

REFLEXOLOGY

A PEACEFUL HEALTH CAREER CHOICE



A Registered Certified Reflexologist is highly trained to apply alternating pressure techniques unique to Reflexology for feet and hands in order to stimulate reflex areas as shown on reflex maps that correspond to all body organs, glands and parts.

Primary benefits include:

1. Promotes balance and normalization of the body naturally
2. Reduces stress and brings about relaxation
3. Improves circulation and delivery of oxygen & nutrients to cells

Reflexology is a complementary natural health vocation adaptable to the different ergonomic needs of the reflexologist.



"Thanks to you all at NAR, Reflexology has taken my life to another level. It is so good. I cannot explain it to where another person could understand it. I love giving and also receiving. I am relaxed either way. I couldn't have had better instructors who were always available for extra time if you needed some assistance."

Ron Tucker, Vietnam Veteran, PTSD Survivor, Graduate of Nashville Academy of Reflexology, Certified Reflexologist

Nashville Academy of Reflexology is approved for VA Benefits.

200-hour Professional Reflexology Certification Program -- Full time benefits for 22.5 hours per week, 2.5 months to completion. Courses include: Basic Reflexology Techniques & Theory; Anatomy, Physiology & Pathology; TN Reflexology Law & Ethics; Business Practices & Marketing; Clinic Procedures and Supervised Practicum.



GET STARTED! Contact Director Carol Ann Baily
615-934-1034

www.reflexschool.com Email: directorNAR@gmail.com

Nashville Academy of Reflexology, LLC
PO Box 40193
Nashville, TN 37204

