



THE UNRECABLES

NEWS

THE UNRECABLES • MEMBER CHAPTER OF MOVE UNITED

SPRING ISSUE

OFFICIAL PUBLICATION OF
THE UNRECABLES

APRIL-JUNE 2023

THE UNRECABLES TO SKI INTO LATE SPRING

PRESIDENT'S MESSAGE MICHELLE McCARTHY



Spring has sprung! We want to thank Mother Nature for the abundant snow that she gave us this past winter, and now we can thank her for the return of our warmer weather.

Eighteen Unrecables enjoyed a fabulous St. Patrick's Day weekend at Mammoth on March 17-19. We had 1 bi-ski and 2 stand-up lesson groups. Hannah Nishimoto also ran two Instructor's clinics. This was the second outing for one of our new bi-skiers, and she showed tremendous improvement.

We all gathered that evening for a delicious dinner, reminisce, and watch the video from the day.

On Sunday we arrived at Main Lodge with our green on to enjoy the slopes for another round of lessons in perfect weather before heading home.

Thank you to all who made this wonderful trip possible: Mammoth Mountain for sponsoring our club, **Victor Chan** for handling the arrangements, **Rob McCarthy** for video documenting our day, **Amanda Davis**

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The Unrecables enjoy tons of snow at Mammoth in March.

THE UNRECABLES 2023 ELECTION SEASON

Board Nominations

May 9

General Elections & Annual Meeting

June 13

Contact: **Michelle McCarthy**
president@unrecables.org

INSIDE THIS ISSUE

- Snowy February
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SNOWY FEBRUARY

JOHN GRAY

Due to off and on blizzard conditions, it was a weekend of highs and lows. The unfortunate part is that four of our five students were unable to make it up to Mammoth due to the closure of US Hwy 395 on Friday and Saturday. Most of our volunteers and instructors came up on Thursday when roads were clear, but there were several that couldn't make it up on Friday unfortunately.

There were several high points to the weekend. **Dr. Babak Darvish** made it up and had a crowd of instructors and volunteers surrounding him on Saturday. It was snowing all day, so he had fresh powder to deal with even on the "groomed runs". Dr. Darvish was also very gracious in being the subject of an Unrecables instructional video on how to safely and appropriately load a skier into a bi-ski. **Soo Lee** did an excellent job teaching us about the components of a typical bi-ski, how to load and unload it from a chair lift, and how to safely load and unload a skier into the bi-ski.

Since we had so many instructors and volunteers and only one bi-skier, I was given the opportunity to practice tethering a snowboarder under the guidance of **Lee Morris**. Lee, a nationally certified PSIA-AASI snowboard instructor, just joined The Unrecables this winter season. I was extremely lucky to have one-on-one instruction from a highly respected snowboard instructor.

Another high point of the trip was the deep powder the volunteers and instructors got to ski and snowboard on Friday. On the right is a photo of Lee (in front) and **Jay Davis** (PSIA in-

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MARVELOUS MARCH AT MAMMOTH

VICTOR CHAN



Finally we got a break in the weather, at least until Sunday morning and our students **Kelly** (yay new student!), **Adam, Eugene**, and **Jason** and the rest of us had a great time. First time Primary **Julio** managed to bring his student back mostly unscathed, Kelly showed that after a few years off she was very capable of snowboarding again. Adam displayed his crash and immediate recovery skills, Eugene worked on carving (maybe in preparation for competition someday?) and Jason impressed with his off-trail skiing and handling of steeps, moguls, and trees. First time volunteer **Matt H.** deserves a shout out too - his legs were burning after a couple full sessions which included some surprise moguls but persevered for Jason's sake.

Dinner was a blast despite my burning the bread for a second straight trip - note to self: Don't put the pan on the lowest rack. As always **Hannah Nishimoto** and **Soo Lee** did a great job.



