

Barry G. Campbell CEO and Founder QLAN NEWSLETTER

APRIL/MAY 2011

VETERANS QUALITY OF LIFE ACCESS NETWORK INC.

Volume II Issue V Anthony J. Williams — Editor

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VOLAN ON THE MOVE







THE MISSION IS HOPE

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Barry G. Campbell **CEO/FOUNDER**



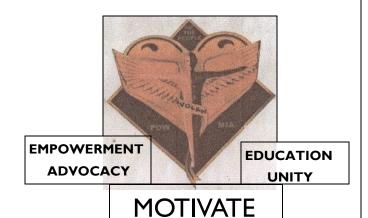
My vision is that all Veterans are informed and are able to receive all their benefits for honorable service to our country. For the last eleven years I have dedicated my life to serving the community of Veterans through VQLAN. As a 30 year VA employee, I am not new to the Veterans Administration policies and procedures. As a matter of fact, VQLAN incorporates similar procedures and strategies on a daily basis to strengthen the network support, educating Veterans and provide one-on-one

counseling for VQLAN's volunteer Veteran staff. Conducting community bi-monthly meetings, and traveling throughout the United States to develop other satellite VQLAN programs is the corner stone of the Organization. Serving people with compassion and professionalism is a must when assisting Veterans and their families.

VQLAN is a proactive liaison and advocate between the Dept. of Veterans Affairs and our clientele....the Veterans. VQLAN's website, newspaper and magazine articles, radio and cable television appearances has allowed VQLAN to reach a phenomenal number of Veterans world wide. "There is no number count on the success rate and everyone knows it, but can't say it. "That's cool."

VOLAN MISSION STATEMENT

VQLAN's MISSION is to improve the quality of life for hopeful and otherwise desperate American Veterans by providing access solutions, (including benefits processing) to help them obtain the housing, health, legal, financial, education, employment and intensive counseling, as needed.

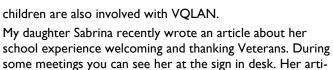


Katherine Hogan VQLAN Member

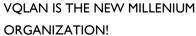


Working with VQLAN is a rewarding experience. I enjoy the work and it gives me an opportunity to help people dealing with the many stressors of life. The job has also helped me deal with the many complicated issues of my husband's military service. He served during the Vietnam era in Thailand. I love to see the happy smiles on Veterans and their family faces when I am able to assist them. It is a wonderful feeling that my

children are also involved with VQLAN.



really enjoyed their Tea Day with Veterans.



WHAT VETERANS QUALITY OF LIFE MEANS TO ME



I am honored to be associated with a dedicated knowledgeable and resourceful organization that is truly helping Veterans and their families all across America. I constantly meet Veterans in my daily walk in life, and am always elated every time I can share with them the information I've learned from Veterans Quality of Life. It puts a smile on my face and I know it gives them hope.

I have received many a thank you and praises from those that listen to my words of wisdom. I hear so many different stories and personal experiences dealing with the negativity and rejection that many families have been going through when trying to seek

help and information. I know because, I have been there. I have walked the walk, talked the talk, and crawled the crawl.

I am dedicated to the work and mission of Veterans Quality of Life Access Network, Inc. It is good therapy for me and good therapy for my soul.

Westley Thomas

USMC/VIETNAM VETERAN 1966 — 1968

cle can be found on page five. The teachers and the students

Veterans Quality of Life Access Network Inc.

Dedicated Member



APRIL/MAY 2011 **VQLAN NEWSLETTER**



FORMS AND APPLICATIONS

Veterans Quality of Life Access Network, Inc. (VQLAN) has all of the forms and applications the Veterans Administration has, and some. VQLAN is a non-profit, 501C19, community based organization (where the Veterans need us the most).

Forms and applications are not all we do. We explain how the V.A. works and how the paperwork needs to be done properly. In the V.A., if you use one word wrong, you will never get what you deserve. VQLAN not only helps to fill out the forms and applications, we educate the Veteran and his or her family.

To be a VQLAN representative you have to have compassion and show no prejudices. We are all Veterans. A representative has to know what forms the Veteran needs. Most Veterans don't know. Forms and applications are part of the VQLAN library of resources, networking and up-to-date Veterans information.

The following forms/applications (and much more) are available to the public at our headquarters.

- I. Initial Application for Benefits
- 3. Support of Claims Form
- 5. Burial Benefits
- 7. Agent Orange
- 9. Compensation
- 11. Forms to get Military Records
- 13. Free Clothing
- 15. Jobs
- 17. Duty to Assist Letter
- 19. Training Program
- 21. Senior Citizen Benefits

- 2. Up-Grades of Discharges
- 4. Survivor Benefits
- 6. Clothing Allowance
- 8. Pensions
- 10. Social Securities (SSI & SSD)
- 12. How to write up 'Secondary Conditions'
- 14. Free Food
- 16. Dependent Forms
- 18. Up-to Date Apartment Listings
- 20. Free Computers
- 22. Camp Lejeune Drinking Water

VQLAN has been doing this for eleven years now. We do it for the right reasons — because it is the right thing to do. All of this is being done on a volunteer basis.



