator(s) about the injury and symptoms. School personnel should be instructed to watch for:
 - a. Increased problems paying attention.
 - b. Increased problems remembering or learning new information.
 - c. Longer time needed to complete tasks or assignments.
 - d. Greater irritability and decreased ability to cope with stress.
 - e. Symptoms worsen (headache, tiredness) when doing schoolwork.
- Be sure your child takes multiple breaks during study time and watch for worsening of symptoms.
- If your child is still having concussion symptoms, he/ she may need extra help with school-related activities. As the symptoms decrease during recovery, the extra help or supports can be removed gradually.
- For more information, please refer to Return to Learn at http://www.healthy.ohio.gov/vipp/concussion.aspx

Resources

ODH Violence and Injury Prevention Program http://www.healthy.ohio.gov/vipp/concussion.aspx

Centers for Disease Control and Prevention http://www.cdc.gov/headsup/basics/index.html

National Federation of State High School Associations www.nfhs.org

Brain Injury Association of America www.biausa.org/

Returning to Play

- Returning to play is specific for each person, depending on the sport. <u>Starting 4/26/13</u>, <u>Ohio law requires written</u> <u>permission from a health care provider before an athlete can</u> <u>return to play</u>. Follow instructions and guidance provided by a health care professional. It is important that you, your child and your child's coach follow these instructions carefully.
- Your child should NEVER return to play if he/she still
 has ANY symptoms. (Be sure that your child does
 not have any symptoms at rest and while doing any
 physical activity and/or activities that require a lot of
 thinking or concentration).
- Ohio law prohibits your child from returning to a game or practice on the same day he/she was removed.
- Be sure that the athletic trainer, coach and physical education teacher are aware of your child's injury and symptoms.
- Your athlete should complete a step-by-step exercise -based progression, under the direction of a qualified healthcare professional.
- 6. A sample activity progression is listed below. Generally, each step should take no less than 24 hours so that your child's full recovery would take about one week once they have no symptoms at rest and with moderate exercise.*

Sample Activity Progression*

Step 1: Low levels of non-contact physical activity, provided NO SYMPTOMS return during or after activity. (Examples: walking, light jogging, and easy stationary biking for 20-30 minutes).

Step 2: Moderate, non-contact physical activity, provided NO SYMPTOMS return during or after activity. (Examples: moderate jogging, brief sprint running, moderate stationary biking, light calisthenics, and sport-specific drills without contact or collisions for 30-45 minutes).

Step 3: Heavy, non-contact physical activity, provided NO SYMPTOMS return during or after activity. (Examples: extensive sprint running, high intensity stationary biking, resistance exercise with machines and free weights, more intense non-contact sports specific drills, agility training and jumping drills for 45-60 minutes).

Step 4: Full contact in controlled practice or scrimmage.

Step 5: Full contact in game play.

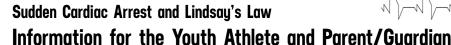


Ohio Department of Health

Violence and Injury Prevention Program 246 North High Street, 5th Floor Columbus, OH 43215 (614) 466-2144

