



5602 Arsenal St.  
St. Louis, MO 63139

**HOURS: 9am-3pm Monday-Wednesday-Friday**  
**314-645-3477 — FAX: 314-645-3813**  
**www.stlactivitycenter.com**

**POT OF GOLD—DRAWING, MONDAY, MARCH 25TH—APRIL TICKET SALES BEGIN MONDAY, APRIL 1ST**—The winners of March's Drawing are: 1st Place: Helen Kunz—\$43.00; 2nd Place: Jackie Mueller — \$26; 3rd Place: Karen Sweeney — \$17.00! On Monday, April 1st, we will start Pot of Gold ticket sales for the drawing on Wednesday, April 24th! See Alice Jennings to purchase tickets. COST: 1 ticket = \$1.00/6 tickets = \$5.00. You do not need to be present to win.

**EXERCISE PROGRAM**—Our Exercise Program is held on Mondays, Wednesdays, and Fridays at 10:00am! We exercise with **BANDS and WEIGHTS on Mondays and Wednesdays!** Suggested donation for this program is \$2.00 per session. Please join us!

**COFFEE TALK WITH ALICE—MONDAYS AFTER EXERCISE**—On Mondays after exercise, Alice Jennings will be hosting a Coffee Talk! Come join us as we discuss interesting topics along with coffee & dessert for \$1.00!

**PINOCHLE PLAYERS—MONDAYS @ 9:00AM**—On Mondays at 9:00am, a group gets together at the Center to play Pinochle! If you would like to play Pinochle, you are welcome to join them!

**“QUEEN BEES” MOVIE & LUNCH—MONDAY, APRIL 1ST, AT 12:00NOON**—On Monday, April 1st, at 12:00noon, we will show the movie, “Queen Bees”! Lunch will be Fish Sticks, Macaroni & Cheese, Vegetable & Popcorn for \$5.00. Sign up at desk in Center.

**BIRTHDAY CELEBRATION—WEDNESDAY, APRIL 10TH, AT 10:45AM**—On Wednesday, April 10th, we will celebrate our April birthdays! Birthday cake and coffee will be available for FREE. Happy Birthday to all our celebrants!

**SPRING FLING 2024: SPRING IS IN THE AIR—WEDNESDAY, APRIL 10TH—11:30AM TO 2:30PM**—Lindenwood Area Senior Ministry is hosting its annual Spring Fling fundraiser in Epiphany of our Lord Catholic Church's gym (6596 Smiley at Ivanhoe). Tickets: \$20 in advance, \$25 at door. Purchase: lasministry.org/events or call 314-647-4591. See flyer for more details!

**BINGO—THURSDAY, APRIL 11TH, 10:30AM**—On Thursday, April 11th, we will be playing Bingo! We will play from 10:30-11:30am, break for lunch, and resume play at 12:00 Noon. Lunch will be available for purchase. Come and join in the fun!

**LUNCH AT RED LOBSTER—FRIDAY, APRIL 12TH AT 11:15AM**—On Friday, April 12th we will be going to Red Lobster on South Lindbergh for lunch! COST: \$10.00 for transportation. Sign up and pay at the front desk.

**BOWLING AT SHREWSBURY LANES—MONDAY, APRIL 15TH, AT 11:30AM**—On Monday, April 15th, we will be bowling at Shrewsbury Lanes! COST: \$12.00/Members, \$17.00/NonMembers, includes shoes, bowling, & transportation.

**SHELDON COFFEE CONCERT—SWEETIE AND THE TOOTHACHES—WEDNESDAY, APRIL 17TH, 8:30AM**—Specializing in 1940s thru 1960s R&B, blues & ballads, St. Louis' premier swing band will have you stomping your feet & shaking your hips, & leave you with a permanent sweet tooth! **Reservation & payment due Wednesday, April 3rd.** COST: \$25 Members/\$30 NonMembers for transportation, show, & coffee/donuts. **We depart the Center at 8:30am for coffee & donuts before the show!**

**RIVER CITY CASINO—WEDNESDAY, APRIL 17TH**—On Wednesday, April 17th, we will be going to River City Casino! **We will depart from the Center at 10:00am. COST: \$8.00 for transportation.** Come join us for a good time!

**ST. LOUIS PUBLIC LIBRARY—WEDNESDAY, APRIL 17TH, 10:30-11:45AM**—The St. Louis Public Library will be at the Center on Wednesday, April 17th, from 10:30-11:45am. Visit their table to see what they have to offer you!

**AT HOME CARE BINGO—MONDAY, APRIL 22ND, 11:00AM**—We will have a Bingo sponsored by Tamara with At Home Care, on Monday, April 22nd, at 11:00am! Come join us for fun and prizes!