VQLAN HEADQUARTERS LOCATION: ST. AMBROSE CHURCH 2ND. FLOOR 9 WEST 130TH. STREET (OFF 5TH AVE.), NEW YORK, NY 10037 — HOURS OF OPERATION: MONDAY AND WEDNESDAY 11:00 AM TO 3:00 PM



VQLAN FOOD FOR THOUGHT

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A GREAT MANY PEOPLE THINK THEY ARE THINKING WHEN THEY ARE ONLY REARRANGING THEIR PREJUDICES.

WILLIAM JAMES 1842-1910

IF YOU MAKE PEOPLE THINK THEY'RE THINKING, THEY'LL LOVE YOU; BUT IF YOU REALLY MAKE THEM THINK, THEY WILL HATE YOU.

DON MARQUIS 1878-1937

(Thoughts from a book submitted by Veteran Bobby Roberts)

DEPARTMENT OF VETERANS AFFAIRS

Recently you may have received a document from your VA Regional Office. The purpose of the letter is to inform you of the status of your Personal Claim information, Military information and VA Benefits Information. Also included was an explanation of VA Benefit Details and Wartime Service Periods. There is no need to contact the VA unless you feel that the information is incorrect. You should make copies and keep these papers with your important documents.

VA News Release WASHINGTON

The Dept. of Veterans Affairs (VA) issued the 2010 annual VA Facility Quality and Safety Report on Jan 5 that reports on VA health care for Congressional review and offers Veterans the opportunity to see the quality and safety findings specific to their VA medical center.

"We believe in our mission to provide the best care anywhere for Veterans," said VA Under Secretary for Health Dr. Robert Petzel. "This posted report shows we are providing high quality overall and identifies the area where we have opportunities to improve.

The Quality and Safety Report, at

http://www1.va.gov/health/HospitalReportCard.asp provides a comprehensive snapshot of the quality of care VA provides at each 153 medical facilities across the nation. When compared to private sector plans, VA's findings showed higher quality marks for VA health care. The 2010 VA Safety and Quality Report is available to the public on VA website. (va.gov)

READ THE REPORT FOR YOUR VA HOSPITAL. THEN GO ON THE INTERNET TO Valan.org and give your opinion on the VQLAN Comment Page. Your views are welcomed.

HOMES FOR VETERANS IN LONG ISLAND

New York Senior Kemp Hannon is informing Iraq and Afghanistan Veterans about an affordable opportunity. Long Island Buildings Institute Care (LIHBC), a not for profit arm of Long Island Builders Institute (LIBI), will be building four homes for Veterans returning from Iraq or Afghanistan. With construction underway, the first home can be customized to the special needs of the Veteran and his or her family. Veterans interested in applying for the homes should write to Lois Fricke, Long Island Home Builders Care, 1757-8 Veterans Memorial Highway, Long Island, New York, 121749, or call 631-232-2345. Please include information on tour of duty and present status.

VA SUED OVER PTSD RULING

Three Veterans' advocacy groups have filed suit against the Department of Veterans Affairs over a rule change making a diagnosis of post-traumatic stress disorder solely the call of doctors who work for the VA.

The change was made earlier this year at the same time the VA eased rules on making a PTSD claim by allowing Vets to simply document that they served in a war zone and explain what they did there.

That move was widely heralded by Veterans' service organizations who criticized the VA for requiring Vets to provide witnesses to a PTSD-including trauma or document their case with hard-to-find records.

But Richard Cohen, the executive director at the National Organization of Veterans Advocates, said forcing Vets to get a diagnosis of PTSD from VA doctors works against victims of the ailment. He filed a lawsuit against the VA with three other Vet organizations in November to have the rules revised.

"Before this change, if you had a competent examination from a private examiner [that conflicted with] a competent exam from a VA examiner, the benefit of the doubt would go to the Veteran, "Cohen said. "With the new regulation they could say they don't have to look at a private examiner now because they have one done by a VA examiner. And the preponderance is evidence against the claim."

For more information on the story go to www.military.com/news/article/va-sued-over-ptsd-rule-change.html

(Articles submitted by Veteran Craig of Long Island—The 50+ Life Styles Newspaper, Long Island Feb. 2011)



Veteran's Day Tea — By Sabrina Hogan

Father: Donald Hogan

Thailand Veteran/VQLAN Representative

Plainview Old-Bethpage Middle School is where I attend. My school felt that since Veterans served us, it is now time for us to serve them. With the help of our teachers, the students put together a tea for the Veterans. The celebration took place in the main lobby of our school. As they enjoyed their refreshments, our 7th & 8th Grades Chorus, along with the 5th & 6th Grades Chorus sang to them. The Veterans were served cookies, coffee, hot tea and water. All in all—it was a very fun event. We think that our schools should do this every year as a way of showing our appreciation. Thank you Veterans everywhere for your valued service.













