

# Temple Beth Elohim

A blend of faith and friendship for over 115 years

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Nisan/Iyar/Sivan (5784)

# The Rising Star

P.O. Box 571 Georgetown, SC 29442

843 325-0389

[membership.tbe@gmail.com](mailto:membership.tbe@gmail.com)

## SHAVUOT

5 - 7 Sivan 5784 June 11 – 13, 2024



*Chag sameach* - Happy Holiday

*Kabolas hatorah besimchah ubepnimiys* – Receive the Torah with joy and sincerity.



President Richard

### From the President

March and April were very active months for Temple Beth Elohim, both out front and behind the scenes. Rabbi Scott Weiner made one of his not-often-enough visits. He led a beautiful *Shabbat* service and the next day taught a class that gave us further insight into *Purim*. Our ever-dependable lay leaders continued to give us well-planned, thought-provoking services. Our volunteer members provided us with tasty treats at the *onegs*.

Then there were the things that were less visible. The Building Committee corrected structural issues with our roof, repaired ceiling damage above the synagogue's piano, and saved the sanctuary from an HVAC leak. The Security Committee keeps our equipment upgraded for maximum performance as well as negotiating a schedule with the Georgetown Police Department so that we have surveillance outside while we are inside. Our Fundraising Committee is working tirelessly to

solicit funds to save the protective wall that surrounds our historical cemetery. The work of these committees is endless, yet it often goes unnoticed.

Special recognition should go to the *Seder* Planning Committee. Those of you who attended the *Pesach* celebration on 23 April 2024, can vouch for the success of the event. All went well, from set-up to clean-up. Let us all look forward to more joyous occasions. RAD

# Wisdom From Afar....

Suzan Cohen



Ritual Scholar  
Suzan

*Pesach*, the time each year when we recall our deliverance from bondage in Egypt, has been celebrated, and we are now counting the *omer* – that 49-day period following the second day of Passover. At the end of counting the *omer*, we come to the time to celebrate *Shavuot*, which this year commences at sundown on Thursday, June 11<sup>th</sup>. *Shavuot* is celebrated for one day in Israel and two days elsewhere.

*Pesach* and *Shavuot* are two of the three pilgrimage festivals (the third being *Sukkot*) that are

enjoined upon the Jewish people by the *Torah*. To express their appreciation for the success of the harvest of the season and to acknowledge that they owed their success to the God who delivered the rain they needed when they needed it, the Israelites would journey to the temple to provide sacrificial offerings in celebration.

*Pesach* and *Shavuot*, along with the counting of the *omer* in between, is like one extended holiday. *Pesach* marks the beginning of the grain harvest, with the rye harvest, and *Shavuot* marks the end of the grain harvest, with the wheat harvest. The holiday has also become associated with the giving of the Ten Commandments, so it is customary to recite the Ten Commandments at services on *Shavuot*. And, of course, our scholars have an explanation.

Unlike other major holidays, the *Torah* does not specify the date of *Shavuot*, only that it falls 50 days after Passover, placing it on the 6<sup>th</sup> of *Sivan* on the modern fixed-date calendar. In post-Biblical times, scholars studying the Exodus determined that the Israelites reached Sinai by the first of the third month, then several events occurred that required at least three days before the Ten Commandments were given. Thus, they concluded that it was plausible that the giving of the Ten Commandments occurred on or about *Shavuot*, although no exact date is mentioned.



SC

*Let us fervently pray for the comfort and recovery of our dear temple members and friends and for the continued strength of their caregivers.*



**Susan & Brian Berry**  
**Richard Horowitz**

**Tony Cavaliere**  
**Dick Rosen**



## MOTHER'S DAY

10 May 2024



## FATHER'S DAY

16 June 2024



## Temple Beth Elohim Board of Directors

**President: Richard Dimentstein**

(rdimentstein@gmail.com)

**Vice President: Joy Birnbaum**

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**Friedman** (andy.friedman@hotmail.com); **Seymour**

**Birnbaum** ([joyandsey@ethanrand.com](mailto:joyandsey@ethanrand.com)); **Butch**

**Miceli** (cody.miceli@gmail.com)

TEMPLE MEMBERS, please note: You have access to membership information by going to [www.chaitrack.com](http://www.chaitrack.com). If you need a user name and password, contact Andy Friedman, [andy.friedman@hotmail.com](mailto:andy.friedman@hotmail.com)



### Rabbi Scott Weiner

The rabbi is scheduled to lead *Shabbat* services and a morning class on June 7/8, 2024 and July 19/20, 2024.

