



PARISH OF OUR MOTHER OF PERPETUAL HELP  
Redemptorist Community  
*Rev Fr Philip Lai, C.Ss.R (Administrator)*  
*Rev Fr Paul Michael Kee, C.Ss.R (Assistant Parish Priest)*  
Address: 19 & 21, Jalan La Salle, Ipoh Garden,  
31400 Ipoh, Perak, West Malaysia.

Telephone Nos.: (Office - 5458 220) (Fax: 5468 495)

website: [www.omhip.org](http://www.omhip.org)

#### **ANNOUNCEMENTS:**

##### **"ADULT ENQUIRY TO THE CATHOLIC FAITH"**

RCIA 2015 – 2016 ;

Sessions are held on -

RCIA (T) -Sunday, 27 Sept, 2015 @ 11.30am  
in St.Matthew's Rm. & Senali Rm.

RCIA (E) - Sunday, 27 September '15

RCIA (C) – Friday, 2 October, 2015 @ 8 pm  
in ven Francis Xavier Room.

##### **"I AM THE LORD YOUR HEALER"**

(date) Wednesday, 7 October, 2015

(time) 8.00 pm Mass

(venue) OMPH church, Ipoh.

Come and Experience the healing grace of  
Our Lord Jesus Christ @ the Eucharistic  
celebration.

##### **PARISH ASSEMBLY 2015**

(date) Sunday, 6 December, 2015

(time) 2.30 pm to 6.00 pm

(venue) Parish Hall.

Every representatives to the Parish Pastoral  
Council with 6 members from your  
ministry are to attend this Parish Assembly.

##### **FELLOWSHIP DINNER**

The Fund Raising Committee will be  
holding its Annual Fellowship Dinner on

**Sunday 22nd November 2015**

**at 7.30pm**

**in the OMPH Parish Hall.**

Get your tickets from the parish office or  
from the Fund Raising Committee members.

##### **YEAR OF CONSECRATED LIFE**

Pope Francis has declared 2015 as the Year  
for Consecrated Life to Wake up the  
World. Infant Jesus Sister will be

presenting a session on the topic  
*"Tenderness is Good for us"* on

(date) Wednesday, 30 September, 2015

(time) 8.00 pm

(venue) OMPH Pastoral Centre,  
ven Francis Xavier Room.

Come join us for an experience of us being  
found, touched and transformed. This will  
be followed with light refreshment.

(food for thought)

Gospel: Mark 9: 38-43, 47-48.

One of the hardest things to overcome in human nature is the tendency to categorize people between those who are "in" and those who are "out." We all want to be accepted by our own inner circle of family and friends, and exclusion by contemporaries can be painful and even damaging. People derive a sense of self worth and a way of exerting power over others by belonging to a group that, in their own eyes, seems to be better than others. To maintain acceptance we may even keep silent when we should object to unkind behavior or conversation by our peers.

The need to belong to the inner circles can be found in all age groups, cultures, religions, nationalities, races and in both genders. It can be the source of peer-pressure, bullying, partisanship and polarization. And it can lead to the self-inflicted wound of blinding oneself to the larger picture, the broader outlook, the more hopeful vision...

The first reading and the Gospel cause us to examine our own attitudes.

As followers of Christ, we are in a "process of becoming." Even though we may have already given our commitment to follow Christ, there are times in our lives when we are asked to make choices that put our discipleship on the line. Some options require us to reject what seems like the attractive or easier ways of acting. These choices may force us to think "outside the box," to be more forgiving, more reconciling, more open. These choices may put us at odds with family, friends or our surrounding culture; but we know we must choose in ways that echo the good news that we believe.

**MARRIAGE:**

Please contact the Parish Priest at least **SIX MONTHS** in advance.

**BAPTISM:**

Please contact the Parish Priest at least **ONE MONTH** in advance.

**PARISH ACTIVITIES & MEETINGS:**

(September/October, 2015)

- |  |                           |
|--|---------------------------|
| * 27/9/2015 - 11.30 am – RCIA Tamil                        | (Senali Rm & Matthew Rm.) |
| - 2.00 pm - PHDC tuition                                   | (3 <sup>rd</sup> floor)   |
| - 3.30 pm - RCIA in English                                | (St.Mark's Rm.)           |
| * 29/9/2015- 8.15 pm – Legion of Mary (C)                  | (Matthew Rm.)             |
| * 30/9/2015 – 8.00 pm – YCL “Tenderness is good for us”    | (ven Francis Xavier Rm.)  |
| - 8.00 pm - Chinese group                                  | (ven Francis Xavier Rm.)  |
| * 1/10/2015 – 8.00 pm - Area Coordinators, Representatives | (St.Mark's Rm.)           |
| * 2/10/2015 – 8.00 pm – RCIA (C)                           | (ven Francis Xavier Rm.)  |
| * 4/10/2015 -11.30 am – OMPH Tamil Liturgical Committee    | (St.Paul's Rm.)           |
| - 11.30 am – RCIA Tamil                                    | (Senali Rm & Matthew Rm.) |
| - 2.00 pm - PHDC tuition                                   | (3 <sup>rd</sup> floor)   |
| - 3.30 pm - RCIA in English                                | (St.Mark's Rm.)           |
| - 3.30 pm - Eucharistic Ministers                          | (ven Francis Xavier Rm.)  |