Sabrina and Donald Hogan





Photos by Donald Hogan







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NOW ON PBS — pbs.org/now WEEK OF 1-22-2011 — WHO'S HELPING OUR WOUNDED VETS?

America's new wounded warriors —Why are their family caregivers overworked and under-supported?

The Pentagon estimates that one in five American soldiers are coming home from war zones with traumatic brain injuries, many of which require round-the-clock attention.

But lost in the report are the stories of the family members who often sacrifice everything to care for them.

This week, NOW revealed how little has been done to help these family caregivers, and reports on dedicated efforts to support them. Go on the internet to

http://www.pbs.org/now/shows/547/index.html

Related links: Associated Press: Senate passes benefits for vet's caregivers.

> Brainline.org: Site for people preventing, treating and living with traumatic brain injury.

Caringbridge.org: Ivonne Thompson's blog, a journal chronicling the process of her husband, Anthony Thompson

Govtrack.us: Caregivers and Veterans Omnibus Health Services Act of 2009

NEW: Resources for Soldiers and Vets

NEW SHOWS on Military and Veteran Issues:

(WATCH VIDEOS)

COMING HOME FIGHTING THE ARMY RAPE IN THE MILITARY **VETERANS OF PTSD** THIRD TIME AROUND **MILITARY SEXUAL TRAUMA AWOL**







HOW CAN YOU HELP VETERANS

THE OPRAH WINFREY SHOW JAN. 25, 2011 by STEPANIE MITCHELL

When Veterans return home from war, their world has completely changed. Whether you donate your time or money, your support is priceless. Bill Wallace, Veteran and clinical director of U.S. VETS in Long Beach, California, shares what you can do to help service members transition back into their everyday lives. (continued next column)

NEW VA RULES AID KOREAN WAR VETERANS **EXPOSED TO AGENT ORANGE**

The new rule expand the dates when illnesses caused by herbicide exposure can be presumed to be related to Agent Orange for any Veteran who served between April I, 1968, and Aug. 31, 1971, in a unit determined by VA and the Dept. of Defense (DoD) to have operated in an area in or near the Korean demilitarized zone (DMZ) in which herbicides were applied. The VA previously only conceded to Veterans who served in certain units along the Korean DMZ, between April 1968 and July 1969.

Eligible Veterans with specific illnesses VA presumes to be associated with herbicide exposure do not have to prove an association between their illness and their military service. The presumption simplifies and can speed up the application process for benefits that Korean War Veterans deserve.

PENSIONS, BONUSES AND VETERANS' RELIEF

3.310 DISABILITIES THAT ARE PROXIMATELY DUE, OR AG-GRAVATED BY, SERVICE-CONNECTED DISEASE OR INJURY.

- (a) General. Except as provided in 3.300, disability which is proximately due to or the result of a service-connected disease shall be service-connected. When service-connection is thus established for a secondary condition, the secondary condition shall be considered a part of the original condition.
- (b) Aggravation of non-service connected disabilities. Any increase in severity of a non-service connected disease or injury that is proximately due to or the result of a service-connected disease or injury, and not due to the natural progress of the non-service-connected disease, will be service connected. However, VA will not concede that a non-service-connected disease or injury was aggravated by a service-connected disease or injury unless the baseline level of severity of the non-service-connected disease or injury is established by medical evidence created before the onset of aggravation or by the earliest medical evidence created at any time between the onset of aggravation and the receipt of medical establishing the current

continued on page 7 top left

WHAT YOU NEED TO KNOW:

- * What's the most important thing you can do for a Veteran who is turning home from war?
- * What should you know about PTSD?
- * What can you do to get involved in your community?
- * What are some hardships facing Veterans.
- * Should you treat a female Veteran different than a male?
- * How can you help a female Veteran who's experiencing sexual trauma? For additional Reading visit

http://www.oprah.com/oprahshow/How-You-Can-Help-Veterans/I







continued from page 6 Pensions, Bonuses and Veterans' Relief

level of severity of the non-service-connected disease or injury. The rating activity will determine the baseline and current levels of severity under the Schedule for Rating Disabilities (38 CFR part 4) and deducting the baseline level of severity due to the natural progress of the disease from the current level.

VQLAN NEXT GENERAL MEETING April 2nd. 2011

I I:00 A.M. until 3:00 P.M.

RESOURCES AND NETWORKING

FOREVER

HARRIET TUBMAN SCHOOL 250 WEST 127TH. STREET

HARLEM, NEW YORK

THEVA MAY OWEYOU MONEY

by Veterans Benefits Administration (VBA), U.S. Dept. of Veterans on

Saturday, February 26, 2011 at 7:18 AM

Millions of dollars for Veterans and their families are sitting unclaimed. This money typically represents life-insurance policy payouts, dividend checks and premium refunds that were mailed to policyholders that couldn't be delivered. Between January 2007 and November 2010, \$6.4 million has been claimed.

