

Traditional Blessing Over the Bread

HaMotzi Lechem

Man does not live by bread alone, but man lives by every word that comes from the mouth of the LORD (Deut 8:3b)

The *HaMotzi Lechem* is the blessing said before eating bread and is one of the most frequently said of the Hebrew blessings, used for Shabbat, holidays and other occasions:
Wording in blue has been added by Messianic Judaism for the Messiah:

***Ba*rukhh at*tah Adonai E*lo*he*nu me*lekh ha-o*lam,
Ha-mo*tzi le*chem min ha-a*retz HaShem,
Yeshua HaMashiach***

Blessed art thou, Lord our G_D, King of the Universe,
Who brings forth bread from the earth,
Yeshua HaMashiach the bread.

Traditional Blessing Over the Wine

Berakhah HaGafen

***Ba*rukhh at*tah Adonai E*lo*he*nu me*lekh ha-o*lam
Bo*rei p'ri ha-ga*fen. HaShem, Yeshua HaMashiach***

Blessed art Thou, LORD our G_D, King of the universe,
Creator of the fruit of the vine, *Yeshua HaMashiach the vine.*