**BIBLE REFLECTION & HOME-GATHERINGS:**

- \* 2/10/2015 – 8.00 pm – BEC St.Francis De Sales; Home of Lawrence & Patricia.
- \* 6/10/2015 – 6.00 pm - BEC St.Paul; Home of Adeline & Francis Cheng.
- \* 9/10/2015 – 8.00 pm – BEC St. Francis De Sales; Home of S.Benedict & Helen.

**COFFEE MORNINGS 2015:**

(All breakfast will go on till 11.30 a.m.)

- 27/9/2015 – BEC St.Gerard (T) (Victor)
- 4/10/2015 – BEC Zone 2 (Dass)
- 11/10/2015 – Tamil Charismatic Renewal group.
- 18/10/2015 – RECHOSO
- 25/10/2015 – BEC St.Monica.
- 8/11/2015 - Fund Raising
- 15/11/2015 – St.Mary's Chapel.
- 22/11/2015 – Altar Servers.

**ETERNAL HAPPINESS TO:**

+ Dr.David Poi departed on 16 September, 2015.

**OMPH PARISH MINISTRIES RETREAT**

The Parish is organizing a retreat for all the ministries on

(date) **Sunday, 3 January, 2016.**

(venue) The Haven Lakeside Resort, Ipoh.

(time) 11.00 am to 4.00 pm (English-speaking)

12.00 noon to 4.00pm(Tamil-speaking) call: 019-5769166/ 012-5833904.

1.30 pm -5 pm (Chinese-speaking)

Fellowship dinner @ 7 pm in the parish hall.

Chairperson of the Ministries are reminded to submit the names of members & their contact number by 30 October, 2015 at the parish office.

**PENANG ENGLISH CHOICE WEEKEND 60**

**CHOICE** is a self enrichment experience. It is a weekend getaway from the busy lifestyle. It's about making choices, looking into every aspect of our relationship with the significant people in our lives. Our weekend experience gives young single adults (21-40 yrs.) the opportunity to meet like-minded people, and be able to look at the various relationships in our lives, in a relaxed and informal environment.

(date) Fri.2 (6pm) – Sun 4 Oct, 2015 (6pm)

(venue) St.Anne's Domus, BM, Penang.

**CHOICE TAMIL PERAK 05**

(date) 1 – 4 October, 2015

(time) 5 pm (Thurs) – 5 pm (Sun.)

(venue) La Salle Centre, Ipoh.

**ALPHA IN THE CATHOLIC CONTEXT**

A Weekend experience!

(date) 9-11 October, 2015.

(venue) Domus, church of St. Anne, BM

Open to all Catholics aged 16 years and above.

Sessions will be in English, BM, Tamil and Mandarin.

**NOVENA PRAYERS TO****ST.PEREGRINE**

EVERY TUESDAY AT 5.45 PM in the

Meditation Room. During this Novena

Devotion, names of cancer patients will be

lifted up. All are invited. For enquiries,

call: 019-5769166/ 012-5833904.

**CHRISTIAN MEDITATION TIME**

All are welcome to join the Christian Meditation group which meets

\* EVERY FRIDAY ( 6 PM TO 7 P.M.)

\* EVERY SATURDAY AT 11.00 A.M. – 12 NOON in the Meditation room.

**PDEC** (Penang Diocese Catechetical Commission)

**RETREAT FOR CATECHISTS 2015**

(date) 14 & 15 November, 2015

(venue) Marina Cove, Lumut.

(Retreat Master) Rev.Fr. David Reegon

This Retreat is to enlighten and deepen

catechists in their relationship with Jesus,

in self-transformation and to be in sync

with the demands of faith education and

copying skills in teaching Catechism to

young minds.

**THEOLOGY OF THE BODY for Teens**

(date) Fri. 23 – Sun. 25 October, 2015

(venue) St.Anne's Church New

Dormitory,

Bukit Mertajam, Penang.

This session is open to all Christians

between ages 16 till 30 and it will be

conducted in English.

Closing date: Wednesday, 7 October,

2015.

Registration form available at the parish office.

