

MY SPIRITUAL PLANNER



A step in the right direction...

Activity Book
Prepared by 'Asr'

Oh Allah!

Expel the legions of Satan and ignorance from the realms of our heart and implant the divine hosts of knowledge and wisdom in their stead.

Enrich our hearts with the profusion of Your love and that of Your chosen in this transitory world, this ephemeral lodging place.

And shower Your choicest blessings upon us at the time of death and thereafter.

Extend to us Your mercy, and grant us proximity to the Highest Good.

Ameen, Ya Rabbi! Alameen



Name: _____

Age: _____

This planner is for the month of:

Dua Ahad

Significance:

- It is an appeal to Allah (swt) to be granted the honour of seeing the Imam.
- It is also a pledge of allegiance to our twelfth Imam (ajtf).
- Imam Sadiq (as) narrates:
“One who recites this supplication for 40 mornings: he will be accounted amongst the helpers of Imam Mahdi(ajtf). And if he happens to die before the reappearance of Imam Mahdi(ajtf), Allah will raise him up from his grave so that he may assist the Holy Imam (ajtf). For every word that he recites in this supplication, Allah will grant him 1000 good deeds and will erase from his scroll of deeds 1000 sins.”

What to do:

- Every morning after reciting the dua, cross out the date.

Month of _____						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Dua:

In the Name of Allah, the most Beneficent,
the most Merciful

O Allah! Lord of the Great Light, Lord of the Elevated Throne, Lord of the tumultuous seas, and the revealer of the Tawrah, Injeel, and Zaboor, Lord of the shadows and the warmths, And the revealer of the Great Quran. Lord of the proximate angels and prophets and messengers. O Allah I beseech thee, for the sake of Your Nobel Visage. And for the sake of Your Enlightening Visage, and Your ever existing kingdom. O Ever Living! O Controller! I beseech Thee in Your Name which lights the heavens and the earths; and in Your Name, by which the ancient and the latter ones become upright. O Ever living who has before every living being. O Ever Living Who shall (exist) after every living being. O Ever Living Who existed when there was no life. O Giver of life to dead. O One Who causes death to the living one. O Ever Living. There is no god except Thou. O Allah send our master the leader, the guide, the guided, the upriser with Your command. Blessings of Allah be on him and his pure forefathers from all the believing men and believing women. In the easts of the earth and it's wests, in its plains and its mountains, its lands and its seas, from me and my parents. Blessings, which are the weight of Allah's throne and ink of His words, and whatever His knowledge enumerates and His book encompasses. O Allah renew for him my covenant, pledge and allegiance on my neck in the morning of this day of mine and whatever days (of my life) I live. I shall never turn away from it nor let it ever vanish. O Allah appoint me among his helpers, aides, and his protectors. Those who hasten to fulfill his commands and obey his orders. Those who are his supporters and compete with each other to (fulfill) his intention and seek martyrdom in his presence.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُمَّ رَبَّ النُّورِ الْعَظِيمِ وَرَبَّ الْكُرْسِيِّ الرَّفِيعِ
وَرَبَّ الْبَحْرِ الْمَسْجُورِ وَمُنزِلَ التَّوْرَةِ وَالْإِنْجِيلِ
وَالزَّبُورِ وَرَبَّ الظِّلِّ وَالْحَرُورِ وَمُنزِلَ الْقُرْآنِ الْعَظِيمِ
وَرَبَّ الْمَلَائِكَةِ الْمُقَرَّبِينَ وَالْأَنْبِيَاءِ وَالْمُرْسَلِينَ-

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِوَجْهِكَ الْكَرِيمِ وَبِنُورِ وَجْهِكَ
الْمُنِيرِ وَبِمُلْكِكَ الْقَدِيمِ يَا حَيُّ يَا قَيُّومُ أَسْأَلُكَ
بِاسْمِكَ الَّذِي أَشْرَقَتْ بِهِ السَّمَاوَاتُ وَالْأَرْضُونَ
وَبِاسْمِكَ الَّذِي يَصْلُحُ بِهِ الْأَوْلُونَ وَالْآخِرُونَ يَا
حَيُّ قَبْلَ كُلِّ حَيٍّ وَيَا حَيُّ بَعْدَ كُلِّ حَيٍّ وَيَا حَيُّ
حِينَ لَا حَيَّ يَا مُحْيِي الْمَوْتَى وَمُمِيتِ الْأَحْيَاءِ يَا
حَيُّ لَا إِلَهَ إِلَّا أَنْتَ-

اللَّهُمَّ بَلِّغْ مَوْلَانَا الْإِمَامَ الْهَادِيَ الْمَهْدِيَّ الْقَائِمَ
بِأَمْرِكَ صَلَوَاتِ اللَّهِ عَلَيْهِ وَعَلَى آبَائِهِ الطَّاهِرِينَ
عَنْ جَمِيعِ الْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ فِي مَشَارِقِ
الْأَرْضِ وَمَغَارِبِهَا سَهْلِهَا وَجَبَلِهَا وَبَرِّهَا وَبَحْرِهَا
وَعَنَيْي وَعَنْ وَالِدَيْي مِنَ الصَّلَوَاتِ زِنَةَ عَرْشِ اللَّهِ
وَمِدَادَ كَلِمَاتِهِ وَمَا أَحْصَاهُ عِلْمُهُ وَأَحَاطَ بِهِ كِتَابُهُ-

اللَّهُمَّ إِنِّي أُجَدِّدُ لَهُ فِي صَبِيحَةِ يَوْمِي هَذَا وَمَا
عِشْتُ مِنْ أَيَّامِي عَهْدًا وَعَقْدًا وَبَيْعَةً لَهُ فِي غُنْفِي
لَا أَحُولُ عَنْهَا وَلَا أَرْوُلُ أَبَدًا-

