

## LOCAL YOUTH OUTPATIENT BEHAVIORAL HEALTH PROVIDERS

PROVIDER NAME	SPECIALITY AREA	PHONE	INSURANCE	PATIENT AGE
<b>THERAPY ONLY</b>				
Allegany Counseling & Consulting Srvs (ACCS) Anne Sheetz, LCPC,RN Cumberland, MD	Mental Health Services	301-724-1697	Accepts most private insurance, Medicaid (Maryland only)	12 and up
Monarch Counseling, LLC Cumberland, MD	Play Therapy Trauma Therapy	301-268-1699	Accepts most private insurance, Medicaid	3 and up
Davis Dayhoff, PhD. Cumberland, MD	Mental Health Services	301-759-3360	Accepts most private insurance, Medicaid	Adolescence
Kevin Peterson, PhD. Cumberland, MD	Mental Health Services Family Counseling	301-759-3360	Accepts most private insurance, No Medicaid	Preschool and up
Debra Schaff, PhD. Cumberland, MD	Mental Health Services Pain Management PTSD	301-724-5544	Accepts most private insurance, Medicaid	Adolescence
Zealand Psychological Assoc. Cumberland, MD	Mental Health Services	301-722-8000	Accepts most private insurance, No Medicaid	10 and up
Seth Ramer, LCSW-C Cumberland, MD	Mental Health Services	301-895-3117	Accepts most private insurance, Medicaid	Birth and up
Sara Evans, LPC NCC Fort Ashby, WV	Anxiety Depression Eating Disorders	304-298-4443	WV CHIP, WV Unicare, No Medicaid, most private insurances	5 and up
Steven Hartsock, PhD. Cumberland, MD	Mental Health Services	301-777-9005	Accepts most private insurance, Medicaid	6 and up
<b>THERAPY AND MEDICATION</b>				
Allegany Behavioral Medicine, LLC Cumberland, MD	Mental Health Services Family Therapy Trauma Therapy	240-362-7077	Accepts most private insurance, Medicaid	5 and up
Pressley Ridge of Western MD Cumberland, MD	Mental Health Services Family Therapy Trauma Therapy	301-724-8413	Medicaid only	Birth and up
Committed to Change Cumberland, MD	Mental Health Services	240-580-1919	Accepts most private insurance, Medicaid	Adolescence

Chapman and Associates LaVale, MD	Mental Health Services	240-362-7294	Accepts most private insurance, Medicaid	7 and up
Robert Lynn, M.D. Cumberland, MD	Mental Health Services Addiction Services	301-777-0620	Accepts most private insurance, Medicaid	5 and up
Alternative Drug and Alcohol Counseling (ADAC) Cumberland, MD	Addiction Services	301-729-0340	Medicaid only	12 and up
Allegany County Health Department Behavioral Health (Counseling and Prescribing Providers) Cumberland, MD	Mental Health Services Addiction Services	301-759-5280	Accepts most private insurance, Medicaid, sliding scale fee	3 and up
Villa Maria Cumberland, MD	Mental Health Services	301-777-8685	Medicaid only	3 and up
Covenant Counseling Cumberland, MD	Mental Health Services	301-777-0633	Accepts most private insurance, Medicaid	5 and up
Stone Creek Health Center Cumberland, MD McHenry, MD	Mental Health Services	301-724-7277	Accepts most private insurance, Medicaid	5 and up
Potomac Behavioral and Occupational Therapy Cumberland, MD	Mental Health Services Occupational Therapy	240-362-7444	Accepts most private insurance, Medicaid	1 and up

\*Please be sure to ask about insurance before scheduling an appointment

\*For additional resources in the surrounding area, please 301-759-5070

\*Updated on 6/2018