



5602 Arsenal St.  
St. Louis, MO 63139

HOURS: 9am-3pm Monday-Wednesday-Friday  
314-645-3477 — FAX: 314-645-3813  
[www.stlactivitycenter.com](http://www.stlactivitycenter.com)

**NOTE: THE CENTER WILL BE CLOSED MONDAY, FEBRUARY 16TH, DUE TO THE PRESIDENTS' DAY HOLIDAY!**

**NOTE: MEMBERSHIP FOR 2026 WILL BE \$20.00 & TRANSPORTATION IS NOW \$10:00 ROUND TRIP!**

**POT OF GOLD —DRAWING, MONDAY, JANUARY 26TH—FEBRUARY TICKET SALES BEGIN MONDAY, FEBRUARY 2ND—**

On Monday, February 2nd, we will start Pot of Gold ticket sales for the drawing on Friday, February 27th! See Alice Jennings or Mike Quinn to purchase tickets. COST: 1 ticket = \$1.00; 6 tickets = \$5.00. You need not be present to win.

**EXERCISE PROGRAM**—Our Exercise Program is held on Mondays, Wednesdays, and Fridays at 10:00am! We exercise with **BANDS and WEIGHTS on Mondays and Wednesdays!** Suggested donation for this program is \$2.00 per session. Please join us!

**COFFEE TALK WITH ALICE—MONDAYS AFTER EXERCISE—**Come join us as we discuss interesting topics.

**PINOCHLE PLAYERS—MONDAYS @ 9:00AM**—If you would like to play Pinochle, you are welcome to join this group!

**BINGO SPONSORED BY ST. MARY'S COMPLETE HOME CARE—MONDAY, FEBRUARY 2ND, AT 11:00AM**—Join us as we play Bingo for prizes & learn more about St. Mary's Complete Home Care & what they have to offer you!

**POLISH RUMMY— FIRST FRIDAY OF THE MONTH, FEBRUARY 6TH, AT 10:00AM**—Come join us for Polish Rummy!

**BOOK CLUB—MONDAY, FEBRUARY 9TH, AT 10:45AM**—Our Book Club is reading "Tough Luck" by Sandra Dallas. They will meet on Monday, February 9th, at 10:45am to discuss this book. Come and join them!

**SHELDON COFFEE CONCERT: SAMBA BOM—WEDNESDAY, FEBRUARY 11TH—COST: \$30.00** (incl. transportation, coffee, doughnuts, & the show). **Must make reservation & payment by Friday, January 23rd! We will depart from the Center at 8:30am** so you can enjoy coffee & doughnuts before the show!

**HORSESHOE CASINO—WEDNESDAY, FEBRUARY 11TH**—We will depart at **10:00am. COST: \$10.00 for transportation.**

**BIRTHDAY CELEBRATION—WEDNESDAY, FEBRUARY 11TH, AT 10:45AM**—Join us as we celebrate our February birthdays! Birthday cake and coffee will be available for FREE. Happy Birthday to all our celebrants!

**"PRIMARY TRUST" AT THE REPERTORY THEATRE—THURSDAY, FEBRUARY 12TH AT 9:30AM**—If we get 10 people to sign up, we can get the \$20.00/ticket group rate! Please sign up at the front desk no later than Wednesday, January 28th, so we can order tickets! COST: \$30.00 for ticket and transportation.

**ST. LOUIS PUBLIC LIBRARY—WEDNESDAY, FEBRUARY 18TH, 10:30-11:45AM**—The St. Louis Public Library will be at the Center on Wednesday, February 18th, from 10:30-11:45am. Visit their table to see what they have to offer you!

**MOVIE, "SOUL ON FIRE"—WEDNESDAY, FEBRUARY 18TH—11:15AM**—Join us to watch the movie, "Soul on Fire".

**BINGO—THURSDAY, FEBRUARY 19TH, 10:30AM**—On Thursday, February 19th, we will be playing Bingo! We will play from 10:30-11:30am, break for lunch, and resume play at 12:00 Noon. Lunch will be available for purchase. Come and join in the fun!

