

First Call for Help

FOSTORIA

419-435-2555

A service of United Way of Fostoria

Resource Guide

The services listed are available in Fostoria, Ohio, as of August 2019.

Caring Hands Pregnancy and Parenting Support

202 S. Main Street Fostoria, OH; 419 435-2273

Hours: Monday, Wednesday, and Thursday 10 a.m. to 4 p.m.

- Educational Resources on Pregnancy, Parenting and Sexual Integrity
- Pregnancy Testing available
- Baby Supplies: Formula, Pull-Ups, Diapers and Baby Clothes

Commission on Aging

601 Findlay Street Fostoria, OH; 419-435-0436

Hours: Monday- Friday at 11:30 a.m. Call for reservations.

- Meals free of charge to anyone 60 and over at the location.
- Meals are \$3.50 for persons under 60. Meals delivered to home are also available.
- Transportation for individuals 60 and over. Rides are donation only. Reserve your ride at least a 24-hour before. Out of town rides are made once per week.

Community Health Service

502 Van Buren Street, Fostoria, OH, 419-436-7281

- Healthcare services for individuals with or without insurance
- Medical specialties include Family Medicine, Pediatrics, Family Dentistry, and Behavioral Health Services

Community Hospice Care by Stein Hospice

181 E. Perry Street, Tiffin, Ohio; 419-447-4040

- Available to all Fostoria residents. Accepts Medicare, Medicaid, and Private Insurance. No cost to the patient.
- Provide Hospice aide and Palliative Care
- 24- hour staff available
- Community Support and Bereavement group is free and open to anyone. A library of resources is available.
- Provides medical equipment for the patient.

Family Children and First Council

201 S. Washington Street Tiffin, OH: 419 443-0981

- Provides Help Me Grow and Wrap Around services
- SMYL (Mentoring Program)

Free Store

High Street United Methodist Church, 243 W. High Street Fostoria, OH. Hours: Mondays 2 to 4 p.m.

- Groceries and other necessities such as toiletries and baby care items as available. Distribution limited to one-time every other month. Amount is dependent upon family size.
- Household goods and clothes available weekly.

Firelands Counseling and Recovery Services

122 W. Center Street Fostoria, OH; 419 435-0204

Crisis Hotline: 1-800-826-1306

- Substance Abuse Counseling and Support Group
- Case Management
- Three Mental Health Counselors at this time.

First Step

1009 Columbus Ave. Fostoria, OH; 419 435-7300

- Domestic violence shelter and support for females and their minor children
- Advocacy and case management services
- Processes applications for the Neighbor-to-Neighbor Program

Fostoria Learning Center

342 Perry Street Fostoria, OH; 419-408-5540

- Free Aspire classes, College Prep Test, Workforce Readiness, and English for speakers of other languages classes.
- Offering career training classes for immediate work placement. Classes include, but are not limited to, medical assistant, phlebotomy, medical coding, welding and construction trades.
- Different classes and training opportunities are available during different scheduled times.

GLCAP (formerly WSOS)

801 Kirk Street, Suite 1, Fostoria, OH; 419 435-4884

- If eligible, offers HEAP and PIPP programs
- Provide pre-school and home-based programs
- Home rehabilitation/repairs and home weatherization

Habitat for Humanity

339 Sandusky Street Fostoria, OH; 419-435-2844

HATS

440 Scott Avenue Findlay, OH; 419-423-7261

Office Hours: Monday through Friday 8 a.m. to 4:30 p.m.

Service Hours: Monday through Friday, 7:15 a.m. to 9:45 p.m.

Saturday 7:15 a.m. to 4:30 p.m.

- Transportation within Hancock County. Pick up must be a Hancock location, such as Fostoria hospital
- Rate is \$2.50 per trip.

Pantry Plus of Seneca County

115 South Main Street Fostoria, OH; 419-619-2769

Hours: Friday 9:30 to 11:30 a.m.

- Food distribution every 30 days. Amount is dependent on family size.
- Please call regarding items you must bring with you to register.
- Senior boxes are available to persons aged 60 and older.

ProMedica Physicians Behavioral Health

ProMedica Fostoria Community Hospital
501 Van Buren St. Suite 201; 419 436-6886

- Clinical Interests: abuse, anxiety, chemical dependency,
- depression, marital and couple counseling; parenting support and guidance

ProMedica Wellness

419 435-6688

- Free use of medical equipment such as commodes, crutches, walkers
- Diapers

Salvation Army

High Street United Methodist Church
243 W. High Street Fostoria, OH; 419 701-1271
Hours: Monday 2 to 4 p.m.

- Assistance is available once a year for the following options: a utility bill, or prescriptions, or a one-day hotel stay within Fostoria when there is a plan in place.

St. Vincent De Paul

High Street United Methodist Church
243 W. High Street, Fostoria, OH; 419 435-7259
Hours: Tuesdays and Thursdays, 9 a.m. to noon

- Possible assistance with utility bills, prescriptions, and gas vouchers
- Possible assistance with 1-2-day hotel stay, if a plan has been put into place
- Minor car and home repairs

SCAT

3446 S. TWP. Rd. 151, Tiffin OH; 419-448-7344
Hours: Monday through Friday, 5 a.m. to 6 p.m.

- Public transportation to individuals in the community.
- Inside city limits: \$2, Within 3-mile radius: \$3, Within 7-mile radius: \$4, All other trips within Seneca and Crawford counties: \$5
- Out of county trips to counties adjoining Seneca: Crawford, Hancock, Huron, Wood, Wyandot and Sandusky at \$25/round trip. Can provide trips to Toledo, Cleveland, etc. for medical appointments.
- Call to reserve your trip at least 48 hours ahead.

Seneca County Job and Family Services

900 E. CR. 20 Tiffin, OH; 419 447-5011

- Child support needs
- Reporting child or elderly abuse/neglect
- Access to employment opportunities with Ohio Means Jobs and resume assistance
- Application for cash assistance, food stamps and medical card
- Some individuals may be eligible to apply for PRC (Prevention, Retention Contingency Plan) after meeting certain guidelines and have a minor/and or dependent child. Live in Seneca County. This program could provide assistance for the following, but not limited to:
 - Rent and utilities if there is threat of eviction or homelessness
 - Vehicle repair if employed, and gas assistance
 - Employment retention, employment and training services and youth employment program

Seneca County Veterans Service Commission

920 E. CR. 20 Tiffin, OH; 419 447-2885

- Veterans receive services through Veterans Affairs.
- Eligible Veterans or designated family members can apply for temporary, emergency financial assistance.
- Please call to schedule an appointment.

Seneca County Metropolitan Housing

900 E. CR 20 Tiffin, OH; 419-663-7800

- Subsidized Housing (rental assistance) based on household income.
- Applications are taken on last Tuesday of each month from 9 to 11:30 a.m.

Serenity Christian Counseling, LLC

112 E. North Street; 567-429-1000

- Outpatient, individualized psychological counseling from a Christian worldview.
- Celebrate Recovery Support Group

Sharing Kitchen

321 N. Main Street Fostoria, OH; 419 436-1667

- Provides a meal on Mondays, Wednesdays and Fridays 9 to 11:30 a.m.

First Call for Help Fostoria

105 S Main St, Fostoria, OH; 419-435-2555

Hours: Mondays through Thursdays, 9 a.m. to 3 p.m.; Fridays, 9 a.m. to noon; **419-435-2555**

- Information and referral service that connects individuals and families who have basic needs to available resources, including the above listed agencies and other resources available to people who live, work or go to school in Fostoria.
- The services of FCFHF are free and confidential.

FCFHF is a service of



United Way of Fostoria