اللَّهُمَّ اجْعَلْنِي مِنْ أَنْصَارِهِ وَأَعْوَابِهِ وَالذَّابِقِينَ عَنْهُ
وَالْمُسَارِعِينَ إِلَيْهِ فِي قَضَائِهِ حَوَائِجِهِ وَالْمُتَمَثِّلِينَ
لِأَوَامِرِهِ وَالْمُحَامِلِينَ عَنْهُ وَالسَّابِقِينَ إِلَى إِرَادَتِهِ

وَالْمُسْتَشْهِدِينَ بَيْنَ يَدَيْهِ-

O Allah! If death occurs between me and him (before the reappearance) (death) which you have made obligatory and decreed for your servants, then raise me from my grave, wrapped in my shroud, my sword unsheathed, my spear bared, answering the call of the caller in cities as well as deserts. O Allah! Show me the rightly guided face of (Imam a.s.), the praiseworthy moon (referring to the face of Imam a.s.) and enlighten my vision by looking at him. And hasten his reappearance, make his arrival smooth, vasten his path, make me tread on his way and implement his authority and strengthen his back. O Allah inhabit Your cities through him and give life to Your servants due to him for surely You have said and Your word is truth, "Corruption will become rampant in land and on sea because of the evil which men's hand have earned" Then O Allah manifest for us Your slave and the son of Your Prophet's daughter, whose name is the same as that of Your messenger, so that nothing from falsehood is victorious except that he tears them (falsehood) to pieces, establishes the truth and the truth confirms him. And O Allah! Appoint him as a refuge for Your oppressed servants and a helper for the one who does not find any helper for himself except You and the renewer of all the laws of Your book which have been tampered with and the rebuilder of the science of Your religion and the traditions of Your Prophet (peace of Allah be on him and his progeny) and O Allah! Make him among those whom you have protected from the evils of the adversaries. O Allah! and provide joy to Your Prophet Mohammed (peace be on him and his progeny) by his vision and (the vision of) the one who follows him on his call and have mercy on our poverty after his arrival O Allah remove his sorrow (of occultation) from this nation with his presence and hasten for us his reappearance. They (the disbelievers) consider it to be distant while we consider it to be near. For the sake of Your mercy, O the most Merciful of all Merciful.

Then one should gently strike his right thigh with his palm and say.

Hasten! Hasten! O my Master, O Master of the era.

اللَّهُمَّ إِنَّ حَالَ بَيْتِي وَبَيْتَهُ الْمَوْتُ الَّذِي جَعَلْتَهُ عَلَى عِبَادِكَ حَتْمًا مَقْضِيًّا فَأَخْرِجْنِي مِنْ قَبْرِي مُؤْتَرِّرًا كَفَنِي شَاهِرًا سَيْفِي مُجَرِّدًا قَنَاتِي مُلْتَبِّيًا دَعْوَةَ الدَّاعِي فِي الْحَاضِرِ وَالْبَادِي-

اللَّهُمَّ ارِنِي الطَّلْعَةَ الرَّشِيدَةَ وَالْغُرَّةَ الْحَمِيدَةَ وَاحْكُلْ نَاطِرِي بِنَظْرَةِ مَنِيِّ إِلَيْهِ وَعَجِّلْ فَرَجَهُ وَسَهِّلْ مَخْرَجَهُ وَأَوْسِعْ مَنَهَجَهُ وَاسْلُكْ بِي مَحَجَّتَهُ وَانْفِذْ أَمْرَهُ وَاشْدُدْ أَرْزَهُ-

وَاعْمُرِ اللَّهُمَّ بِهِ بِلَادَكَ وَأَخِي بِهِ عِبَادَكَ فَإِنَّكَ قُلْتَ وَقَوْلُكَ الْحَقُّ ظَهَرَ الْفَسَادُ فِي الْبَرِّ وَالْبَحْرِ بِمَا

كَسَبَتْ أَيْدِي النَّاسِ فَأَظْهِرِ اللَّهُمَّ لَنَا وَلِيَّكَ وَابْنَ بِنْتِ نَبِيِّكَ الْمُسْمَى بِاسْمِ رَسُولِكَ حَتَّى لَا يَظْفَرَ بِشَيْءٍ مِنَ الْبَاطِلِ إِلَّا مَزَقَهُ وَيُحِقِّ الْحَقَّ وَيُحَقِّقَهُ-

وَاجْعَلْهُ اللَّهُمَّ مَفْرَعًا لِمَظْلُومِ عِبَادِكَ وَنَاصِرًا لِمَنْ لَا يَجِدُ لَهُ نَاصِرًا غَيْرَكَ وَمُجَدِّدًا لِمَا عُطِّلَ مِنْ أَحْكَامِ كِتَابِكَ وَمُشِيدًا لِمَا وَرَدَ مِنْ أَعْلَامِ دِينِكَ وَسُنَنِ نَبِيِّكَ صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَاجْعَلْهُ اللَّهُمَّ مِمَّنْ حَصَّنْتَهُ مِنْ بَاسِ الْمُعْتَدِينَ-

اللَّهُمَّ وَسُرِّ نَبِيِّكَ مُحَمَّدًا صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ بِرُؤْيَيْهِ وَمَنْ تَبِعَهُ عَلَى دَعْوَتِهِ وَارْحَمِ اسْتِكَانَتَنَا بَعْدَهُ اللَّهُمَّ اكْشِفْ هَذِهِ الْغُمَّةَ عَن هَذِهِ الْأُمَّةِ بِحُضُورِهِ وَعَجِّلْ لَنَا ظُهُورَهُ إِنَّهُمْ يَرَوْنَهُ بَعِيدًا وَنَرِيهِ قَرِيبًا بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ-

