



Rhema News

January,
February,
March 2021

THERE IS STRENGTH IN YOUR STRUGGLE

IN THIS ISSUE

COVID - 19

by Pastor Ronnie

COVID-19 continues to be a concern in our community as it spreads across the state, country, and the world.

Therefore, we all must remain vigilant. The changes we have had to make in our worship experiences, Bible study and ministries; in our work and other routines in our daily lives are challenging, but these changes are essential and critically important.

We must be diligent and consistent in the measures we take to stop the spread of this dangerous virus. The more steps you and your family can take to prevent the spread of COVID-19, the safer you will be.

Please follow the three **Ws** –
Wear a mask (cloth face covering);
Wait six feet apart from others
and **W**ash your hands!

Our prayers for a rapid and complete healing are with the community, especially those persons directly affected by this virus.

Grace and Mercy,

Pastor Ronnie

Rhema News will be published every 3 months. For comments or suggestions, please email us at memberservices@rhemaworshipcenter.com

WORK SAFELY



Wear a face covering.

Practice social distancing.

Wash or sanitize your hands often.

⚠️ PLEASE STAY HOME IF YOU ARE SICK.



HOW TO REACH US

Please notify the church office at 618-398-7362, or email – memberservices@rhemaworshipcenter.com, if you are sick, hospital bound, have had death in our family or just to say "Hello".



Online Prayer Meeting

What's new in 2021?

Yes, online prayer service starting in February. Go to www.rhemaworshipcenter.com, click on resources tab and complete prayer request form.



"Is any sick among you? Let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord: And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him." – James 5:14-15

SICK & SHUT IN

Provide a personal touch and minister through calls, cards, prayer and offering communion to ensure that members continue to feel part of Rhema Worship Center – even during seasons of illness or life changes that prevent them from worshipping with their church family.

CONTACT INFO
618.398.7362

by Member Services

- | | |
|------------------------------|--|
| Pastor Ronnie & Family | Lee Chaney |
| Pittman family | Regina Hasson |
| Miller family | Johnson Family |
| Jacora Jenkins | Patrick Randolph |
| Angela Boyd | Karen Crowl |
| Camillie Liggins & family | Lori Estep |
| Mary Irons | Janet Wepfer |
| George & Mae Washington | MCS Staff & Students |
| Minister Vivian Cunningham | Bryan Gaither |
| Precious Reeves & family | Joe Priest |
| Hughes family | Cherise Beard |
| Rev. E. L. O'Bannon & family | Smith Family |
| Hughes family | Elreese Johnson |
| Shanta Davis | Lapongee Shelton |
| Sierra Davis | Valdez Family |
| Geraldine Temple | Brian & Ronnie (Valerie Gray's daughter) |

Got one for ya

by Tonya O'Bannon



Riddle definition:
A riddle is a question or statement that offers a puzzle to be solved.

- What kind of lights did Noah use on the ark?
- Where did the most talkative people in the bible live?
- What excuse did Adam give to his children as to why he no longer lived in Eden?
- You can't keep this until you have given it.
- What is it that everybody does at the same time?



January

- 7th - Cydney O'Bannon
- 22nd - Bob Day
- 25th - Jeremiah Caradine
- 27th - Charles Moore

February

- 11th - Amerila Newby
- 16th - Michael O'Bannon
- 18th - Sierra Davis
- 24th - Evelyn Allen
- 28th - Vivian Cunningham

March

- 6th - Cora Hughes
- 21st - Sabrina Caradine
- 28th - Ricky O'Bannon

INTERESTING FACTS:

History of CNAs

The first certified nursing assistants worked during World War I.

The American Red Cross established the first CNA organization, which was known as the *Volunteer Nurses' Aide Service*.

National Nursing Assistants week has been celebrated during the month of June since 1977.

The Omnibus Reconciliation Act of 1987 encouraged the hiring of CNAs in Medicaid and Medicare-approved medical facilities all across the country.

FAST FACTS ON INFORMATION TECHNOLOGY

Alexa is always listening to your conversations. Alexa stores your dialogue history to its cloud to help improve your Alexa experience. However, you can review and delete these recordings, either in bulk, or individually.

GPS is free... for some. Even though it is free to use GPS globally, it costs \$2 million dollars to operate every day. This money comes from American tax revenue.

