

VOLLEYBALL **BOOT CAMP**

**FREE CAMP FOR FOSTER HIGH SCHOOL
VOLLEYBALL TEAM
JULY 15, 9:00AM - 11:30AM**



REGISTER ONLINE

General information about the camp:

Cost is FREE

Incoming 9th – 12th graders

Two and half hours of intense instruction/training for two days

Camp consist of 1st Contact, Attack/Passing

Date: July 15, 9:00am-11:30am: Training take place at Texas One Volleyball.

General Description of Camp:

1st Contact Camp:

This is the most serious camp available for developing 1st contact skills (passing, digging, serving). An extensive amount of time will be spent on both technical training and repetitive work. This camp is very demanding and players who attend will be expected to work at a very high energy and level.

Attack and Passing Camp:

This camp will focus on attacking and passing skills. This is an excellent camp for young players to develop overall attacking fundamentals or for the older outside attacker who plays the left or right side position.

Coaches for this camp:

Head Coach Vladimir Titarenko,

History as player: Played for the Dynamo-Lugansk in 1996 and helped his team win 5th place in the European Championship. Ukrainian professional volleyball team (Lokomotive Kharkov) and helped capture the title of European Championship in 2004. Winner of Super Cup Championship of Spain, Cup of Spain Tournament, Volleyball Championship of Spain, Cup of Ukraine Tournament and Cup of Russia Tournament. Drak Palma Professional Volleyball Club in 2005. In 2009 played in the All-Star Volleyball World Game against the Russian Super League Stars.

Master Coach Kate Morrell,

Kate Morrell recently finished her professional European League tour. From 2015-2016 Kate Morrell played for VBC Cheseaux in the Swiss league. She was earned the distinction of top scorer for the team and 6th overall top scorer in the league. From 2013-2015 Kate played for one of Europe's top professional teams, Eurosped TVT in the Netherlands. From 2014-2015 she also played for the Twente Cup Champions and 2015 League runners up. Kate lead the league in receptions in the 2015 playoffs.

Technical Coach Miri Krietemeyer,

Played at the University of Tulsa from 2010 - 2013. Assisted team in winning 3 conference titles, given the conference USA player of the week in November 2013, and given the University of Tulsa Student-Athlete of the week in October of 2014.

Player Name: _____, Phone #: _____

Email Address: _____

Register Online: www.texasonevolleyball.org

For questions contact Jay Chae at jchae@tx1vb.com or 281-232-5693

You can register online or mail to: Texas One Volleyball 1818 First Oaks St., Richmond, TX 77406

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