To see if you or a family member have any unclaimed money, check here — https://insurance.va.gov/liability/ufsearch.htm

You can also claim money by calling I-800-669-8477. You will need the Veteran's —

full name, date of birth and date of death (if applicable).

Homeless Intervention Program Nears Roll Out Provider Groups Sought for Applications, Training

WASHINGTON – A homeless-prevention program by the Department of Veterans Affairs (VA), which seeks to help Veterans and families who are on the verge of becoming homeless, has moved closer to implementation. The program marks the first time that the VA will fund services for the spouses and children of Veterans at risk of becoming homeless. "The problems that lead to homelessness begin long before Veterans and their families are on the streets," said Secretary of Veterans Affairs Eric K. Shinseki. "By putting more resources into intervention programs for people at risk of becoming

Shinseki's comments came as VA formally announced that it is taking applications from private non-profit organizations and consumer cooperatives interested in providing needed services to at-risk Veterans and their families.

With funding from the VA for the program, called Supportive Services for Veterans Families, community organizations will be better able to provide counseling, training, education assistance, direct time-limited financial assistance, transportation, child care, rent, utilities, and other services to participating Veterans and family members.

www1.va.gov/homeless/ssvf.asp.

www I.va.gov/homeless.

Community organizations can also contact VA at I-877-737-0111 or at SSVF@va.gov.

homeless, we can reduce suffering and increase the opportunities for turning around these lives."





REST IN PEACE - BURIAL BENEFITS

In return for the sacrifices that you and your family make as part of the Armed Forces, the Dept. of Veterans Affairs (VA) provides burial services for eligible service members, Reserve, Guards, retirees and Veterans. Burial benefits include:

- A grave site in any 120 national cemeteries that have space available.
- Burial with military honors (If available).
- Opening and closing of the grave, as well as perpetual care.
- A government headstone or marker; a burial flag, and a Presidential Memorial Certificate at no cost to the family.
- Reimbursement payments as well as a burial allowance or transport of remains. (cremated remains are buried or interned in national cemeteries in the same manner and with the same honors as casket remains.)

CONTACT - To review your eligibility for burial benefits or to locate your nearest VA regional office or call a Veterans Benefit Counselor at 800-827-1000: BENEFIT CLAIM FORM— VA Form 21-530 (Application for Burial Benefits.)

REINBURSEMENT OF BURIAL EXPENSES

VA will reimburse you for several costs associated with the burial of eligible service members, including;

- A burial allowance of up to \$2000 if the Veteran's death was service connected.
- The cost of transporting the remains of a service-disabled Veteran to the national cemetery nearest to the home of the deceased that has available grave sites. In such cases, the person who bore the Veteran's burial expenses may claim reimbursement from the VA.
- A \$300 burial and funeral expense allowance for Veterans who, at the time of death, were entitled to receive pension or compensation or would have been entitled to compensation if not for military retirement pay.
- A \$300 burial (plot) allowance when the Veteran is not buried in a cemetery that is under U.S. government jurisdiction, if the Veteran meets the eligibility requirements.

ELIGIBILITY FOR BURIAL BENEFITS

General, service members who die on duty and Veterans discharged under other than dishonorable are eligible for burial in a VA national cemetery. Reserve and Guard members are

eligible if they were entitled to retired pay at the time of death, or would have been entitled had they had not been younger than 60 (gray-area retirees).

VA national cemetery directors, upon request of a funeral director acting for the decedent's family, have the primary responsibility for verifying eligibility for burial in VA national cemeteries. VA regional offices may also assist in determining eligibility for such burials. Other persons who may be eligible for a military burial include.

- Commissioned officers of the National Oceanic and Atmospheric Administration.
- Commissioned officers of the Public Health Service.
 WWII Merchant Marines
- Spouses and dependents, provided:

The spouse or unmarried surviving spouse of a Veteran is eligible. The remarriage of a surviving spouse who remarries an ineligible individual is rendered void.

A minor child is unmarried and under the age of 21 years of age and a full-time student

BURIAL IN A VA NATIONAL CEMETERY

TAKE ADVANTAGE — Families should prepare in advance by discussing cemetery options, collecting the Veteran's military papers (DD 214), and contacting the cemetery where burial is desired.

No special forms are required when requesting burial in a VA national cemetery other than the service members DD 214. The person making burial arrangements should have the funeral home contact the national cemetery once burial becomes necessary. Scheduling can be done seven days a week for internments taking place Monday through Fridays. If possible, the following information concerning the deceased should be provided when the cemetery is first contacted:

- Full name and military rank.
 Branch of service.
- Social Security Number. Service number.
- VA Claim number, if applicable. Date and place of birth.
- Date and place of death.
- Date of retirement or last separation from active duty.
- Copy of any military separation documents, such as the Department of Defense 214 (DD-214)

The same procedures are followed if the service member's eligible spouse or dependent dies before the service member. In most cases, one grave site is provided for the burial of all eligible family members and a single headstone or headstones or markers may be provided if requested. As of 1962 grave sites in VA national cemeteries cannot be reserved in advance; however reservations made prior to 1962 will be honored.