People are still using dial up. As of 2017, 2.1 million people still use AOL's dial up service. Mainly, these customers live in rural America where it can be expensive and unreliable to get high-speed internet. Meanwhile, dial up is only \$20 per month.



You can volunteer, support or sponsor MCS through Rhema Worship Center.

Midwest Career Source

by Minister Sulbrena Day

Midwest Career Source (MCS), located at 9100 Lebanon Road, Belleville, Illinois provide the life skills and vocational/technical training opportunities, tutoring, career guidance necessary for individuals seeking career advancements to attain employment. MCS believes that "education is a journey not a destination. MCS is approved by the Illinois Board of Higher Education (IBHE) and Illinois Department of Public Health (IDPH).

MCS provide the following courses:

Information Technology course -an introductory program into the information systems discipline. It prepares students with techniques, tools and methods used today in the development and use of computer-based applications. Upon successful completion of the course, students receive a certificate of completion. Course objective: to teach and to prepare students for a wide variety of IT areas to include but not limited to: basic fundamentals of the computer, common information technology terminology, basic computer based applications, software platforms such as: Microsoft word, Excel, Power Point, Moodle and security systems

Medical Unit Secretary – Provide medical clerical training to individuals on how to process physician orders in a hospital, nursing home or physician

office. Unit clerks play a vital role in managing information flow in hospitals, nursing homes and doctor's offices. Upon completion, individuals receive a certificate of completion and can be employed as medical secretaries in clinics, hospitals, nursing homes, doctor's offices.

Basic Nursing Assistant -To teach and train individuals to help care for patients and to provide support to members of the nursing team. BNAs provide care to patients and provide support to members of the nursing team under the supervision of a registered nurse and licensed practical nurse. Upon completion, individuals receive a certificate of completion and are eligible to take the State Exam to become certified. After successfully passing, the State Exam individuals can be employed as CNA in clinics, hospitals, nursing homes, doctor's offices.



Psychiatric Rehabilitation Technician – to obtain a basic psychiatric rehabilitation technician certificate-using skills acquired listed in training objectives. To teach and train individuals to help care for patients and to provide support to members of the

nursing team under the supervision of a registered professional and licensed practical nurse. The Illinois Department of Public Health's Program model will be used. Upon successful completion, students will receive a certificate of completion and be eligible to take the State Examination as a Certified Nursing Assistant with a Certificate as a Psychiatric Rehabilitation Technician. Graduates can work in clinics, nursing homes, hospitals. Upon successfully passing the State exam, students become Certified Nurse Assistants and eligible to use the term Psychiatric Rehabilitation Technician.

LPN program soon to come.

MCS has a partnership with WIOA, Cahokia Unit School District and

Memorial Hospital (BJC) to provide job-training skills.

FOR MORE INFORMATION

Visit us on our website:
www.midwestcareersource.com or
call 618-213-6539.

Did you know?

Reset to Success Foundation is the outreach arm for Midwest Career Source. It assists the vocational school by securing financial support and cultural endeavors.

Reset to Success Foundation was conceptualized formally on August 13, 2006, and is a 501 C3 not-for-profit organization.

Its primary purpose is to meet the full spectrum of human needs; spiritual, religious, physical, social, emotional, education, intellectual and personal.

To also meet the needs of the whole man within the communities and the World by equipping and empowering each individual of all ages and Nationality thereby enabling them to function at their highest level.

Committed to promoting healthy relationships that empower people to reach, serve and grow in their faith.



Proving an **U**ltimate healthy **L**ifestyle is **S**mart and **E**xhilarating **Check** by Minister Glenda Brown

Hello everyone!

It has been several months since our last PULSE check. The Coronavirus-19 Pandemic has certainly been a terrible storm impacting lives globally.

How are you doing in this New Year? By the way, Joyous New Year 2021 to you and your families! Despite the devastating impression of COVID-19, remember the importance of living a healthy life regardless of the DISease you encounter in life. The DISease happens for a reason. Keep your eyes on Jesus Christ. Your spiritual health is necessary for physical health

What's new and great in your lives? You need to know that it is okay if you have had moments when you ate, the food you knew wasn't right for you or the beverage you drank that was loaded with sugar or the indulgence with a movie in place of physical activity or time in prayer and reading the bible. I'm

not judging but merely making a point that we are not perfect in our journey but pressing towards the mark. Don't beat up on yourself if you didn't achieve that goal for your exercise or food, etc., write it out again, make it a short-term mini-step goal, and celebrate the small successes. God is a God of many chances and he believes in you. You can do it! I celebrate you for being you and trusting God to help you achieve your goals!

