

Community Social Work Journey to Scotland

OPTIONAL LONDON PRE PROGRAM EXTENSION

4 days | Explore London including Westminster Abbey, the Tower of London & St. Paul's Cathedral

Enjoy a tour of London with a private guide. Make your way around town via public transport like a local as you explore some of the most historic sites of the city. London is the capital of England and the United Kingdom and home to the British monarchy.

DAY-BY-DAY ITINERARY

DAY 1: JULY 27, 2019

Depart the U.S. today and make your way London.

DAY 2: JULY 28, 2019

London, England

Arrive this morning in London, where your guide will meet you at the airport for your transfer into London City. Store your bags before heading out for your guided tour of the city with your guide using your Oyster card (a form of electronic ticket used for public transport in London).

Enjoy lunch at a local restaurant and head to the hotel for check in around 3:00 PM. Dinner is on your own this evening.

Meals: Lunch

Overnight: Meliã White House Hotel (or similar)



DAY 3: JULY 29, 2019

London, England

After breakfast at the hotel, continue exploring London with your guide via public transport.



First up, the **Changing of the Guard!** Head onward to lunch at a local restaurant.

This afternoon you will visit **Westminster Abbey**. The Gothic masterpiece of Westminster Abbey has been at the heart of British history since the formation of the Abbey by Edward the Confessor in 1065. The Abbey became the coronation church for the English monarchy in 1066, was transformed into the modern stone Abbey in the reign of Henry III and has since been the venue for countless magnificent, joyous and sometimes unfortunate royal events. In modern times the marriage of Prince William and Kate Middleton, coronation of Queen Elizabeth II and funerals of the Queen Mother and Princess Diana have etched the Abbey into the common memory of billions around the globe. A visit of Westminster Abbey takes in such highlights as

the Coronation Chair, the medieval Lady Chapel, museum containing a collection of royal effigies, and the Abbey Gardens which whisk you away from the hubbub of the city.

Return to the hotel where dinner is on your own this evening.

Meals: Breakfast & Lunch

Overnight: Meliã White House Hotel (or similar)

DAY 4: JULY 30, 2019

📍 London, England

After breakfast at the hotel head out with your local guide again to continue your explorations of the city.



First stop today is **St. Paul's Cathedral**. St Paul's Cathedral, the most recognizable feature of the London skyline, was completed by one of Britain's most accomplished architects Sir Christopher Wren in 1711. The marble floors, expansive dome murals and Victorian mosaics have provided the backdrop in recent times for the state funerals of Winston Churchill and Margaret Thatcher as well as Jubilee celebrations. Destroyed and rebuilt after the Great Fire of London and an unlikely survivor of the Blitz, the Cathedral has earned a place among London's most popular sights. Climb into the iconic dome for stunning views across London, try out the acoustics of the Whispering Gallery and head down to the crypt to see the tombs of heavyweight historical figures like Admiral Lord Nelson and the Duke of Wellington.



Next stop is a visit to the **Tower of London** on the banks of the River Thames in the heart of the city. The Tower of London has nearly 1000 years of history and intrigue and has been used at various times as a palace, barracks, military stronghold, zoo and most famously as a prison incarcerating famous names like Sir Walter Raleigh, Anne Boleyn and Guy Fawkes. During a visit to the Tower you can see crown jewels worth over £20 billion, meet the ravens who legends say have the fate of the Kingdom in their claws, talk to the distinctive Yeoman guards with their white ruffs, and learn about the gruesome torture that went on within the walls. The Tower is a UNESCO World Heritage Site and one of the only intact medieval buildings on the list.

Stop for lunch before returning to your hotel for some free time to explore on your own. Make use of your Oyster card to venture out on your own if you like. There are many fabulous places to explore!

Dinner will be provided a local restaurant this evening.

Meals: Breakfast, Lunch & Dinner

Overnight: Meliã White House Hotel (or similar)

DAY 4: JULY 31, 2019

Head to the London Gatwick airport today for your flight to Glasgow to connect with the rest of the group.



Next to Regent's Park and 1.6 km from Camden Town, Meliã White House offers luxurious rooms and an award-winning Spanish restaurant. Guests can relax in the elegant piano lounge with traditional afternoon tea or exercise in the modern gym. Elegantly and modernly furnished, each room at Meliã White House features beds with luxury linen and private bathrooms with marble-tiled floors and black granite sinks. Guests can make use of satellite TV, 24-hour room service, and complimentary newspapers. The Dry Martini cocktail bar offers a relaxed atmosphere and recreations of classic cocktails. The Place Restaurant offers 35 different items to choose from including Spanish meats and cheeses, fresh fish, chicken, steak and paella Valenciana. The traditional, Mediterranean-style deli serves a variety of international buffets on a daily basis, for both lunch and dinner. The hotel is well served by 3 underground stations: Warren Street, Great Portland Street and Regent's Park, all within a 5-minute walk.



HOTEL INFORMATION

Meliã White House Hotel - 4 Star

Albany Street, London NW1 3UP, UK

www.Meliã.com/en/hotels/united-kingdom/london/Meliã-white-house

PROGRAM INFO

Date & Length: 4 days July 27–31, 2019

Extension cost: \$1,699 per person. *Single supplement:* \$399.

Inclusions: Flight to Glasgow (coach), group airport transfers; baggage handling, most gratuities; tours; meals as mentioned; local guide for tours and transfers; and accommodations based on double occupancy.

Not Included: Hotel incidentals and meals not mentioned.

To participate in the optional extension, complete and return the extension registration form. Return no later than 90 days prior to departure or within five days of receiving the information.