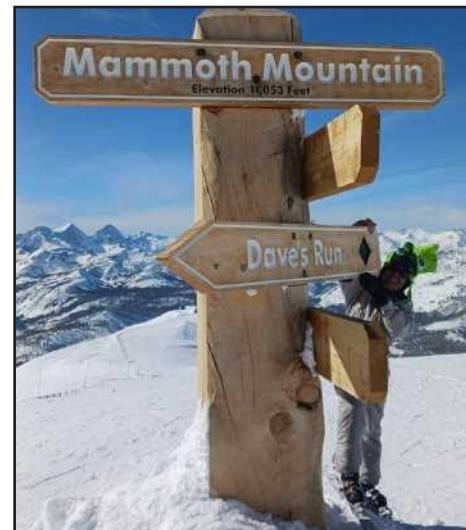
Lee Morris & Jay Davis tear it up in Feb.

Thank you **Soo Lee** once again showing her fruit carving skills. Kelly was a good sport being the center of attention when we were watching her videos. Despite that she says she wants to come again (Yay again!). **John Gray's** "hands and knees" boarding technique was a winner. Thank you Eugene for the videos and expert playback which included rewind and slow motion for maximum entertainment value. Happy Birthday to **Matt L.**, thank you for not spraying any nasties on the mini cupcakes - I had one and feel fine still.

If anyone has random pictures of dudes in a steamy hot tub, be sure to text them to **Amanda Davis**. She offers to share Uber rides with them.

Julio, Dave, Kenny and I were treated to a bright white full moon on the drive back, Eugene, Adam and Anne managed to leave a luggage in the Sunshine parking lot Sunday morning which was subsequently turned in to the office. It was probably not stolen because it only had dirty laundry in it, according to Eugene. ♦

Victor



Fun in the snow in March.



Spring has sprung, but Winter hasn't received the memo to step aside! Mammoth is trying to figure out

where to put all the extra snow, so we can continue skiing through August! WOW!

In the meantime FWSA and LAC are moving along, planning the 2023 Convention, which will take place in Boise, Idaho on June 15-18. The theme this year is "*Adventure Awaits in Boise*".

Our LAC President **Sandy Blackwell** recently moved to Boise and is seriously involved now in organizing the convention. She is heading up the Friday night Silent Auction & Snowsport Trade Show. There will be many activities for ski club members at this year's convention, starting Thursday with rafting, bike riding and of course the ever popular evening Pub Crawl. Friday's optional daytime activities are the golf tournament, which this year will be at a Top Golf facility instead of the usual golf course, and another "a day on the mountain", which should be gorgeous in beautiful Boise.

Of course during the weekend, there will be many educational activities with the Snowsports Leadership

Academy, celebrity speakers and Public Affairs Panels. Also, all the award winners will be announced at the Saturday luncheon, the Saturday night Awards Banquet and during Sunday's FWSA general meeting with brunch and officer election.

Our own **Gordon Cardona** has entered The Unrecables again in the Communications Award for newsletters and websites and **Dee Armstrong** entered us in the Social Media recognition. **Sigrid Noack** is the FWSA Charities & Our Community chairperson, heading up the Charities Recognition. Convention attendees will again be able to view the charities video throughout the convention weekend.

Special recognition awards will be presented to clubs & councils & individuals, who applied for the following: Club & Council History, Historic Ski Clubs with over 50 years of operation, the Environment award, Far West Western Ski Heritage Award, Safety Person of the Year, and the Council Volunteer of the Year.

This year's convention registration cost is \$179, the price increases after May 10th to \$189, and after May 19th, the cost \$199. Lodging at the Grove Hotel Downtown Boise needs to be booked by May 10th to receive the room rate of \$162, which is for 1 or 2 persons.

Please check out more details regarding all parts of the convention at FWSA.org. If YOU are interested in attending the convention, please contact Sigrid at skisig@gmail.com.