COVID-19 Vaccine

According to the Centers for Disease Control (CDC), vaccines work in the following manner, "Vaccines train our immune systems to create proteins that fight disease, known as 'antibodies', just as would happen when we are exposed to a disease but – crucially – vaccines work without making us sick."

<https://www.cdc.gov/vaccines/hcp/conversations/downloads/vacsafe-understand-color-office.pdf>

Whether you receive the COVID-19 vaccine or not, please remember to

continue to wash your hands, disinfect your personal and home items, wear your mask without touching your skin, avoid touching your face and eyes, cough in your elbow sleeve, practice social distancing.

As I close out this short message to you I share this, a couple of days ago I found a small card with a big message and I feel it fitting to include in this PULSE Check as it relates to people. In our current state of COVID-19 with social distancing, we do not have the face-to-face contact with people, which may strain relationships or cause division and lack of social connection. The card reads, "A faithful friend is the MEDICINE of life." I will add that relationships are a part of balancing a healthy life. So, remember to connect with others, to love others, to support, encourage and be strength to others. I personally agree with the big message of the small card.

The scripture for the big message references 1 Thessalonians 5:11, Encourage one another and build each other up. Be the medicine of life for someone. *Health Ministry*

Christian Education

by Minister Cora Hughes

Christian education plays a vital role in facilitating spiritual growth and discipleship of believers.

At Rhema, our focus is to have an effective Christian education ministry that allows the Word of God to nurture believers in faith and equips them with knowledge.

This knowledge should lead to the practical application of the word, which leads to victorious living.

Christian education also provides an educational process that serves as the foundation for lifelong learning and spiritual development.

Our Christian education classes are not just for learning the word but for getting to know and enjoy congregants better.

The learning atmosphere is designed for participants to not only learn and listen but ask questions as well.

Topics include studying books of the bible as well as current events that relate to wholesome Christian living.

We invite you to come enjoy this learning experience with us.

Minister Cora Hughes – Director,
Christian Education

Minister of Music Tonya O'Bannon –
Teacher

Minister Glenda Brown – Teacher

AROUND THE WORD



Please Join Us

Wednesday at 7:00 p.m.
www.rhemaworshipcenter.com



How to Pray

1. Pray simply
2. Read the bible and pray over verses
3. Make prayer active
4. Make prayer an integral part of your day
5. Pray expectantly



How to Study

1. Choose a book of the Bible
2. Begin with Prayer
3. Read the entire Book
4. Zoom in (verse by verse)
5. Choose your tools (commentary, bible dictionary)
6. Be a doer of the Word
7. Set your own pace



Put It Into Practice

Tithing is one way to worship God—to honor Him as your provider and remind yourself that all of your resources belong to Him and are provided through His grace. As you give away that first 10% of your income, you set your course to honor God in the way you handle the rest of your finances.

Black History Month

The celebration of Black History Month began as “Negro History Week,” which was created in 1926 by Carter G. Woodson, a noted African American historian, scholar, educator and publisher. It became a month-long celebration in 1976. The month of February was chosen to coincide with the birthdays of Frederick Douglass and Abraham Lincoln.

NAACP: On February 12, 2019, the NAACP marked its 110th anniversary. Spurred by growing racial violence in the early 20th century, and particularly by 1908 race riots in Springfield, Illinois, a group of African American leaders joined together to form a new permanent civil rights organization, the National Association for the Advancement of Colored People (NAACP). February 12, 1909, was chosen because it was the centennial anniversary of the birth of Abraham Lincoln.

Heavyweight Champ: Jack Johnson became the first African American man to hold the World Heavyweight Champion boxing title in 1908. He held onto the belt until 1915.

First Lawyer: John Mercer Langston was the first Black man to become a lawyer when he passed the bar in Ohio in 1854. When he was elected to the post of Town Clerk for Brownhelm, Ohio, in 1855 Langston became one of the first African Americans ever elected to public office in America. John Mercer Langston was also the great-uncle of Langston Hughes, famed poet of the Harlem Renaissance.

Famous Protestors and Activists: While Rosa Parks is credited with helping to spark the Civil Rights movement when

she refused to give up her public bus seat to a white man in Montgomery,

Alabama in 1955—inspiring the Montgomery Bus Boycott—the lesser-known Claudette Colvin was arrested nine months prior for not giving up her bus seat to white passengers.