الْعَجَلْ، الْعَجَلْ، يَا مَوْلَايَ يَا صَاحِبَ الزَّمَانِ-



Wajib Prayers

- The most important act in Islam.
- Five daily prayers that are obligatory..
- Holy Quran says:

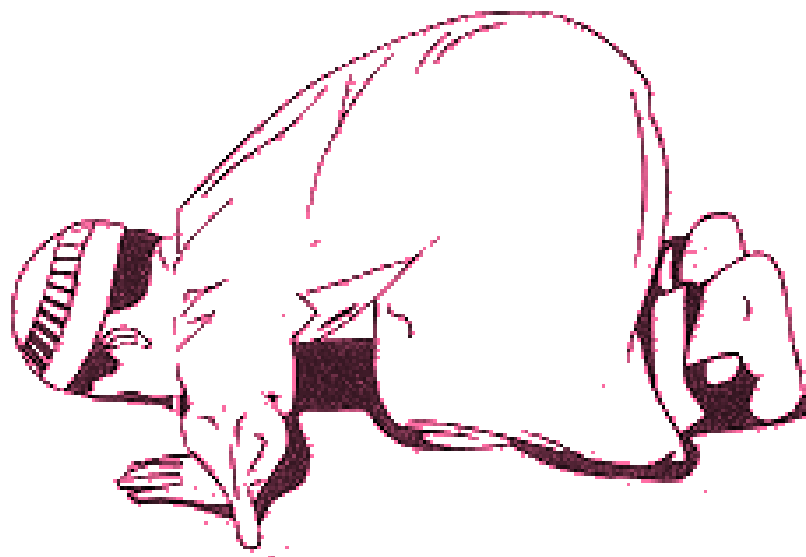
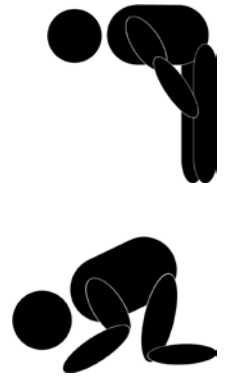
“Establish salat and do not be among mushrikeen”

(Surah Rum, 30:31)

- Imam Sadiq:

“One, who considers salat as insignificant, will not receive our shafaat.”

- It is mustahab to offer them in awal waqt (as soon as the time starts).
- The place of salat must be mubah and tahir.
- The person’s body must be tahir (performed wudu, ghusl or tayammum.)



What to do?

After your prayers, tick the box.

Month: _____					
	Fajr	Zuhr	Asr	Maghrib	Isha
1					
2					
3					
4					
5					
6					
7					
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Salat-ul-Layl (Shab)

Significance:

- A very recommended act.
 - Performed before Fajr prayers.
 - Prophet (saw) said,
"A person who prays Salat-ul-Layl gets the following twenty four kinds of benefits." (A few listed here)
1. Keeps one physically fit.
 2. Drives Shaitan away.
 3. Protects one from enemies.
 4. Intercedes with the Angel of Death.
 5. Lights up the grave.
 6. Provides comfortable bedding in the grave.

What to do:

After salat-ul-layl, cross out a box.

Month: _____						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Method:

Salatul-Layl has eleven rakats:

- First 8 are prayed in pairs in sets of two with the niyyah of Nawafilatul-Layl.
 - The next 2 are prayed with the Niyyah of 'Salatul Shaf'a'. (Doesn't have qunoot)
 - The remaining 1 is prayed (as below) with the Niyyah of 'Salatul Witr.'
- Qunoot is recited before Ruku and salat is completed with tashahud and Salaam.

The last Rak'at of Witr:

1. Make Niyyah and say Takbiratul Ihram.

2. Recite four surahs: -Surah Al-Hamd

- Surah Qul Huwallahu Ahad - three times
- Surah Qul-Audhubi Rabbil Falaq - once
- Surah Qul-Audhubi Rabbin Naas - once.

Note: If one does not know the last two Surahs mentioned, then it is sufficient to recite Surah Qul Huwallahu Ahad, three times.

3. Say Takbir and raise hands for Qunoot.:-

You may recite any Dua. However, it is recommended to recite the following Dua.

There is none worth worshipping but Allah Who is Forbearing and Generous.
There is none worth worshipping but Allah Who is Most High and Great.
Glory be to Allah, Who is the Sustainer of the seven heavens and of the seven earth. And Who is the Sustainer of all the things. In them, and between them.
And Who is the Lord of the great 'Arsh (Divine Center of Authority & Power).
And all praise for Allah, the Sustainer of the worlds.

لَا إِلَهَ إِلَّا اللَّهُ الْحَلِيمُ الْكَرِيمُ
لَا إِلَهَ إِلَّا اللَّهُ الْعَلِيُّ الْعَظِيمُ
سُبْحَانَ اللَّهِ رَبِّ السَّمَاوَاتِ السَّبْعِ
وَرَبِّ الْأَرْضِينَ السَّبْعِ
وَمَا فِيهِنَّ وَ مَا بَيْنَهُنَّ وَ
رَبُّ الْعَرْشِ الْعَظِيمِ
وَ الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ



4. You may hold Tasbih in the right hand if required ,for keeping count of the dhikr mentioned below and raise your left hand in qunoot. Then pray for forgiveness of 40 or more Mu'mineen (dead or living) in the following manner:

Allaahummagh Firli... (Name)

اللَّهُمَّ اغْفِرْ ل...

O Allah, forgive ... giving the names of Mu'mineen. (In each case saying, Allahummagh Firli ...)