http://www.healthy.ohio.gov/vipp/child/returntoplay/concussion

Rev. 09.10





- Lindsay's Law is about Sudden Cardiac Arrest (SCA) in youth athletes. This law went into effect in 2017. SCA is the leading cause of death in student athletes 19 years of age or younger. SCA occurs when the heart suddenly and unexpectedly stops beating. This cuts off blood flow to the brain and other vital organs. SCA is fatal if not treated immediately.
- "Youth" covered under Lindsay's Law are all athletes 19 years of age or younger that wish to practice for or compete in athletic activities organized by a school or youth sports organization.
- Lindsay's Law applies to all public and private schools and all youth sports organizations for athletes aged 19 years or younger whether or not they pay a fee to participate or are sponsored by a business or nonprofit. This includes:
 - 1) All athletic activities including interscholastic athletics, any athletic contest or competition sponsored by or associated with a school
 - 2] All cheerleading, club sports and school affiliated organizations including noncompetitive cheerleading
 - 3) All practices, interschool practices and scrimmages
- Any of these things may cause SCA:
 - 1) Structural heart disease. This may or may not be present from birth
 - 2) Electrical heart disease. This is a problem with the heart's electrical system that controls the heartbeat
 - 3) Situational causes. These may be people with completely normal hearts who are either are hit in the chest or develop a heart infection
- Warning signs in your family that you or your youth athlete may be at high risk of SCA:
 - o A blood relative who suddenly and unexpectedly dies before age 50
 - o Any of the following conditions: cardiomyopathy, long OT syndrome, Marfan syndrome, or other rhythm problems of the heart
- Warning signs of SCA. If any of these things happen with exercise, see your health care professional:
 - Chest pain/discomfort
 - Unexplained fainting/near fainting or dizziness
 - Unexplained tiredness, shortness of breath or difficulty breathing
 - Unusually fast or racing heart beats
- The youth athlete who faints or passes out before, during, or after an athletic activity MUST be removed from the activity.
 Before returning to the activity, the youth athlete must be seen by a health care professional and cleared in writing.
- If the youth athlete's biological parent, sibling or child has had a SCA, then the youth athlete must be removed from activity.
 Before returning to the activity, the youth athlete must be seen by a health care professional and cleared in writing.
- Any young athlete with any of these warning signs cannot participate in practices, interschool practices, scrimmages or competition until cleared by a health care professional.





- Other reasons to be seen by a healthcare professional would be a heart murmur, high blood pressure, or prior heart evaluation by a physician.
- Lindsay's Law lists the health care professionals who may evaluate and clear youth athletes. They are a physician (MD or DO), a certified nurse practitioner, a clinical nurse specialist or certified nurse midwife. For school athletes, a physician's assistant or licensed athletic trainer may also clear a student. That person may refer the youth and family to another health care provider for further evaluation. Clearance must be provided in writing to the school or sports official before the athlete can return to the activity.
- Despite everyone's best efforts, sometimes a young athlete will experience SCA. If you have had CPR training, you may know the term "Chain of Survival." The Chain of Survival helps anyone survive SCA.
- Using an Automated External Defibrillator (AED) can save the life of a child with SCA. Depending on where a young athlete
 is during an activity, there may or may not be an AED close by. Many, but not all, schools hove AEDs. The AEDs may be
 near the athletic facilities, or they may be close to the school office. Look around at a sporting event to see if you see one.
 If you are involved in community sports, look around to see if there is an AED nearby.
- If you witness a person experiencing a SCA: First, remain calm. Follow the links in the Chain of Survival:
 - ♦ Link 1: Early recognition
 - Assess child for responsiveness. Does the child answer if you call his/her name?
 - If no, then attempt to assess pulse. If no pulse is felt or if you are unsure, call for help "someone dial 911"
 - Link 2: Early CPR
 - Begin CPR immediately
 - Link 3: Early defibrillation (which is the use of an AED)
 - If an AED is available, send someone to get it immediately. Turn it on, attach it to the child and follow the instructions
 - If an AED is not available, continue CPR until EMS arrives
 - Link 4: Early advanced life support and cardiovascular care
 - Continue CPR until EMS arrives
- Lindsay's Law requires both the youth athlete and parent/guardian to acknowledge receipt of information about Sudden Cardiac Arrest by signing a form.

Sudden Cardiac Arrest and Lindsay's Law Parent/Athlete Signature Form



What is Lindsay's Law? Lindsay's Law is about Sudden Cardiac Arrest (SCA) in youth athletes. It covers all athletes 19 years or younger who practice for or compete in athletic activities. Activities may be organized by a school or youth sports organization.

Which youth athletic activities are included in Lindsay's law?

- Athletics at all schools in Ohio (public and non-public)
- Any athletic contest or competition sponsored by or associated with a school
- All interscholastic athletics, including all practices, interschool practices and scrimmages
- All youth sports organizations
- All cheerleading and club sports, including noncompetitive cheerleading

What is SCA? SCA is when the heart stops beating suddenly and unexpectedly. This cuts off blood flow to the brain and other vital organs. People with SCA will die if not treated immediately. SCA can be caused by 1) a structural issue with the heart, OR 2) an heart electrical problem which controls the heartbeat, OR 3) a situation such as a person who is hit in the chest or a gets a heart infection.