**SESAME FOR LUNCH—FRIDAY, FEBRUARY 20TH, 11:15AM**—On Friday, February 20th, we will be going to Sesame for lunch. COST: \$10.00 for transportation. Lunch is on your own.

**CRAFTING WITH SUE—MONDAY, FEBRUARY 23RD, AT 10:45AM**—Come make something decorative for your home!



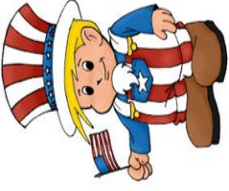
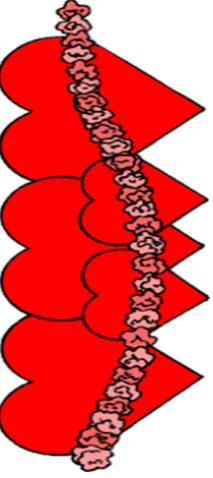
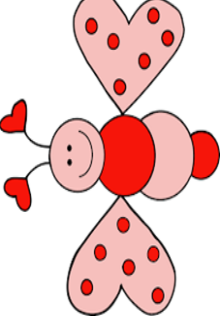

**DIGITAL LITERACY SESSION W/SARAH REDDICK, ST LOUIS PUBLIC LIBRARY—WEDNESDAY, FEBRUARY 25TH, 10:30-11:30AM**—Sarah will answer questions you might have on any digital device. Bring the device with you so Sarah can look at it!

**BOWLING—FRIDAY, FEBRUARY 27TH, 11:00AM**—COST: \$12.00/Members, \$17.00/NonMembers, includes shoes, bowling, & transportation.

**TRANSPORTATION SERVICES** are available for lunch & activities at the Center, medical appointments, business, essential shopping (5 bag limit), recreation, etc. **PLEASE NOTE: DUE TO INCREASED FUEL COSTS, SUGGESTED BUS DONATIONS HAVE CHANGED TO \$10.00 ROUND TRIP FOR ALL TRIPS. TRANSPORTATION TO ST. LOUIS COUNTY (OR OVER 10 MILES) IS \$40.00. The Center relies on donations to cover the cost of gas, insurance & vehicle maintenance! SUGGESTIONS**—Please let front office staff know of any suggestions you may have regarding ways to improve the Center, trips you would like to go on, new activities you would like us to start, etc.

# St. Louis Activity Center Calendar

February 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Pot of Gold Sales 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 11:00am Bingo sponsored by St. Mary's Complete Home Care 11:30am Lunch	<b>3</b> TRANSPORTATION AVAILABLE	<b>4</b> 10:00am Exercise 11:30am Lunch	<b>5</b> TRANSPORTATION AVAILABLE	<b>6</b> 10:00am Exercise 10:00am Polish Rummy 11:30am Lunch
<b>9</b> 9:00am Pinochle 10:00am Exercise 10:45am Book Club 11:30am Lunch	<b>10</b> TRANSPORTATION AVAILABLE	<b>11</b> 10:00am Exercise 10:00am Horseshoe Casino 10:45am Birthday Cake 11:30am Lunch	<b>12</b> "PRIMARY TRUST" @ THE REPERTORY THEATRE—9:30AM	<b>13</b> 10:00am Exercise 11:30am Lunch
<b>16 HOLIDAY</b> 	<b>17</b> TRANSPORTATION AVAILABLE	<b>18</b> 10:00am Exercise 10:30-11:45am St. Louis Public Library 11:15am Movie: "Soul on Fire" 11:30am Lunch	<b>19</b> 10:30am BINGO 11:30am Lunch 12:00pm BINGO	<b>20</b> 10:00am Exercise 11:15am Sesame for Lunch 11:30am Lunch
<b>23</b> 9:00am Pinochle 10:00am Exercise 10:45am Crafting with Sue 10:45am Coffee Talk 11:30am Lunch	<b>24</b> TRANSPORTATION AVAILABLE	<b>25</b> 10:00am Exercise 10:30-11:30am Sarah-Digital Literacy 11:30am Lunch	<b>26</b> TRANSPORTATION AVAILABLE	<b>27</b> Pot of Gold Drawing 10:00am Exercise 11:00am Bowling 11:30am Lunch
				

Kristi W. Deigas