Arrangements for Rabbi Weiner are made possible through THE ALWYN O. GOLDSTEIN MEMORIAL SHABBAT FUND.

## T B E 1772 LEGACY GROUP

Brenda & Benedict Rosen  
Richard Dimentstein  
Ruth & Herb Feinberg



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Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

Use a separate sheet if you wish to order more than three leaves.

Leaf 1 \_\_\_\_\_

Leaf 2 \_\_\_\_\_

Leaf 3 \_\_\_\_\_



A check for \$\_\_\_\_\_ (**\$36 per leaf**) has been enclosed. Checks should be made payable to **Temple Beth Elohim**.

Thanks for your support.

Mail to: TBE, PO Box 571, Georgetown, SC 29442



### BIRTHDAYS

### ANNIVERSARIES



#### MAY

#### JUNE

#### MAY

#### JUNE

- 1 Stan Earnhart
- 2 Elzbieta Sobolewska
- 4 Debbi Jones
- 7 Gerry Berkman
- 7 Noreen Davis
- 13 Joy Birnbaum
- 13 Ariane Lieberman
- 16 Brenda Rosen
- 20 Louis Corcoran
- 21 Richard Horowitz

- 3 Shirley Giegerich
- 3 Eric Heiden
- 26 Jana Hletko
- 29 Donna Llewellyn
- 30 Kathryn Kossove

- 16 Patti & Gary Friedman
- 18 Roberta & Steve Schwartz
- 20 Randy & Tony Cavaliere

- 10 Myla & Michael Specht
- 18 Susan & Brian Berry



Let us pray for the restoration of health of  
**SHANE FINKEL**  
grandson of Carrol Sallas

## DONATIONS



**Susan Berry** to the General Fund in memory of Dorothy & Harold Schneider

**Randy & Tony Cavaliere** to the General Fund in memory of Christopher Cavaliere

**Noreen Davis** to the General Fund in memory of John Davis

**Richard Dimentstein** to the General Fund in memory of Anthony Gennarelli

**Andy Friedman** to the General Fund in memory of Sonya Friedman

**Shirley Giegerich** to the General Fund in memory of Ruth Ader

**David Kossove** to the General Fund in memory of Albert A. Kossove

**Ariane & Craig Lieberman** to the General Fund in memory of Augusta Lefkow, Marie Barish, and Joseph Zelesnick

**Linda & Butch Miceli** to the General Fund in memory of Shirley Marks

**Tish Richter** to the General Fund in memory of Pearl Richter

**Carrol Sallas** to the General Fund in memory of Barnet Levine



Dr. Craig Lieberman

## Craig's Corner

### OSTEOPOROSIS

Osteoporosis is a very frustrating, insidious disease of age. It is defined by fragility of bones and measured by "dexa scan" abnormalities. The diagnosis and further evaluation should be pursued for men and women who have unexplained fractures, for any reason, or in general women over the age of 65 and men over 75. Risks include those who have genetic predispositions, rheumatoid arthritis, excessive weight loss or endocrine disease.

Although much less common, there are other causes to consider, some of which include hypogonadism; cortisol abnormalities; hyperthyroidism; hyperparathyroidism; low levels of growth hormone; decreases in the synthesis of Vitamin D; both type I and type II diabetes; GI malabsorption (either medical or post-surgical); cirrhosis; rheumatologic diseases; chemotherapy; long term steroid use; HIV treatment and some of the androgens used for prostate cancer treatment. All need to be considered as possible causes when assessing the osteoporotic patient.