For a full list of all national cemeteries, visit www.va.gov/nchp.htm For info on Arlington Burials call 703-695-3250



EVERY VETERAN SHOULD KNOW HOW TO BURY A VETERAN



BURIAL IN STATE CEMETERY

Many states have established Veterans cemeteries. Eligibility is similar to VA national cemeteries, but may include residency requirements. Though these cemeteries may have been established or improved with government funds through the VA's State Cemetery Grants Program, state Veterans cemeteries are run solely by the state. Contact the specific cemetery for information.

BURIAL IN A PRIVATE CEMETERY

If a Veteran's burial will be in a private cemetery, the military still will supply a standard headstone or marker free or charge. The family should complete VA Form 40-1330 in advance and file it with the Veteran's military discharge papers.

CONTACT - For a listing of state cemeteries visit www.cem.va.gov/lsvc.htm

TO APPLY FOR HEADSTONES complete VA-Form 40-1330 www.va.gov/forms and mail to Dept. of Veterans Affairs 5109 Russell Rd., Quantico, VA 22134

For information regarding status of an application for a headstone, call 800-697-6947

SERVICE-DISABLED VETERANS INSURANCE

If you are a Veteran who has been granted service-connected disability but are otherwise in good health, you may apply to VA for up to \$10,000 in life insurance coverage at standard insurance rates. This insurance is limited to Veterans who left service after April 24, 1951; Veterans who are totally disabled may apply for a waiver of premiums. If you are eligible for this waiver, an additional policy of up to \$20,000 is available. Premiums, however, cannot be waived on the additional insurance. You can apply for Service-Disabled Veterans Insurance (S-DVI)

- You have received a rating of any percentage for a service connected disability.
- You apply for the insurance within two years after the date the service connected disability occurred
- You are in good health with the exception of service connected disability.

YOU CAN APPLY FOR SUPPLEMENTAL SDVI if:

- You are eligible for a waiver of premiums
- You apply for the coverage within one year after notice of the waiver being granted.
- You are under age 65.

if:

The above information was taken from The Military Advantage book, The Military.com Guide to Military and Veteran Benefits 2010 Addition, by Terry Howell. (go on the internet at www.military.com)

SURVING FAMILY BENEFITS

TRAGEDY ASSISTANCE PROGRAM FOR SURVIVORS

If your family has suffered the loss of a service member or Veteran, the Targeted Assistance Program for Survivors (TAPS) is foremost among organizations that can help. The services this non-profit organization offers bereaved family include.

Peer support networks.

- Crisis intervention hotline (24 hours a day.)
- Assistance with casework associated with death benefits and burial.
- Grief counseling referrals, in partnership with Dept. of Veterans Affairs Readjusting Counseling Service and its 206 centers around the country.
- Annual National Military Survival and Good Grief Camp for Young Survivors, held every year during Memorial Day weekend in Washington, D.C.
- TAPS Chat through online support groups

DEPENDENCY AND INDEMITY COMPENSATION

For surviving and family members, the financial burden that follows a death can be harsh reality. One major VA program that can be of assistance with financial need is Dependency and Indemnity Compensation (DIC), through which a monthly amount of \$1,154 is paid to eligible survivors of a deceased service member or Veteran.

If you are an eligible survivor, an unmarried spouse, or an unmarried child, you qualify for DIC if your loved one fits any of the following eligible categories:

- Service members who died while on active duty.
- Veterans whose death resulted from a service-related injury or disease
- Veterans whose death resulted from a non-service-connected injury or disease and who was receiving, or was entitled to receive, VA compensation for a service-connected disability and rated as permanent and totally disabling.
 - For at least 10 years immediately prior to death.
 - Since the Veteran's release from active duty and for at least five years immediately preceding death, or
 - For at least one year before death if the Veteran was a former prisoner of war who died after September 30, 1999.

To be considered a surviving spouse in terms of benefits, any of the following criteria must be met.

- Married the Veteran before January 1, 1957
- Was married to a service member who died on active duty
 - Married a Veteran within 15 years after his or her discharge from

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NO MORE PREJUDICES! NO MORE SEPARATISM!

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the period of military service in which the disease or injury that caused the Veteran's death began or was aggravated.

Was married to the Veteran for at least one year, or had a child with the Veteran, and —Cohabited with the Veteran continuously until the Veteran's death, or if — Is not currently remarried. In a recent change to DIC, spouses who remarry on or after reaching age 57 and on or after December 16, 2003, can continue to receive DIC. In addition, certain adult children who cannot live independently may be entitled to DIC.

In addition to the basic monthly DIC benefit payment rate of \$1,154, survivors may be eligible for the following additional allowances: Add \$246 if at the time of the Veteran's death he or she had been entitled to compensation for a service-connected disability—rated totally disabling—for a continuous period of at least eight years and the surviving spouse was married to the Veteran for those same years.

