

Our Philosophy

Many factors contribute to an individual's successful function in life. Challenges with language, attention, sensory processing, nutrition, and physical performance do not exist in isolation and can impact learning, behavior, and daily function.

Our PT's, OT's and RD use The Whole Child approach (for children and adults) to evaluate the individual and provide strategies including sensory diets, physical activities and nutritional strategies for permanent healthy lifestyle changes.

Through direct service, education, consultation and example we strive to inspire and empower children and adults to make the lifestyle changes that will bring them the greatest satisfaction in life.

About Us



TherapyWorks is a holistic private practice owned by Debra Dickson RPT.

Debra graduated from Boston University with a degree in Physical Therapy and has specialized in the holistic treatment of developmental disorders. With experience in Pediatrics, Sensory Integration & Neurodevelopmental (NDT) treatment techniques, Debra lectures locally and nationally, and is the co-creator of The Whole Child S.A.N.E. Strategies system of assessment and treatment. The practice has grown to include a large team of specialized therapists who provide physical therapy, occupational therapy, AIT, and registered dietitian services for individuals with a wide variety of physical, developmental, sensory, learning and behavioral challenges.

Our Services

Evaluations - Treatments - Consultations

- Physical Therapy Services
- Occupational Therapy Services
- S.A.N.E Evaluations
- Expert Consultations and Evaluations for Sensory Processing and Integration
- Registered Dietitian Services
- Berard Auditory Integration Training (AIT)
- Bracing, Casting, Orthotics
- Craniosacral Therapy
- On Site School and Vocational Evaluations
- Yoga and Sensory Motor Groups

Educational Opportunities

- **Workshops for parents & professionals**
 - Is it Sensory or Is it Behavior?
 - Visual Vestibular Integration
 - Whole Child S.A.N.E. Approach
 - The Neurodevelopmental Classroom
 - Classroom Strategies to Improve Attention, Behavior, and Sensory Processing
- **Call to schedule a speaker at your location**
- **See website for more dates and times**

"This was honestly the most insightful course I have taken in a long time. It will change the way I look at my children and the therapy programs I implement" D.B. RPT from Is it Sensory or Is it Behavior?



Contact Us At:

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TherapyWorks LLC

THE WHOLE PERSON



A holistic multidisciplinary center
for creating permanent
healthy lifestyles

See Improvements in:

- Attention Socialization
- Speech and Language
- Balance and Coordination
- School Performance
- Sensory Sensitivities
- Mood and Behavior
- Energy Levels

Physical Therapy & Occupational Therapy

Our team of PT's and OT's provide the highest level of intervention to help individuals reach their fullest potential.

Our expert therapists specialize in using sensory and motor strategies to improve learning, behavior, and motor skills at home and in the classroom.



"He's like a new kid"
- R.B.

"It's like she's comfortable in her own skin now"
- P.M.

We are, perhaps, most well-known for our comprehensive approach in treating individuals with Sensory Integration Dysfunction, Autism, PDD, ADHD, behavioral challenges, and Neuro-motor disfunction by utilizing a multidisciplinary approach called the "Whole Child: SANE Strategies

Assessment Protocol", which includes assessment of Sleep, Sensory Processing, Motor Skills, Nutrition, and Environments.



"I wish I had known about this earlier" - D.D.

Functional Nutrition Registered Dietitian

Let FOOD be the first part of healing

With over 2 decades of experience with children and their relationship with food, Patricia Lynch, RDN, CDN uses a multi-faceted nutrition assessment to piece together what may be playing a role in sensory issues, picky eating, and individual diagnoses. Symptoms such as mood and behavior change, poor concentration, gastrointestinal issues, sleep disturbance, loss of appetite, cravings or susceptibility to sickness are strongly linked to nutritional deficiencies, types of foods being consumed, and possible food sensitivities or intolerances. Using tools such as a nutrition questionnaire, food records, nutrition analysis



of food intake, lab testing and medical/sensory history, Trish is able to guide parents toward better health for their children.

Braces and Orthotics

We provide bracing & orthotics for children and adults with Cerebral Palsy and other Neuro-motor challenges. Casting is done by a PT certified in Neurodevelopmental treatment in pediatrics (NDTA) and by Cascade Orthotics.



Berard Auditory Integration Training (AIT)

Does your child struggle with...

- Poor Attention
- Slower Thinking and Processing
- Difficulty Listening, Understanding, and Remembering
- Incorrectly Understanding and Following Directions
- Brain "Traffic Jams" when Processing Sensory Information
- Hindered Ability to put Ideas in Sequence
- Sound Hyper-(over-sensitive) and Hypo-Sensitivity (tuned-out)
- Low Tolerance for Distractions

What is AIT and How can it help?

Berard AIT is a very specific form of treatment that involves listening to specially modulated music twice daily for ten days. The music is filtered by the AIT practitioner specifically for the individual based on audio tests. It is best combined with occupational therapy services to see improvements in sensory processing, auditory processing, auditory sensitivities, balance, motor skills, attention, school function, mood, and behavior.



Our Practitioner: Megan Grills OTR/L is a registered occupational therapist and certified Berard AIT practitioner. She is experienced in pediatrics, sensory integration and S.A.N.E. evaluations. Megan's diverse training allows her to evaluate the whole child and develop holistic treatment protocols including AIT, sensory diets, and sensory motor treatments.