

Saturday, April 19 - 21 Miles

21.3 miles

Leg	Dir	Type	Notes	Total
	←	Left	Turn left onto Cultural Park Place. Watch for cars.	0.1
0.1	↑	Straight	Stay straight around Forest Service gate	0.2
0.1	←	Left	Turn Left towards Roundabout trail	0.3
0.0	→	Slight Right	Keep right onto Roundabout trail	0.3
0.8	↑	Straight	Straight to stay on Roundabout	1.1
0.9	←	Sharp Left	Turn sharp left onto Girdner	2.0
0.3	↑	Straight	Straight to stay on Girdner	2.3
0.2	→	Right	Turn right to stay on Girdner	2.6
0.1	↑	Straight	Straight to stay on Girdner	2.6
0.8	↑	Straight	Straight to stay on Girdner	3.4
1.4	→	Right	Turn right to stay on Girdner	4.8
0.5	↑	Straight	Straight to stay on Girdner	5.3
0.1	↑	Straight	Aid Station 1 Mile ahead	5.4
0.1	←	Slight Left	Slight left / straight to stay on Girdner	5.5
0.6	→	Slight Right	Slight right to stay on Girdner	6.0
0.1	↑	Straight	Aid Station just ahead	6.2
0.1	←	Left	Turn left onto Chuckwagon Trail	6.2
0.1	↑	Straight	Aid Station. Refuel and cross road with caution. Trail is on other side	6.3
0.2	↑	Straight	Stay straight on Chuckwagon past parking lot area	6.5
0.2	↑	Straight	Straight across slick rock. Look for white sprayed dashes	6.8
0.9	→	Right	Turn right to stay on Chuckwagon Trail	7.6
0.8	←	Left	Turn left to stay on Chuckwagon	8.4
1.6	←	Left	Turn left to stay on Chuckwagon Trail	10.0

0.2	↑	Straight	Straight across water crossing. Use caution	10.2
0.3	↑	Straight	Aid Station 1 Mile ahead	10.5
0.6	↑	Straight	Aid Station just ahead	11.1
0.3	↑	Straight	Aid Station. Refuel and cross road with caution. Trail is on other side	11.4
0.0	↑	Straight	Straight onto Long Canyon trail	11.4
0.2	↑	Straight	Straight to stay on Long Canyon	11.6
0.4	→	Slight Right	Keep right to stay on Long Canyon Trail	12.0
0.4	←	Left	Turn left onto Deadman's Pass	12.4
0.9	←	Left	Turn left onto Mescal Trail	13.3
0.6	↑	Straight	Straight to stay on Mescal	13.9
0.1	↑	Straight	Straight to stay on Mescal	14.0
0.3	←	Slight Left	Slight left to higher trail is easier than lower trail.	14.3
0.1	↑	Straight	Straight to stay on Mescal	14.4
0.1	↑	Straight	Aid Station is 1 Mile ahead	14.5
0.2	→	Sharp Right	Turn sharp right onto Yucca Trail	14.7
0.3	←	Slight Left	Slight left to stay on Yucca Trail	15.0
0.1	←	Slight Left	Slight left / straight onto Canyon of Fools Trail	15.1
0.3	↑	Straight	Aid Station just ahead	15.4
0.1	↑	Straight	Aid Station is across the road. Use caution. Watch for cars. Refuel and rehydrate here.	15.5
0.1	←	Left	Keep left onto OK Trail	15.6
0.3	→	Right	Turn right onto Arizona Cypress Trail	15.9
0.0	↑	Straight	Several creek crossings ahead. Use caution if water is present.	15.9
0.1	↑	Straight	Straight to stay on AZ Cypress	16.0
0.3	↑	Straight	Straight to stay on AZ Cypress	16.2

0.1	↑	Straight	Straight to stay on AZ Cypress	16.4
0.6	→	Right	Turn right onto Girdner	17.0
0.5	←	Left	Turn left to stay on Girdner	17.5
1.4	↑	Straight	Straight to stay on Girdner	18.9
0.8	←	Left	Turn left onto Axis Trail	19.7
0.7	↑	Straight	Finish Line is 1 Mile ahead!	20.3
0.2	→	Right	Turn right to stay on Axis	20.5
0.4	↑	Straight	Straight to join Girdner	20.9
0.1	↑	Straight	Straight to stay on Girdner	21.0
0.0	←	Slight Left	Turn slight left onto pavement, then right to rejoin Girdner trail	21.0
0.1	→	Right	Turn right at parking lot. Look for cars. Use caution.	21.1
0.0	←	Left	Turn left onto roadway towards Finish. Watch for cars.	21.1
0.1	→	Right	Turn right towards the Finish.	21.2
0.1	←	Left	Congratulations! You've completed the 21 Mile race.	21.3

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