5. Continuing with the Qunoot, while still raising the left hand, recite this Istighfar seventy times:

Astaghfirullah Rabbi wa Atuubu Ilayh

أَسْتَغْفِرُ اللَّهَ رَبِّي وَ أَتُوبُ إِلَيْهِ ۞

I seek forgiveness of Allah my Lord and I turn to Him

6. Still continuing further, while raising the left hand, recite this seven times:

Haadhaa Maqaamul 'Aaidhi Bika Minannaar

هَذَا مَقَامُ الْعَائِدِ بِكَ مِنَ النَّارِ

This is the position of one who seeks refuge in You from the fire [of Hell]

7. Continuing further, while still raising the left hand, recite three hundred times:

Al-' Afwa

(I ask for) forgiveness

الْعَفْو

8. Following this, say once:

"Rabbigfirli warhamni wa tubalaiyyi,Innaka tawwaburrahim"

"Lord, please forgive me and have mercy upon me and turn back towards me. Verily You are the Oft-Turning back, Most Merciful."

9. Finally, complete the Salat in the normal way by going to Rukuu' followed by Sajdah, Tashahud and Salaam, ending Salat-ul-Layl.



Ziarat e Ashura



Significance:

- Ziarat e Ashura sends salutations to Imam Hussain (as) and the martyrs of Karbala and curses the enemies of the Ahlebait.
- It is guaranteed to relieve any problem after being recited continuously for 40 days.
- Imam Sadiq (a.s.) said,
'One who does the Ziyaarat of Imam Hussain (a.s.) on the day of Ashura; paradise is obligatory upon him.'
(Behaar al-Anwaar, vol. 101, p.104)



What to do:

Recite the ziarat and cross out the day.

Month: _____						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the Beneficent, the Merciful. Peace be on you, O Abu Abdullah!

Peace be on you, O son of the Apostle of Allah! Peace be on you, O son of the commander of the faithfuls, the forebear of the successors! Peace be on you, O son of Fatimah, the choicest among the women of the worlds! Peace be on you, O the select, surpassing, chosen in preference over all good of Allah, and son of Allah's (such) good.

Peace be on you, who was martyred while fighting heroically in the cause of Allah, the son of Allah's fearless warrior, you were isolated and had been attacked with a vengeance! Peace be on you and on those souls who had gathered in your camp, and strided along with you, in your journey. I pray and invoke Allah to keep all of you tranquil and restful, for ever; so far I am alive, this is my prayer, and till nights and days follow each other. O Abu Abdullah! unbearable is the sorrow, nerve-racking is the agony, you put up with, for us and for all the (true) Muslims, crimes committed against you also shocked and unnerved the dwellers of the heavens, one and all. May Allah condemn and damn the people who laid the basis and set up the groundwork, to wander astray and turn aside from not only you and your family but to take liberties and bear hard upon you.

May Allah condemn and damn the people who tried to obscure and deny your office and status, willfully neglected your rank and class Allah had made know in clear terms. May Allah condemn and damn the people who killed you. May Allah condemn and damn the abettors who instigated and had a part in your murder.

الْسَّلَامُ عَلَيْكَ يَا أَبَا عَبْدِ اللَّهِ السَّلَامُ عَلَيْكَ يَا
ابْنَ رَسُولِ اللَّهِ السَّلَامُ عَلَيْكَ يَا بَنَ أَمِيرِ
الْمُؤْمِنِينَ وَ ابْنَ سَيِّدِ الْوَصِيِّينَ السَّلَامُ عَلَيْكَ
يَا بَنَ فَاطِمَةَ سَيِّدَةَ نِسَاءِ الْعَالَمِينَ السَّلَامُ عَلَيْكَ
يَا خَيْرَةَ اللَّهِ وَ ابْنَ خَيْرَتِهِ السَّلَامُ عَلَيْكَ يَا ثَارَ
اللَّهِ وَ ابْنَ ثَارِهِ وَ الْوَتَرَ الْمَوْتُورَ السَّلَامُ عَلَيْكَ وَ
عَلَى الْأَرْوَاحِ الَّتِي حَلَّتْ بِفِنَائِكَ عَلَيْكُمْ مِنِّي
جَمِيعًا سَلَامُ اللَّهِ أَبَدًا مَا بَقِيَتْ وَ بَقِيَ اللَّيْلُ وَ
النَّهَارُ يَا أَبَا عَبْدِ اللَّهِ لَقَدْ عَظُمَتِ الرَّزِيَّةُ وَ جَلَّتْ
وَ عَظُمَتِ الْمُصِيبَةُ بِكَ عَلَيْنَا وَ عَلَى جَمِيعِ أَهْلِ
الْإِسْلَامِ وَ جَلَّتْ وَ عَظُمَتِ مُصِيبَتُكَ فِي
السَّمَوَاتِ عَلَى جَمِيعِ أَهْلِ السَّمَاوَاتِ فَلَعَنَ
اللَّهُ أُمَّةً أَهَسَتْ أَسَاسَ الظُّلْمِ وَ الْجَوْرِ عَلَيْكُمْ
أَهْلَ الْبَيْتِ وَ لَعَنَ اللَّهُ أُمَّةً دَفَعَتْكُمْ عَنْ مَقَامِكُمْ
وَ أَزَالَتْكُمْ عَنْ مَرَاتِبِكُمْ الَّتِي رَتَّبَكُمْ اللَّهُ فِيهَا وَ
لَعَنَ اللَّهُ أُمَّةً قَتَلَتْكُمْ وَ لَعَنَ اللَّهُ الْمُمَهِّدِينَ لَهُمْ
بِالْتَّمَكِينِ مِنْ قِتَالِكُمْ بَرِئْتُ إِلَى اللَّهِ وَ إِلَيْكُمْ
مِنْهُمْ وَ مِنْ أَشْيَاعِهِمْ وَ اتِّبَاعِهِمْ وَ أَوْلِيَائِهِمْ يَا أَبَا



I turn to you and Allah, away from them, their henchmen, their followers and their friends, O Abu Abdullah, I pray and invoke Allah to send blessings on you. I make peace with those who make their peace with you, I make war on those who go to war against you, till the Day of Judgment. May Allah condemn and damn the family of Ziyaad and the family of Marwaan.

