

# INDIAN LAKE YACHT CLUB 2025 SAILING INSTRUCTIONS

Approved June 10, 2025

## RULE 1: GOVERNING RULES

The current Racing Rules of Sailing (RRS), the prescriptions of U.S. Sailing and the Rules of the Classes participating shall govern all races (except as they may change by these Sailing Instructions).

## RULE 2: ELIGIBILITY

For boats to be eligible to compete in series and individual 'special' races, they must be owned and skippered by ILYC members or their family. Guest boats are welcome to compete. However, they will not receive points or awards. (Also, see 'Junior crewing sailing bonus').

## RULE 3: MANAGEMENT

All races and boats shall be under the direction of the Race Committee, as set forth in the ILYC By-Laws. This Committee must function without personal advantage and represent the best interests of ILYC. The Trustees of ILYC supersede the Race Committee and may change or void decisions of the Race Committee if, in their opinion, the best interests of ILYC are being abridged.

## RULE 4: COMMENTS CONCERNING CONDUCT OF RACES

All comments concerning the races and their management shall be made on shore to the Race Committee. Violators of this rule may be disqualified.

## RULE 5: CLASSES (FLEETS)

1 - Subject to the By-Laws of ILYC, if two (2) or more boats of an approved one design Class are registered with the Race Committee, they will be scheduled as a Class to compete in series races and special events.

2 - Boats entered in any series races MUST conform to their respective Class rules.

3 - An ILYC Class Fleet may institute special rules regarding qualifications of boats of their fleet that do not conform their Class rules. The Race Committee must approve any such special rules.

a. – The Race Committee is responsible for the administration of this rule. The Race Committee member from each Class will be responsible to register such boats and be the agent of the Race Committee if, and when, any inspections are performed.

## RULE 6: SAFETY EQUIPMENT AND SIGNAL.

ALL BOATS competing in ILYC sanctioned events shall carry on board, ALL safety equipment as required by their Class rules, the USCG, and ILYC. Including, but not limited to, a minimum of one (1) USCG approved Type III PFD (personal flotation device) for each person aboard. In addition, where required, one (1) "quickly accessible" Type IV throwable PFD. There shall be NO exceptions, and the Race Committee may make inspections as to adherence to this rule. Violators may be subject to disqualification.

CODE FLAG "Y" – (yellow/red diagonal stripes) – Per RRS 40, the Starting Race Committee may, at or before the warning signal, display flag "Y" with one (1) sound. When this signal is displayed, it indicates that ALL competitors shall wear adequate personal buoyancy while racing. Wet/dry suits are not adequate. Violators may be disqualified or scored as a DNS.

## RULE 7: NOTICES

Notices to competitors; changes to sailing instructions; schedules, and other pertinent information shall be posted on the chalk board, or the enclosed bulletin board on the front of the building on the 'island', at least one hour (1hr.) prior to the start of the race in which such changes shall take effect.

## RULE 8: SIGNALS MADE ASHORE

All signals made ashore shall be displayed on the Race Committee boat docked next to the ILYC clubhouse.

## RULE 9: SKIPPER'S MEETING

A 'skippers meeting' shall be held prior to the start of the first 'series' race of the day, and prior to any special races sanctioned by ILYC. The Starting Race Committee shall advise competitors of the tentative courses and number of laps to be sailed; description of marks and Class flags; the starting sequence of the Classes; the approximate time of the first start; the number of races to be attempted, and post any changes to these sailing instructions, per Rule 7.

#### RULE 10: COURSES

The courses to be sailed for 'series races' may be: Triangular, Olympic, Gold Cup, Modified Olympic or Windward/Leeward. The course to be sailed, and number of laps, shall be made known at the skippers meeting and displayed on the race committee boat no later than the warning signal of the first start.

#### RULE 11: HALF HOUR SIGNAL AND STARTING TIMES.

- 1 – A "half hour" sound signal (gun or other suitable loud signal) shall be sounded from the Race Committee boat at least 30 min. before the warning signal of the start of the first Class in a 'series race' or other special event.
- 2 – No "half hour" signal shall be sounded after 3:00 P.M. for any Sunday 'series' race, or other special event. Exception will be made if a third race, or a make-up race is to be sailed.
- 3 – The Starting Race Committee may postpone the start of a race after the sounding of the 'half hour' signal. But in no event, shall the Starting Race Committee start the first Class after 3:40 P.M., or any Class after 4:00 P.M.

