



3400 Independence Drive Birmingham, AL 35209 Phone: (205)933-1199 Fax: (205)503-5399

Anorectal Surgery Prep

Patient Name: _____

Surgery Date: _____ Arrival Time: _____

Doctor: Dr. Guffin Dr. Murray Dr. Scarcliff

Location: Princeton Baptist St. Vincent's St. Vincent's East Gardendale Surgery Center

Instructions

About 4:00 P.M. the day before your surgery, drink one bottle (10 oz.) Citrate of Magnesia. This is available at your local drug or grocery store.

- Start a clear liquid diet at 4:00 P.M., nothing with any food particles in it.
- Nothing to eat or drink after midnight
- If you take blood pressure, heart, or breathing medication, take it with only a sip of water the morning of the surgery.
- If you are a diabetic, wait until after the procedure to take your insulin shot or pills.
- Bring insulin with you to the hospital.
- Use a regular fleet enema the morning of the procedure.

Do not take any blood thinners for 5 (five) days prior to your procedure.

Examples Include, but not limited to the following:

Aspirin, Coumadin (Warfarin), Plavix (Clopidogrel), Eliquis (Apixaban), Xarelto (Rivarixaban), Vitamin E, Pradaxa (Dabigatran), Heparin, and Lovenox (Enoxaprin).

Please feel free to call our office at any time at (205)933-1199. Ask for: Valencia or Barry