

Lymphological Care of Infants

by Prof. Karl West

Our first lymphokinetic activity was experienced in a water bed of sorts, made of amniotic fluid in our mother's womb. After we are born, we continue moving our limbs in a manner that produces more lymphatic function. If we are left lying down too long, we cry to be held and bounced in our parents arms, just like we might cry to nurse.

Evidence continues to accumulate to support the fact that activity is directly related to life, and inactivity is directly related to death. It is a scientific principle in a multiplicity of ways that motion is life. Native Americans who reach an old age have been known to find themselves a tree, sit down, and breathe very shallowly, then in twenty-four hours they would die. This also happened to some who were put in prison camps. The blood protein research done in the 60's reveals why, yet since the totality of those discoveries are mainly useful for revealing the true causes of disease, they go ignored by the formal medical professions.

In the mid-seventies, Dr. C. Samuel West became famous for saying, "When a baby is born, do you just hold it or bounce it? Bouncing activates lymphatic vessels, thanks to numerous check valves located throughout its vessels. Babies will cry to be lymphasized so that they can stay well, and we instinctively rock or bounce them for the same reason. Mothers who ignore their babies will have sick babies."

As Dr. West continued, "Babies associate lymphasizing with love. It is a loving experience for them. They are continually saying through their actions, "If you love me, lymphasize me! The motion experienced riding in a car, or being held and rocked in a rocking chair, is a lymphasizing experience."

Scientists have tried an experiment with a group of monkeys, using a wire and a cloth mother. The monkeys went to the cloth mother only until the scientists put them both in a rocking chair. Then it didn't even make a difference; they went to both without preference.

It could be argued that people go on roller coaster rides to be scared; however, might the main reason also be that people are being given a lymphatic treatment? Might this be why swinging, dancing, horseback riding, or jumping on a trampoline can be so much fun? We love to do things that bring more oxygen to our cells.

Here is something to consider: Both laughter and crying can be a highly lymphokinetic experience (not that these are good in excess). The fact is that deep breathing acts as the primary means of lymphatic propulsion.

Dr. West elaborated further, "When babies are awake they are continually moving. When they get big enough to stand up in a crib they jump up and down, laughing for joy. We take them off the bed, and they jump on the couch. With a knowledge of the lymphatic research we might get them something like a rebounder to jump on. Without this knowledge, people tell their children, "Get off the bed, get off the couch, sit still, and don't move." This is when people have initiated a disease process that (over time) can result in blocked circulation in their children. All the children know is that we have deprived them of doing what they instinctively know they must do to feel good."

So to save our furniture why not invest in some alternatives, like a rebounder or something else that can provide similar benefits, and teach our children to use them instead?

Sources for this article include:

http://www.naturalnews.com/024879_lymph_blood_body.html

The Golden Seven Plus One by Dr. C. Samuel West DN, ND, Chemist & Lymphologist

Guyton's Textbook of Medical Physiology 2nd Edition appendix to the 5th Chapter "the Dry State discovery"

About the author:

Prof. Karl West now runs the International Academy of Lymphology founded by his father Dr. C. Samuel West DN, ND, Chemist & Lymphologist . To learn more about Speed-Healing & Applied Lymphology please visit the IAL website at www.ial.org or www.speedhealing.com and please subscribe to 7 FREE Introductory Lessons.

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