



(11/10/2020 - From your Parish Priest.....

ATTENDING MASSES, FORMATION & OTHER ACTIVITIES IN O.M.P.H. IPOH

ONLY OMPH PARISHIONERS (citizens & non-citizens) and those serving in OMPH ministries are allowed to attend weekday and weekend masses and other activities at OMPH church.

- * Must NOT have visited/been to COVID-19 RED ZONE areas within the past 14 days.
- * Do NOT have fever/flu symptoms.
- * Government SOPs of mask wearing, hand sanitizing and physical distancing of minimum 1 meter to be observed.
- * Checking in using MySejahtera App. is a requirement.

**** Catholics residing in Kuala Lumpur and the state of Selangor are requested to refrain from travelling to neighbouring states to attend Mass to avoid risk of transmission.**

WEEKEND MASSES (Saturdays & Sundays)

- > Pre-registration with ministry/BEC heads or parish office. Attendance will be based on rostering exercise on first come first serve basis.
- > Please come 30-45 minutes earlier before Mass starts for attendance marking, temperature taking and checking in with MySejahtera App. Government SOPs apply.

- # Saturdays @ 5.30pm Mass in English.
- # 1st Sun. of the month @ 8am in Bahasa Malaysia.
- # Other Sundays @ 8 am Mass in English.
- # On Sundays at 11 am (in Tamil/Mandarin on an alternate weekly basis)
(for confirmation of language, please check website)

WEEKDAY MASSES (Mondays, Wednesdays & Fridays) will be in English at 6.30 am.
(if falls on public holiday, Mass will be at 8 am)

- No need to pre-register.
- When you come, take your own temperature on forehead using available auto thermal scanner, check in with MySejahtera App. or write on manual record. Government SOPs apply.

OTHER CHURCH ACTIVITIES

such as in-person CCR Prayer Meetings, RCIA classes and Legion of Mary (C) meetings.

- ^ Open to OMPH parishioners ONLY.
- ^ No need to pre-register.
- ^ When you come, take your own temperature on forehead using available auto thermal scanner, check in with MySejahtera App. Government SOPs apply.