FWSA organizes phenomenal trips every year. They include North American Ski & Snowboard trips, International Ski & Snowboard trips, Adventures, Dive trips and Cruises. These are scheduled future trips:

- Little Cayman Dive Trip
October 7-14, 2023
- Steamboat, Colorado
January 27-February 3, 2024
- Big White, BC, Canada
March 2024
- Madonna di Campiglio, Italy
February 2024
- Val d'Isere, France - February 2025
- Valle Nevada, Chile - Summer 2025
- Central & East Africa - 2024
- Galápagos Islands - 2026

Please check the FWSA.org website for updates and to sign up to join these amazing trips.

LAC's 12 ski clubs also offer many activities & trips, which The Unrecables members may attend. Check out lacouncil.org or the individual ski clubs. ♦

Sigrid

Fun February

continued -- p. 2

structor and past president) tearing up the powder runs on chair 22. A final-treat of the weekend was driving home along US Hwy 395 and seeing such an amazing expanse of snow along the

Eastern Sierras – much farther south than I have ever seen it before. This is a record setting year for snow in the Sierras. Come join us for more fun before the season is over. ♦

John



Thank You
Mammoth Mountain
for your support of our adaptive ski program.

MARCH MADNESS



MEMBERSHIP MATTERS

JOHN GRAY



The 2022-23 ski season has been amazing so far. The Sierra Nevada's have more snow now than they have had since 1970! This should be a long season for us, skiing into June most likely. Help us provide an exceptional experience for our adaptive skiers and snowboarders who are eager to get outside and race down the slopes of Mammoth Mountain. Please send in your MEMBERSHIP DUES and any additional DONATION you feel is appropriate to help us continue in support of our mission: "to promote adaptive sports (ex: skiing Mammoth), and encourage people with disabilities to participate in sports, recreational and social activities in their communities".

To renew your membership, or become a member for the first time, please visit us at unrecables.org. For your convenience, you can now PAY ONLINE. You can download the Membership Application from the website. If you are unable to join us on the slopes this upcoming season, we would still appreciate your membership dues. ♦♦

BENEFITS OF MEMBERSHIP

- Four issues of the club newsletter (quarterly)
- Priority on all trips and activities
- Members do not pay any trip fees for ski trips to Mammoth
- Assistant instructors can ski/snowboard 1.5 days, per trip, for FREE.
- Students: No fees for the lifts, ski equipment or professional instruction
- Exclusive invitations to our parties and special events
- Members are invited to attend our Board and Social Meetings
- Eligible to run for office
- May assist with organizing trips and activities
- Your dues help us to continue to offer these FREE services.
- Gives you that really good feeling that you are doing the right thing!

We appreciate your
Participation and Support

Membership categories:

Individual	\$40
Individual Lifetime	\$320
Family	\$60
Family Lifetime	\$480
Corp/Organization	\$50/year or \$200/five years

John



President's Message

continued -- p. 1

for helping with dinner clean up. Special acknowledgement to our wonder-
Hannah Nishimoto for handling equipment, check-in, running a clinic, and the dinner. Look for a couple of these tasks to be delegated the next trip!

Come join us on the slopes in April and May! ♦♦

Michelle

FWSA TRIPS

FWSA Annual Dive Trip 2023
Little Cayman
October 7-14, 2023

FWSA Annual Ski Week 2024
Steamboat, CO
January 27-February 3, 2024

FWSA Mini Ski Week 2024
Big White, BC Canada
March 2024

International Ski & Snowboard Adventures
Zermatt, Switzerland w/extension
February 2023
Madonna di Campiglio, Italy
2024
Val d'Isere, France with extension
February 2025

Summer Ski Week 2025
Val Nevado, Chile with extension to the Atacama Desert

FWSA Adventure Trips
East & Central Africa - 2024
Galapagos Islands - 2026

Check out details at fwsa.org.



Welcome New Members

Matt Horn
Richard Olmstead
Ann Page
Jonathan Walker

FREE SKIS & SKI CLOTHING AVAILABLE!



Contact Sigrid for ski clothing.

SUPPORT THE UNRECABLES AND SHOP RALPHS!

