





NOVEMBER 2022

Activity Venues (Activity fees applied refer to current fees schedule)

-  Bowling, Tenpin City Lidcombe, 92 Parramatta Road, Lidcombe
-  Saturday afternoon at Belmore Senior Citizen Centre, Redman Parade Belmore
-  PCYC Auburn, Wyatt Park, Church Street, Lidcombe
-  Aerialize, 7-9 Close Street, Canterbury

WEEKDAY AFTERNOON PROGRAM

Monday	5:00pm to 6:00pm	Fitness Gym Class	PCYC Auburn
Friday	4:30pm to 5:30pm	Aerial Circus	Aerialize, Canterbury

WEEKEND PROGRAM

	Junior Group	Youth Group	
	Afternoon 3:00pm to 4:30/5:00pm	Morning	Afternoon 2:30pm to 4:00/4:30pm
05/11	Music Therapy by Christine 3:00-4:30	Tenpin Bowling 11am – 12:30pm	Badminton Family Day at Robyn Webster Sports Centre, Holbeach Ave, Tempe * 2:30-4:30
12/11	Mini-train rides & Picnic at Bankstown Steam Locomotive Society * 1:30-3:30	Tenpin Bowling 11am – 12:30pm	Taekwondo with Khon 2:30-4:00
19/11	Exercise Physiology 3:00-4:30	Tenpin Bowling 11am – 12:30pm	Badminton Family Day at Robyn Webster Sports Centre, Holbeach Ave, Tempe * 2:30-4:30
26/11	Zumba with Norma 3:00-4:00 Taekwondo with Khon 4:00-5:00	Tenpin Bowling 11am – 12:30pm	Chair Yoga / Pilates / Dance By Monica 2:30-4:00

The above programs may be changed without prior notice due to unforeseen reasons.

- Please refer to event flyers for details.