**HORSE HOOKY TUESDAY AT FAIRMOUNT PARK—TUESDAY, APRIL 23RD**—Join us as we go to Fairmount Park for horse racing! Cost for transportation: \$10 for Members; \$15 for NonMembers. You are on your own for admission, food, etc. **Please sign up at the front desk and pay by Monday, April 22nd. We will depart the Center at 11:30am.**

**BOOK CLUB—WEDNESDAY, APRIL 24TH, AT 11:00AM**—Our Book Club is reading “14th Deadly Sin”, by James Patterson & Maxine Paetro. Come join us as we gather to discuss this book on April 24th at 11:00am!

**DIGITAL LITERACY SESSION W/SARAH REDDICK, ST LOUIS PUBLIC LIBRARY—WEDNESDAY, APRIL 24TH, 10:30-11:30AM**—Sarah will answer questions you might have on any digital device. Bring the device with you so Sarah can look at it!

**POST OSCAR PARTY—OPPENHEIMER—FRIDAY, APRIL 26TH—11:00AM**—On Friday, April 26th, join us for our Post-Oscar party & the movie, “Oppenheimer”! Lunch will be BBQ Chicken Wings, Potato Salad, Vegetable, Dessert & Popcorn for \$10.00.



**CRAFTING WITH SUE—MONDAY, APRIL 29TH, AT 10:45AM**—Sue Molz will be having her Craft Class on Monday, April 29th, at 10:45am. Come join Sue and make something decorative for your home!

**TRANSPORTATION SERVICES** are available for lunch & activities at the Center, medical appointments, business, essential shopping (5 bag limit), recreation, etc. **PLEASE NOTE: DUE TO INCREASED FUEL COSTS, SUGGESTED BUS DONATIONS HAVE CHANGED TO \$8.00 ROUND TRIP FOR ALL TRIPS. TRANSPORTATION TO ST. LOUIS COUNTY (OR OVER 10 MILES) IS \$20.00. The Center relies on donations to cover the cost of gas, insurance & vehicle maintenance!**

**SUGGESTIONS**—Please let front office staff know of any suggestions you may have regarding ways to improve the Center, trips you would like to go on (short or long), new activities you would like us to start, etc. Your input is greatly appreciated!

# St. Louis Activity Center Calendar

April 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<p><b>1</b> Pot of Gold Ticket Sales 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 11:30am Lunch 12:00pm "Queen Bees" movie</p>	<p><b>2</b> NO ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p><b>3</b> DEADLINE SHELDON RESERVATIONS 10:00am Exercise 11:30am Lunch</p>	<p><b>4</b> NO ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p><b>5</b> 10:00am Exercise 11:30am Lunch</p>					
<p><b>8</b> 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 11:30am Lunch</p>	<p><b>9</b> NO ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p><b>10</b> 10:00am Exercise 10:45am Birthday Cake 11:30am LASM Spring Fling @ Epiphany Catholic Church Gym</p>	<p><b>11</b> 10:30am BINGO 11:30am Lunch 12:00pm BINGO</p>	<p><b>12</b> 10:00am Exercise 11:15am Red Lobster 11:30am Lunch</p>					
<p><b>15</b> 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 11:30am Lunch 11:30am Bowling</p>	<p><b>16</b> NO ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p><b>17</b> 8:30am SHELDON COFFEE CONCERT 10:00am Exercise 10:00am River City Casino 10:30-11:45am St. Louis Public Library 11:30am Lunch</p>	<p><b>18</b> NO ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p><b>19</b> 10:00am Exercise 11:30am Lunch</p>					
<p><b>22</b> 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 11:00am At Home Care Bingo 11:30am Lunch</p>	<p><b>23</b> 11:30am HORSE HOOKY <u>TUESDAY</u> NO OTHER ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p><b>24</b> Pot of Gold Drawing 10:00am Exercise 10:30-11:30am Digital Literacy w/Sarah-St. Louis Public Library 11:00am Book Club 11:30am Lunch</p>	<p><b>25</b> NO ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p><b>26</b> 10:00am Exercise 11:00am Post Oscar Party &amp; Movie: Oppenheimer 11:30am Lunch</p>					
<p><b>29</b> 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 10:45am Crafting w/Sue 11:30am Lunch</p>	<p><b>30</b> NO ACTIVITIES TRANSPORTATION AVAILABLE</p>			<p><b>POT OF GOLD</b> MARCH'S WINNERS ARE: 1st Place: Helen Kunz-\$43.00 2nd Place: Jackie Mueller-\$26.00 3rd Place: Karen Sweeney-\$17.00</p>					