RE-REGISTER YOUR RALPHS CARD

1. Go to www.RALPHS.com
2. Scroll to bottom of the Home page.
3. Click "Kroger Community Rewards" under Community Contribution.
4. Click Link your Shopper's Card.
5. Fill in your info (NPO # WY343).
6. Watch your grocery shopping save YOU \$\$ and at the same time earn \$\$ for our club!

*Thank you for your support!
Contact Sigrid Noack
sigski@gmail.com*

CALENDAR OF EVENTS

April

- 11 Social on Zoom @ 6:30p
14-16 Mammoth trip

May

- 5-7 Mammoth trip
9 Social on Zoom @ 6:30p

June

- 2-4 Mammoth trip
13 Social on Zoom @ 6:30p
15-18 FWAS Convention

July

- 11 Social on Zoom @ 6:30p

August

- 8 Social on Zoom @ 6:30p
20-22 Land Meets Sea Sports Camp

September

- 12 Social on Zoom @ 6:30p

The Unrecables Scholarships Available

Eligible to current members for trips and events.

One scholarship per member per season.

For details please contact
Michelle or Victor

The Unrecables Clothing & Merchandise Store



The Unrecables Merchandise and Clothing Store is now open! There are 38 products to choose from. All the profits (100%) from the items sold go directly to The Unrecables fund for continuing our mission to provide exciting and meaningful snow sports experiences on the slopes of Mammoth Mountain for individuals with a physical disability. We continue to offer these services with no charge to the student for ski equipment, ski instruction, and lift tickets. The link to The Unrecables Store can be found on our homepage (www.unrecables.org).



90th Annual
Far West Ski Association
Convention
June 15 - 18, 2023
at the
Boise Centre
850 S. Front Street, Boise ID
www.boisecentre.com

Adventure Awaits in

Boise!



Hosted by the *Intermountain Ski Council & Bogus Basin Ski Club*

The Grove Hotel

245 S. Capitol Blvd., Boise, ID 83702.

www.grovehotelboise.com

Reservations: Call 888-961-5000 or 208-489-2222 Option 1,
or <https://reservations.travelclick.com/76224?groupID=3596938>

Group Name: **Far West Ski Association.**

Room Rates per night plus tax single or double occupancy **\$162**

Hotel Features

- The Grove Fitness Center and Spa
- Trillium Restaurant & The Bar
- Rates are available 3 days pre and post Convention
- Walking distance to shops, restaurants, museums, theaters & more

Transportation

- Air Transportation is via Boise Airport (BOI), located 10 minutes from Boise Centre.
- The Grove Hotel offers free airport shuttle service.
Call 208-333-8000 when you arrive. Ask for the Front Desk for ground transportation.

Convention Highlights

- Silent Auction & Snowsport Trade Show
- Snowsports Leadership Academy
- Celebrity Speakers
- Public Affairs Panels
- Saturday Awards Luncheon
- Saturday Awards Banquet
- FWSA General Meeting & Elections

Optional Activities

- **Thursday**
 - Rafting on Payette River
 - Bike Ride through Boise
 - Pub Crawl
- **Friday**
 - 16th Annual Michael German Memorial Golf Tournament
 - A Day on the Mountain, Bogus Basin Mountain Recreation Area

Debbi Kor
FWSA Convention Chairperson
conventionchair@fwsa.org
503-314-7078

Sandy Blackwell
Silent Auction Coordinator
silentauction@fwsa.org
818-441-6191

Jennifer Coutts
Intermountain Host Council
Convention Coordinator
hostconventionchair@fwsa.org
817-832-5364

A portion of the Silent Auction proceeds will benefit TBA.

www.fwsa.org

FWSA 12th Annual Scuba Dive Trip



Little Cayman



Dive the "Bloody Bay Wall"

The Caribbean's Most Breathtaking Drop-Off!

