

A New Year...A New You!

# Body Renovation

Celebrity Plastic Surgeon Dr. Bruce Kadz goes skin deep—*and beyond!*

by Suzanne Takowsky



**Get Ready—  
A New Year...  
A New You!**

So many times we look at ourselves in a full length mirror and wonder...**WHAT IF?**

getting the body that you have always wanted, than with an "inside scoop" on the latest and greatest in breast enhancement and body contouring by renowned Beverly Hills Plastic Surgeon—Dr. Bruce Kadz?

If you are one of those people, listen up. With plastic surgery popularity at an all time high the stigma that was once attached to 'Body Renovation' has passed. Today, people are determined to ward off the signs of aging by healthy eating, watching their weight, exercise and, by utilizing every means available to look as young as they feel..40s, 50s, 60s, and beyond!

What better way to start on your New Year plan of finally

Certified by the American Board of Plastic Surgery, Kadz's cutting-edge techniques and surgical expertise keep him at the forefront of innovative surgical excellence. Plastic surgery procedures are constantly being reinvented and techniques perfected to promote faster healing and optimal results for patients.

**Beauty Redefined In the Hands of Excellence...**Dr. Bruce Kadz answers our questions on achieving outstanding surgical results. Having appeared numerous times on the pages of prestigious publications, his name is included among the "Best Doctors in America" due in part to high word of mouth and patient referrals from multi-based office locations in Beverly Hills and Miami, with satellite offices in Palm Springs, Encino, Glendale, San Dimas, and Orange County.

## Experience Makes a Difference...

A Diplomat of the American College of Surgeons, American Society of Plastic Surgeons, American Society of Laser Medicine and Surgery, International Society of Hair Restoration and Lipoplasty Society, Kadz specializes in advanced techniques in facial and body rejuvenation. His top priorities include patient safety, professional and natural results, and thoughtful care. To achieve his goals patient/doctor communication is essential. To best meet patient needs and wants, Kadz believes in providing patients with objective information including what results can reasonably be expected after surgery. This allows patients the opportunity to make well-informed decisions before surgery.

# Q&A

## All About Breasts

### IMPLANTS Saline vs. Silicone

**Q:** Are silicone implants still available for those patients who want them?

**A:** Yes, but with restrictions. Those patients who qualify for silicone implants include: Breast cancer reconstruction; those requiring a breast lift the same time as their augmentation or those who have had a prior lift; also patients who already have saline implants, but now want a secondary breast augmentation exchange surgery.

**Q:** Is there a difference in the cost between saline and silicone implants?

**A:** Yes. For physicians, the purchase price of a silicone implant is more than double that of a saline implant. That translates to more cost to the patient.

**Q:** Do breast implants come in different shapes?

**A:** Silicone implants are available in a ROUND shape. Saline implants