#### RULE 12: SAIL NUMBERS

All boats in a Class will be required to display their individual sail numbers on their mainsail. If two (2) or more boats of the same Class display identical sail numbers, they must be modified to provide a unique designation. The Starting Race Committee must be notified of these changes prior to the 'warning signal' of the start of the Class affected. In the event that two (2) or more boats finish displaying identical sail numbers, only the better finish will be recorded for that sail number. Any other boats with the identical sail numbers will be scored DNF.

#### RULE 13: STARTING AND FINISHING LINES

- 1 – The starting line shall be between the orange flag on the Race Committee boat and a mark or bouy with a flag.
- 2 – The finish line shall be between the orange flag on the Race Committee boat and a mark or buoy with a flag.
- 3 – The Race Committee boat shall display a blue (or RC) flag when on station and prepared to finish boats.
4. – The Starting Race Committee may shorten the course after the start for all Classes by displaying code flag "S" and two (2) sounds. The new finish line shall be on a course from the last mark rounded to the next mark of the course. This changes RRS 32.2.
- 5 – THE START AND FINISH LINE SHALL BE "CLOSED" DURING RACING. Boats of any Class shall not sail through the start/finish line while racing except to start or finish. Violators will be disqualified. The exception shall be when a finish mark is also a rounding mark for boats still racing.

#### RULE 14: STANDING CLEAR

Boats of Classes not starting shall stand clear of the starting line after the warning signal (5 minutes) has been given for the next Class to start. Boats that have finished the course shall stand clear of boats that have not finished the course.

#### RULE 15: MINIMUM NUMBER OF BOATS

For a series race to count in the series final standings, the minimum number of starting boats shall be two (2) in a Class.

#### RULE 16: POSTPONEMENT

- 1 – A race may be postponed by the Race Committee (on shore) or the Starting Race Committee (on the water) by displaying the "AP" pennant with two (2) sounds. A primary reason for postponement may be foul weather; including lack of wind or winds in excess of 20 MPH.
- 2 – Any Class can postpone its scheduled Series race prior to the 'half hour signal' by:
  - a – Notice to the Race Committee from the Fleet Captain or other duly authorized officer in accordance with its' Fleet rules, or:
  - b – A simple majority of the Class skippers present at the skippers meeting
- 3 – A Class shall be presumed to have postponed a scheduled series race if only one (1) boat of that Class starts a race.
- 4 – A Class electing to postpone a series race which is held at a scheduled time and date may make up that race at a later date, but only if that Class arranges for experienced personnel (as determined by the Race Committee) to manage the race.

## RULE 17: STARTING RACES

Races shall be started per RRS #26.

Signal	Flag and Sound	Minutes before start signal
Warning	Several repeating sounds	Approx. 5.5
Start Sequence	Class flag raised + 1 sound	5
Preparatory	P flag raised + 1 sound	4
One Minute	P flag removed + 1 sound	1
Starting	Class flag removed + 1 sound	0

The warning signal for each succeeding Class may be made with, or after the starting signal of the preceding Class.

## RULE 18: RECALLS

### 1. INDIVIDUAL RECALL

Individual recalls shall be signaled in accordance with RRS 29.1. The Starting Race Committee shall promptly display code flag "X" (blue cross on white) with one (1) sound. This flag shall be displayed until all premature starting boats are completely on the pre-start side of the starting line and have complied with RRS 30.1 if it applies. But not later than four (4) minutes after the start signal. As a courtesy, premature starters may be hailed as they are identified. Failure to hail, to hear a hail, or the order that boats are hailed, shall not be cause for protest or redress.

### 2. GENERAL RECALL

- a. – In the event of a general recall for series races, the Starting Race Committee shall promptly display the First Substitute with 2 sounds. The recalled Class shall clear the starting area while succeeding Classes (if any) prepare to start. One (1) minute after the recall, the Preparatory (4 min.) signal for the next Class is displayed and the First Substitute is removed with one (1) sound. The starting sequence continues without interruption... The recalled Class start is moved to the end of the starting order. This changes RRS 29.2.
- b. – For races other than series races, a General recall shall be signaled per RRS 29.2.
- c. – The Starting Race Committee may display code flag "I" (black dot on yellow) per RRS 30.1 (round the ends rule) for the restart of any Class subject to a general recall. This signal may be displayed with the preparatory (4 min.) signal of the affected Class. If this signal is displayed, any boat over the start line within one (1) minute of her start, must return to the pre-start side of the line by rounding outside either end of the start line. Violators will be scored OCS.