What is a warning sign for SCA? If a family member died suddenly before age 50, or a family member has cardiomyopathy, long QT syndrome, Marfan syndrome or other rhythm problems of the heart.

What symptoms are a warning sign of SCA? A young athlete may have these things with exercise:

- Chest pain/discomfort
- Unexplained fainting/near fainting or dizziness
- Unexplained tiredness, shortness of breath or difficulty breathing
- Unusually fast or racing heart beats

What happens if an athlete experiences syncope or fainting before, during or after a practice, scrimmage, or competitive play? The coach MUST remove the youth athlete from activity immediately. The youth athlete MUST be seen and cleared by a health care provider before returning to activity. This written clearance must be shared with a school or sports official.

What happens if an athlete experiences any other warning signs of SCA? The youth athlete should be seen by a health care professional.

Who can evaluate and clear youth athletes? A physician (MD or DO), a certified nurse practitioner, a clinical nurse specialist, certified nurse midwife. For school athletes, a physician's assistant or licensed athletic trainer may also clear a student. That person may refer the youth to another health care provider for further evaluation.

What is needed for the youth athlete to return to the activity? There must be clearance from the health care provider in writing. This must be given to the coach and school or sports official before return to activity.

All youth athletes and their parents/auardians must review information about Sudden Cardiac Arrest, then sign and return this form.

Parent/Guardian Signature	Student Signature
Parent/Guardian Name (Print)	Student Name (Print)
Date	Date





CONCUSSION ACKNOWLEDGEMENT

Acknowledgement of Having Received the Ohio Department of Health Concussion Information Sheet For Youth Sports Organizations

By signing this form, as the parent/guardian/care-giver of the child named below, I acknowledge receiving a copy of the concussion and head injury information sheet prepared by the Ohio Department of Health as required by section 3707.52 of the Revised Code (Ohio's Return-to-Play Law) on pages 19-20 of the Program Guide.

I understand concussions and other head injuries have serious and possibly long-lasting effects.

By reading the information sheet, I understand I have a responsibility to report any signs or symptoms of a concussion or head injury to coaches, referees, administrators, and my child's doctor.

I also understand that coaches, referees and other officials have a responsibility to protect the health of my child and may prohibit my child from further participation in athletic programs until my child has been cleared to return by a physician or other appropriate health care professional.

		
Child's Name		
		
Parent/Guardian	Date	

EMERGENCY MEDICAL AUTHORIZATION

Child's Name: Return to: Montpelier Parks & Recreation Address: P.O. Box 148 City, State, Zip: Montpelier, Ohio 43543 419-485-3496 Date of Birth: Age: **Purpose:** To enable parents and guardians to authorize the provision of emergency treatment for children who become ill or injured when parents or guardians cannot be reached. **Contact Information:** Father ____ Mother ____ Guardian ___ Father _____ Mother _____ Guardian ___ Other _____ Other _____ Address Address City, State, Zip City, State, Zip Phone Number ____ Phone Number ____ Cell Phone Number _____ Cell Phone Number _____ Work Phone ____ Work Phone Medical History (optional): Please list facts concerning the child's medical history including allergies, medications being taken, and any physical impairments to which a physician should be alerted. Consent: I hereby give consent for the following medical care providers and hospital to be called in the case of an emergency: Doctor's Name & Number Dentist's Name & Number Preferred Local Hospital & Number In the event that reasonable attempts to make contact with the above named individuals have been unsuccessful, I hereby give my consent for (I) administration of any treatment deemed necessary by the above named doctor, or in the event the designated preferred practitioner is not available, by another licensed physician or dentist; and (2) the transfer of the child to any hospital reasonably accessible. This authorization does not cover major surgery unless the medical opinions of another licensed physician or dentist, concurring in the necessity for the surgery, are obtained prior to the performance of such surgery.

EMERGENCY: 911

Signature of Parent/Guardian

MONTPELIER MEDICAL CENTER: 419-485-3106 MONTPELIER HOSPITAL: 419-485-3154

Name of Parent/Guardian

BRYAN MEDICAL CENTER: 419-633-4029 BRYAN HOSPITAL: 419-636-1131

Date

PLEASE NOTE

This form will remain on file for one year at the Montpelier Parks & Recreation Department and copies will be distributed to park program directors and/or coaches of the activity in which the child is participating.