May Allah condemn and damn the group and the tribe of Umayyah, one and all, altogether.

May Allah condemn and damn the son of Marjaanah. May Allah condemn and damn Umar son of Saad. May Allah condemn and damn Shimr; May Allah condemn and damn the people who bridled the horses and saddles for your martyrdom. I, my father and mother are at your disposal. Profound is my sorrow for you. I beg Allah, who honoured you above others, to be generous towards me on account of you, and give me the opportunity to be with the victorious Imam, the descendent of Mohammad (blessings and peace be on him and on his children from Allah) at the time of the final and decisive war against Allah's enemies. O my Allah make me attend to Your cause, sincerely, in every respect following in Husayn's footsteps, in this world and the hereafter. O Abu Abdullah, I pray and invoke Allah to send blessings on you. I come nearer and seek greater intimacy with Allah, with His Apostle, with Ameerul Moomineen, with Fatimah, with Hasan and with you, with the help of your love and patronage, cutting off every connection with those who took up arms against you and killed you. I disconnect all links with those who, in the beginning, took the first steps to take liberties with and bear hard upon you, I take refuge with Allah and His Apostle (blessings of Allah be on him and on his children), free from the guilt of associating with those who laid the foundation for (your suffering), devised and carried out their corrupt plan of action, boldly gave currency to reign of terror and cruelty to oppress you and your friends and followers.

عَبْدِ اللَّهِ إِنِّي سَلَّمُ لِمَنْ سَأَلْتَكُمْ وَ حَرْبُ لِمَنْ
حَارَبَكُمْ إِلَى يَوْمِ الْقِيَامَةِ وَ لَعَنَ اللَّهُ آلَ زِيَادٍ وَ
آلَ مَرْوَانَ وَ لَعَنَ اللَّهُ بَنِي أُمَيَّةَ قَاطِبَةً وَ لَعَنَ اللَّهُ
ابْنَ مَرْجَانَةَ وَ لَعَنَ اللَّهُ عُمَرَ بْنَ سَعْدٍ وَ لَعَنَ اللَّهُ
شِمْرًا وَ لَعَنَ اللَّهُ أُمَّةَ أُسْرَجَتْ وَ أَلْجَمَتْ وَ
تَنَقَّبَتْ لِقِتَالِكَ يَا بِيَّ أَنْتَ وَ أُمِّي لَقَدْ عَظُمَ
مُصَابِي بِكَ فَاسْأَلُ اللَّهَ الَّذِي أَكْرَمَ مَقَامَكَ وَ
أَكْرَمَنِي بِكَ أَنْ يَرزُقَنِي طَلَبَ ثَارِكَ مَعَ إِمَامٍ
مَنْصُورٍ مِنْ أَهْلِ بَيْتِ مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَ
آلِهِ اللَّهُمَّ اجْعَلْنِي عِنْدَكَ وَ جِيهَا بِالْحُسَيْنِ فِي
الدُّنْيَا وَ الآخِرَةِ يَا أَبَا عَبْدِ اللَّهِ إِنِّي أَتَقَرَّبُ إِلَى
اللَّهِ وَ إِلَى رَسُولِهِ وَ إِلَى أَمِيرِ الْمُؤْمِنِينَ وَ إِلَى
فَاطِمَةَ وَ إِلَى الْحَسَنِ وَ إِلَيْكَ بِمُؤَالَاتِكَ وَ
بِالْبَرَاءَةِ مِنْ قَاتِلِكَ وَ نَصَبِكَ لَكَ الْحَرْبُ وَ
بِالْبَرَاءَةِ مِنْ مَنْ أَسَّسَ أَسَاسَ الظُّلْمِ وَ الْجَوْرِ
عَلَيْكُمْ وَ أَبْرَأُ إِلَى اللَّهِ وَ إِلَى رَسُولِهِ مِنْ مَنْ أَسَّسَ
أَسَاسَ ذَلِكَ وَ بَنَى عَلَيْهِ بُنْيَانَهُ وَ جَرَى فِي ظُلْمِهِ
وَ جَوْرِهِ عَلَيْكُمْ وَ عَلَى أَشْيَاعِكُمْ بَرِئْتُ إِلَى اللَّهِ

I detach myself from them and present myself to Allah and to you, I (first) seek greater intimacy with Allah and then with you to win your love and patronage, and to make friends with your friends, cut off all links with your enemies, and with those who planted the seeds of hostility against you, and reject and discard their associates, their followers and their friends. I make peace with those who made their peace with you, I search out and confront those who waged war against you, I make friends with those who stood by you, I strive against those who came in conflict with you, therefore, I make a request to Allah to acquaint (me) with the awareness that perceives you and your friends, to set me free from the corrupting influence of your enemies, to make me keep company with you in this world and in the Hereafter, stand firm beside you and follow your footsteps closely in this world and in the next world. I beseech Him that he helps me to reach your highly praised station, given to you by Allah, (to meet you), that He provides me the opportunity to fight for justice and fairplay along with and under the leadership of the rightly guided guide (in your progeny) who surely will come and speak the truth. I beseech Allah in the name of your right and the purpose He assigned to you, that He overwhelms me with grief in memory of your sorrows, more than the personal grief that torments any one who is in great agony, sorrows which have no parallel and overshadow all calamities that took place in the history of Islam, for that matter, through out the whole universe. O my Allah, in my on the spot situation, treat me like him (or her) who obtains from You (Your) blessings, mercy and forgiveness.



