2025	March		Hampshire Township Seniors on the Go			Call for a ride or to RSVP for an event. 847-683-9464 ext 3
SUNDAY 23	MONDAY 24	TUESDAY 25	WEDNESDAY 26	thursday 27	FRIDAY 28	SATURDAY 01
23	24	25	20	<i>L1</i>	20	UI
02	03	04	05	06	07	08
	Chair Yoga w/Anastasia Lunch Workout w/Jody	Bingo	Randall Roadhouse	Chair Yoga w/Anastasia Lunch Workout w/Jody Card Games	Walmart SCC	
09	10 Chair Yoga w/Anastasia Lunch Workout w/Jody	11 Bingo	12 Lunch w/Friends	13 Chair Yoga w/Anastasia Lunch Workout w/Jody	14 LRC	15
16	17 Chair Yoga w/Anastasia Alzheimer Support Group Lunch Workout w/Jody	18 Bingo	19 Culver's Huntley	20 Chair Yoga w/Anastasia Lunch Workout w/Jody Card Games	21 Walmart SCC	22 COMEDY W/CATHY ECC Arts Center
23	24 Chair Yoga w/Anastasia Lunch Workout w/Jody	25 Bingo After Bingo Lunch donated by thoughtful resident	26 Crafty Seniors Birdhouse	27 Chair Yoga w/Anastasia Cash Bingo	28 LRC w/Snacks	29
30	31 Chair Yoga w/Anastasia Lunch Workout w/Jody Dominoes	ATTENTION: March SPECIAL EVENTS: I	N - Contact 847-683-9464 ext 3 31st -We have added a r MARCH 22nd Comedy w ter Bingo Lunch- Everyo	new game to our calend /Cathy- Another enter	taining show at the EC	CC Arts Center. RSVP

Call 847-683-9464 ext 3 or 224-828-0303 for Registration for Events

REGULAR EVENTS

<u>YOGA W/ ANASTASIA 9:00 am Mondays</u> - Anastasia will offer her version of chair yoga. It will help you improve your balance, strength and stay flexible.

<u>BINGO: Tuesdays 11:00am</u> - Join us at the Hampshire Township every Tuesday to play Bingo. It's the perfect time to meet new friends or connect with old friends and win some prizes! Games start at 11:07, please arrive prior to 11am.

DICE GAME: Fridays 11:00 am - Start saving your nickels, dimes & quarters! The 1st & 3rd Friday will be playing Ship, Captain, Crew (SCC) for quarters. The 2nd & 4th Friday will be Left Right Center (LRC) for nickels & dimes.

CASH BINGO 11:00 am Last Thursday the month. The last bingo card is sold at 11:00. \$10 for 10 games 3 bingo cards per game. Bring dauber or marker and an attitude to have fun!

<u>WALMART 8:30 am-</u> Get your shopping done at Walmart. The bus will pick you up, drop you off at the door and when you're done we will drive you home. Can't beat that service. MUST CALL TO SIGN UP 72 HRs in advance P.U.'s start at 8:30am. ERT 10:30am

<u>CRAFTY SENIORS 11-1 pm</u> – Join Sue and the Group as they create something marvelous. Offered 6 times a year, on Wednesday. Keep an eye out for her next exciting project!

SPECIAL EVENTS ATTENTION:

Fees listed include transportation and cost of admission unless otherwise noted. If you choose to drive yourself to an event where a reservation needs to be made, a registration fee of \$2.50 per individual NR- \$3.00 is required instead of the full transportation fee.

A Non-Resident (NR) fee will be added to all event fees for anyone who is not a resident of Hampshire Township or Burlington.

TRANSPORTATION FOR EVENTS-The RSVP deadline is the Tuesday one week before the event

<u>March - Lunch Workout w/Jody</u> – Challenge Jody or have Jody Challenge you to a 30-minute light workout. It might be walking or using a piece of exercise equipment in the workout room. It is just a good reason to get up off the couch and move. Fee-\$0 Monday & Thursdays (not on Cash Bingo Day) 12:30-1:00

<u>March 5th -Randall Road House</u> – Randall Road House is on Randall Rd in C'Ville. You're sure to find something to satisfy your hunger on their menu P.O.P/up 10:30 ERT 1:00 Fee \$5 NR Fee \$7 RSVP 2/25 Pay your own tab

<u>March 6th & 20^{th-} Card Games</u>- We have had some interest in getting a group together to play cards. This Month we are playing 5 Crowns; we will teach you how to play if you want to join but do not know the game. Card Games will be the 1st & 3rd Thursday of the month. Time 1:00 Fee \$ 0

March 7th & 21st - Walmart - Fee -\$5 RSVP- 2/26 & 3/11

<u>March 12th – Lunch w/Friends -</u>. Bring a sack lunch and meet new friends or join old friends during the lunch hour. To make it extra special, we will serve cake and celebrate the monthly birthdays. Time: 12-1:30 Fee \$0 RSVP 2/4

<u>March 19th - Culvers in Huntley</u> –Butter Burgers, here we come! PO P/up 10:45 ERT 1:00 Fee \$ 5 NR- \$6 RSVP 3/11 Pay your own tab

<u>March 22nd – Comedy w/Cathy-</u> Join the group to go to the ECC Arts Center for a night of fun and laughter. Cathy Ladman is a comedian who has been on television and is determined to make everyone laugh. The show starts at 7:00, but the group will go to dinner 1st. (Dinner location TBD). Show ticket & Transportation included in fee. Fee-\$45 NR\$57 PO P/up 4:30 RSVP 3/4 Pay your own Tab

<u>March 25th- After Bingo Lunch-</u> A generous donation was made to our Senior Programs with the specification to serve lunch to our seniors. We will be serving a fried chicken lunch w/sides, beverage and dessert. If you're playing Bingo stay for lunch, if you don't want to play Bingo come at 12:00. Time 12:00- 1:30 Fee \$0 <u>EVERYONE</u> NEEDS TO RSVP by 3/18

<u>March 26th- Crafty Seniors</u>- March project is a Bird Nesting House; we can't forget our birds this spring. We will be painting and decorating a wooden nesting box. Time: 11:00 Fee \$10 NR- \$12.50 RSVP 3/18th

<u>March 28th –LRC w/ Snacks</u> – Join us for our regular dice game, but if you would like you can bring your favorite appetizer or snack to share, but it isn't required. Fee \$ 0

<u>March 31st – Dominoes</u> – We have had a request to play Dominoes So if that is something you enjoy, join us. Going forward, we will be playing the 2nd & 4th Monday of the month. Time: 1:00 Fee \$0 RSVP 3/25