

~ Message ~

## The Wave Continues



November 2nd, 3<sup>rd</sup> and 4th, stimulated another Wave of energy that we like to call **The Energetic Wave of Wonderment**.

On these dates, this Wave began to rise energetically for cleansing, purification and balancing. Going through an energetic wave may not always be mentally understood, though more likely, it will be felt. Many are in a 'knowingness' of this Wave, though at the same time, the changes may not always seem so wonderful. The Old must be cleansed, so that the New may be welcomed and given a chance to be enhanced and evolved to a higher frequency of sustainability.

The knowingness of this Wave, comes from the space of the Heart, versus the Mind. We have been 'increasing' the Light of Living Cells within our embodiments as a way to gather, and co-collect the memory of all that has been waiting for those willing to receive the Key. The Key of this Wave is to remember, fully remember the awakening of the innate soul source. To enter into spaces beyond that of the imagination, to upgrade ourselves with a frequency that we have waited for, and to open up a New Door to see Hope, Peace, Love and Balance. This Wave is meant to be gentle, kind and supportive, though some may feel it differently, depending on the different types of situations one is in.

**November** has produced a New Pulsating thrust to encourage the embodiments system to increase its memory. (Like an older computer that only holds a limited amount of data storage, we are now able to upgrade, and receive higher Light Frequency to our systems.)

On **November 23rd** there is a "peaking-point" of this Wave, that will Crest, (which happens to be on the **Full Moon**).

This merging movement of energy will assist in the continuation of the Newer opportunities arriving for all that is. If we look for what is next to come, we may miss what has already arrived. So, this Wave and its message is to open the Heart Center, Know Love and Be Love. As this New Energy unfolds, be more understood of current situations, relationships, your career and what the embodiment is going through. Intuitions will "peak" also at the "cresting point", and one may begin to be more and more ensured by their feelings and emotions, and will begin to stabilize and balance in a knowingness.

Although it 'seems' a bit wild these past couple of months, and the wave seems to be pushing hard ~ with Patience, the 'outcome' becomes the Wonderment!

This **Wave of Wonderment** is a knowingness.

The past has been a long haul, and the energy we've used has been very tiresome. These past 2 months have been super-loaded with . . . break-ups, alterations of the mental thoughts, physical challenges, career shifts and more.

As we are about to roll-into **December**, the Wave will begin to recede on or around **December 4th**. As the Sagittarian Star System, illumined by the Light of Jupiter assist in the conclusion of this Wave, it is both of the higher Knowledge and Truth of Awareness that we are increased with Newer opportunities. This will top off the beginning of our **New Year of 2019** as Creativity Increases.

In these three (3) months which symbolize a death of old, an attainment of self-realization and a beginning to a new foundation of self-love and gifts. It was and still is highly recommended to **Rest, Respite, Recharge and to Restore** the embodiment. For the death of Old is a Transformational Renewal to Change and Completeness. An Energetic death is a natural occurrence and mustn't be feared. To "rest" the body, mind and spirit, is to cleanse the old to prepare for

the new. Death is the Cycle of Life ~ all living has its changes of season. Stay strong and encourage thy self to this fullest surrender ~ embrace and be blessed with this energetic death ~ for endings always bring new beginnings.

The Ascensional process is to Rise, and to lift to the Vibrations of Oneness. It is an Infinite opportunity to Ascend, and be released from all restrictions and waiting. Balance and Alignment is Connection with the Divine Source. Beginning is a New Birth of Existence. It is Finalizing the Past, without hurry to a Future ~ and to be able to live in the moment of Peace in the Present of the Now.

The Joy of it all is knowing that the Gate way is Open, and we are ALL headed to the Intelligence of our Beginning in an era of Golden Light, we truly can be Happy that the "hardships" of physical, mental, emotional and spiritual are near its end. To give up now, will only make it harder on thyself. Peacefully surrendering and allowing the light to shine from within, will bring us closer to our New Begin.

At this point of change, we are still traveling many portals to complete this cycle of choice. There is still the period of pressures and challenges yet to come, though we know we are destined to live in Peace and Truth, and this is why we continue this amazing journey called **Enlightenment**.

Mary Martin



Medium, Messenger, Minister  
Guided Hands ~ 13MMM13