وَ إِلَيْكُمْ مِنْهُمْ وَ اتَّقَرُّبُ إِلَى اللَّهِ ثُمَّ إِلَيْكُمْ
بِمُؤَالَاتِكُمْ وَ مُؤَالَاةِ وَلِيِّكُمْ وَ بِالْبِرَائَةِ مِنْ
أَعْدَائِكُمْ وَ النَّاصِبِينَ لَكُمْ الْحَرْبِ وَ بِالْبِرَائَةِ
مِنْ أَشْيَاعِهِمْ وَ اتَّبَاعِهِمْ إِنِّي سِلْمٌ لِمَنْ سَأَلَكُمْ
وَ حَرْبٌ لِمَنْ حَارَبَكُمْ وَ وَلِيٌّ لِمَنْ وَالَاكُمْ وَ
عَدُوٌّ لِمَنْ عَادَاكُمْ فَاسْئَلُ اللَّهَ الَّذِي أَكْرَمَنِي
بِمَعْرِفَتِكُمْ وَ مَعْرِفَةِ أَوْلِيَائِكُمْ وَ رَزَقَنِي الْبِرَائَةَ
مِنْ أَعْدَائِكُمْ أَنْ يَجْعَلَنِي مَعَكُمْ فِي الدُّنْيَا وَ
الْآخِرَةِ وَ أَنْ يُثَبِّتَ لِي عِنْدَكُمْ قَدَمَ صِدْقٍ فِي
الدُّنْيَا وَ الْآخِرَةِ وَ أَسْأَلُهُ أَنْ يُبَلِّغَنِي الْمَقَامَ
الْمَحْمُودَ لَكُمْ عِنْدَ اللَّهِ وَ أَنْ يَرْزُقَنِي طَلَبَ
ثَارِي مَعَ إِمَامٍ هُدًى ظَاهِرٍ نَاطِقٍ بِالْحَقِّ مِنْكُمْ وَ
أَسْأَلُ اللَّهَ بِحَقِّكُمْ وَ بِالشَّانِ الَّذِي لَكُمْ عِنْدَهُ
أَنْ يُعْطِنِي بِمُصَابِي بِكُمْ أَفْضَلَ مَا يُعْطِي مُصَابًا
بِمُصِيبَةٍ مُصِيبَةٌ مَا أَعْظَمَهَا وَ أَعْظَمَ رَزِيَّتَهَا فِي
الْإِسْلَامِ وَ فِي جَمِيعِ السَّمَوَاتِ وَ الْأَرْضِ
اللَّهُمَّ اجْعَلْنِي فِي مَقَامِي هَذَا مِمَّنْ تَنَالُهُ مِنْكَ
صَلَوَاتُ وَ رَحْمَةٌ وَ مَغْفِرَةٌ اللَّهُمَّ اجْعَلْ مَحْيَايَ

O my Allah, bring me to life again, after death, in the place Mohammad and his "Aal" (children) are dwelling, and make me depart from this world like Mohammad and his "Aal" (children) had left, O my Allah this day is a day of rejoicing for the "Bani Umayyah", the herd of hardened criminals, the eternally damned and accursed group, a fact that had been made public by You and by Your Prophet (blessings of Allah be on him and on his children), who, in every place and at all occasions, drew attention of people to this truism. O my Allah condemn and damn Abu Sufyaan, Yazid son of Muwa'awiyah and let it be an everlasting curse upon them from You. Today the descendants of Ziyaad and Marwan make merry, laugh and dance because on this day they killed Husayn (blessings of Allah be on him). O my Allah, therefore, double up the curse You bring upon them and also the punishment You decree for them. O my Allah, I seek nearness to You today in this frame of mind, cutting off all links with them for the rest of my life, denouncing them because of my love for Your Prophet and his children, peace be on him and them.

Then say 100 times:

O my Allah condemn and damn the first tyrant who unjustly and wrongfully usurped that which rightly belonged to Mohammad and the children of Mohammad, and bring curse upon those who, after him, followed in his footsteps. O my Allah condemn and damn those conspirators who vexed and harassed Husayn, showed eagerness, agreed mutually, and joined hands to kill him. O my Allah bring curse upon all of them.

مَحْيَا مُحَمَّدٍ وَ آلِ مُحَمَّدٍ وَ مَمَاتِي مَمَاتٍ
 مُحَمَّدٍ وَ آلِ مُحَمَّدٍ اَللّٰهُمَّ اِنَّ هَذَا يَوْمٌ تَبَرَّكَتْ
 بِهِ بَنُو اُمَيَّةَ وَ ابْنُ اَكَلَةِ الْاَكْبَادِ اللَّعِيْنُ ابْنُ
 اللَّعِيْنِ عَلٰى لِسَانِكَ وَ لِسَانِ نَبِيِّكَ صَلَّى اللهُ
 عَلَيْهِ وَآلِهِ فِي كُلِّ مَوْطِنٍ وَ مَوْقِفٍ وَقَفَ فِيهِ
 نَبِيِّكَ صَلَّى اللهُ عَلَيْهِ وَآلِهِ اَللّٰهُمَّ الْعَنْ اَبَا
 سُفْيَانَ وَ مُعَاوِيَةَ وَ يَزِيْدَ بَنَ مُعَاوِيَةَ عَلَيْهِمْ مِنْكَ
 اللَّعْنَةُ اَبَدَ الْاَبْدِيْنَ وَ هَذَا يَوْمٌ فَرِحَتْ بِهِ اَلُ زِيَادِ
 وَ اَلُ مَرْوَانَ بِقَتْلِهِمُ الْحُسَيْنِ صَلَوَاتُ اللهِ عَلَيْهِ
 اَللّٰهُمَّ فَضَاعِفْ عَلَيْهِمُ اللَّعْنَ مِنْكَ وَ الْعَذَابِ
 الْاَلِيْمِ اَللّٰهُمَّ اِنِّي اتَّقَرَّبُ اِلَيْكَ فِي هَذَا الْيَوْمِ وَ
 فِي مَوْقِفِيْ هَذَا وَ اَيَّامِ حَيَاتِيْ بِالْبَرَاءَةِ مِنْهُمْ وَ
 اللَّعْنَةِ عَلَيْهِمْ وَ بِالْمُؤَالَاتِ لِنَبِيِّكَ وَ آلِ لِنَبِيِّكَ
 عَلَيْهِ وَ عَلَيْهِمُ السَّلَامُ

