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INSTRUCTIONS for patients following Tooth Bonded Inlay – Onlay – ¾ Crown or Full Crown or Bridge Placement

1. If Anesthetic was used: Do not eat or drink until the "NOVOCAINE" feeling is gone.
   (CAREFUL THAT YOU DO NOT BITE YOUR CHEEK, LIPS OR TONGUE)

2. If the gums are Sensitive, Rinse Gently: USE: ½ Teaspoon of Baking Soda in ½ Glass of warm water
   (Rinse 3 – 4 times per day)

3. Slight bleeding is normal, in deep cavities below the gum line and should be gone within 2 hours after treatment.

4. The tooth that was worked on today may be sensitive:
   That is due to deep decay / filling removal or fracture / crack / breakage of the tooth that is close to the nerve within the tooth.

NOTE: FRACTURED / CRACKED / BROKEN / DEEPLY DECAYED TEETH OCCASIONALLY ARE SO SEVERELY DAMAGED THAT THEY ARE NOT SAVEABLE AND MAY REQUIRE IMMEDIATE OR FUTURE EXTRACTION.

   A) This sensitivity may be mild to moderate depending upon the amount and depth of the decay / breakdown present
   B) This sensitivity may be brought on by chewing or by hot or cold temperatures.
   C) This sensitivity is typically controlled by analgesics such as:
   (only use if you can tolerate them and are not allergic)

ASPIRIN	(BAYER, EXCEDRIN, ANACIN)
ACETOMINOPHIN	(TYLENOL, EXTRA STRENGTH TYLENOL),
IBUPROFIN	(NUPRIN, ADVIL, MOTRIN IB)
NAPROXIN SODIUM	(ALEVE)

   D) **DO NOT DRINK ALCOHOLIC BEVERAGES WHEN TAKING ANY PAIN MEDICATION**
   E) **DO NOT TAKE ANY PAIN MEDICATION ON AN EMPTY STOMACH.**

5. There is always the possibility that teeth with deep fillings / build-ups / prior deep decay / prior fracture **MAY REQUIRE ROOT CANAL TREATMENT**, especially if they remain sensitive after extended periods of time.

6. Do not eat anything "sticky or chewy" and NO flossing for 48 hours, as you could loosen the new restoration.

7. If the tooth should fracture (break), it may be restorable with a complete crown or the tooth may require extraction (removal) with subsequent replacement with a dental implant or bridge.

******** FOR ANY EMERGENCY******** CALL THE OFFICE,

WHEN CALLING AFTER HOURS, LISTEN TO THE VOICEMAIL MESSAGE, THEN ENTER THE EMERGENCY **MESSAGE BOX #4** AND **PRESS 1** THEN *CLEARLY* STATE YOUR NAME AND TELEPHONE NUMBER, I WILL RETURN YOUR CALL SHORTLY. This system calls my cellular phone directly – and is subject to cell conditions. (If you are not called within ½ hour, please call back and re-state your emergency message)