October 7 - 14, 2023

Diver Land Package = \$2306.00 Standard Room - Double Occupancy

Non-Diver Land Package = \$2040.00 Standard Room - Double Occupancy

Single Supplement Standard Room Add = \$696.00

Lodging Upgrades Available – contact Randy Lew for details

(Air transportation not included in above pricing)

Price Includes:

- 7 nights – Pool View Room at Little Cayman Beach Resort– Dbl. Occupancy with all meals daily
- Drink Package - Alcoholic and non-alcoholic beverages
- Non-motorized water sports and activities
- Resort fees, taxes & staff gratuities. (dive gratuities are not included)
- 6 days of 2 tank boat dives, 5 days of afternoon boat dives & complimentary use of dive computer
- PADI & SSI certified dive professionals
- Complimentary Wi-Fi (primarily in public areas)
- Resort Amenities
- Welcome Party and Farewell Dinner



*Enjoy the beautiful
wildlife*



Create New Memories with
Friends,
Old and New!



*Dive the famous
Bloody Bay Wall!*



Enjoy a Beautiful Resort



Contact: **Randy Lew**
FWSA Dive Trip Leader
829 SE 11th Place
Battle Ground, WA 98604
Cell: 530/304-0802
E-mail: FWSA13Randy@telis.net

Debbie Stewart
FWSA VP of Int'l Travel
430 S. Church St.
Visalia, CA 93277
Cell: 559/737-0882
FWSAIntlTrvl@prodigy.net



THE UNRECABLES

MEMBERSHIP APPLICATION

Name _____ Date _____
Family Members _____ Mobile _____
Address _____ Phone (home) _____
City, State, Zip _____ E-mail _____
Name & DOB _____ Name & DOB _____
Disability _____
Medical Equipment (i.e., wheelchair) _____
Medications _____ Dosage _____ Allergies _____
Physician's Name _____ Phone _____
Address _____ City, State, Zip _____
Emergency Name _____ Emerg Ph _____ Relation _____
Healthcare Insurance Co. _____ Healthcare I.D. No. (i.e., Medicare/Kaiser) _____
Are you a U.S. Veteran? Yes No Military Branch & Years _____

Describe any medical conditions limiting your participation in strenuous activities (i.e., heart condition, seizure disorder, etc.):

What sport or activity could you teach/lead/assist? _____

Are you interested in serving on any of the following committees? (Check all that apply)

Publicity/PR Winter Trips Equipment Transportation
 Fundraising Social Programs Newsletter/Web site/Social Media

I consent to adding my contact information to the Membership Directory that is distributed to members. Yes ____ No ____

*Read & Sign
the Waiver on back!*

ANNUAL MEMBERSHIP FEES

(includes memberships in Move United, LAC, FWSA)

<input type="checkbox"/> Individual \$40.00	<input type="checkbox"/> Family \$60.00
<input type="checkbox"/> Individual Lifetime \$320.00	<input type="checkbox"/> Family Lifetime \$480.00
<input type="checkbox"/> Organization (1 year) \$50.00	<input type="checkbox"/> Organization (5 years) \$200.00

Check payable to: The Unrecables. Read & sign the Waiver & Release on the back, and mail this form and a check to:
John Gray, Membership Director, 4890 Renovo Way, San Diego, CA 92124.

Phone: 858-740-8017; e-mail: membership@unrecables.org

Move United Waiver & Release of Liability Agreement

Move United, and its affiliated Chapters (“Released Parties”) are non-commercial, not for profit activity providers. The purpose of this Move United Waiver & Release of Liability Agreement is to exempt, waive, and relieve Released Parties from any and all liability for any harm, wrongful death, personal injury, property damage, claim or cause of action, including, but not limited to liability arising from the negligence of Released Parties. “Released Parties” include Move United, Disabled Sports USA Los Angeles – The Unrecables, and their affiliates, successors, predecessors, parents, subsidiaries, owners, representatives, administrators, directors, officers, agents, coaches, employees, contractors, assigns, and volunteers; other participants, sponsoring agencies, sponsors, and advertisers; and, if applicable, the owners, operators, and lessors of premises on which the activities or events take place.