Then again say 100 times:

اَللّٰهُمَّ الْعَنْ اَوَّلَ ظَالِمٍ ظَلَمَ حَقَّ مُحَمَّدٍ وَ آلِ
 مُحَمَّدٍ وَ آخِرَ تَابِعٍ لَهٗ عَلٰى ذٰلِكَ اَللّٰهُمَّ الْعَنْ
 الْعِصَابَةَ الَّتِي جَاهَدَتِ الْحُسَيْنِ وَ شَايَعَتْ وَ
 بَايَعَتْ وَ تَابَعَتْ عَلٰى قَتْلِهِ اَللّٰهُمَّ الْعَنْهُمْ جَمِيْعًا

Then say 100 times:

Peace be on you, O Abu Abdullah, and on those souls who came to your camp to put themselves at your disposal. So far I am alive and the days and nights follow each other I invoke Allah to send blessings on you for ever and ever. May Allah not make my this pledge of close association, physical as well as spiritual, with you the last fulfillment.

Peace be on Husayn, and on Ali son of Husayn, and on the children of Husayn, and on the friends of Husayn.

Then say:

O my Allah, let the curse I call down on the head of the first tyrant stick like a leech; and stay put for ever on the first, then the second, the third and the fourth. O my Allah damn and call down evil on the fifth, Yazid son of Mua'awyah, and bring a curse upon Ubaydullah son of Ziyaad, ibna Marjanah, Umar son of Saad, and Shimr, and on the descendants of Abu Sufyaan, on the descendants of Ziyaad, on the descendants of Marwaan, till the Day of judgement.

Then go in Sajdah(prostration) and say:

O my Allah! (All) praise is for You (alone); praise of the "Ever-thankful to You", who glorify You whatever come to pass. (All) praise is for Allah for my deep-felt intense grief. O my Allah make available for me the recommendations of Husayn on the day I present myself before You, let me stand firm in safety before You on account of my sincere attachment with Husayn, along with him and his comrades, who sacrificed everything they had (heart, mind, soul and life) for Husayn, peace be on him.

Then again say 100 times:

السَّلَامُ عَلَيْكَ يَا أَبَا عَبْدِ اللَّهِ وَ عَلَى الْأَرْوَاحِ
الَّتِي حَلَّتْ بِفِنَائِكَ عَلَيْكَ مِنِّي سَلَامُ اللَّهِ أَبَدًا مَا
بَقِيْتُ وَ بَقِيَ اللَّيْلُ وَ النَّهَارُ وَ لَا جَعَلَهُ اللَّهُ آخِرَ
العَهْدِ مِنِّي لِزِيَارَتِكُمْ السَّلَامُ عَلَى الْحُسَيْنِ وَ
عَلَى عَلِيِّ بْنِ الْحُسَيْنِ وَ عَلَى أَوْلَادِ الْحُسَيْنِ وَ
عَلَى أَصْحَابِ الْحُسَيْنِ

Then say:

اللَّهُمَّ خُصَّ أَنْتَ أَوَّلَ ظَالِمٍ بِاللَّعْنِ مِنِّي وَ أَبَدًا بِهِ
أَوَّلًا ثُمَّ الثَّانِي وَ الثَّالِثَ وَ الرَّابِعَ اللَّهُمَّ الْعَنُ يَزِيدَ
خَامِسًا وَ الْعَنُ عُبَيْدَ اللَّهِ بْنِ زِيَادٍ وَ ابْنَ مَرْجَانَةَ وَ
عُمَرَ بْنَ سَعْدٍ وَ شِمْرًا وَ آلَ أَبِي سُفْيَانَ وَ آلَ
زِيَادٍ وَ آلَ مَرْوَانَ إِلَى يَوْمِ الْقِيَامَةِ

Then go in Sajdah and say:

اللَّهُمَّ لَكَ الْحَمْدُ حَمْدَ الشَّاكِرِينَ لَكَ عَلَى
مُصَابِهِمُ الْحَمْدُ لِلَّهِ عَلَى عَظِيمِ رَزِيَّتِي اللَّهُمَّ
ارْزُقْنِي شَفَاعَةَ الْحُسَيْنِ يَوْمَ الْوُرُودِ وَ ثَبِّتْ لِي
قَدَمَ صِدْقٍ عِنْدَكَ مَعَ الْحُسَيْنِ وَ أَصْحَابِ
الْحُسَيْنِ الَّذِينَ بَدَلُوا مُهَجَهُمْ دُونَ الْحُسَيْنِ
عَلَيْهِ السَّلَامُ

Reciting Quran

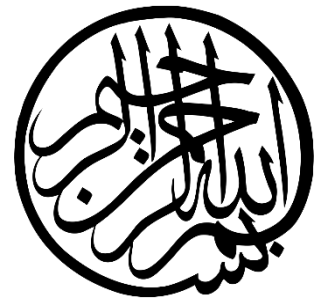
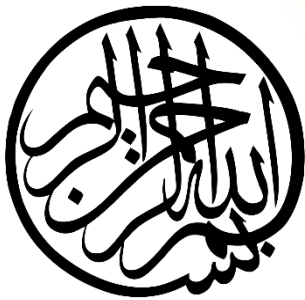
Significance:

- The Quran is the word of Allah and a guide for us all.
- We must read it regularly with the translation and the tafseer (explanation) so that we can understand it properly. Try and read a little everyday.
- In his last will, Imam Ali (as) said:
"Remain attached to the Qur'an. Nobody should surpass you in being intent on it, or more sincere in implementing it."

