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Purls of Joy



May has arrived in full bloom, bringing with it longer days, fresh inspiration, and the perfect excuse to cast on something new. Whether you're knitting in the garden, crocheting on the porch, or just dreaming up your next project, we're here to keep your needles clicking and creativity flowing.

This month, we've stocked the shop with vibrant spring yarns, cheerful kits, and seasonal patterns that are perfect for lighter layers and sunny days. Plus, don't miss our upcoming events and classes that are sure to spark joy and connect you with fellow makers!



Stress and Anxiety Reduction:

The repetitive motions of knitting and crocheting can have a calming effect on the mind and body, similar to meditation. This can help reduce stress hormones like cortisol and improve overall well-being.

Mindfulness and Relaxation:

Focusing on the task of knitting or crocheting can promote a state of mindfulness, allowing individuals to be present in the moment and reduce anxiety and rumination.

Mood Boosting:

The rhythmic and repetitive nature of these activities can stimulate the release of serotonin, a neurotransmitter that regulates mood, potentially alleviating symptoms of depression.

Cognitive Function:

Knitting and crocheting require focus, coordination, and the use of fine motor skills, which can enhance memory, attention, and problem-solving abilities. Studies have shown that these activities can reduce the risk of memory loss and cognitive impairment.

Sense of Accomplishment:

The satisfaction of completing a project and creating something tangible can boost self-esteem and provide a sense of purpose.

Social Connection:

Engaging in knitting or crocheting with others can foster social connections and provide a sense of community and support.



How ever you choose to honor and celebrate Mom:

- Give Mom the Gift of Choice this Mother's Day!
- Not Sure What to Get Mom? Let Her Choose!
- A Thoughtful Gift, Made Simple – Mother's Day Gift Certificates Available Now
- Because she deserves exactly what she wants.
- A perfect fit for every kind of mom.
- Let her treat herself – she's earned it.



Berroco Iris has a beautiful drape and buttery soft hand that makes it incredible to work with and to wear.

This chainette yarn blends cotton, bamboo, merino wool, and a touch of yak to create a silky, heathered yarn with wonderful stitch definition.



Cebu



Violetear



Bristlefront



Dove



Nightliar



Imperialis



Tillie is a luxurious hand-dyed yarn made of pima cotton and cupro, a sustainable silk-like byproduct of cotton processing. Tillie’s chainette construction creates a lightweight yarn with generous yardage, along with amazing softness and structure. Made in Peru, this cotton blend has a gorgeous drape, smooth feel, and long-lasting durability. Plus it’s machine washable!

Berroco Tillie is a hand-dyed yarn; we recommend alternating skeins every two rounds/rows to avoid patterning.



Bonn



Fredon



Jena



Kassel



Melle



Mendon



Condado



Bryony



Azalea Buds



Ayana



Plum Blossom



Cresento

CLASS

schedule

CLASSES:

Need help reading patterns? Want to learn new crochet or knit stitches?

Did you miss a previously scheduled class, or maybe a class offered doesn't work with your schedule. Call to schedule a private class.

Please arrive early for your class, we are always available to assist you with everything you will need. Call the shop if you are not able to attend your class, appointment or event.

Receive a 15% discount on all class supplies.

Call (707) 433-5697 to sign up for any class.

Introduction to Crochet

Taught by Janice ~ \$25

(single, two hour class)

Tuesday, May 6 @ 12 - 2pm

or

Tuesday, May 22 @ 12 - 2pm



Introduction to Knitting

Taught by Janice ~ \$25

(single, two hour class)

Thursday, May 8 @ 3 - 5pm

or

Thursday, May 15 @ 3 - 5 pm

or

Thursday, May 29 @ 3 - 5 pm



Nicola ~ \$25

by Ursula McGrath

(single, two hour class)

Taught by Janice & Bella

Sunday, May 18 @ 12 - 2 pm

or

Taught by Janice
Sunday, May 29 @ 12 - 2 pm

The pattern is available for purchase at the shop or on [Ravelry](#).



Market Square Bag
by Sharyn Anhalt
Taught by Janice ~ \$25
Sunday, May 18 @ 3 - 5PM

Which size will you make?

The pattern is available for purchase at the shop or on [Ravelry](#).



Tulsa Tank
by J.H. Walter
(*single, two hour class*)
Taught by Janice & Bella ~ \$25
Tuesday, May 20 @ 1 - 3 pm
or
Taught by Janice ~ \$25
Thursday, May 22 @ 1-3 pm

The pattern is available for purchase at the shop or on [Ravelry](#).





Join us for Sit & Stitch - where we'll share tips, stories, and a bit to eat, while working on our projects together. Whether you're a beginner or an expert, it's a great time to connect with fellow crafters!

UFO ~ Sit & Stitch: Friday, May 2 @ 4:30 - 8:30pm

Here are our regular get-together dates for May 2025:

Sunday ~ Sit & Stitch: May 4, 11, 18 & 25 @ 12:00 - 3:00pm.

Thursdays ~ Sit & Stitch: May 8, 15, 22 & 29 @ 4:30 - 7:30pm.

All Sit & Stitch gatherings are potlucks, bring something to share or just your appetite - there is always plenty.

As always, STAY HAPPY AND CARRY YARN...

Store Hours

Monday ~ Wednesday: 11:00 am - 5:00 pm

Thursday: 11:00 am - 7:30 pm

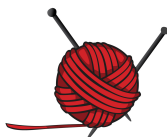
Friday & Saturday: 11:00 am - 5:00 pm

Sun: 11:00 am - 4:00 pm

(707) 433-5697

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If you want to see more frequent updates, please follow Purls of Joy on [Instagram](#) or [Facebook](#).



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