## RULE 19: CHANGING THE NEXT LEG OF THE COURSE

The Starting Race Committee may change 'a' leg of the course that begins at a rounding mark by changing the position of the next 'mark' (or finishing line) and signaling 'all' boats BEFORE they begin the leg. The next mark need not be in position at that time.

- 1 – If the direction of the leg will be changed, Code Flag "C" will be displayed with repetitive sounds, and a green flag or board for a change to starboard or a red flag or board for a change to port.

These signals will generally be made from the 'skiff' and shall be displayed before (not at, or after) the lead boat reaches the mark which begins the leg that has been changed. The signals shall remain displayed and repetitive sounds continued until all boats have rounded the mark.

- 2 – The new (or alternate) mark shall be described at the 'skippers meeting'.
- 3 – Subsequent legs may be changed without further signaling to maintain course shape.
- 4 – This Rule 19 changes RRS 33.

## RULE 20: SHORTENED COURSE & TIME LIMITS

The Starting Race Committee may shorten the course for Classes still racing by displaying code flag "S" (blue square on white) and two (2) sounds per RRS 32.1. In addition to the provisions of RRS.32.1, the race may be shortened if:

- 1 – After its starting signal, the lead boat does not complete one lap in 1 ½ hours or:
- 2 – It appears in the judgement of the Starting Race Committee that the lead boat will not complete the course in two (2) hours.
- 3 – Winds are exceeding 20 mph. in the racing area.

#### RULE 21: ABANDONMENT & TIME LIMITS

The Starting Race Committee may abandon any race per RRS 32.1. Including, but not limited to, the provision that a race may be abandoned if:

- 1 – No boat of any Class has rounded the first mark within 45 min. after the starting signal for the first Class to start.
- 2 – No boat of any Class completes the course with two (2) hours of the starting signal of the first Class to start.
- 3 – Per RRS 35,” if one boat sails the course as required by RRS 28.1 and ‘finishes’ within the time limit, all boats that ‘finish’ shall be scored according to their finishing places unless the race is abandoned”
- 4 – Weather conditions have become (or may become) such that in the judgement of the Starting Race Committee chairperson (at their sole discretion) the safety of the competitors and the race committee would be in jeopardy.
- 5 – The observance of lightning and imminent storms in the vicinity of the Lake shall be reason for prompt abandonment of the race by the Starting Race Committee.
- 6 – When a race is abandoned, the Starting Race Committee shall display the appropriate ‘abandonment signal’ and three (3) sounds. The signals are:
  - a. – Flag “N” – (blue/white checkered). This signal indicates all boats affected return to the starting area. The warning signal will be made one minute after removal (with one sound), unless the race is abandoned again or postponed.
  - b. – Flag “N” over flag “H” (red/white vertical panels). This signal indicates ‘all races are abandoned, return to shore’. Further signals ashore.
  - c. – Flag “N” over flag “A” (blue/white vertical pennant). This signal indicates ‘all races abandoned, return to shore’. No more racing today.

#### RULE 22: MAKE UP RACES

- 1 – At the scheduled completion of a ‘series’, if the number of scheduled races sailed in that series is less than seven (7), make-up races may be sailed on the following Sundays of the next series until a total of seven (7) races can be scored. The make-up race shall be sailed as a third race of the day per Rule 11-2.
- 2 – If a make-up race is needed near the end of the last series of the season, a make-up race may be sailed on the last two (2) Sundays of the series. Or, if needed, on the Sunday following the last scheduled race of the season.

#### RULE 23: CANCELLATION

Any postponed race of a Sunday ‘series’ which cannot be sailed as a make-up race by the second Sunday following the end of the regular racing season shall be deemed ‘cancelled’ and will not be rescheduled. Sunday ‘series’ races may not be canceled except as provided in this Rule.

#### RULE 24: PENALTIES

RRS 44.2 (one & two turns penalty) shall be in effect for any races sanctioned by ILYC, for a boat that may have broken a rule of Part 2 or Rule 31 of the RRS. In addition, RRS 44.1 and RRS 44.4 shall be in effect. RRS 44.3 shall NOT be in effect.

#### RULE 25: PROTESTS

Protests, Redress, Hearings, Misconduct and Appeals shall be conducted in accordance with Part 5 of the RRS.