- Imam Sadiq (as):

"The Qur'an is the trust of Allah [swt] (given) to His creations, therefore it is recommended for every Muslim to look at this trust or promise, and to recite 50 ayats (verses) of the Qur'an everyday."

(Usool-e-Kafi Vol.2, page 609)



My Personal Planner:

Month: _____						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Lectures



Significance:

- Imam Al Raza (as) was asked about how to revitalize the affairs of Ahlul Bayt. He responded, **"By learning our knowledge and then teaching it to the people. For indeed, if people knew the merits of our knowledge, they would follow us."**
- To understand the true meaning of the words of Allah, the prophet and the twelve Imams, we need someone as a teacher.
- This role can be performed by knowledgeable and pious scholars.
- We should ensure the authenticity of the scholars and then follow and learn from them.
- Dedicating 15 minutes will finish one lecture in approximately three days.

What to do:



Remember to cross out a date every time you finish a lecture!

Month: _____						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

CONGRATULATIONS!!!



Certificate of Appreciation



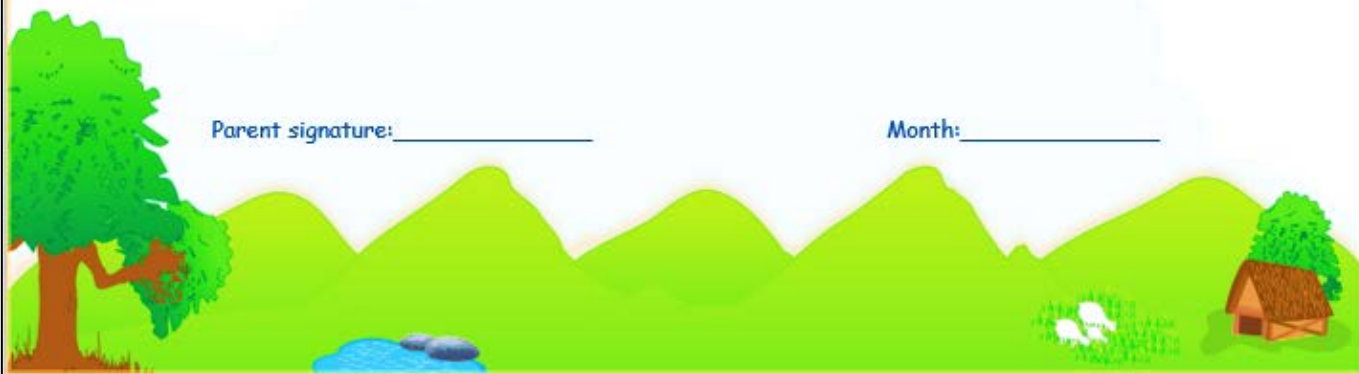
presented to



in recognition of completing a month of a spiritual journey. I thank Allah (swt) for blessing me with an opportunity to take a step forward on the path of the righteous. I hope this continues so that I can prepare myself for the arrival of the Imam (ajtf) Inshallah.

Parent signature: _____

Month: _____



Titles published by Asr so far...

The Messengers:

Book 1: Superhero or Superhuman

Book 2: Superhero at play

Book 3: Are there more like me?

Book 4: Little things...Big Impact!

Book 5: Peek a Boo! I know you!

Book 6: Respite after spite

Book 7: Sugar-coated evil



Lessons from Karbala:

Book 1: Patience

Book 2: Marifat of our Imam

Book 3: Baseerat

Book 4: Tawakkul

Book 5: Ikhlas

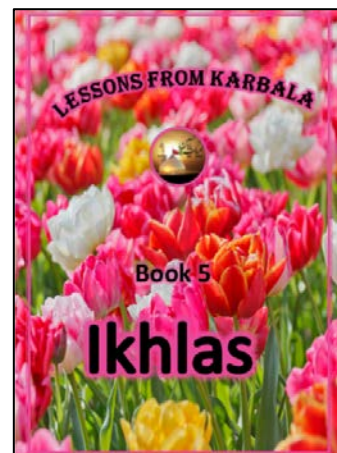
Book 6: Sacrifice

Book 7: Commitment

Book 8: Prioritising

Book 9: Courage

Book 10: Minority vs Majority

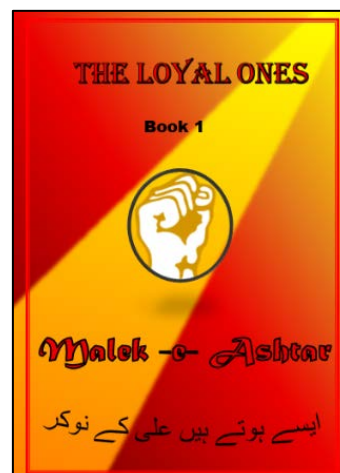


The Loyal Ones:

Book 1: Malek-e-Ashtar

Book 2: Uthman bin Saeed ul Amri

Book 3: Abu Jafar Mohammad ibn Uthman



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