- Add \$286 per child for each dependent child under age 18.
- If the surviving spouse is entitled to aid and attendance, add \$286.
- If the surviving spouse is entitled to housebound rate, add \$135

If you are a surviving spouse who is eligible for payments under the military's Benefits Program (SBP) and DIC, your DIC benefits will offset your SBP benefit, dollar for dollar. You cannot receive both benefits simultaneously.

First-time applicants for DIC must complete VA Form 21-534 and submit it to the VA Regional office serving your area. The only documents you will be required to have include copies of birth and marriage certificates, as well as divorce and birth records. VA will need to obtain verifications of military service from the service department if these documents are not available. On requests for restored DIC, the process is simpler. If you have questions about supporting materials, that VA may need or special instructions on requests for DIC, contact a Veterans benefits counselor.

CONTACT — If you think you may qualify for DIC call toll free 800-827-1000 or visit the VA website at.www.va.gov. Fill out VA Form 21-535, and submit it to the VA Regional office that serves your area.

CONTACT — Find more information on TAPS at Tragedy Assistance Program for Survivors, 1621 Connecticut Ave., NW, Suite 300, Washington D.C. 20009 or www.taps.org: Office 202-588-5277: Chris hotline, toll free 800-959-8277: Fax 202-588-0784

TAKE ADVANTAGE: DON'T USE ANY RETIRED OR COMPENSATION PAYMENTS RECEIVED AFTER THE DEATH OF A RETIREE'S DEATH. A BENEFICIARY CAN BE REQUIRED TO PAY BACK ANY MONEY THAT WAS USED AFTER THE DATE OF DEATH.

VETERAN'S ALERT

SECONDARY CONDITION

For 50 years secondary conditions have been passing Veterans like trains in the night because 'no one told us or showed us how to link it.' I have been using secondary conditions and teaching how to use it for years. Now it's time for every Veteran to know the truth and how it works. (proven).

Secondary conditions don't work without the set-up first. Re-member, all primary conditions have secondary conditions.

THE SET UP:

Step I — Go to your primary-care doctor for a consult to see a specialist—example—service connection i.e.

- A. <u>Ortho</u> service connected disability and depressed. Get consult for psych doctor.
- B. Prostate Cancer

Get consult to go for impotency or psych for depression. (whatever bothers you from your service connected disability.)

Step 2— The words to use (Most important make the link) Say the following or similar words.

"I am here because I'm service connected for this condition and this condition is bothering me from that service connected disability."

Step 3 —

- A. Once you create the paper trail and know it's there (the doctor evidence is on paper)
- B. Put the claim in as a 'secondary condition' to your service connected condition.

Now, I have saved millions with this. Share your knowledge.

CEO - GOD Bless — Too many have suffered

NEVER FORGET THE FALLEN









HIDDEN BATTLES

Hidden Battles is an intimate and powerful documentary about what it means to kill another human being during war, as told by five men and women who have pulled the trigger. Consciously apolitical but deeply personal, HIDDEN BATTLES examines the strength and struggle of these soldiers and how they create a life for themselves after war. The showing was on Tuesday January 25 @ 8:00 PM, Gershwin Hotel, 7 East 27th Street, NYC.

VQLAN was in attendance at the premier to view the documentary. Mr. Barry G. Campbell CEO stated, "It was a moving experience. All Veterans and their family members should watch the documentary. Hidden Battles can help family members understand the plight of Veterans with PTSD and other military related mental conditions. For too long the American government has not fulfilled its obligation to America's Veterans. As a VA employee and a witness to the harsh reality of fighting to help Veterans and their families," the movie is a welcomed asset to what VQLAN is all about. Leave no Veteran behind."



A home viewing DVD can be purchased from www.hiddenbattles.com. Also on site VQLAN Rep. Jay F. Johnson helping Vets at our Headquarters.

On Thu, Feb. 10, 2011 at 6:22 P.M., < <u>Bcamp3</u>>wrote.

I, Barry G. Campbell, CEO/Founder-VQLAN, would like to thank Ms. Victoria Mills, Director of **Hidden Battles**, for making a documentary about life after combat and inviting Veterans Quality of Life to the premier. I personally want to say that Ms. Mills truly sees my plight in helping veterans. Thank you for giving me accolades in the introduction and credits and allowing our war veterans time to talk to the audience. VQLAN enjoyed it immensely. Every veteran in America should see this powerful documentation. I look forward to working with you in the future. VQLAN salutes Director Victoria Mills and her staff.

P.S. We do this for the forgotten ones. God Bless, Barry G. Campbell



A FILM BY VICTORIA MILLS PRODUCED BY HAYLEY DOWNS & KATHY LEICHTER
DIRECTOR OF PHOTOGRAPHY DANAE ELON EDITOR BRYAN GUNNAR COLE
ORIGINAL SCORE MAXIM MOSTON DIRECTED BY VICTORIA MILLS



KNOWING IS THE FIRST STEP

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HOME LOAN

Many VQLAN members and other Veterans have been requesting information on home loans.