Supreme Court Justice: Thurgood Marshall was the first African American ever appointed to the U.S. Supreme Court. He was appointed by President Lyndon B. Johnson and served on the court from 1967 to 1991.

Eminent Scientist: George Washington Carver developed 300 derivative products from peanuts among them cheese, milk, coffee, flour, ink, dyes, plastics, wood stains, soap, linoleum, medicinal oils and cosmetics.

First Senator: Hiram Rhodes Revels was the first African American ever elected to the U.S. Senate. He represented the state of Mississippi from February 1870 to March 1871.

First Woman Representative: Shirley Chisholm was the first African American woman elected to the House of Representatives. She was elected in 1968 and represented the state of New York. She broke ground again four years later in 1972 when she was the first major party African American candidate and the first female candidate for president of the United States.

Self-Made Millionaire: Madam C.J. Walker was born on a cotton plantation in Louisiana and became wealthy after inventing a line of African American hair care products. She established Madame C.J. Walker Laboratories and was also known for her philanthropy.

Oscar Winner: In 1940, Hattie McDaniel was the first African American performer to win an Academy Award—the film industry’s highest honor—for her portrayal of a loyal slave governess in *Gone With the Wind*.

First Professional Black Baseball Player: On April 5, 1947, Jackie Robinson became the first African American to play Major League Baseball when he joined the Brooklyn Dodgers. He led the league in stolen bases that season and was named Rookie of the Year.

First Black Billionaire: Before Oprah Winfrey and Michael Jordan joined the billionaire’s club, Robert Johnson became the first African American billionaire when he sold the cable station he founded, Black Entertainment Television (BET) in 2001.

First Black President: In 2008, Barack Obama became the first Black president of the United States.

First Black Vice President: In 2021, Kamala Harris became the first woman of African or Asian descent to become vice president. Harris's mother immigrated to the United States from India and her father immigrated from Jamaica.

Population Growth: The Black population of the United States in 1870 was 4.8 million; in 2018, the number of Black residents of the United States 43.8 million.



Rhema News

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Belleville, Illinois 62223

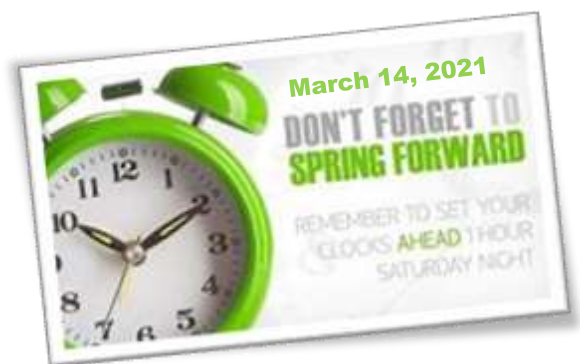
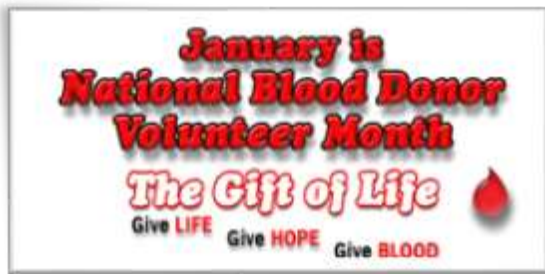


You can find the internet littered with articles and entries on the origin of Valentine's Day: who St. Valentine was, or if he inspired the holiday.

It is important, however, that we, as Christians, consider how and why we should celebrate Valentine's Day rather than restrict our views to the romantic exploitation of the secular world.

On Valentine's Day, if there is a void in someone's life where love should be, that emptiness is magnified by expectation. Seek out those who don't have a home or a family or those who are caught in a cycle of poor decisions. Take the time to express love to those who feel unlovable.

Too often, we ignore the opportunity to share Christ's love through the simplest actions. Our faith sends us into the world to love unconditionally, but if we are not exhibiting that love, how are we going to make disciples in His name? Let Valentine's Day serve as a reminder of God's love and the command He has given us to show love to others.



Answers:

- a. Flood lights
- b. Babylon (Babble on)
- c. Your mother ate us out of house and home.
- d. A promise (or your word).
- e. Grow older.
- f. Dumbbell. All of the other words have only one of the vowels (a, e, i, o, u).