In consideration of the undersigned Participant being allowed to participate in any way in Move United and/or Disabled Sports USA Los Angeles – The Unrecables related events and activities, the Undersigned (“Undersigned” means the Participant or the Participant’s parent, legal guardian, or legal representative when the Participant is under the age of 18 or legally incapacitated) agrees and acknowledges as follows:

1. Risks of Activity. Participant will be taking part in activities that can be hazardous and involve the risk of physical injury and/or death. The activities are inherently dangerous and Undersigned fully realizes the dangers of participating in the activities. The dangers and risks of the activities include, but are not limited to the condition of the premises and equipment, and the acts, omissions, representations, carelessness, and negligence of the Released Parties. Recognizing the risks and dangers, the Undersigned voluntarily chooses for Participant to participate in the activities and expressly assumes all risks and dangers of the participation in the activity, whether or not described above, known or unknown, inherent, or otherwise.

2. Risks of Participation. The Undersigned recognizes and understands that while Released Parties have undertaken reasonable steps to lessen the risk of transmission of communicable diseases, including but not limited to, COVID-19, in connection with participation in the activities, the Released Parties are not responsible in any manner for any risks related to communicable diseases in connection with Participant’s participation in the activities. Specifically, the Undersigned understands that COVID-19 is a highly contagious and dangerous disease, and that contact with the virus that causes COVID-19 may result in significant personal injury or death. The Undersigned is fully aware that participation in the activities carries with it certain inherent risks related to transmission of communicable diseases (“Inherent Risks”) that cannot be eliminated regardless of the care taken to avoid such risks. Inherent Risks may include, but are not limited to, (1) the risk of coming into close contact with individuals or objects that may be carrying a communicable disease; (2) the risk of transmitting or contracting a communicable disease, directly or indirectly, to or from other individuals; and (3) injuries and complications ranging in severity from minor to catastrophic, including death, resulting directly or indirectly from communicable diseases or the treatment thereof. Further, the Undersigned understands that the risks of all communicable diseases are not fully understood, and that contact with, or transmission of, a communicable disease may result in risks to the Participant including but not limited to loss, personal injury, sickness, death, damage, and expense, the exact nature of which are not currently ascertainable, and all of which are to be considered Inherent Risks.

The Undersigned hereby voluntarily accepts and assumes all risk of loss, personal injury, sickness, death, damage, and expense for the Participant arising from such Inherent Risks. Furthermore, the Undersigned represents and warrants that Participant does not knowingly carry any communicable diseases that may be transmitted during participation in the activities.

3. Release and Indemnification. Undersigned (a) unconditionally releases, forever discharges, and agrees not to sue the Released Parties for any claims or causes of action for any liability or loss of any nature, including personal injury, death, and property damage, arising out of or relating to Participant’s participation in any Move United/Disabled Sports USA Los Angeles – The Unrecables events or activities or the Participant’s presence on or travel to the premises where such events or activities take place, including, but not limited to claims of negligence, breach of warranty, and/or breach of contract the Undersigned may or will have against the Released Parties; and (b) agrees to indemnify, defend, and hold harmless the Released Parties from and against any liability or damage of any kind and from any suits, claims, or demands, including legal fees and expenses whether or not in litigation, arising out of, or related to, Participant’s participation in such events or activities or the Participant’s presence on or travel to the premises where such events or activities take place.

4. Helmet Use. Undersigned agrees that Participant shall use a helmet when participating in the following activities: Alpine skiing, cycling, equestrian, ice hockey, outdoor rock climbing, snowboarding, white water kayaking, white water river rafting, and any other activity when directed by Released Parties. Undersigned understands that a helmet is in no way a guarantee of safety and that no helmet can protect the wearer against all foreseeable impacts to the head, and that the activities can expose the Participant to forces that exceed the limits of protection provided by a helmet. Undersigned agrees to assume full responsibility for complying with this paragraph and that Released Parties shall not be liable for any injury or damages resulting from Participant’s failure to use a helmet.