A VA home loan can be used for the following expenses (only for your principal primary residence, not a second home or home you rent out):

Home purchase or repair

- Buying a home, townhouse, or condo
- Building a home.
- Buying a manufactured home with or without a lot Repairing, altering, or improving a home.

Simultaneously purchasing and improving a home with energy-efficient improvements.

Installing a solar heating or cooling system or other weatherization improvements.

Loan refinancing

Refinancing an existing VA home loan to lower the interest rate.

Refinancing a manufactured home with or without a lot.

There is technically no maximum VA loan, but lenders will generally limit the total amount of a VA-guaranteed loan to \$417,000. VA actually guarantees up to 25 percent of the \$417,000 loan limit. While not a down payment, the guarantee often satisfies the lenders' requirement that a portion of the home price be paid for up front (i.e., the down payment.) This can save the home buyer the burden of making a down payment. The loan maximum itself may be up to 100 percent of the VA established reasonable value of the property, through generally it may not exceed \$417,000 (this figure increases every year—see

www.military.come/valoans or www.va.gov/home loans

ELIGIBILITY FOR A VA LOAN

THE MAJOR ELIGIBILITY CATEGORIES FOR A VA HOME LOAN INCLUDE

- Veterans and service members who have served 181 active-duty days during peacetime, unless discharged or separated from a previously period of active duty service.
- Veterans who served during World War II, Korea, or Vietnam, if they served for 90 days and were honorably discharged.

If you have served for any period since August 2, 1990 you can also qualify if you have served 24 months of continuous active duty, or the full period (at least 90 days) that you were called to active duty.

Those who have completed a total of six years in the Selected Reserve or National Guard.

An un-remarried spouse of a Veteran who died while in service or from a service-connected disability, or a spouse of a service member missing in action or a prisoner of war. (Note: A surviving spouse who remarries on or after attaining age 57, and on or after December 16, 2003, may also be eligible for the home loan benefit.)

TAKE ADVANTAGE

Veterans with a VA-rated disability of 10 percent or higher are eligible to have their VA loan fees waived. This could save them thousands in loan origination fees.

Find out if you are eligible for a VA loan with an easy eligibility calculator at www.military.com/Finance/VA-eligibility.



VQLAN has the most informative Veteran's library in America. This organization provides valuable and necessary information pertaining to claim processing, current VA forms and applications, up to date current events on Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), Agent Orange (AO), Duty to Assist Letter, Camp Lejeune drinking water, Depleted Uranium, Upgrades, the Raping of American Veterans— you name it, we got it. This information is to let you know what is going on NOW. We have our bank: A Veteran's Information Bank.

We have resources that you can use NOW, including up-dated apartment listing, jobs, training programs, food, clothing, free computers, etc., just to name a few. For the people by the people.







Barry G. Camphell, CBO and Founder

VOLAN NEWSLETTER

JANUARY 2811

La. Andrew Church 1 Year 1980. In No. True 1987 12 12 312 515 61 CBC street for the Stre

CEO: AFTER ALL THESE YEARS, NO ONE LISTENS.

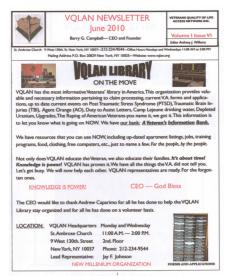






VQLAN's NEWSLETTER is one of the most up to date informer for Veterans of today.

Information never ends, nor will VQLAN stop giving it to you with the truth.
All the things they don't talk about — For the people by the people









ALL ON WEB-SITE









VQLAN's website is one of the most innovative yet for the people. Donald Hogan and CEO created the website from scratch. No experience. Now, today there is over 400 pages of information viewed in over 23 countries across the world. We are a Global hit and VQLAN is being contacted for assistance with Veterans claims, issues and information. VQLAN is a new millennium organization, Veterans helping Veterans.

THERE IS NO STOPPING US NOW!



FOR THE NON-BELIEVERS

2,727 HITS AND STILL CLIMBING

VQLAN, A NOW ORGANIZATION

COUNTRIES THAT BELIEVE IN VQLAN

UNITED STATES—ISRAEL—BRAZI—RUSSIA
PUERTO RICO — FRANCE — JAPAN —ITALY
CANADA — GERMANY — IRAN —
THAILAND — INDIA — BELGIUM — SPAIN
CYPRUS—VENEZUELA—CHINA—TURKEY
ARGENTINA—VIETNAM—PAKISTAN
NETHERLANDS—AUSTRALIA—MEXICO
COSTA RICA—PHILIPPINES

There is a need for a grass root organization that understands people. One that would treat everyone with respect. We are our brothers and sisters keeper. (FOR REAL)

GET READY

VQLAN'S 5th ANNUAL POCONOS BARBECUE

SATURDAY — JUNE 18, 2011 FOR MORE INFORMATION VISIT OUR WEB-SITE

www.vqlan.org















MARKET AMERICA COMES TO V.Q.L.A.N.