- 1 – RRS 61.1 (a) (2) states that a boat of less than 6 meters (19 ft. 8 in.) is NOT required to display a red flag.
- 2 – Any boat intending to protest shall advise the Starting Race Committee of her intent as soon after finishing as possible, noting the sail number of the boat she intends to protest. The Starting Race Committee shall acknowledge this intent.
- 3 – A Protest Committee will be appointed by the Race Committee to hear protests. No member of the protest committee shall have a personal interest in the outcome of a protest, redress, hearing, misconduct, or appeal.
- 4 – Protests shall be submitted in writing to the Race Committee or Starting Race Committee within one (1) hour of the docking of the committee boat. The Starting Race Committee shall make one (1) sound when the committee boat docks. This sound shall signal the beginning of the one (1) hour protest submission time. The Starting Race Committee shall not make this signal until all competitors have returned to the Club area.

#### RULE 26: SCORING

Per RRS 90.3, the Low Point scoring system of RRS Appendix A shall be used in scoring series and special races sanctioned by ILYC. Points are awarded to the Skipper not to the boat (with the exception of rule No. 7 below).

- 1 – Points scored for DNS, DSQ, DNF, OCS or RAF (retired after finishing) shall be one more than the number of boats starting the race in which the DNS, DSQ, DNF, OCS or RAF occurred.
- 2 – For the purposes of these sailing instructions a skipper complying with race committee duty for a race held on a scheduled series race date shall be considered as racing and shall be scored as RCD. His / her boat may compete on the duty date and the score will be awarded to the skipper sailing the boat.
- 3 – Points for RCD shall be equal to the skipper's average score for that series in which the duty was performed.
- 4 – The number of races scored to determine the final standing of boats in any series shall be the number of races in which two or more boats of a class participated. All boats competing in a series will be scored the same number of races.
- 5 – Ties for individual races shall be broken using RRS Appendix A-7, and RRS Appendix A-8 for series ties.
- 6 – If a Skipper(s) races in three quarters (75%) of the races sailed in a series their fleet shall qualify to throw out a weekend (2 races). Race Committee Duty counts as races sailed.
- 7 – JUNIOR SAILING CREWING BONUS – Any skipper who has a junior sailor actively crewing or at the helm, can receive a one point 'bonus' toward his finish on that race. The junior sailor must be 16 or under. The skipper can receive the bonus point for only two (2) races of each series. The skipper must notify the Race Committee of the junior sailor on board prior to the beginning of the race. It should be understood that the spirit of the bonus program is to promote the participation and training of our junior sailors. Putting a child on board to sleep under the deck does not qualify.

#### RULE 27: SERIES AWARDS

- 1 – First, Second, and Third place awards will be awarded for each Sunday Series based on the number of boats in a Class racing in at least 5 races in the series.
- 2 – CONTENDER AWARD. This award will be presented to the skipper with the most races that does not earn a series place award.
- 3 – At the discretion of the Race Committee, a single award may be given to a boat earning an award in more than one Sunday Series.
- 4 – For the purpose of this rule, a boat shall be considered to be racing in a race only if it scores points awarded for finishing, RCD or, having started in that race, points for DNF.

#### RULE 28: RACING SKIPPER – DEFINITION

(This rule is only used to establish which members are eligible to vote on changes of the racing schedule.): A member who has finished in at least five (5) races of any preceding series, or a new member who has finished in at least three (3) races of the present series.

#### RULE 29: RACE COMMITTEE DUTY

- 1 – The Race Committee Chairperson shall assign Race Committee duty to all Active Voting Members and other ILYC members willing to assist.
- 2 – The Race Committee Chairperson shall designate one of the assignees to the position of Starting Committee Chairperson. This person shall be responsible for all on-water decisions affecting the conduct of race.
- 3 – Each assignee is obligated to carry out the assigned duties on their assigned dates. In the event the assigned duties are not carried out by a skipper of a boat on the assigned date, the boat shall be deemed to have received a DSQ for that race. Such DSQ may not be thrown out in computing the final standings for that series.
- 4 – Two assignees may trade dates on which they are responsible for race committee duty, provided they give the Race Committee Chairperson advance notice of such a trade.
- 5 – Each assignee assigned to committee duty for a race that is postponed or abandoned and later sailed as a make-up race, is expected to fulfill that assigned duty for the make-up race.