

SPOKE

Notes

Newsletter of the Cyclonauts Bicycle Club, Springfield, MA

THE PRESIDENT'S CORNER



Thank you to all those who volunteered to lead hikes this past hiking season. I enjoyed seeing everyone on the trails.

I would like to *thank* Ann Morin, for all her years of service to the club as Secretary. We are currently seeking a new Secretary for the Cyclonauts Board. If you are interested in the position, please let me or any other Board Member know.

I would also like to *thank* those who signed up to lead rides this spring. I encourage everyone to consider leading a ride in the future; even if you haven't led a ride before. I look forward to a great cycling season.

If you haven't renewed your membership, please do so. If you need a membership form, it can be found on our website.

Lastly, I would like to *thank* Janet Parslow who organized the banquet, I look forward to seeing you all there on April 13th @ 2:00 PM at Kaptain Jimmie's.

And lastly, I look forward to a great cycling season!

James DeSellier
President



CYCLONAUTS 2025 ANNUAL BANQUET

AT ↴



916 Suffield, St. Agawam, MA (413) 789-2222

WHEN: Sunday, April 13, 2025

WHAT TIME: 2:00 PM

**Everyone orders off the menu –
Individual checks!!**

RSVP: Email [Janet Parslow](mailto:janetparslow5@gmail.com) at janetparslow5@gmail.com by **April 8th** if you plan to attend.

WELCOME TO KAPTAIN JIMMY'S

We're an independent bar-restaurant located in the town of Agawam . We're proud to be the favorite for locals to meet friends for a pint or for a fresh seafood . We serve 55 local beers , hand-made burgers and delicious milkshakes year-round. Come see us today!"AAARR...



Reminder

**DON'T FORGET TO VOTE
FOR CYCLONAUTS**

Executive Board members

by April 10 because the election results will be announced at the Banquet on April 13.

Voting occurs online via an email that was sent by Sue Strange. If you missed it, send Sue an email using spfldcyclonauts@gmail.com

Also, don't forget that for family memberships, all adult members should vote.



EDITOR'S REST STOP



Hi everyone,

Just a reminder: If you wish to contribute, please don't hesitate to submit information you think will be helpful or of interest to the other club members. Send letters to the Editor, or feedback to me at donna.katz56@gmail.com regarding how SpokeNotes can be more interesting or useful to our members.

LETTERS TO THE EDITOR:

This is a place for club members to share their ideas and opinions with respect to all aspects of cycling and our club. Please limit letters to less than 200 words.

For a listing of regional biking events go to the [MassBike](#) website periodically to check out upcoming events.

Below is a sample of community rides in the region. To find out more about the events below click on the title of the event.

April 5 : [Best Buddies Cape Cod Ride](#)

May 3 : [Best Buddies Lighthouses Ride](#)

May 3 : [Bike MS: Ride the Vineyard](#)

May 4 : [The 5 Boro Bike Tour](#)

May 7 : [The Westfield Mayor's Ride](#)

June 14 : [Ride to End Alzheimers, New England](#)

June 14 : [Hatfield Lions Annual Bike Tour](#)

The League of American Bicyclists sponsors:

NATIONAL

BIKE MONTH



Here in Massachusetts, MassBike informs us that “from the Berkshires to the Cape and everywhere around and in between, riders across Massachusetts are celebrating Bay State Bike Month this May”!

SAVE THE DATES to commemorate National Bike Month in MA.

Sunday, May 4th - [National Ride A Bike Day](#)

Sunday, May 11th - [Charlie Proctor Memorial Ride](#) (Medford, MA)

May 12th-18th - Bike to Work Week

Friday, May 16th - Bike to Work Day

Sunday, May 18th - [Kittie Knox Ride](#) (Watertown, MA)

THE WEBMASTER'S CORNER

All notices and pictures must be sent to spfldcyclonauts@gmail.com . This includes the leader's request for a ride cancellation notice. This is particularly important as my husband and I will be traveling overseas in May, and I will not be able to send out the notice. Our President, James DeSellier has been covering the Cyclonauts email during the times when I am out of reach, thank you so much James.

Please keep in mind that all ride cancellation notices must be sent out the night before or by 6 AM the morning of the ride. Even though the final responsibility lies with each rider to contact the ride leader, if it is a last minute cancellation due to a sudden change in the weather, the leader should drive to where the ride starts to inform any riders who may show up. Hopefully we will have good weather this spring and fewer rides will have to be cancelled.

Betty Siwinski
Webmaster