MARKET AMERICA has come to VQLAN with a way to help and support the organization. By joining Market America, and using their web portal, you can earn cash back for all purchases. VQLAN receives royalties. Market America is one of the largest web based shopping sites in the world. Not only do they offer cash back on purchases, they offer discounts and sales.

VQLAN is moving into a new millennium, It's the way shopping will be done in the future. www.marketamerica.com/vqlan will take you to the site to sign up for free. Any purchases you make help support the goals of VQLAN.

Start shopping the smart way and get paid back at the same time. Shop at the same stores that you usually do. Go directly to Market America from the vqlan.org website.

www.marketamerica.com/vglan







PROPHECIES GALLERY PRESENTS A VETERANS ARMED SERVICES ART SHOW

Sponsored by Leonard Goodstein, Pres. of Prophecies Gallery Inc. & Barry Campbell, CEO of Veterans Quality of Life/Access Network, Inc.

Show Runs From Saturday April 30, 2011 to
Tuesday, May 31, 2011
Gallery Hours: Tuesday through Sunday, 11:00 AM to 7:00 PM



THIS SHOW IS TO HELP US SUPPORT OUR VETERANS WHO ARE IN NEED
OF OUR SPECIAL HELP
ALL OUR ARTISTS ARE VETERANS OF THE ARMED FORCES

OUR PRESENCE AND CONTRIBUTION TO THIS ART SHOW IS GREATLY
APPRECIATED





BARRY CAMPBELL

In 1860 a black slave hid in the late shadows
Because he was brave
Klansmen rode in sheets of white
And they always came in the dark of night
They had come to hang this black slave
And watch his body swing in the sky
This man whose mother named him Barry
And like all slaves had taught him to be wary
Of white men and their awful deeds.
White men loved to hear slaves plead
but Barry insisted he was a man
Even if it meant being hung by the Klu Klux Klan
Barry's dreams and desires were deliverance
Of slaves from slavery's fire

Today more than a century has passed And I met a man named Barry Campbell Who still refuses to wear the mask Stand up he proclaimed to Veterans You are men, this is your choice I heard him speaking one day in a loud voice "Help any man black or white People in sheets no longer fright in the night Help anyone for we are all brothers This is the time to honor your father and mother "Stand proud," I heard him say "It's a blessing to be born in these days" He helped me as he helped all others He helped me as if we were brothers And I will never forget that day And that you heed his words is what I the poet pray







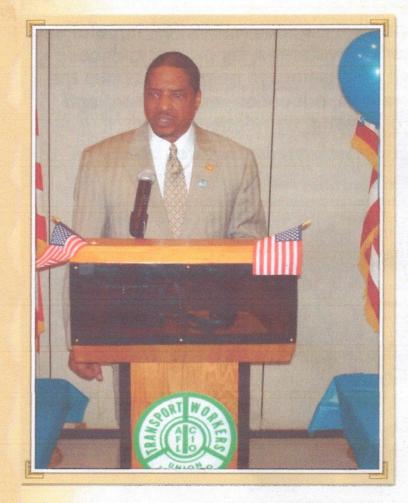




VQLAN APRIL/MAY NEWSLETTER 2011



A MAN ON A MISSION BARRY G. CAMPBELL





TIP OF THE ICEBERG, DARE TO DREAM MAKING HISTORY 2011

AGAINST ALL ODDS

ACTIONS SPEAKS LOUDER
THAN WORDS THIS IS A
LESSON FOR HUMANITY
FOR THE FORGOTTEN ONES.
TRUTH





CUT ALONG DOTTED LINE AND MAIL IN YOUR ANNUAL FREE CREDIT REPORT FORM









Annual Credit Report Request Form

You have the right to get a free copy of your credit file disclosure, commonly called a credit report, once every 12 months, from each of the nationwide consumer credit reporting companies, Equifax, Experian and TransUnion.

For instant access to your free credit report, visit www.annualcreditreport.com.

For more information on obtaining your free credit report, visit www.annuaicreditreport.com or call 877-322-8228.

Use this form if you prefer to write to request your credit report from any, or all, of the nationwide consumer credit reporting companies. The following information is required to process your request. Omission of any information may delay your request.

Once complete, fold (do not staple or tape), place into a #10 envelope, affix required postage and mail to:

Annual Credit Report Request Service P.O. Box 105281, Atlanta, GA, 30348-5281.

Please use a Black or Blue Pen and write your responses in PRINTED CAPITAL LETTERS without touching the sides of the boxes like the examples listed below:							
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If additional information is needed to process your request, the consumer credit reporting company will contact you by mail.

Your request will be processed within 15 days of receipt and then mailed to you. Copyright 2004, Central Source LLC