2019 MONTPELIER PARKS & RECREATION REGISTRATION FORM

P.O. Box 148 | 211 North Jonesville Street | 419-485-3496 | www.montpelierpark.net | park@montpelieroh.org

First Name:		Last Name:		
Date of Birth:	Age:	Gender (opt.): Male Female		
Address:				
Phone:		Email:		
Child's shirt size: YOUTH: XS (2/4) S (6/8)	M (10/12) L (14/16) or ADULT: S M L	XL	
Other siblings playing Tot Ball or Soccer:				
Parents/Guardians:				
Interested in coaching/assisting a team? TOT BAL	L SOCCER _	Name:	Coach	shirt size:
I, the undersigned parent/guardian of the individual named above do hereby agree to allow the individual named herein to participate in the below-mentioned activities. I recognize that the Village of Montpelier, any of its co-sponsors including other entities, their employees or agents, assume no responsibility for myself or my child. I will assume all risks that may arise from this participation. I also hereby waive any claims against the Village, its co-sponsors, their departments, officers, employees or agents for any injuries or loss that may arise from this participation. This release includes off-site transportation of program participants to and from Village facilities and related field trips and programmed activities. A signature of a parent or legal guardian is required for youth participants (under 18 years of age).				
Signature/date:Parent		Signature/date:		
Parent	_ Legal Guardian	Parent	Legal Guar	dian
Tot Ball Dates: Mid July—Early August Ages: 4-6 for Boys & Girls. Location: Division III Softball Diamond Registration Dead	or LATE registrations.)	, ,	\$15.00 (\$20.00 from June 2-20)	\$
Safety Town Dates: July 22-26 Time: 9:00-11:00 a.m. Ages: 5-6 year olds entering KinderKlub/Kindergarten Fee Location: Montpelier Fire Station Registration Deadline			\$10.00 (\$15.00 from June 21– July 10)	\$
Soccer Dates: Mid August—Early October Times: Monday, Tuesda Ages: 5-11 U6: born in 2013 or 2014 U8: born Fee: \$15.00 each (\$20.00 for LATE registrations.) Location Registration Deadline: July 10th. No late registrations after	n in 2011 or 2012 n: South End of Montp	UII: born in 2008, 2009, or 2010	\$15.00 (\$20.00 from July 11-31)	\$
Summer Camp I Dates: June 10-14 Time: 9:00 AM-Noon Ages: 5-6 (Must be 5 but not older that 6 by June 10, 2019 to Location: Recreation Office Registration: No reg			\$25.00	\$
Summer Camp 2 Dates: June 17-21 Ages: 7-8 (Must be 7 but not older that 8 by June 10, 2019 to Location: Recreation Office Registration: No reg			\$25.00	\$
Summer Camp 3 Dates: June 24-28 Ages: 9-12 (Must be 9 but not older that 12 by June 10, 2015 Location: Recreation Office Registration: No reg	to participate in Sum		\$25.00	\$
Jr. Gardeners Dates: Monday-Friday, July 8-12 Time: 9:00-10:00am Ages: 8-12 (Must be 8 and no older than 12 by June 1, 2019. Location: Montpelier Kids Garden Registration: No) o registrations accepte	d after June 1st.	\$15.00	\$
Kidfest Dates: Wednesday, June 5 & Friday, June 7 Ages & Times: Ages 3-4 (8:30-9:00am Wed.,) Ages 5-6 (9: Fee: Free Location: Montpelier Municipal Park Pa			Free	Check box if registering
Superheroes Down Under Dates: Monday, July 15 Time: 11:00am-Noon Ages: 7-12 (Must be 7 and no older than 12 by July 1, 2019.) Location: Montpelier Municipal Park Pavilion Registration	Fee: FREE on: No registrations ac	ccepted after July 1st	Free	Check box if registering
PAGES 25-28 MUST BE COMPLETED BEFORE A CHI	LD IS ALLOWED	TO PARTICIPATE IN ANY PROGRAMS!	TOTAL COST	

METHOD OF PAYMENT ___ Cash ___ Check #____ Money Order Please make checks payable to Montpelier Parks & Recreation.