

# Health & Resources Expo 2017

EXPLORE AREA RESOURCES AND CONNECT  
 Saturday, January 28th From 10am to 2pm

at Cactus Shadows Fine Arts Center  
 33606 N. 60th St., Scottsdale 85266

Carefree Hwy and 60th St (just west of  
 Scottsdale Rd and east of Cave Creek Rd).

- ♥ All ages, Seniors, Families, and Children
- ♥ Connect with over 40 local Health and Resource vendors serving our communities
- ♥ Fun, interactive activities including Tai Chi, POW for kids, Yoga for all ages, Silver Sneakers, Jubilate music program and more
- ♥ Demonstrations and hands-on activities such as fall injury prevention, car seat safety, home modification for safety, and much more!

- ♥ Come and talk with the experts
- ♥ Speakers rotating throughout the day, Rural Metro Fire Chief Kraetz, nutrition education, medication interactions, Senior Scams, and much more
- ♥ Free and open to the community
- ♥ Food truck with healthy lunch
- ♥ Come and win door prizes!

FOR ADDITIONAL INFORMATION

Please Contact  
 Foothills Caring Corps, Inc.  
[Services@FoothillsCaringCorps.com](mailto:Services@FoothillsCaringCorps.com)  
**(480) 488-1105**

THE HEALTH & RESOURCES EXPO 2017 HAS BEEN ORGANIZED BY MEMBERS OF THESE SPONSORING ORGANIZATIONS