The diagnosis remains based on clinical findings and bone density measured by dexa scan study. These numbers reflect variations from the normal. Osteopenia, or low calcium in our bones, is defined as a score of -1 to -2.5 and osteoporosis is lower than a -2.5.

Can we prevent or delay osteoporosis as we age? I think the answer is 'yes.' Vitamin D and calcium supplements certainly do no harm and may have some benefits, although absorption of the supplements decreases with age. Alcohol and tobacco excess need to be avoided at all costs since they are directly related to bone loss. Long-term steroids may be necessary in our lives due to other disease processes but can be

quite devastating to mineral metabolism. I think the most important way we can prevent osteoporosis and osteopenia as we age is with general exercise. Exercise in the form of cardiovascular fitness is certainly important but, actually, resistance exercises have a much larger impact on bone metabolism and prevention of osteoporosis.

The first line of medical therapy for osteopenia with scores of -1 to -2.5 include the oral phosphates, or Fosamax. These can be very effective unless GI status or gastric bypass prevent their use. The average duration of treatment is five years and assessment is done on a yearly basis. For osteoporosis with scores less than -2.5, IV agents need to be considered. These include teriparatide; abaloparatide; romosozmab; or denosumab. All of these options need to be carefully considered with the help of your primary care physician. Despite these advances and options in some severe cases, osteoporosis continues to progress resulting in bone deterioration or further fractures.

Overall, if you have an unexplained fracture or receive an abnormal screening dexa scan study, resulting in the need for further evaluation or treatment, aggressive therapy will usually result in a significantly decreased rate of fractures as well as the fracture related morbidities that occur in our age group.

# T B E ACTIVITIES



Belin Memorial Methodist Church  
Confirmation Class visits TBE 04/19/2024



President Richard greeted the guests  
04/19/2024

The Confirmation Class of Belin Memorial Methodist Church studies Comparative Religion. Part of their curriculum is to visit the houses of worship of the various religions they study.

On Friday evening, 19 April 2024, Trustee Andy Friedman led *Shabbat* services. That was the evening teacher Ms Brandy Street chose to bring the class. The students were very receptive to Andy's lesson and had plenty of questions for him at the end of the service.

TBE celebrated Purim. People really didn't look like themselves and made much more noise than usual.

Do you know these people?\*



Lynn & Michael Davidson led the Purim service, *Megillah* and all. There was stomping, boing, and plenty of noise from noisemakers. A fruit-filled *hamantaschen oneg* followed the service.



## Yahrzeits



### MAY

- 2 Sylvan Rosen father of Dick Rosen
- 3 Thelma Engel Goldstein mother of Roz Greenspon
- 3 Anne T. Drucker mother of Louis Drucker
- 3 Rebecca Logan Baker grandmother of Debbi Jones
- 5 Margrett Hughes mother of Linda Miceli
- 5 Arlene Sturm Temple Beth Elohim memorial
- 10 Rosie G. Goldstein Temple Beth Elohim memorial
- 11 Deborah Baruch Abrams member Temple Beth Elohim
- 11 Beatrice Solomon mother-in-law of Janet Solomon
- 12 Harry Rosen father of Marilyn Horowitz
- 12 Rick Richter husband of Tish Richter
- 13 Leon Blum father of Debbie Hart
- 13 Ruth Feinberg member Temple Beth Elohim
- 14 Jacob Ringel member Temple Beth Elohim
- 16 Alfred Lefkow grandfather of Ariane Lieberman and Myla Specht
- 17 Laura Chaplin Abrams member Temple Beth Elohim
- 19 Morris Abrams member Temple Beth Elohim
- 19 Samuel Kolsky great grandfather of Craig Lieberman
- 20 Alfred Dube father of Jana Hletko
- 20 Pauline Koppel mother of Gary Koppel
- 20 Jennie Surasky Levkoff grandmother of Dick Rosen
- 21 John Cavaliere father of Tony Cavaliere
- 22 Patricia Giegerich mother of AJ Giegerich
- 26 Paul Levine brother of Nancy Koppel
- 28 Hyman Kaufman member Temple Beth Elohim
- 29 Clara Fogel Temple Beth Elohim memorial
- 29 Morris Ader father of Shirley Giegerich
- 30 Naomi Specht mother of Michael Specht
- 30 Constance K. Franzblau mother of Adele Franzblau
- 30 Bernard Mayer member Temple Beth Elohim