HAPPY BIRTHDAY!

APRIL

1 Harlee Gruenberg
14 Bobbie Benson
20 Babak Darvish
26 Michael Zimmerman
28 Chrissy Knee

MAY

12 John Grey
18 Lauren Kucma
29 Jessica Downs
29 Greg Smith
31 James Oakley
31 John Oakley



JUNE

1 Bridget Morell
2 Cathy Kinder
3 Chris Stanley
5 Marina Sallaway
11 Dina Garcia
11 Marc Lafleur
27 Michelle McCarthy
29 Cindy Julian

FWSA ANNUAL SKI WEEK 2024

Steamboat, CO

January 27-February 3, 2024

Contact: Laura Priess

LAC VP of Travel
Call: 818-800-3166
Email: rokkaracers@aol.com

THE UNRECABLES ADVISORY BOARD

Bob Darvish, M.D.
*Physical Medicine & Rehabilitation,
V.A. Medical Center, West L.A.*

Billy Kidd
*Olympic Silver Medalist
Director of Skiing, Steamboat Ski Resort*

Jon Halperin, MD
*Chief of Physiatry
Sharp Rees-Stealy in San Diego
Ski Patrol Snow Valley*

Sunshine

Gordon Cardona & family
beloved mother passed January 28

Family of Russell Young
he passed in February

Kenny Chan
retired recently

LA COUNCIL 2022-23 BOARD OF DIRECTORS

Sandy Blackwell, President
Sandra Knapp, Secretary
Norbert Knapp, Treasurer
Todd Hood, VP Membership
Iris Williams, VP Programs
Laura Preiss, VP Travel
David Krupp, Past President
Vacant: VP Communications

Thank You Donors

Mark Bingener
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Roger & Elvia Gomez Ickes
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THE UNRECABLES 2022-23 BOARD OF DIRECTORS

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president@unrecables.org
310-795-5517

Amanda Davis, Secretary
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Will Chung, Treasurer
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John Gray, Membership Director
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949-378-7895

Gordon Cardona,
Communications Director
gwcardona68@gmail.com
562-480-4398 (text)

Vice President
Vacant

Spring 2023 Mammoth Ski Trips

- April 14-16
- May 5-7
- June 2-4 conditions permitting

THE UNRECABLES NEWS

NEXT NEWSLETTER DEADLINE: JUNE 5

Coming up in the next issue:

- Spring ski trips recap
- FWSA Convention review
- Land Meets Sea
... and much more

UNRECABLES
SOCIALS
ON ZOOM

2ND TUESDAY MONTHLY

6:30 PM

April 11
May 9

June 13 -
Annual Meeting & Elections

Check your e-mail or Facebook
for Zoom meeting link, or e-mail
info@unrecables.org.

SPECIAL THANKS

Victor Chan
John Gray
Michelle McCarthy
Sigrid Noack

Photos Courtesy

Victor Chan
John Gray

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CARDONA COMMUNICATIONS

Gordon W. Cardona
Publisher
gwcardona68@gmail.com

THE UNRECABLES MEETINGS

SOCIALS: Every second Tuesday monthly at 6:30pm on Zoom. Check your e-mail or Facebook for the Zoom link.

BOARD MEETINGS: Every second Tuesday monthly, following the Social on Zoom.

LA COUNCIL MEETINGS: Every first Monday quarterly at 7:00pm on Zoom. E-mail our LA Council Representative for Zoom meeting link. Everyone is welcome.

FAR WEST SKI ASSOCIATION SAFETY SLOGAN

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES.
FIRST WITH SAFETY AWARENESS

CONTACT THE UNRECABLES

Text: 562-480-4398 Like us on Facebook
E-mail: info@unrecables.org Instagram: @unrecables
Website: unrecables.org



P.O. Box 24856
LOS ANGELES, CA 90024-0856

SPRING 2023