### JUNE

- 2 Carole Gottlieb member Temple Beth Elohim
- 3 Kathleen Gramet first wife of Alan Gramet
- 5 Charlotte Goldman mother of Eileen Kramer
- 6 Henry "Mel" Brown friend of Richard Dimentstein
- 8 Ruth Dickson mother of Debbie Corcoran
- 10 Ed King father-in-law of Eric Heiden
- 14 Philip Schneider father of Susan Berry
- 14 Thomas Corcoran father of Louis Corcoran
- 15 Frank Danzig member Temple Beth Elohim
- 17 Alan Baslaw Temple Beth Elohim memorial
- 17 Morris Salles father-in-law of Sallas
- 18 Ken Workman cousin of Roberta Schwartz
- 20 Russell Hughes father of Linda Miceli
- 20 Helmar Abrams member Temple Beth Elohim
- 21 Esther Zelesnick great grandmother of Craig Lieberman
- 22 Edith Pockell mother of Sheila Borash
- 22 Izzy Marks grandfather of Butch Miceli
- 22 R. J. "Ricky" Fenner friend of Adele Franzblau
- 23 Henry L. Levkoff uncle of Susan Berry
- 24 Rae Zelesnick grandmother of Craig Lieberman
- 26 Louis Bodian member Temple Beth Elohim
- 29 Maurice Emanuel Temple Beth Elohim memorial



Any corrections or additions please contact Richard Dimentstein [rdimentstein@gmail.com](mailto:rdimentstein@gmail.com) or at [membership.tbe@gmail.com](mailto:membership.tbe@gmail.com). Names are read every Friday night for *yahrzeits* in the upcoming week.

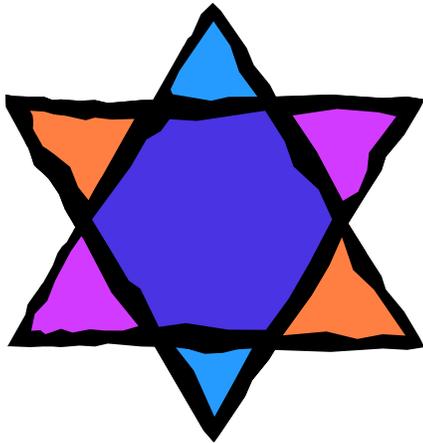
### *Beth Elohim Cemetery*

Cemetery plots are for sale in our unique, historic resting place. The Cemetery Committee, chaired by SEYMOUR BIRNBAUM, has prepared the appropriate documentation for the purchase of gravesites.

Call the temple (843 325-0389) and request copies of Burial Rights, Rules and Regulations, Fee Schedule, and a schematic of burial plot locations. All plots include perpetual care. Plots are only available to current members of Temple Beth Elohim and to their families.

### *New Memorial Plaques*

Plaques are displayed permanently on our *Yahrzeit* Board and are lit on the death anniversary of the honoree. Any member who would like to memorialize a loved one should speak with one of our Board members.



First Class  
Postage

**SHALOM**

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**Temple Beth Elohim**

**P. O. Box 571**

**Georgetown, SC 29442**

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**Committee Members**

Ritual Chair: Andy Friedman (Richard Dimentstein)  
Membership/Publicity Chair: Joy Birnbaum  
Cemetery Chair: Seymour Birnbaum  
Communications: Andy Friedman  
Finance Chair: Michele Gershman Bennett  
Sunshine Committee Chair: Tish Richter  
Building & Grounds Chair: Seymour Birnbaum (Craig Lieberman)  
Newsletter Editors: Richard Dimentstein, Joy Birnbaum  
Library Chair: Richard Dimentstein (Tish Richter)  
*Oneg Shabbats*: Ariane Lieberman  
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Photography: Randy Cavaliere (Joy Birnbaum)